elitist, snobbish, ingrown, unfriendly and not the world's greatest place for food." ... Herb Caen 4

October 26, 2011



Unscrew the road signs from their posts!"

Bolinas' Barbaric Yawp: The Greatest Poetry Reading Ever?

Walt Whitman's legendary epic poem "Song of Myself" first appeared in 1855, self-published in Brooklyn by the then-unknown journalist and walker, who was 37 years old at the time. According to West Marinite Robert Hass, Pulitzerwinning former Poet Laureate of the United States, "it was then and is now an astonishment, perhaps the most unprecedented poem in the English language."

Many students read Whitman in high school. Some of the hundreds of people attending the mass reading of the poem at Commonweal last Sunday said that was indeed the first and last time they'd looked at it. But I think it a fair guarantee that nobody present will forget it now. As conceived and conducted by artist, author, and Commonweal board member Eric Karpeles, this was a literary event for the ages.

Hass himself introduced the poem, expertly, warmly, and then without fanfare launched into the first section, beginning "I celebrate myself...". Sitting in two rows behind him, readers took their turns at the two podiums, flanking a rare and invaluable original copy of the poem in book form that stood there like some version of the Biblical Ark of the Covenant, admonishing us to do it justice. There were 52 sections of the poem to be read. I did not know everyone who was reading, but of those I did know, there were yes, poets and writers, but also carpenters, dancers, naturalists, winemakers, philanthropists, scientists, healers, lawyers, actors, artists, ranchers, scholars, surfers, farmers, businesspeople...and many more.

Younger and older, each reader brought their own personality to their section of the poem, with presentations ranging from quiet and meditative to booming and dramatic. The reading flowed seamlessly, for almost two hours. As each person ended, quiet murmurs of appreciation could be heard; some of the lines prompted laughter; sometimes the mood was somber. As the poem required, we contained multitudes, contradicted ourselves, let forth a barbaric yawp, and much much more.

Wednesday, October 26

MIDNIGHT ON THE WATER

Bolinas contradance band plays for Smiley's celebration of all October Birthdays, 7:30pm. Free. Free cake, too.

DALE POLISSAR TRIO

With Si Perkoff, Panama Hotel, San Rafael, 7-10pm

Thursday, October 27

FOOD GIVEAWAY - SF and Marin Food Banks in cooperation with the Bolinas Community Center, noon COAST CAFÉ CONCERT SERIES

Food & drink specials & free music @ Coast Café, 7pm CROSBY TYLER New band @ Smiley's, 8:30pm

Friday, October 28

CULANN'S HOUNDS Irish/Cajun music, Smiley's, 9pm

Saturday, October 29

THE ROARING COAST VARIETY SHOW Audition for the show, Community Center, 1-3pm

SAVANNAH BLUE Bluegrass/newgrass Smiley's 9pm

Sunday, October 30

BOLINAS POOL Spaghetti Dinner, music, Bolinas Community Center, 5pm

Monday, October 31

STINSON BOLINAS COMMUNITY FUND

Deadline for grant application. Info: belle-wood@att,net

HALLOWEEN - Trick or treat!

Tuesday, November 1

ALL SAINTS DAY/DIA DE LOS ANGELITOS

Honoring young children & those who died in car crashes

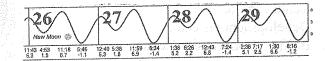
Wednesday, November 2

SAMHAIN Celtic celebration of the onset of winter DIA DE LOS MUERTOS Honoring our ancestors

Sunday, November 6

THE ROARING COAST VARIETY SHOW

A benefit for the Bolinas Community Center, 5pm





# BO BOLINAS,

We would like to invite you to the celebration of the 60<sup>th</sup> Anniversary of the Bolinas Community Center.

Today the lively Bolinas Community Center continues to serve the diverse interests of this area. In celebrating its 60<sup>th</sup> year, our Board of Directors, staff and volunteers want to honor and preserve the names and stories of the people who made and used this center in its early years and those who continue to do so. Your stories enrich us, vitalize our sense of community and should be preserved for future generations.

