

BOLINAS HEARSAY NEWS

Bolinas Hearsay News

Wednesday, August 2, 2017

50 cents (tax incl)

A
MYTHOLOGIST
IS ON THE AIR!



JANE MICKELSON AT KWMR

WHAT'S HAPPENING?

Wednesday, August 2

LUGHNASA

Celtic celebration marking halfway point between summer solstice/fall equinox; summer is passing.

FLAGSHIP BUS

Bilingual storytime, games, music @ Library, 1:15-2:30pm

MESA PARK

Special meeting of the Board on Parcel Tax for November ballot, Firehouse, 100 Mesa Rd, 7:30pm

Thursday, August 3

FEATHER, FUR & SCALES

Animal ambassadors childrens' presentation @ Library, 3-4pm

DANNY MONTANA

Live country/folk/blues @ Coast Café, 6-8pm

THE BLANK TAPES

Live rock 'n' roll @ Smiley's, 8pm, no cover.

Friday, August 4

KENT ISLAND WORKDAY

Meet @ Wharf Rd dock, 10am-2pm

CLOSING RECEPTION

Kale Likover's 'Crow-show' @ Farmstand, 3-6pm

Saturday, August 5

THE BAZAR:

An Afternoon of Art & Craft in Bolinas Museum Courtyard 12-5 PM.

ART SHOW @ BOLINAS BOOK EXCHANGE
Opening Reception 4-7pm

ASTEROID #4

Live psychedelic rock/folk @ Smiley's, 9pm, \$10

Sunday, August 6

ERICA SUNSHINE LEE

Live country music @ Smiley's, 8pm, no cover.

Wednesday, August 23

PANORAMIC SEA HAPPENING

3pm (weather permitting) Pawel Kruk and invited artists will attempt to reconstruct Tadeusz Kantor's Panoramic Sea Happening at Brighton Beach in Bolinas. In the name of the artists, we hereby invite all interested in participating. Bringing beach chairs is encouraged.

Today's Hearsay brought to you by
StuArt Chapman, editor
June McAdams, ads
Nicole Lavelle, press

Ever let Love and Truth, Peace and Light, Health and Harmony Prevail!

GLEANINGS Mary Barror



Touched by An Angel

Create heaven
Wherever you are

ISHWAR-KAKA



We, unaccustomed to courage
exiles from delight
live coiled in shells of loneliness
until love leaves its high holy temple
and comes into our sight
to liberate us into life.

Love arrives
and in its train come ecstasies
old memories of pleasure
ancient histories of pain.
Yet if we are bold,
love strikes away the chains of fear
from our souls.

We are weaned from our timidity
In the flush of love's light
we dare be brave
And suddenly we see
that love costs all we are
and will ever be.
Yet it is only love
which sets us free.

- Maya Angelou

You have to bloom
Wherever
you are planted
Keep serving
through small
acts of love,,,

Ishwar-Kaka

OUR HOME

OUR HOME IS FULL OF STUFF:
accumulations of books,
cards and letters filled
with loving thoughts
from all kinds of occasions,
photographs of memorable times,

But mostly our home is filled
with heartfelt thanks
of having lived open-armed
to JOY,
and the embraces of
kindred souls.

Magi Barror

You clean
the outside world
as a way
to clean
your mind

ISHWAR-KAKA



"Did Jesus create these locally?"

Mary

STAR ROUTE FARMSTAND

**Cool Coastal Greens
and then some!**

Friday 12 - 5 PM • Roadside In Our Field

Ken & Sam Levin

Window Cleaning

415.663.9669

West Marin's Best



This is to remind everyone that on **Saturday, August 5th** Thayer Gowdy is bringing together a wonderful group of creative people to present their unusual wares for your enjoyment at **The Bazaar** in the Bolinas Museum Courtyard. Some have been creating their work for over 40 years, like Bolinas ceramicist Mardi Wood and other are bringing new creativity like Kelsey Kirsch who grew up in Stinson Beach. Come and support these artists and take home something special for you or a gift for someone special. ~ Elia Haworth

Is There a Mythologist in the House?

