



WEDNESDAY, JULY 29, 2015

FLORA AT FAR WEST

46¢ (50¢ WITH TAX)

WHAT'S HAPPENING?

Wednesday, July 29

MIDNIGHT ON THE WATER

Acoustic traditional string-band music for Smiley's celebration of all August birthdays, 7:30-9:30pm.
Free

Thursday, July 30

MIDNIGHT ON THE WATER

Coast Café, 6-8pm

Friday, July 31

BLUE FULL MOON

3:43am

RAINBOW GIRLS

Live music @ Smiley's, 9pm

Saturday, August 1

AUGUST AT THE BEACH

Paintings by Judy Molyneux, Bolinas Gallery,
Aug. 1-30, 1-6pm

JUST FRIENDS

w/Charlie Docherty, Jerome Bohlman, Beth Carusillo,
Michael Pinkham, Dylan Squires @ Smiley's, 9pm, \$10

Sunday, August 2

LUGHNASA

Celtic celebration of the end of summer and
beginning of harvest season

TOM D'ONOFRIO- CELEBRATION OF LIFE

Commonweal Gallery, arrive 2-2:30pm, and begin
at 2 p.m. Parking is very limited! Please carpool.
Improper parking may be ticketed by the Park
Service. Bring finger food and beverages to share.
Questions: csimeone@att.net

Wednesday, August 5

OPENING RECEPTION

For Schehera's 'Third Eye Inspired' exhibit, @
Farmstand Gallery, 6-8pm

Friday, August 7

BURNING MAN SHOW & TELL

Learn more about Camp Berlinus and this year's
trip to Burning Man, movies, music, stories, ritual.
7:30-9:30pm, Community Center, \$5 sug. Donation

HAPPY HAPPY BIRTHDAY!!!

July 29: Diane Lamontez

July 30: Sharon Mantle
Jessica Gene Ross
Justin Demmon

July 31: Anthony Stewart
Ana Krakauer
Piro Patton
Paloma Dunlap

August 1: Emmy Rhine
Ava Geupel
Isaac Yerington

August 2: Eric Festin
Phil Hoffman

*This Hearsay brought to you by:
StuArt Chapman, editor
June McAdams, ads
Jenny Pfeiffer, press*



Relaxation

34

Relaxation
Is total peace.

When you relax completely, there is total silence. No thought enters the mind, no problems arise from the body, no memories grip the spirit. This overwhelming sense of tranquility is really all meditation is about. The neutral stillness of the mind renews the tired soul, and this is regeneration.

Even if you don't follow a formal meditation program, it is good to sit quietly for a little while every day. This form of rest should be as regular as sleeping each day. If you can sit still and just relax completely, you are actually meditating. All the various forms of complicated techniques and visualization exist because people can't bring themselves to this very simple state of relaxation. Their minds are constantly racing, their bodies are out of balance, and the worries of the day weigh heavily upon them. They cannot let go, so they need a formal routine to follow. But if you can simply sit down and empty yourself, you will experience a wonderful silence and a deep, satisfying sense of peace.

One should try to return to a relaxed state on a regular and periodic basis. The simple reason for relaxation is that it renews us, purifies us, and leaves us with a profound feeling of serenity. It is not a ritual. It is not a religious obligation. It is a wonderful state away from problems. In it, we are poised in our natural state.

- DENG MING-DAO -

Are you not ashamed of heaping up the greatest amount of money and honor and reputation, and caring so little about wisdom and truth and the greatest improvement of the soul?

-Socrates-

It is very wrong for people to feel deeply sad when they lose some money, yet when they waste the precious moments of their lives they do not have the slightest feeling of repentance.

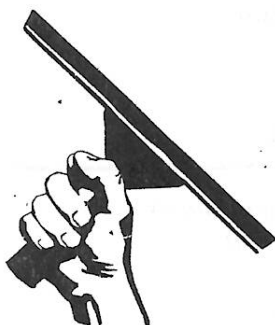
- The Dali Lama-

Ken & Sam Levin

Window Cleaning

415.663.9669

West Marin's Best



This Is What Was Bequeathed Us

This is what was bequeathed us:
This earth, the beloved left
and, leaving,
Left to us.