Help us spread the word. We are hoping that you will come for a great reunion with old friends and make new friends. This is a weekend to remember the past, appreciate the present and raise funds to carry on into the future. Our celebration will be November 12<sup>th</sup> and 13<sup>th</sup>.

## Saturday Evening November 12, Doors open at 5:30, Slide Show at 6:30 PM: <u>Community Slide</u> Show

Photographers Ilka Hartman and Babara Kafetz are presenting an endearing and memorable slide show. Enjoy food, wine & beer and Bolinas songwriters.

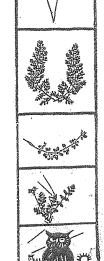
Sunday Afternoon November 13, 2-5PM: <u>Founding Families</u> Reunion & Recognition Tea

Everyone is invited for a lovely, genteel afternoon event. We hope you will have a great reunion with old friends and share your stories with all of us who love the community and this center. We will have a brief introduction by Elia Haworth, the History Curator of the Bolinas Museum.

If you have any questions, call us 868.2128 or email me at randi@bocenter.org

We look forward to sharing this event with you!

Randi Arnold Development Director Bolinas Community Center



have written much about many good places. But the best places of all, I have never mentioned.



Bolinas Community Center want to hear from you! We are conducting a survey and would truly love your input. Watch for our survey takers around town, stop by the Bo Center office, or email Randi@bocenter.org and I will email you a ccpy; just download, complete, attach to email and send back. We appreciate your interest in the "Heart of Town" Bolinas Community Center on its 60<sup>th</sup> Anniversary.

Thank you---Randi Arnold

#### A SWEET VIGNETTE OF LIFE IN BOLINAS

I live very close to one of the stops for our local school bus. One day I was outside recycling and I looked up and saw the red lights of the stopped bus. The next thing I hear is this sweet and not shy voice exclaiming "I love you Mardy" and the response from Mardy "I love you too" I am still smiling. Only in Bo.-

Randi Arnold



TODAY'S HEARSAY brought to you by

October 26, 2011

Mary Harden and her Master Artists have had the pleasure of exhibiting work in the Bolinas Gallery for month long shows for two years. Caryn Hunter, currently exhibiting there, must travel to London, and has offered part of the gallery the first two weekends to us in November, 2011, for a new holiday themed exhibit.

SPECIAL SHOWING and EXHBIT - "Beautiful Botanical watercolors, pen and ink drawings, archival prints, botanical and photo cards, Made by Hand potpourri sachets, pincushions, all priced for your early Holiday Shopping. November 5, 6, 12, 13, 2011, 11 am -5 pm. Special reception on November 6, holiday treats and good wine! For more information, dianne@mrsmuch.net,415 751-4955.

Thank you! Dianne Boate 415 751-4955 P.O.Box 210325 SF ca 94121-0325

**Botanical Illustration** Custom Millinery Signature Cakes Greeting Cards and Boxes

ARTSPAN WEB PAGE http://www.artspan.org/dianneboate Botanical pen and ink/watercolor images

A certain businessman, renowned for his ruthlessness, once made a vow in Mark Twain's presence. "Before I die," he declared, "I mean to make a pilgrimage to the Holy Land. I will climb Mount Sinai and read the Ten Commandments aloud at the top." "I have a better idea," Twain replied. "You could stay home in Boston and keep them."

Bartlett's Book of Anecdotes

Alec Waugh

You can fall in love at first sight with



Grounded: A California Indian Life Art by Kathleen Rose Smith (Bodega Miwok/Dry Creek Pomo)

October 8, 2011 - January 6, 2012

Open by Appointment Mon. – Fri. 🖇 Call (415) 464-5125

# LAST MINUTE HALLOWEEN ITEMS AT **UNIQUITIES!**

We still have masks, hats, and accessories, as well as hand painted HALLOWEEN TIES by StuArt, for the swell dressed, well dressed goblin, found nowhere but Bolinas. And for the babies, darling cow and pumpkin costumes. Open until dark on Halloween.