A wonderful hour spent yesterday talking with my favorite mythologist, Jane Mickelson, on "Questing" her radio show on KWMR.

Jane had invited me to be her Quest guest, but from the start that I wanted to interview her, rather than the other way 'round.

Because Jane is brilliant and fascinating, and I love the way her mythological mind works. Besides Jane use to do professional voiceover work, and she still has that mellifluous manner of speaking.

So sitting across from her with headphones on and listening to her discourses was a real treat as she poured honey into my ears. It was like pillow talk but in a very upstanding, erudite manner.

The day of Jane's show happened to fall on a very important Celtic holiday called Lughnasadh LOO-nə-sə) Lughnasadh is a Gaelic festival marking the beginning of the harvest season. Lughnasadh is observed on August First, or about halfway between the summer solstice and autumn equinox. However, over time the celebrations shifted to the Sundays nearest this date. Lughnasadh is one of the four Gaelic seasonal festivals, along with Samhain, Imbolc and Beltane. It corresponds to other European harvest festivals such as the Welsh Gŵyl Awst and the English Lammas.

Jane called the day Lammas, a lot easier to pronounce than the Celtic Lughnasadh.

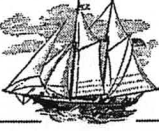
Lugh is an important god of Irish mythology. Lugh is portrayed as a youthful warrior hero, a king and savior. He is associated with skill, crafts and the arts as well as with oaths, truth and the law. Lugh is also strongly associated with the harvest festival of Lughnasadh, which is named after him.

Jane told a story about Lugh as a child, and she pronounced his name "Lew" Whenever Jane mentioned Lugh's name I would think of Lew Welch, picture a turkey vulture circling overhead and hear Magda call out "Hey Lew!")

"Is there a mythologist in the house?" I asked Jane at the beginning of "Questing" and she laughed. But the fact is at this time we need mythologists as desperately as doctors, because the disease of our times goes way beyond the scope of modern medicine and big pharma.

Thank you, Doctor Jane, for healing us mythologically and for re-enchanting our world.

-StuArt

EST. 1851  BOLINAS

SMILEY'S SALOON

& HOTEL

LIVE MUSIC THIS WEEK

Wednesday, August 2
Larry-Oke!
Come belt out your favorite tunes. (FREE, 8pm)

Thursday, August 3
The Blank Tapes
A Groovy Surfy Rock. (FREE, 8pm)

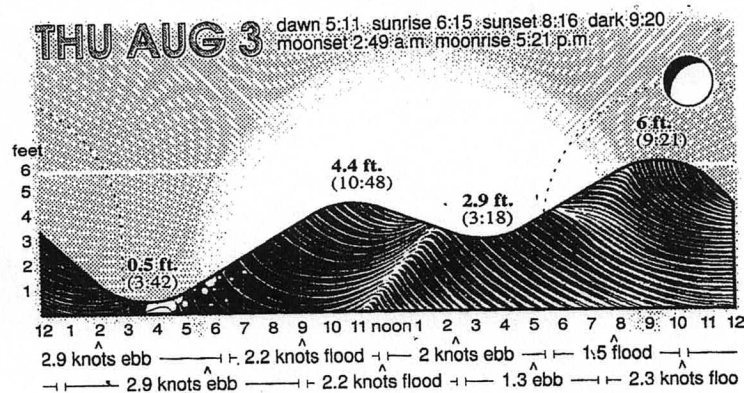
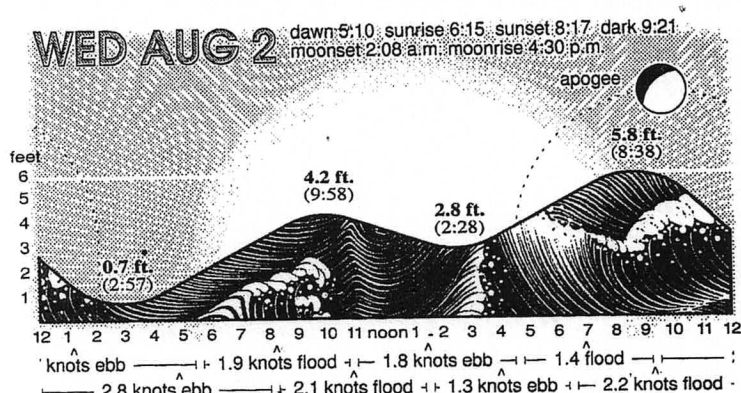
Friday, August 4
Grateful Bluegrass Boys
Bluegrass/Classic Rock. (\$5, 9pm)