No other world
But this one:
Willows and the river
And the factory
With its black smokestacks.

No other shore, only this bank
On which the living gather.

No meaning but what we find here.
No purpose but what we make.

That, and the beloved's clear instructions:
Turn me into song; sing me awake.

- Gregory Orr

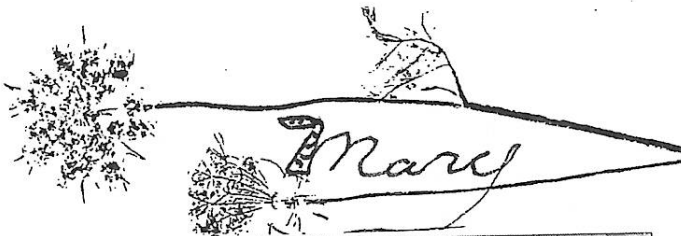
To Come Home To Yourself

May all that is unforgiven in you
Be released.

May your fears yield
Their deepest tranquillities.

May all that is unloved in you
Blossom into a future
Graced with love.

-John O'Donohue-



STAR ROUTE FARMSTAND

This Week Featuring

Squash Blossoms are back on the menu
As well as zucchini
Onions and shallots gang busters too
Time for some Panini

Friday 12 - 5 PM • Roadside In Our Field

Fabulous Far West

by StuArt

The weather was ideal for the Far West Fest. Big fluffy clouds kept the sun from broiling the baseball diamond known as Love Field just south of the green bridge to Pt. Reyes.

The Wheel of Self Reflection was set up dead center in Love Field next to a beautiful shrine by Ernesto. Nearby was Oliver Whitcroft showing his art.

Surrounding the Wheel was a huge ring of sound-stages, food booths, vendors, activists and people picnicking. Surround sound blasted from four stages with live acts performing everything from country to hip hop.

Like being at the center of a cyclone, a maelstrom of festivities on Love Field in the center of West Marin.

It was a beautiful day. At the start of the festivities a wild-eyed man with a big gold hoop in his nose stopped by and began to tell me about the clouds.

"Perfect checkerboard pattern reflecting the consciousness below," he pointed at the sky. It was true that the blue sky and puffy white clouds were making a unusually precise checkerboard pattern.

Expected the dude to mention chemtrails but he never did, just kept talking about how the sky reflected the consciousness below. His well-tanned, sinewy body showed he spent a lot of time outdoors studying the sky. He returned at different times throughout the day to remind me to study the clouds.

He must have known he was talking to the right guy, since my interests also involve fields of consciousness. This year's big Burning Man art project is investigating the collective psychic field created by the seventy thousand Burners in Black Rock Desert. The theory is that a random generator on a charged psychic field invites synchronicity.

During Far West Fest there is a similar but smaller psychic envelope created on Love Field.

The Wheel was giving out fortunes to the crowd for \$1 per spin. All proceeds from the Wheel went to KWMR.

Eventually \$124 was raised for our local, grass roots watershed radio. "Good Times for the Greater Good" Adrienne announced from the main stage.

Running the Wheel to benefit KWMR felt clean and green. The Wheel had a sweet clarity that showed up in the fortunes.

Kids were drawn to the Wheel. Adults were more skeptical. Yet there was no denying that the Here/Now popped whenever someone received their fortune. It was a Zen moment, an aha! flash.

The clouds spinning above.

The Wheel spinning below.

This completely random event - coming to rest on one particular fortune at one particular place and time.

Chance? Fate? Synchronicity? What is it?

Life is a Wheel

spinning through Now.

Hello friends,

I'd like to invite you to my new show

"*Third Eye Inspired*" at the Farmstand.

This show will be up for the month of August.

I will have an opening Wed., Aug. 5, 6-8pm.