For that Halloween or Dias de los Muertos game of golf, we have just received two beautiful sets of clubs with hand carts, one women's size, one men's. Priced to move quickly.

submitted by jenniepfeiffer

Diana Alstad October 26: Ahren Tiller

**Waz Thomas** 

Rowen Damio Cooper-Caroselli October 27:

**Emmaline Craig** 

October 28: Butch (HD Lueker)

William Matthew Henry

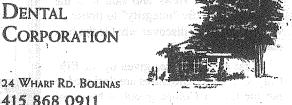
Yoey Kahn

Jim Harrington October 29:

Heather Cobb Erwan Bezie Flower Sierra

Richard Estrada October 30:

MIGUEL BUSTAMANTE DENTAL CORPORATION



415 868 0911

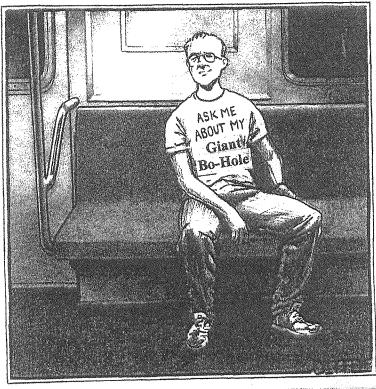
Warning Bolinas Residents!!

On Saturday, Oct. 22 @ 12:30 AM, a man attempt to enter my apt. near the end of Brighton Avenue. I said "Hello" & he immediately turned his back so I Could not identify him. He was also dressed in bla & returned @ 5 AM. I've heard reports of other inc dents here-let's all look out for each other & serve o community with the love & peace it deserves.

Carrie Montgomery

Control of the section

# ANOTHER WAY TO KEEP AN EMPTY SEAT BESIDE YOU ON THE TRAIN.





"Must be a celebrity inside!"

## - October 20, 2011 - West Marin Citizen The best of all possible worlds

EDITOR:

I attended Cory Goodman's presentation about the science behind the National Park Service's EIR regarding Drake's Bay Oyster Company's continuation and he has his duck's in a row! He REALLY did his homework!

I can see why the Park Service, the EAC and others who share their view declined to show up yet again and have been unwilling to have a dialogue about the validity of their "science" for all these years. It's a one-way street with them.

But, most of all, what impressed me was his respectful attitude in a world where ad hominem is the norm. Ad hominem means attacking a person personally and making the person wrong rather than debate the issue. Sound famil-

He was totally respectful and made it clear from the start he was open to having a discussion with anyone about it and encouraged people to contact him. He welcomed other views and said it is the nature of scientific "integrity" to invite all views in order to discover what is the best choice.

As far as the choices given by the EIR, Cory said all the measures are designed to put the Oyster Company out of business, Read the fine print. He recommended writing in a Measure E to allow Drake's Bay Oyster Company to continue to operate in perpetuity.

Cory Goodman addressed the science factor and that in the NPS EIR there is a great deal of hypothetical conjecture and an impressive paucity of "data.'

In "the best of all possible worlds," in my view, people would listen and treat each other with respect. Thank you Cory for showing us what that looks like.

You can download Cory Goodman's presentation: www.yousendit.com/downinad/T2dmRFFZYXkwMEhMYnNUQw

# Smiley's Is

The Oldest Continuously Operating Saloon in California

- Great Live Music
  - · Open Mic
- Karaoke Pool Tournaments
  Coffee Cale SmallsHote (estenii Uni nach Calana Scanning war axing
  - einterne. · Wi-Fi Hot Spot
  - · Port in the storm
  - · Surfers Refuge
- 3 minutes to the beach and kayaking, surfing, swimming
  - 5 minutes to hiking
- 15 minutes to horseback riding
  - 30 minutes to golf
  - 40 minutes to HW 101
  - 50 minutes to SF
- . 60 minutes to the East Bay
- 4 hours and 40 minutes to NYC

Before Lincoln was President... Before baseball was a game... Before Jingle Bells was a song.. There was

# SIMILIAN

...the legend lives

41 Wharf Rd., Bolinas, Ca 94924, 415-868-1311

BOLINAS 9:16 p.m. Construction crew still working after allotted hour.