Saturday, August 5
Asteroid #4
Blues, psych, krautrock, shoegaze, folk and even 70's California rock. (\$10, 9pm)

Sunday, August 6
Erica Sunshine Lee
Country Southern Rock. (FREE, 8pm)

Monday, August 7
Epicenter Sound System
(FREE, 9pm)

We make advance tickets available online and for popular shows, at the bar, so please join our email newsletter for ticket sale alerts, www.smileyssaloon.com/music



WATER PROTECTORS OF WEST MARIN – UNITE!

Calling all Earth Stewards!
Sacred special opportunity is coming soon...

It is ever more obvious that

WE ARE ALL INTERCONNECTED -

WE reflect *OUR* environment.

If the earth is ill, we are as well. Us, as conscious souls, in Bolinas, deeply caring for this sacred land know how the earth became this way. The question is -

How can we become well again?

→ By connecting with the source of everything, the sweet intelligence behind nature, this life force that sustains us all.

The Elder Brothers teach on reciprocating for all we receive.

Have you ever reciprocated with love for the source of water? For electricity, for food, for finances? Sacred reciprocity is offering gratitude for every breath we receive, every gift that comes our way.

These are the sacred healing arts of holistic ecology. It is not elusive - it is at your fingertips.

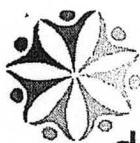
AND, it's.....Coming to Bolinas

The Kogi, otherwise known as the Elder Brothers, come from high in the Sierra Nevada of Colombia. Their sacred land is a microcosm for the entire planet and considered the Heart of the World. They work 24/7 to balance this earth Mother.

An ancestral Mama is leading a pilgrimage across the U.S. and on his way to Bolinas! He will be teaching workshops on holistic ecology, the art of refining one's own energy to be in service to nature with sacred loving intent and reciprocity. The Mama, a spiritual guide, earth custodian and master healer, is excited to share these ancestral healing arts with you and will make a difference in your life, the lives of others and that of the Earth.

What's to come? A workshop and an intro film with questions. Early August. Stay Tuned!

For more information, contact Stephanie Hilborn about the workshop happening in early August. shilborn@gmail.com or 415.509.4115



COMMUNITY &
CULTURAL CENTER

dance palace

Point Reyes Community Lunch

08/17/2017 - 12:00pm to 1:00pm Suggested donation

\$3 (over 60 years old) / \$6 (under 60 years old) POINT REYES COMMUNITY

LUNCH—HOSTED BY WEST MARIN SENIOR SERVICES

Break bread with friends at the community lunch every Thursday. Plus live music the first Thursday of each month. The organic food is prepared by Good Earth Natural Foods. Make reservations by 11 AM on the prior Monday. Contact Cathy Bleeker, Nutrition Program Manager at West Marin Senior Services, 415-663-8148, x.104.