There will be a closing party on Sunday

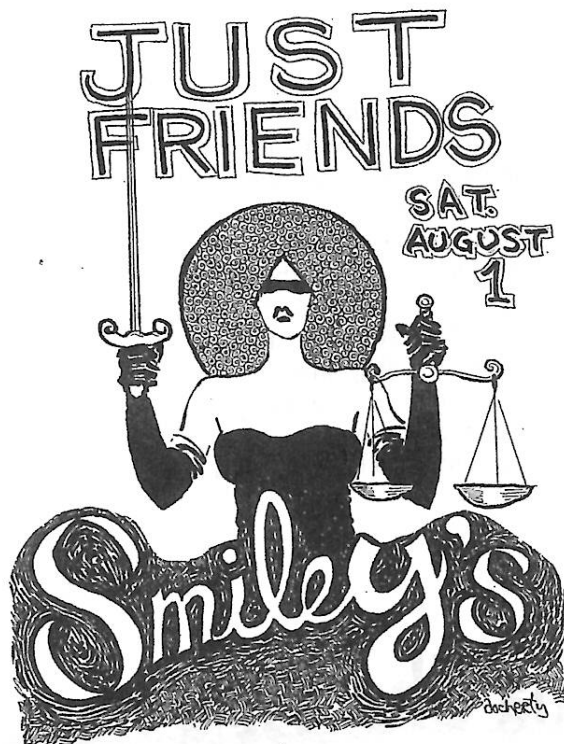
the last weekend of August.

This show will feature new pieces of mine,

and some great pieces from some friends.

Please come by and check it out.

Thank you, Schehera



"it is the mind itself which shapes the body"
-joseph h. pilates

Pilates Mat Class Summer Series

Taught by Lisa Townsend

July 13th - August 31st

Monday Evenings 5:30pm-6:30pm

@ Bolinas Community Center

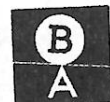
8 classes - \$112

6 classes - \$ 85.

4 classes - \$58

Drop in \$15

For info: 415-868-0473



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415 868.0911

Tom

Tony Della Valle's celebration of Tom well spoke to the legacy and imagery Building and sustaining a congregation being one of the first and elemental duties Tom paid those dues in mythic ways early on guided by the evangelistic teaching of the Wesley brothers (of the 18th Century) My first encounter with Tom in 1971 was remarkably similar with my last in tone and texture. We parted as long good neighbors following a awkward bumpy spot. I am happy to have known him

Ned Hoke

Sha Sha Higby

Paper Wing

This is a whimsical journey of life, death, and rebirth through ephemeral images that evoke the passage of time and day, or the shifting of the seasons.

Aug 1-8

\$25 advance limited seating. wuweiteatemple.com

Doors open at 7:30

Wu Wei Tea Temple

1820 Sir Francis Drake Blvd Fairfax
wuweiteatemple.com | 415-516-2578



**Friday, August 7 from 7:30-9:30pm
 at the Community Center**

Bill Braasch and I are leading a group from West Marin to run the Wheel of Self Reflection in the Carnival of Mirrors at Burning Man.

The Carnival is the tented circle that surrounds the big Burning Man statue. Last year it was called the Souk. The Wheel of Self Reflection will be out there in the center of Black Rock Desert, not unlike being set up at the center of Love Field for the Far West Fest.

The Wheel is becoming a tradition at Burning Man, like it has at Far West Fest and at the World Craft Fair in Bolinas. People are looking for meaning at Burning Man, and the Wheel provides them with a espresso shot of meaningful coincidence.