BOLINAS 5:54 p.m. Surfer with laceration to thigh requested emergency medical assistance.

BOLINAS 5 p.m. Flat tire changed on car blocking roadway.

DOGTOWN 11:49 a.m. Suspicious man claimed to be a movie produce

#### Eisenhower's Farewell Address January 16, 1961

Until the latest of our world conflicts, the United States had no armaments industry. American makers of plowshares could, with time and as required, make swords as well. But we can no longer risk emergency improvisation of national defense. We have been compelled to create a permanent armaments industry of vast proportions. Added to this, three and a half million men and women are directly engaged in the defense establishment. We annually spend on military security alone more than the net income of all United States corpora-

Now this conjunction of an immense military establishment and a large arms industry is new in the American experience. The total influence - economic, political, even spiritual — is felt in every city, every state-house, every office of the Federal government. We recognize the imperative need for this development. Yet, we must not fail to comprehend its grave implications. Our toil, resources, and livelihood are all involved. So is the very structure of our society.

In the councils of government, we must guard against the acquisition of unwarranted influence, whether sought or unsought, by the military-industrial complex. The potential for the disastrous rise of misplaced power exists and will persist.

We must never let the weight of this combination endanger our liberties or democratic processes. We should take nothing for granted. Only an alert and knowledgeable citizenry can compel the proper meshing of the huge industrial and military machinery of defense with our peaceful methods and goals, so that security and liberty may prosper together.

In other matters it behooves a gentleman to be open above-board, liberal, and true; good-natured, generous confiding, self-denying, doing unto others as he would wish that others should do unto him; but in the acquirement and use of money - that is, its use with the object of acquiring more, its use in the usurer's sense practice should be exactly the reverse; he should be close, secret, exacting, given to concealment, not over troubled by scruples; suspicious, without sympathies self-devoted, and always doing unto others exactly tha which he is on his guard to prevent others from doing unto him - viz., making money by them.

Anthony Trollope





Wednesday

#### continued from page 1

But it built like a symphony; the power of it was really astonishing by the end, a celebration of life and love and nature and, well, most everything, including, yes, death. Over such a long reading one's mind can wander, and mine did, and I was already exhausted from a very demanding work week, maybe even a bit ill, and my butt grew sore from sitting, but as we neared the end I was fairly shocked to feel that if it went on much longer, I just might burst into tears - which would have embarrassed me deeply as I was in the front row of readers facing the big crowd. But then I looked around and saw tears on the faces of some others less uptight than myself, and felt vindicated that something extraordinary was indeed occurring.

The end neared; Karpeles rose to read the poem's final section and read, quietly:

I depart as air, I shake my white locks at the runaway sun, I effuse my flash in eddies, and drift it in lacy jags.

I bequeath myself to the dirt to grow from the grass I love, If you want me again look under your boot-soles.

You will hardly know who I am or what I mean, But I shall be good health to you nevertheless, And filter and fibre your blood.

Failing to fetch me at first keep encouraged, Missing me one place search another, I stop somewhere waiting for you.

- At the poem's final word, there was a huge collective exhale, and the whole room erupted into loud, exuberant, sustained applause and cheers. There was a sense of shared purpose and accomplishment in that room that reminded me of certain concerts, perhaps, but without the drugs. We all stood, cheering for one another, and for Whitman. We had "fetched" him, no doubt about that. Walt himself was in the room, in one form or another, for as the very first stanza of his poem holds, "every atom belonging to me as good belongs to you."