Dance Palace Board of Directors Meeting

08/15/2017 - 6:00pm to 8:00pm Monthly meeting of the Dance Palace Board of Directors

I "see" the process like a weaving, now.. How I thank all who are/were a part of creating a new home + new family for me? I am awestruck..
Persia Norton ♡

BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT

BCPUD BOX 390 270 ELM ROAD BOLINAS
CALIFORNIA 94924 415 868 1224



A Meeting of the Land Stewardship Committee Of The
Board Of Directors
August 4, 2017
270 Elm Road, Bolinas

Agenda

1. Call to Order.
2. Roll.
3. Path Update – Balance Hydrodynamics report,
Next steps.
4. Knoll Project – Next activity day – date?
CalFire project – possible relation to Knoll invasives
removal.
5. Finances
6. Soil Test
7. Other
8. Next Meeting

**MIGUEL
BUSTAMANTE
DENTAL
CORPORATION**

24 WHARF RD. BOLINAS
415 868 0911



WHITE ELEPHANT SILENT AUCTION

There are many ways to participate in Labor Day, but the silent auction is one of those great win win opportunities. The Community Center wins when there are great items to sell, as that helps us support all the wonderful classes and events that happen at the BCC. The donor wins by passing on some artifact that need to be released back to the community. Something way-to-nice to throw away, but for whatever reason (too full of memories or not enough time for your own garage sale) something you don't want to sell.

The white elephant always reminds me of Ganesha, the Hindu deity that has an elephant head, and multiple arms. Ganesha is the remover of obstacles. So if your stuff is weighing you down, bring the beautiful, useful, desirable items to the Community Center. We'll do our best to find someone who will love it.

P.S. You're donations are tax deductible, we'll be happy to give you a receipt.

Donation Drop off Times:

Thursday Aug. 31 (2-6) * Friday Sept. 1 (10-6)
Saturday Sept. 2 (10-4)

CALL -2128 FOR OTHER OPTIONS & PICK-UP

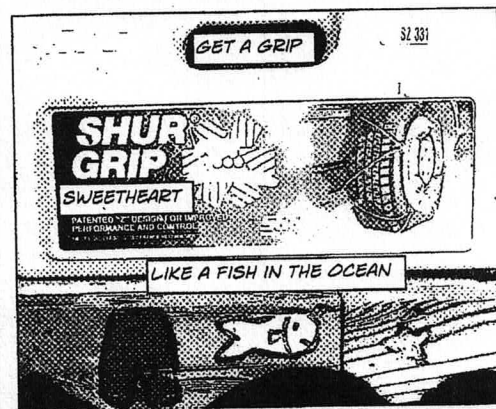
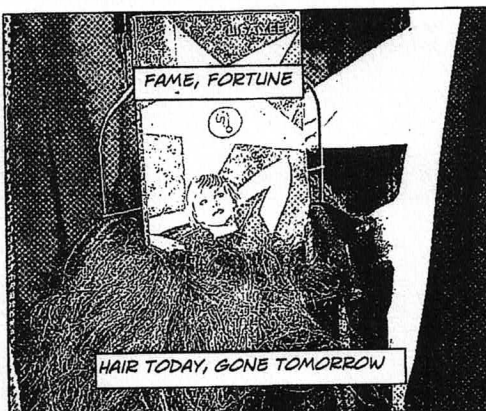
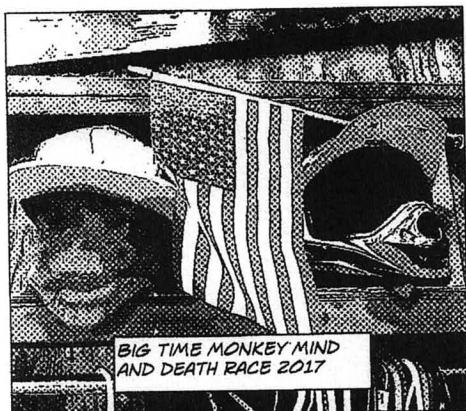
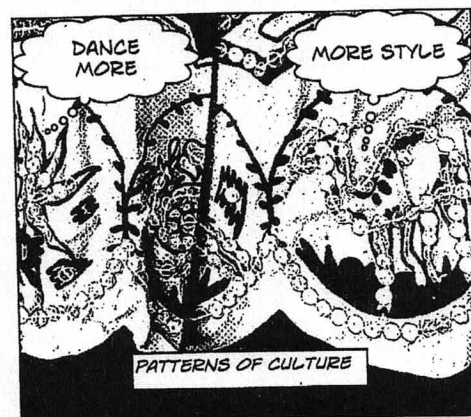
email: Bolinascc@bocenter.org • www.bocenter.org •
14 Wharf Rd., Bolinas, CA 94924-0122
A Non Profit, Tax Exempt [501(c)(3)] Corporation No. 23-7117192