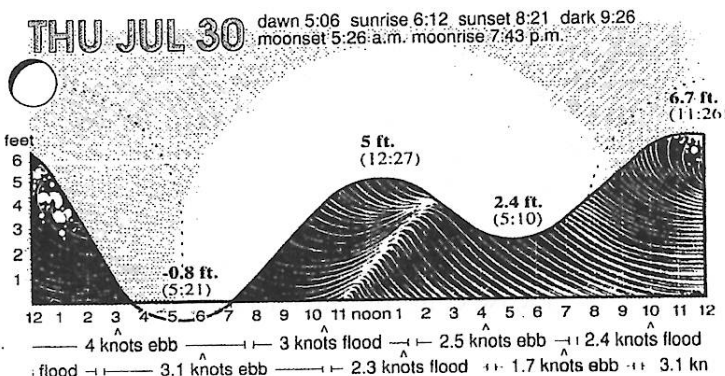
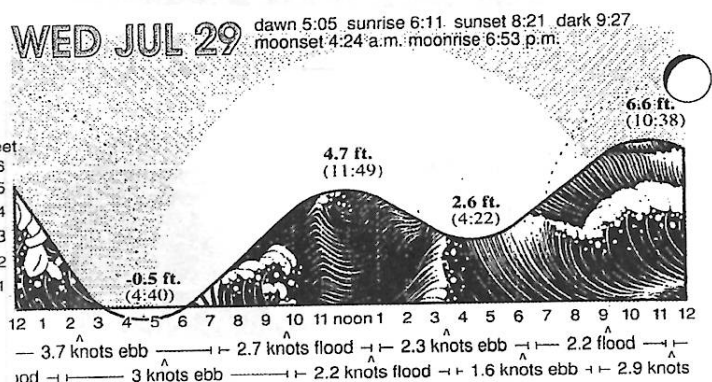
Carl Jung was the first to call meaningful coincidence "synchronicity," and synchronicity is what the Wheel is all about. The charged psychic field at Burning Man dramatically increases the rate of synchronicity as expressed through the fortunes from the Wheel. That is the focus of this year's project at Burning Man - to reflect the utmost synchronicity back to the collective consciousness. The Wheel of Self Reflection becomes a True Oracle at Burning Man, like it does at the Far West Fest, and it's both Work and Fun to serve the Wheel and synchronicity.

We'll be showing movies and telling stories about the last 2 years at Burning Man. We'll describe what's up for this year. The Wheel of Self Reflection will be there to spin.

In essence we're taking Bolinas to Burning Man and we'll be bringing Burning Man back to Bolinas. Your support, both financially and psychically, will ensure our success in the dusty streets of Black Rock City.

We're cultural emissaries from West Marin and we'll be bringing this year's Burning Man experience back to you in song and pictures. You can stay in the lush splendor of West Marin while we willingly embark on a pilgrimage of art into the hot, dusty desert of Nevada.

Thank you kindly, StuArt



Lots of Winners at Annual Fishing Derby

Jeff Clapp won the Bolinas Rod and Boat Club's 51st Annual Fishing Derby with a 30 pound salmon; but in addition 16 children, six teen agers and and five adults earned trophies with salmon, striped sea bass, halibut, ling cod and rock cod. All together there were 119 registrants in the derby, and 43 fish were weighed for trophies – and many more were caught and not weighed. Of the 43 weighed fish, 22 were salmon, 9 were strippers, and 4 were halibut. Fishing was difficult on Friday and Saturday due to rough seas, but Sunday was great with more than half of the fish caught the final day. Multiple whale sighting were made each day, including a Moseley family sighting of an anchovy bait ball rising above the water, followed by a whale that swallowed the bait ball in one gulp and then flopped over on its back!

Jeff Clapp caught his 30 pound salmon Sunday morning in a two-person Hobie trimaran kayak that is powered by sail and dual pedal drive. A first for the Derby! His son Finn, age 14, netted the fish, which was no small feat while seated in the low-slung two-seater. Jeff was fishing in 60 feet of water off Bolinas and caught the salmon at 30 feet on a sardine (that he caught in the lagoon and froze last year). Jeff grew up sailing on Long Island Sound and was a sailing instructor, so he is comfortable sailing/pedaling his kayak off Bolinas. Jeff, wife Heather, and sons Finn, Alex and Willsy have lived in Bolinas for three years.

Jeff won the overall trophy for Largest Fish. Boone O'Conner won first place in the adult men's division with a 20 pound stripper, followed closely by Willie Ross with a 19 pound halibut and Joseph Ferraro with a 16 pound salmon. Erin Dell was the only adult women to register a fish and won with a 3 pound blue cod. The teen women was a competitive group with Phoebe Brown winning first with a 19 pound salmon; Gracie Leach with a 16 pound salmon; and Heather Lowry with a 15 pound salmon. The teen men was won by Leonardo Ferlinghetti with a 25 pound salmon, followed by Nick Marcotte with a 14.2 salmon, Willy Norton with a 13.8 salmon, and Kingston Dixon with 13.45 salmon. Boys 12 and under was won by Parker Heffelfinger with a 16 pound salmon, followed by Tommy Moseley with a 13 pound salmon, and Jack Moseley with a 10 pound striper. Girls 12 and under was won by Layla O'Conner with a 14 pound stripper, with second place going to Ann Rauh with a 5.15 pound ling cod, and third to Kalea Haye with a 5.1 pound salmon. The Directors Award was given to Greg Marcotte in recognition of the many children he took out and of their success catching fish. Thirteen "Great Fish" trophies were given out to our younger participants who caught fish.