Brilliant writer Michael Cunningham (another Pulitzer-winner best known for *The Hours*) has described Whitman as "a comfortable and comforting admixture of Everyman - the poet as regular guy – and a

sort of mystical Santa Claus, a visionary Saint Nick who roamed euphorically around America, found it all profound and strange and fabulous, and left *Leaves of Grass* under the national tree, the greatest imaginable Christmas present, as big bruiser of a book that took a lifetime to write, that declared our land to be astonishing in all its aspects, from the mansion to the mud puddle, and all its inhabitants heroes, from the factory owner to the kid who swept the factory floor."

I found myself wondering what this visionary roamer might have thought of his beloved America now, so much more crowded, sprawling, noisy, full of electronic news and nonsense and political insanity. Who knows. He did experience the carnage of the Civil War firsthand so perhaps he would not be very impressed. But his perspective seemed to encompass both impermanence and what lasts, and on nature in all its guises. I think he would love Bolinas – saved by other visionaries from so much of "progress," surrounded by the natural splendor he celebrated – and with some people who look just like him. In fact, I bet he'd live here. Maybe he does. He certainly did on Sunday afternoon.

People still talk of the legendary San Francisco "Six Gallery" reading that some say launched the Beat "movement" in 1955 with Allen Ginsberg's reading of his Howl (and without Whitman, there would be no such Howl). I wonder if, over 50 years from now, this reading might join that one as a truly historic event. Again, who knows? Afterwards, I asked an elated-looking Hass if, in his long poetic career, he had seen and heard anything like it, and he replied "No. This was just amazing."

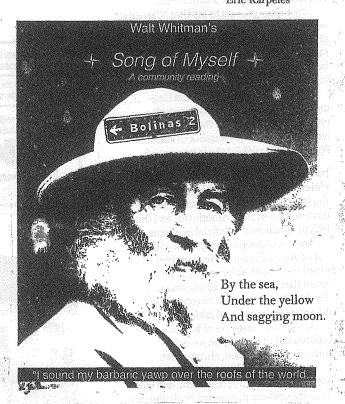
It was an astonishment.

- Steve Heilig (a bit carried away, with apologies)

Song of Myself Readers
The New School, Commonweal, Bolinas
Sunday, October 23, 2011

Robert Hass Joaquin Torres Joanna Haigood Michael Sell Kaiti Nagel Susan Braun Steve Heilig Gail Coppinger Carol Harmon Michael Rafferty Marlene Saritzky Chris Whitefield Brenda Hillman Jacoba Charles Elizabeth Grace Peter Martinelli Melinda Griffith Aenor Sawyer Joan Robbins Robin Bradford Janet Visick Sharyle Patton Neshama Franklin Jan Brock Mark Buell Shao Thorpe

Susan Thackrey Lisa Doron Craig Anderson Susie T. Buell Burr Heneman Mindy Marin Renee Watkins Piro Patton Lisa Townsend Tom Corwin Patricia Yenawine Terry Bell Joseph Bender Howard Dillon Dan Miller Anna Gade Hanford Woods Giovanni Singleton Michael Lerner Steven Ratcliffe Michael Satris David Duer Augustus Thompson Bill Niman Sean Thackrey Jenepher Stowell Laura Folger Eric Karpeles



A recording of the reading will be available soon on The New School website at Commonweal.org

Wandering reestablishes the original harmony which once existed between man and the universe.

#### **MEMOIR**

# What could have been

Rebecca Wilson thinks about the life she might have led if her father, a San Francisco union leader and civil rights activist, had not been murdered when she was a child. Her sister, Amalia, might have become a musician with the San Francisco Symphony. Her brother, Lee, might be a lawyer, what her father had always wanted.

In "A House With No Roof: After My Father's Assassination," Wilson also writes about her actual childhood, which was filled with confusion and awkwardness.

Shortly after her father, Dow Wilson, was killed, Wilson

A House With No Roof After My Father's Assassination A Memoir By Rebecca Wilson (Counterpoint; 258 pages; \$16.95 paperback)

moved with her mother, Barbara, to Mexico, Los Angeles and eventually Bolinas. "My father's murder fractured the family and set us madly in some motion that we've never stopped."