INSTANT I-CHING

A FREE BOX TAROT READING
BUT INSTEAD OF TAROT CARDS
SYMBOLIC MEANING IS DERIVED
FROM CHANCE ENCOUNTERS
IN THE FREE BOX.

THESE CONTEMPORANEOUS
METAPHORS COLLECTED
IN THE FREE BOX
ARE INTERPRETED IN LIGHT
OF TODAY'S EVENTS
AND VOILA! A FREE BOX READING

Thank You, StuArt, 2017 Bolinas



From Vickisa:

Right now I am working on a mini me for my BOX as **The BOX SHOW™ 2017** is almost on.

AUGUST 11 – SEPTEMBER 24.

Exhibition: August 11th to September 24th

Opening reception, Saturday August 12th, 3 to 5pm

Live Auction September 24th, Closing Party 2 to 3 PM, Followed by Live Auction 3 to 5 PM.

Box Stories: Saturday, August 16 and September 19 3- 5 PM

150 ARTISTS. 150 BOXES. 7 WEEKS OF FANTASTICAL, WILD, IMAGINATIVE WORKS. GALLERY ROUTE ONE'S LEGENDARY BOX SHOW™ ENTERS ITS 18TH YEAR.

Admission to the BOX SHOW is *always free*. This is the most fun you can have a gallery and I just guarantee that you'll see something that you love. Hope it is me I'll definitely be at opening, closing and more. Bring a posse and kids love it too. There is something for everyone

Gallery Route One, 11101 Highway One, Point Reyes Station, CA 94956 .
415. 663.1347, galleryrouteone.org <<http://galleryrouteone.org>>

Dance Palace Camp finished with a fun, rousing, exciting day at Hearts Desire Beach.

Every year we go there and Sky Road Webb brings his canoe that he stores in my yard out and takes the campers canoeing. This year he did that and then he took a group to to Indian beach. As he was coming back Devin Pugliese, our lifeguard who was provided through community outreach by the GGNRA and I were talking to a woman who reported that she was very concerned about a kayak that seemed to be stuck and going more side to side in the Blustery wind. The kayak was very far away and the mom of the teenage kayaker was also concerned as her mother was in the kayak. I asked Sky and Devin to paddle out, check it out, and get the kayakers while we got our swimmers out of the water. They took off, paddled out, actually almost all the way across the bay and brought them back in safely in a matter of 10 minutes. The kayak was a blowup kayak and it was a bit of a concern.

So if you see something say something, and act safely, or find someone who can. Good ending to a great camp experience and the canoe gets to stay another year.

Because you read so far here is my gift to you

Make oatmeal at home

Buy **steel cut oats** (I like John McCann in can)

Soak oats in water overnight enough for 5 servings

In the morning cook with salt to taste

While cooking taste for al dente or more cooking (personal taste)

Breakfast 1 - serve with butter salt and milk if you like

Put the rest away either a little oven safe dishes or in the same pot you cooked it in or any container or roll it up in parchment paper you can cut off sections.