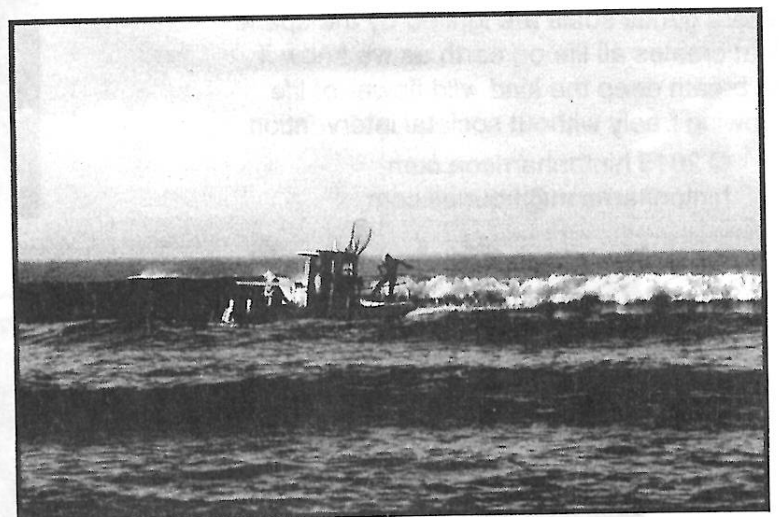
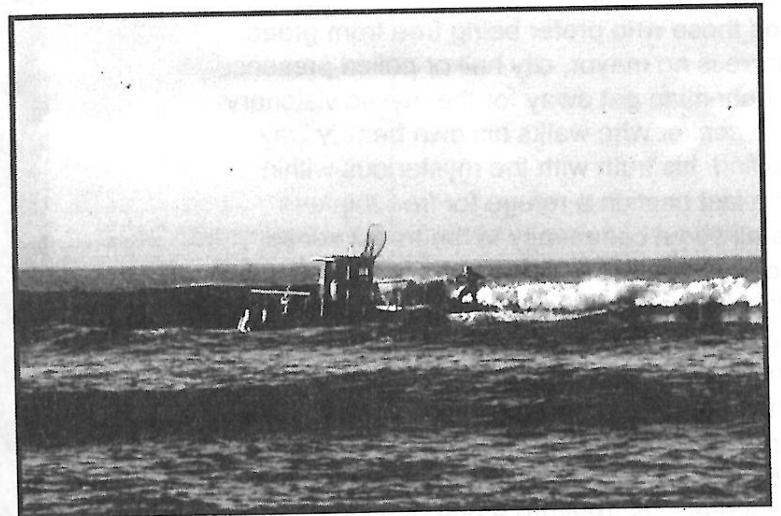
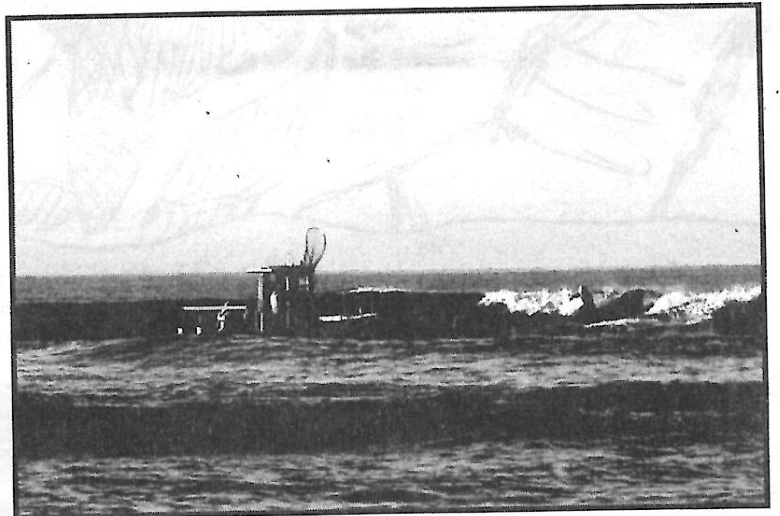
The first place finishers each selected a salmon fishing rod and reel set valued at \$250-300, in addition to their trophies. The second and third place finishers each selected a rod and reel set valued at \$150-\$200.