The author writes about her beautiful but restless teenage sister. She describes the tenuous relationship she had with her much older brother, a drug



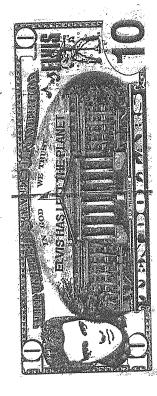
Wilson

smuggler. And she recalls her mother's mercurial temperament. The woman "swung between extreme moods, either

grieving or radi-ating bravado." When she switches from depressed to flamboyant and back again, Wilson must adapt. When her mother battles cancer a decade and a half later, she is the one left to cope.

With grace and confidence and occasional humor, Wilson reconciles what could have been with what actually was. She does not "whine or glorify, [tries] to be loving, but not pretend it was fine. I think they call this forgiveness.

- Christina Eng



F6 Books | San Francisco Chronicle and SFGate.com | Sunday, October 23, 2011

# MARIJUANA REALLY IS MEDICINE

arlier this month, in a timely coincidence, the California Medical Association's board voted to encourage the feds to legalize marijuana.

Though spokeswoman Molly Weedn emphasizes that the decision by the doctors' group hinges on a call for more research, a report studied by the CMA board before its decision makes it clear that - at the least marijuana shows promise as a medicine.

The CMA's Council on Clinical and Scientific Affairs "has also concluded that components of medical cannabis may be effective for the treatment of pain, nausea, anorexia, and other conditions."

The report goes on to say that "Cannabinoids are presently thought to exhibit their greatest efficacy when implemented for the management of neuropathic pain, which is a form of severe and often chronic pain resulting from nerve injury, disease, or toxicity.

"The University of California Center for Medicinal Cannabis Research recently reported to the California legislature the results of a number of studies. Four studies involved the treatment of

billions of dollars: in lives lost to the violence inherent in the black market; the incarceration of thousands of productive, non-violent Americans; and the lack of access to a beneficial medicine.

Are lots of people using weed without suffering from a medical problem? Absolutely. But just because you've heard that half or more of patients take the drug for "severe and chronic pain" doesn't mean they're all faking it.

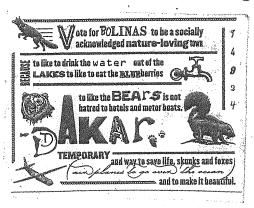
In June, the Institute of Medicine estimated that 116 million Americans suffer from significant, chronic pain.

As more research comes in showing that pot can be an effective treatment, and with America's elderly population exploding in the coming decades, the interest in marijuana's medicinal qualities seems only likely to rise.

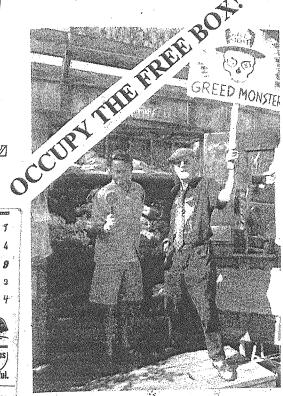
OCTOBER 26-NOVEMBER 1, 2011 SFWEEKLY

- submitted by Steve Heilig (co-author of cma report discussed) Bolinas Beach is located on Brighton Ave. Dog-friendly:





BOLINAS: At 11:34 p.m. a woman reported hearing loud male grunting and screaming that could have been a mountain lion. She was so concerned that she grabbed a pair of binoculars, only to see a heavyset man wearing an orange shirt.





#### THE HEARSAY NEWS IS LOOKING TO GET YOUR NAME AND NUMBER

FOR THE NEW

LOCAL ZONE PHONE DIRECTORY

We will be at the Post Office the next few weeks for your convenience to update the information we already have on file for your free home listing, and/or to buy a display ad for a business

listing. Also, you can drop your correct information off at the Hearsay Office on Elm behind the BCPUD, or at Uniquities door drop, either side, behind the bookstore.