Breakfast 2-if cut in rounds and fry in cast-iron pan with butter on the bottom and then flip and serve it with salt savory

Breakfast 3- same put maple sugar or syrup on top and then flip over

Breakfast 4- same as 3 add blueberries, Blackberries, peaches, or any fresh fruit (add ricotta cheese optional) and then flip over add a little salt

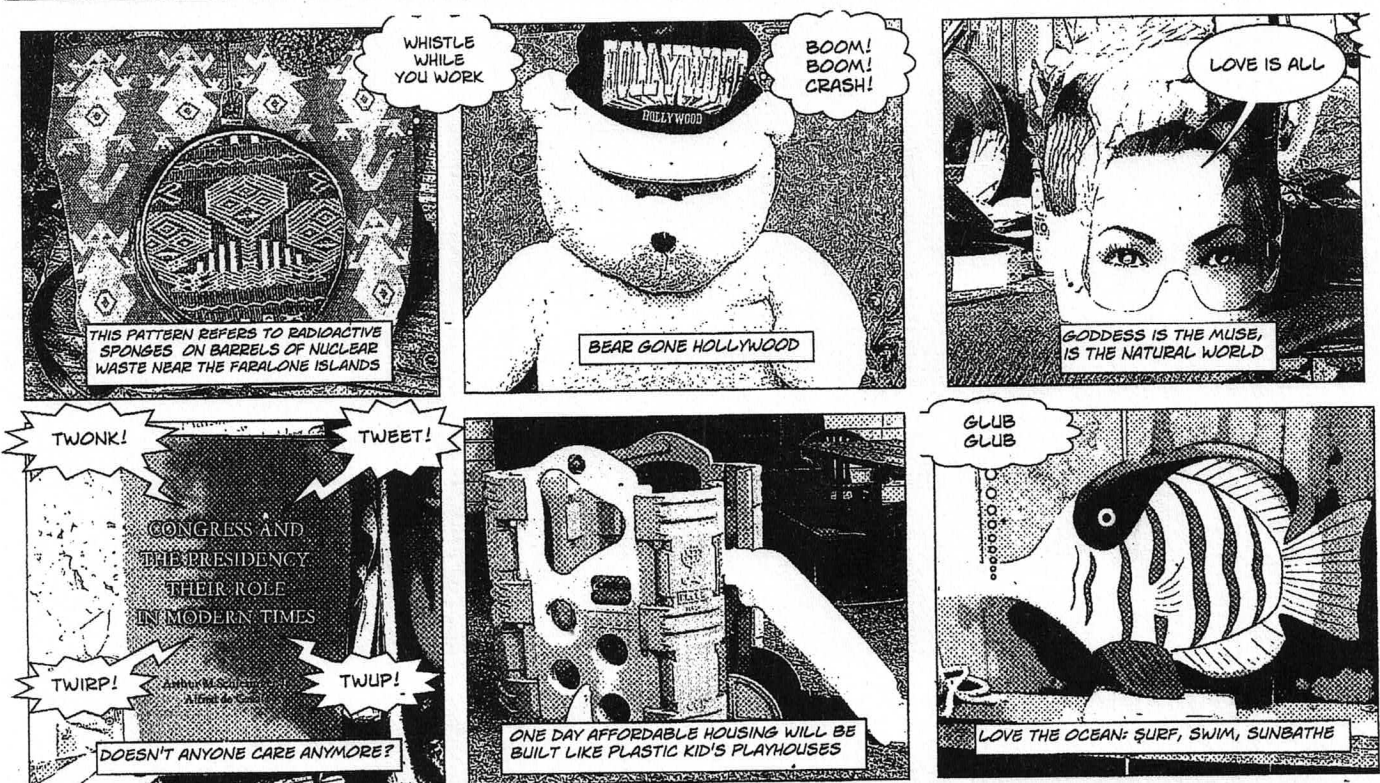
Breakfast 5- cook it with an egg over easy and serve with bacon

It is infinite can cook with onions and garlic, cream etc.