Following the Award Ceremony, Phil Binley tossed the raffle tickets with salad forks in a large salad bowl, and then eight year-old volunteer Kaleb Tummerman (visiting Bolinas from Wisconsin) selected the winning tickets. The winners of the raffle drawing for Oakland A's baseball tickets were the Lenz-Fontan family of Bolinas for the 12 person suite and Kyla Nybauger of Muir Beach for the two box seats. Kathie and Remic Hart won the third place fishing tackle, Ryland Whitney won fourth, and Eric Swanson won fifth.

The success of the 2015 Fishing Derby was the direct result of the support of our 49 sponsors and 20 volunteers and the relentless fishing of our 119 participants. Please plan to join us for the 52nd Annual Fishing Derby next summer.

- Bob MacDonald

"Fisherman, careful what you wish for"



- Curly idea - Georges photos

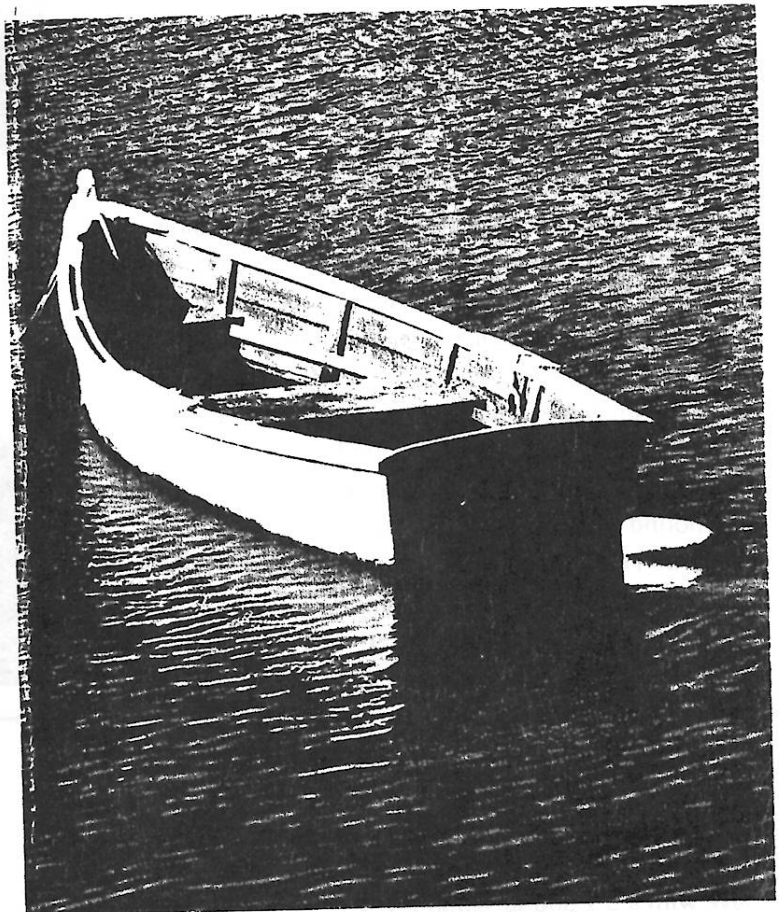


"Town Meeting" drawing by Kathleen O'Neill
 left to right front: Zack's friend, Zack, Ian, Fran & Alethea
 left to right back: StuArt, June, Maitreya

BOLINAS

Find it if you can hidden away and out of sight
 A sweet little innocent village by the pacific
 That harbors poets, artist, writers and surfers
 And those who prefer being free from greed
 There is no mayor, city hall or police presence
 A bohemian get away for the mystic visionary
 The seeker who walks his own beauty way
 To find his truth with the mysterious within
 The last bastion a refuge for free thinkers
 Its all about community in the truest sense
 Honoring and respecting in humble gratitude
 The precious gift of life here on this earth
 Dogs roam freely like the legendary coyote
 The miwok original people lived here in peace
 They believed coyote was their creator spirit
 Coyote planted seeds of wisdom in the miwok
 And those who are pure in heart find their way
 To a precious treasure a one of a kind bolinas
 Where gentle souls are ignited by the spark
 That creates all life on earth as we know it
 So breath deep the kind wild flower of life
 Growing freely without societal intervention

