

BOLINAS HEARD SAY NEWS



Wednesday, May 11, 2016

Freebox Score!

46c (50c with tax)

WHAT'S HAPPENING??

Thursday, May 12

MIDNIGHT ON THE WATER TRIO

Traditional Celtic tunes for dinner @ Coast Café, 6-8pm

DUSTY BROUGHT TRIO

Live music @ Smiley's, 8pm. No cover.

Friday, May 13

GRATEFUL DEAD NIGHT, TAKE 2

Grateful Dead open mic, 6-8pm; screening of RFK Stadium show, 6/14/91, 8pm; at Community Center. Bernie Sanders fundraiser.

BRIAN TRAVIS BAND

Live rock @ Smiley's, \$5 cover.

Saturday, May 14

LARNER SEEDS OPEN HOUSE

From 12 to 4pm. Tours of the Garden at 1:30 and 3pm. Big Plant Sale! Plants, Seeds, Tools, Native-plant-based gifts. 230 Grove Rd between Elm and Alder. 415-868-9407

SOUP SATURDAY

Free lunch @ St Aiden's, noon. All are welcome.

LISA MARIE JOHNSTON

Singer/songwriter live @ Smiley's, 9pm, \$10.

Sunday, May 15

OPENING RECEPTION

Mary Mountcastle Eubank, Sukey Bryan, Kellie Flint, Gallery route one, Pt. Reyes, 3-5pm

Tuesday, May 17

COMMUNITY CENTER

Board of Directors meeting, Library, 5pm

FARMSTAND CONCERT

Featuring Alex Bleeker & the Freaks, and the Psychedelic Seniors, Farmstand, 7:30pm

Thursday, May 19

ADULT COLORING

Supplies provided, treats & tea @ Library, 7pm

- May 11: Carrie Thomas
Sarah Hammond
Diana Long
- May 12: Arn Angelius
Betty Buffington
- May 13: Zoe Carolyn Scott
Harmony Maia (PJ)
Jack Siedman
Ned Hoke
- May 14: Isabel Fine
Paul Fradelizio
- May 15: Weston Robinson
Judy Dugan

Ever let Love and Truth, Peace and Light, Health and Harmony Prevail!

CLEANINGS Mary Barror

MYSTERIOUS BEGINNINGS THE NECESSITY OF WINTER



As any gardener knows, the bulbs that contain the beautiful flowers of spring and summer—daffodils, irises, tulips, and gladioluses—cannot bloom until they have endured a period of cold. Held in the dark earth during the frigid winter months, they undergo internal adjustments and changes invisible to our eyes. Like babies gestating in the lightless, watery wombs of their mothers, they are fully engaged in the process of preparing to be born. So many of the greatest mysteries of life begin in this way, with a powerful urge for growth enclosed in a small, dark space.

We humans have a tendency to yearn for the light, for the arrival of spring, and for the more visible phase of growth that all things express in coming to be. In our love for what we can see with our eyes, we sometimes lose patience for, and interest in, the realm of darkness that nurtures and protects the seeds, bulbs, and babies of the world for such an important part of their life cycles. It is a perilous and mysterious phase of growth, and one that we have little control over; and perhaps that is why we do not celebrate it with quite the same passion that we do the lighter and brighter phases of life. Nevertheless, throughout our lives we ourselves endure similar periods of developing in the darkness.

Meditating on the image of a bulb, seed, or embryo can bring us into alignment with the side of our own natures that is like the earth in winter—seemingly asleep but busily attending to details of growth that create the pattern for the flowers, children, and creative expressions to come. Touching down on this place in ourselves, we may feel at once peaceful and activated, utterly still and yet fully creative, quietly in tune with the dark and mysterious beginnings of life.

Madisyn Taylor



Realization that all power to think, speak, feel, and act comes from God, and that He is ever with us, inspiring and guiding us, brings an instant freedom from nervousness. Flashes of divine joy will come with this realization; sometimes a deep illumination will pervade one's being, banishing the very concept of fear. Like an ocean, the power of God sweeps in, surging through the heart in a cleansing flood, removing all obstructions of delusive doubt, nervousness, and fear. The delusion of matter, the consciousness of being only a mortal body, is overcome by contacting the sweet serenity of Spirit, attainable by daily meditation. then you know that the body is a little bubble of energy in His cosmic sea.

Living Fearlessly- Paramahansa Yogananda

May we learn to open in love
so all the doors and windows
of our bodies swing wide
on their rusty hinges.

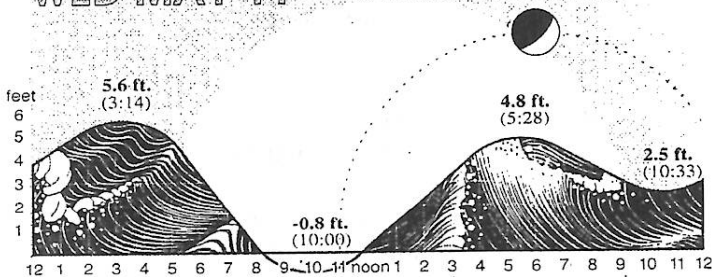
May we learn to give ourselves with both hands,
to lift each other on our shoulders,
to carry one another along.