Enjoy and never pay someone to make oatmeal. Get them to make something like poached eggs or Benedict something. VICKISA

A friend got so excited when I told her how to do this at a restaurant where she had ordered oatmeal that I thought I should share it even though it seems so simple.

Cholesterol buster honest. Enjoy! NRN



HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door to submit

SERVICES

CONFLICTS? DISPUTES?
WEST MARIN MEDIATION CAN HELP-
confidential, effective, impartial, free. 415 -868-0493

SG X

BRUSH TO MEADOW TRANSFORMATION
Heavy-duty tractor. Mowing / backhoe / roto-tiller / disk /
plowing / post-hole drilling. Don Murch -0921

DMX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING
Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE
Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS
a Subaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

WINDOWMAN: REPAIRS SINGLE AND DOUBLE PANE
windows, sliding glass-door rollers, screens. Reasonable. No
extra charge for West Marin. Sean 415-699-6204

SB 10/15

IF YOU ARE IN NEED OF A BATH OR HAIRCUT for
your dog, please contact Jenny at paws 4 thought. 707-758-
1038 e-mail- jenny.riviere@yahoo.com

JR 9/26



HAPPY HAPPY BIRTHDAY!!!

August 2: Eric Festin
Phil Hoffman

August 3: Miranda (Young) Joseph
Jeff Clapp
Mikel Jay
Janet Mattingly
Amelia Straton

August 4: Bob Grenier
Bob Bates
Sam Blake
Ruby Willis
Wayne Poulsen

August 5: Tom D'Onofrio (remembered)
Judy Buchanan

August 6: Karina Salenger
Rhiannon Broek

HEALTH & HEALING

June McAdams, RN
Compassionate and Skilled
Hospice Care Home Care
Newborn to Elders
Coastal Marin Only
More than 39 years nursing experience
(415) 868-9052

FOR SALE / RENT

HOUSE IN OAXACA MEXICO
for sale or long-term rental. Contact
lynn.ohareberkson6@gmail.com or call 1-8178-6405363

LB 9/25

868hearsay@gmail.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication
the next day.

Or get info on how to read online or subscribe online
or request a link to the password-protected website.

West Marin Branch Library Hours

Stinson Beach:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 2 to 9 p.m.
Fridays • 10 a.m. to 6 p.m.
Saturdays • 10 a.m. to 5 p.m.

Bolinas:

Mondays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Thursdays • 1 to 9 p.m.
Saturdays • 10 a.m. to 5 p.m.

Point Reyes Station:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 2 to 9 p.m.
Thursdays • 2 to 9 p.m.
Fridays • 10 a.m. to 2 p.m.
Saturdays • 10 a.m. to 2 p.m.

Inverness:

Mondays • 3 to 9 p.m.
Tuesdays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Fridays • 3 to 6 p.m.
Saturdays • 10 a.m. to 1 p.m.

FOR SALE

1997 GEO PRISM 210K MILES
Runs very well, smogged. \$1,000
868-2103

WANTED

STUDIO/WORKSHOP-

Looking for a small, private workspace rental. Please call
Emily (415) 533-6506 or email: emily-gilliom@yahoo.com

PAIR OF SOLID DOORS (NOT HOLLOW CORE)

For the free box, approx. 30 X 80 inches. Please call-2769

SC X

LOST AND FOUND

LOST: LG CELLPHONE YESTERDAY BETWEEN 2:30-
4pm downtown or left in Jody Spangler's car. If found call Ilka
Hartmann -0419 or Pamela Jane -0937 or leave the phone at
Smiley's or at the Bolinas Market.

IH 8/2

FOUND: ON LITTLE MESA GOING UP, AT FIRST
CURVE -Osprey purple and grey back pack. Call 868-9742 or
(551) 404-3800 to claim.

SC 7/31

LOST: "HOLY ROLLER" SKATEBOARD
Gold with holes drilled in it... 415 813 7531 - Oliver

OW 7/28

FOUND: ON OVERLOOK -COLLEGE OF MARIN
lanyard with volvo key, with push button remote control, with
miniature piston on the key ring. Call 8689052 to claim.