You can add cell #'s and e-mail info also if you would like to have them included.

Call for info: Hearsay - 0138 StuArt - 2769, Kathleen O'Neill - 2283, Jenniepfeiffer - 0144



#### HELP WANTED

PROGRAM ASSISTANT FOR ISHI AT COMMONWEAL The Institute for the Study of Health and Illness (ISHI) at Commonweal is in search of an experienced assistant for its Healer's Art program. The award-winning 20-year old Healer's Art course is taught to first year medical students at 70+ medical schools here and abroad, providing medical students with an opportunity to explore and ground their future practices in the time-honored values of compassionate healing and human

We are looking for a creative problem-solver who is a master of details and enjoys helping others succeed; someone with executive level support experience and excellent computer and data management skills; someone with a collaborative spirit and a service oriented perspective who is seeking long-term, nonprofit work in a small, unconventional work environment in a beautiful coastal setting. Other essential skills include:

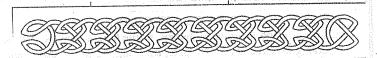
- · an aptitude for mastering new software and internet technologies quickly and easily
- excellent Excel and Filemaker skills with an understanding of database functions and capabilities
- excellent writing skills (grant writing skills a plus)
- experience organizing and streamlining filing and other
- · meeting and workshop planning and coordination
- building networks through social media

connection.

Experience in an academic setting or allopathic healthcare environment a plus.

The Institute for the Study of Health and Illness at Commonweal is an undergraduate and post-graduate professional development institute for physicians, nurses, medical students and other healthcare clinicians who wish to renew and strengthen their commitment to service, and reclaim the traditional values of compassionate care and healing as the foundation of medical practice. F/T with benefits. In-house only. Please send resume w/cover letter that outlines why you would be a good fit for this job and why you are interested in this position, along with salary requirements to jobs@commonweal.org

TA 10/31



#### U D & F 0 N 0 T

Black horn rim Foster Grant prescription eye glasses lost at Agate Beach-Sean. Contact Claire or Howard @868-2144 HD 10/17

Leather-bound journal found

It has some water damage"Operation Bloodhound"- this last week on beach below Palomarin Trailhead. Please call Steve @ 415-9022434 to identify/claim.

SH 10/17

Hat Found

"Skipper Hat"- Call Howard to describe 8682144

HD 10/17

Honda Keys(with remote lock)

Where: Evergreen between MESA and Poplar When: Saturday morning, October 8-Now at: Post Office bulletin board

DR 10/10

Surfboard Found

Monday, September 26th on the beach. Please call to describe-Sandy-0205

SD9/28.

#### ANNOUNCEMENTS

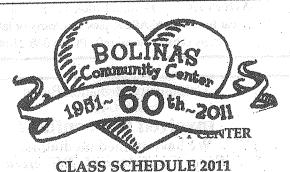
The Roaring Coast Variety Show A Benefit for the Fabulous, One and Only **BOLINAS COMMUNITY CENTER!** Sunday November 6th at 5 PM Come show us your talent and audition at the center on Saturday October 29 from 1-3 PM The wackier the better! And all ages are welcome!!! For more information and questions contact Kate Hawk at <u>415-300-6931</u> or email at katefinneran@yahoo.com

HALLOWEEN HAS COME TO UNIQUITIES! We have masks, costumes, hats, and we are featuring phenomenal StuArt HALLOWEEN TIES, starting this weekend through Day of the Dead.

# CLASSES

DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!

sign-up free at the newschool@commonweal.org. Download past podcasts at www.commonweal.org/new-school/events.html



SUNDAY
--------

Yoga w/Trishna Jujitsu w/Julian

9:00 - 11:00 a.m. 7:00 - 8:30 p.m.

#### MONDAY

Pilates w/Lisa (pre-register 868-0473) 5:30 - 6:30 p.m.

#### TUESDAY

Yoga w/Trishna Arial Arts for kids w/Joanna

9:30 - 11:00 a.m. 3:30 - 6:00 p.m.