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 hintonharrison@hotmail.com



FOR SALE

CHILD'S IKEA KITCHEN SINK/STOVE SET Wooden utensils & food (including pizza!) Wooden Doll House with a few furniture pieces Please call Lisa or Xanthe @ 0473

LT7/31

DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus – Cut locally
 Gospel Flat Farm 868-0921

DMx

SHOP NOON TO 5 PM EVERY DAY BUT TUESDAY @

Uniquities Variety Thrift & Gift and Really Good Pet Food Emporium behind the Book exchange. Lots of interesting items- old and new. Yarn, knitted kids and adult clothes and purses, games, stamp collections and much more are available at a very fair prices!!

JP 6/26

READ THE HEARSAY ONLINE

Tell your friends and families that they can stay connected to Bolinas even if they have to live elsewhere.

IT'S EASY: email hearsaynews@yahoo.com and request the password and link to the site. Michael will put you on the list and will send you reminders as new issues come out.

Keep reading The Hearsay News! *\$50⁰⁰ per year*

Classified ads that are free

As a public service to help the recycling of things ~ the finding and returning of things ~ and the need for transportation, the Bolinas Hearsay news will print for free ads in the categories

LOST & FOUND, FREE and RIDE SHARE.

Drop your ad through the slot in the door at our office on the left side of the PBUD building at 370 Elm Street.

Or email to hearsaynews@yahoo.com

Maximum approx. 20 words, will run at least one week, often longer

LOST AND FOUND

GONE MISSING AT SUN FESTIVAL:

Two shakers with red feathers and two wood handled gourd shakers. To arrange a return please call KO at 2283

KO 6/24

LOST: CELL PHONE OLD CASIO BUTTON

phone ! reward! Between school, town, Terrace, Elm, Opal.
 Ron Brown- Return to Fire Dept.

RB 6/22

LOST: SMALL PADDED CAMERA BLACK CASE

lost in park during The Sun Festival on Sunday.
 If found, call 0938

M6/22



*found: a light green hand-knit sweater, by the sewer ponds (a couple weeks ago)
 415-868-2312
 415-259-9238*

CLASSES



Weekly Classes and Events Schedule

MONDAY

Bo Babies & Toddlers Open Play Group (free) 10:00 - Noon
 Pilates w/Lisa Townsend (pre-register 868-0473) 5:30 - 6:30 p.m.

TUESDAY

Senior Stretch W/Anna Gottreich 11:00 - 12:00 p.m.

WEDNESDAY

Pilates w/Lisa Townsend 8:30 - 9:45 a.m.
 Ninjitsu w/ Martin (Starts 1/14/15) 6:30 - 8:00 p.m.

THURSDAY

USDA food bank 12 noon
 Congolese Dance w/ Sandor 6:00 - 7:30 p.m.

FRIDAY

Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 a.m.
 No Place Like Home (Free Brunch 4th Fri of Month) 10:30 - 11:30 p.m.

SATURDAY

Diaspora Dance w/ Amber Hines 9:00 - 10:15 a.m.
 Ballet w/ Erika Townsend 10:30 - Noon

SUNDAY

Brazilian Dance with Anna Gottreich 11:00 - 12:15 p.m.
 CommUnity Night (see website for details) 6:00 - 9:00 p.m.

Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit www.bolinascommunitycenter.org for more info & special events!

hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day. Or request a link to the password-protected website to read online plus info on how to subscribe.

FREE

JUNIOR LOFT BED W/ 3 DRAWER CHEST, DESK

& bookcase. Single mattress. Great shape – outgrown.
 L 80", W 42", H 46". Call 9851 – vmsg 342-6347

SS 7/24

WHITE LOVESEAT. AND NICE OVERSIZED COMFY

eggplant colored chair with matching ottoman. Perfect for reading and sitting with a friend! Come and get it by Sunday.
 868-9041 or 451 624 7160.