JMC 7/17

LOST: TURQUOISE WIDE BRIMMED
Fabric sun hat. Martine -868-9036

MA 6/19

MISSING: TAN/BROWN BLACKHAWK! BRAND
backpack outside Bolinas Rod & Boat Club. Would love to have
it back at your earliest convenience. 868-9331.

BL6/16

LOST: READER GLASSES-RED & COLORED STRIPES
on agate beach-Wednesday 5/31/17. 707-652 5577.

S 6/14

LOST: Olive GREEN HOODIE YESTERDAY AFTER SUN
festival in park. Says Seward, music festival on back. If found
call 415-299-4100

BC 6/12

FOUND: SMALL PAINTED MARACAS AT BABY
BLESSING Sunday 6/11 Please call 0902 to claim.

MB 6/12

LOST: BLACK MOTOROLA SMART PHONE LOST ON
Elm between Dogwood and overlook noon Sunday the 21st.
please call 415-997 8369 if found.

SM 5/22

CLASSES



Weekly Classes and Events Schedule

MONDAY

Somatic Exercise	9:30-10:45am
Bo Babies & Toddlers Open Play Group (free)	12:00-2:00 pm
Move & Tumble, 3-5 yr. (7/25, 8/7, 8/14, 8/21) w/ KT	3:15-4:00 pm
Acronastics, 6-9 yr. (7/25, 8/7, 8/14, 8/21) w/ KT	4:15-5:15 pm
Pilates Mat w/Lisa Townsend	5:30-6:30 pm
Yoga w/Angela Sterpka	7:00-8:15 pm

TUESDAY

Diaspora Dance for Elder Women w/Amber Hines	9:00-10:15am
Soul Soup w/Amber Hines (0-3yr)	10:30-11:15am
Pirate Pizza in the Plaza & Kitchen (Starts 8/15)	3:00-7:00 pm
Contemporary Dance w/Lisa (teens & adults)	6:30-7:45pm

WEDNESDAY

Pilates Mat w/Lisa Townsend	8:30-9:45am
Move & Tumble, 3-5 yr. (8/9 & 8/16) w/KT	3:15-4:00 pm
Dance Fun(damentals) 6-9 yr. (8/9 & 8/16) w/KT	4:15-5:15 pm
Beginning Yoga w/ Brenda Stine	6:00-7:15pm

THURSDAY

Yoga Flow w/Brenda Stine	7:30-9:00 am
USDA food bank	12 noon

FRIDAY

Pilates Mat w/Lisa Townsend	9:00-10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00pm
No Place Like Home (Free Brunch 4 th Fri of Month)	12 noon

SATURDAY

Diaspora Dance w/Amber Hines	9:00-10:30 am
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SUNDAY

Brazilian Dance w/Anna Gottr. (last Sunday of mth)	11:00-12:15 pm
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Call 868-2128, check the Library Marquee, Calendar in BCC
Foyer or visit www.bocenter.org for more info & special events!

KWMR Radio Highlights

FRI The Rise and Fall of Detroit 7 PM

SAT Travels with a Humanitarian 9AM

SUN A Screenwriter and a Thief 10 PM

MON Series: Bay Area Exodus, Pt.1 5 PM

TUE Youth DJ Graham Patterson 4 PM

WED Magic Lantern 10 AM

- More information at KWMR.org -

FM 90.5 Point Reyes Station
89.9 Bolinas
92.3 San Geronimo Valley

FREE

KETTLER EXERCISER.

All you have to do is pick it up at 95 NYMPH - 868-8802!

JM 7/26

RELATIVELY NEW FRIG-SMALL APARTMENT SIZE

62 inches high and 28 wide Hot Point with freezer.
Linda Mornell 415-868-2350 Horseshoe Hill Rd.

LM 6/7