(Info 868-8821) Zumba - Latin Dance Fitness w/Diane 6:30 -7:30 p.m.

### WEDNESDAY

Pilates w/Lisa QiGong for Aching Joints w/Tania Yoga Basics w/Trishna Biblia en Español

10:30 -11:30 a.m. 5:00 - 6:15 p.m. 8:00 - 9:30 p.m.

8:30 -10:00 a.m.

**THURSDAY** 

USDA food bank Congolese Arts w/Sandor

12:00 noon 6:00-7:30 p.m.

FRIDAY

Pilates Mat Class w/Lisa

9:00 -10:00 a.m.

SATURDAY

Back Oct. 22 Yoga w/James Children's Movement w/Lisa

9:00-10:30 a.m. 11:00 - 11:45 a.m.

(info 868-0473)

Check the marqué by the Library for special events at the Community Center. For Info. 868-2128 or www.bocenter.org

Una Zakas, editor June McAdams, ads David Cattell, printer

# HEARSAY CLASSIFIEDS

P.O. Box 327, Bolinas CA 94924 · 868-0131 Published every Monday, Wednesday & Friday for over 30 years

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SHx

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DMx

AIRPORT? Howard Dillon's fast, comfortable, car for all BAY AREA pick-ups, early or late. Many satisfied local refs. Phone 868-2144

Community Mediation Board 868-0493

### Involved in a conflict?

We have trained mediators. Free, Confidential, Effective

Χ.

# The Illusion of

\_Space\_

making small spaces feel

architectural renovation design consultation ... ZAKAS ...868.8818

#### MARITA STEFFEE IS AVAILABLE

For your interior decorating needs: pillows, cushions, slipcovers, staging, indoor and outdoor fabrics. 20 years experience. www.maritasteffee.com phone 517 2070

MSx

CLEAR LIGHT WINDOW WASHING

"I can See again!" Call Dale-0782

DP 10/31

#### For Sale

Super cozy couch.

Nice condition and not unattractive!-\$250 Beautiful art deco settee, \$250. Ethan-868-2470.

EO 10/28

PIANO, UPRIGHT, DECENT CONDITION,

some missing ivory veneer. Was a player piano in the 1920's. \$300/obo. Must come and get it. 626-6492 KB

## HEALTH & HEALING



Massage Health Guidance Doula Service

# Dale S. Johnson

RN, BSN, NP. CONT

Wellspring Center For Healing 3425 Highway 1 • Stinson Beach, CA 415-868-1370 • Cell 415-342-4075 • H 415-868-1578



415-669-9720



# June McAdams, RN

Compassionate and Skilled

Hospice Care Home Care Newborn to Elders Coastal Marin Only e than 39 years nursing experi

(415) 868-9052;

## HOUSING

Wanted.

1 bedroom apt or houseshare in bolinas/stinson area, initial shorterm rental preferred.

peadar

415 845 4958

PO 10/31

#### TINA'S LAST CHANCE

If I don't find Long-term decent, stable housing NOW, I'll be having to leave town. No pets, smoking, harm to your place. Can pay \$1,200 and you'll always get it. Please call 2523.

### BOLINAS IS THE BEST PLACE IN THE WORLD!

Can pay up to \$500 for a room. 30 yr. old woman, Community oriented, Buddhist background, Surfer, Recent grad student, FT employed. Drama free. Open to work exchange. Hope to hear from you soon. -Danielle 415 261 8530.

DL 10/24

## FOR RENT

LARGE 3 BEDROOM, 1911 ARTS & CRAFTS

bungalow downtown. Newly refinished hardwood floors throughout, fresh paint. Room for two cars in driveway. Great family house. Available Nov 1st. 626-6492.

# <u>hearsaynews@yahoo.com</u>

Submit articles and drawings by midnight for publication the next day. Request a link to the password-protected website. Thank you.

-- Michael Rafferty, Online Editor