KC 7/10

TWINBED WITH PINE WOOD FRAME

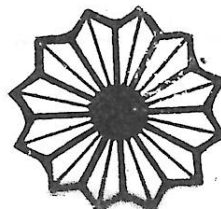
and mattress. -1917 or 710-9952

R 7/10

FREE; GROWING FAMILY? a beautiful BABY

CRIB. IN EXCELLENT CONDITION. MATTRESS INCLUDED. CALL-2172

JM 7/8



HEARSAY NEWS CLASSIFIEDS

Office Hours M. W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door

SERVICES

PROFESSIONAL WRITING, RESEARCH, MARKETING

A (transplanted) local seeking telework -- part time/ project.
Political advocate for nonprofit. Master's Degree.

Local/professional references.

Andrew.W.Cattell@gmail.com 415.717.5342

AC 8/14

BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

HANDYMAN: HOME REPAIR, CARPENTRY,

painting,. Hauling too! 27 years experience. Local refs.

Steve Hill -2310

SHX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING

Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS

a Subaru SW for all Bay Area (& beyond?) destinations.

Many local refs 868-2144

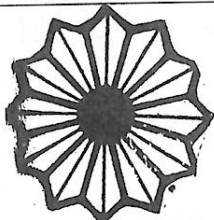
HD x

"I CAN SEE AGAIN!"

CLEAR LIGHT WINDOW WASHING

Call Dale-0782

DP 7/31



WANTED

WANTED: I AM LOOKING FOR A BOLINAS DOG

boarding August 2-9- Loving Golden Retriever

Call Bob (925) 899-8549

BD 7/31

Seeking a Small Trailer, so Kaydon, age 15, can have space
for a bed and a desk. Urgent! Call Martine 868-9036

MA 8/3

I HAVE A FULLY SELF CONTAINED

8ft x 22ft motor home and need a space where I may park and
occupy it. No services need to be provided other than the space.

No trades/pay rent only. Low profile, very quiet.

Local references. Contact Phil Shaw at e-mail:

BREEZERSTORM@gmail.com

PS X

WANTED: BICYCLE FOR BURNING MAN

StuArt- 868-2769

SC X

FOR RENT

IDEAL FOR OFFICE OR WRITER'S STUDIO

separate, quiet with WiFi in my garden. Sorry, no live-in.

Micah 0938

M 7/31

HEALTH & HEALING

CAREGIVERS AVAILABLE

Excellent homocare & cleaning.

\Call 868-1782 Anita and William Henry

CH x



HOUSING WANTED

30 YEAR RESIDENT, ACTIVIST, POET & SURVIVOR

seeks cozy room or in law unit. Clean, quiet, widowed, needing
home by October. Sandy 1340 solartimeseditor@gmail.com

WV 8/13

LOOKING FOR A PLACE TO RENT

After nearly 14 years in my sweet cottage, I have to move.

Wonderful, reliable tenant; great neighbor; great references.

I would like to stay in Bolinas and would consider anything.

Helen Sirica, cell 415.328.8136 / home 415.868.2175.

email: hsirica@aol.com Thank you

HS 8/3



dance palace

AUGUST

VOLUNTEER WORK DAY & PICNIC

A day dedicated to sprucing up the Dance
Palace. There are projects for all skill levels
and ages. The Dance Palace Community &
Cultural Center would not run without our
amazing team of volunteers and friends and
it would never look so nice without everyone
pitching in once a year.

Saturday, August 15, 9 AM - 1 PM

CLOSED FOR RENOVATIONS

The Dance Palace will be closed for
renovations August 24 - 29.

KWMR Weekly Program Highlights

Thu, Jul 30 - Wed, Aug 5

Thu Jul 30

5 PM Local news: emergencies & law enforcement

Fri Jul 31

8 AM Gallery Route One Box Show

Sat Aug 1

7 AM Wake up to classical

Sun Aug 2

9 AM Vernon Bush on gospel music

8 PM Radio theater: *The Tale of the Allergist's Wife*

Mon Aug 3

1 PM Book: *Blue Mind*

6:30 PM Band: members of San Geronimo