May holiness move in us
so we pay attention to its small voice
and honor its light in each other

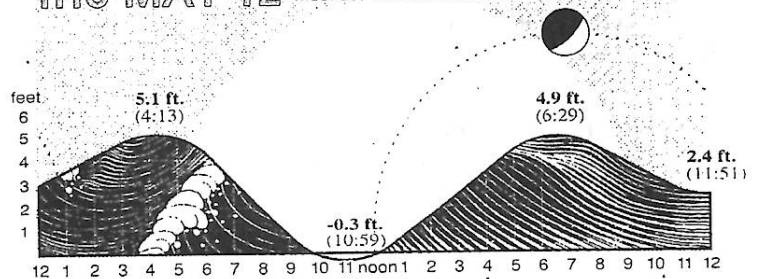
-Dawna Markova



WED MAY 11 dawn 4:58 sunrise 6:03 sunset 8:10 dark 9:15
moonset 12:19 a.m. moonrise 10:54 a.m.



THU MAY 12 dawn 4:57 sunrise 6:02 sunset 8:11 dark 9:16
moonset 1:05 a.m. moonrise 11:54 a.m.



Merle Haggard, Hippie Icon?

by Steve Heilig, April 14, 2016

Merle Haggard died last week, up in his beloved Mount Shasta region, on his 79th birthday. His son Ben wrote this online:

"A week ago dad told us he was gonna pass on his birthday, and he wasn't wrong. A hour ago he took his last breath surrounded by family and friends. He loved everything about life and he loved that everyone of you gave him a chance with his music. He wasn't just a country singer. He was the best country singer that ever lived."

The best that ever? Some would argue that there are five or so others who would also fit on that throne. I'm no country music expert, not even a huge fan overall, but I'll go with Merle, for his instantly-recognizable baritone voice, unsurpassed songwriting, supple guitar, authentic outlaw history, and, as I'm a west coast chauvinist, his California roots and lifelong loyalty. There was nothing corny or phony about him, and he seemed to always do exactly what he wanted to, musically and otherwise.

On top of all that, as much as the more flamboyant, long-haired and willing pot icon Willie Nelson, Haggard seemed to have been at heart a hippie. But strictly a "Hag" kind of countercultural figure, one like nobody else.

His life story is well known — born to parents who fled west to California from the dust bowl, raised in a converted boxcar in the Bakersfield area of the Central Valley, jailed as a teenager for burglary. As one of his signature tunes, "Mama Tried," related, "I turned twenty-one in prison doing life without parole."

Fortunately, while the birthday setting was true, the life sentence part was poetic license. And prison sent him on his musical path. While "inside" San Quentin in Marin in 1960 he heard one of Johnny Cash's early prison concerts and vowed to become a country singer and player himself, soon starting to play live and record, releasing his first LP in 1965, and the rest was country music history. Haggard had 38 #1 country hits and many more in the top ten of that tradition-bound chart. But as the New York Times put it in one of his many obituaries this week, titled "The Archetypal Outlaw," even with such success, Haggard "was always an outsider — and his band was always named The Strangers."

For those who didn't care for it and/or saw country music as unredeemably square, Haggard's big breakthrough (and, some would say, debacle) came in 1969 with his song "Okie from Muskogee," an assault on San Francisco's burgeoning "counterculture" and all things hippie — LSD, pot, free love, draft card burning, incense, beads, long hair and "roman sandals" (?). It was a huge hit. But it was also hard to tell (and for a long time he wouldn't), how far Haggard's

tongue was lodged in his cheek when he wrote and sang that one. Was he mostly pandering to the Southern red-necks he seemed to be celebrating? He did at times through his career lean that way, with embraces of some of the more reactionary aspects of life and even the likes of Nixon and Reagan. But he also later noted his big hit "probably set my career back about 40 years" and that "I was dumb as a rock" when he wrote it.

The musical reaction from the so-called "counterculture" being lampooned was, well, humorous. Big Brother and the Holding Company, the San Francisco band that had backed Janis Joplin, had a minor hit on their first LP after her death with "I'll Change Your Flat Tire Merle," a response to Haggard, fiddles and all. The lyrics bear full reprint:

As I drove down on 65, I was cruisin' down that old grapevine

Well, I must have been doin' at least about 95

Well out there on the side of the road all broke down

Who do you think was standin' around

But the greatest country singer alive!

Well I hear you had an adventurous youth, makin' love in a telephone booth

And I even hear you did a little stretch in jail

But now you got a big ranch house with a bar

And eight, nine, ten of them fancy cars

And every other little check comin' in the mail

I'll fix your flat tire Merle

Don't ya get your sweet country pickin' fingers all covered with erl

Cause you're a honky, I know, but Merle you got soul

And I'll fix your flat tire Merle

Now I heard all them records ya did, makin' fun of us long haired kids

And now ya know we don't care what ya think... Merle,

If you're gonna call the world your home

Ya know you're gonna have to get out and get stoned

An' it's better with a joint than with a drink, I think

So I'll fix your flat tire Merle

Continued next page

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Ken & Sam Levin

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West Marin's Best



Continued from previous page

*Don't ya get your sweet country pickin' fingers all covered
with erl*

Cause you're a honky, I know, but Merle you got soul

And I'll fix your flat tire Merle

So I'll fix your flat tire Merle.

Note that even these hippies who were striking back at him called Merle the greatest. Another very popular group, the Youngbloods, led by sweet-voiced Jesse Colin Young and ensconced commune-style in West Marin, chimed in with "Hippie from Olema" (Olema being a crossroads village of about 50 citizens and a gateway to Point Reyes):

Well I'm proud to be a hippie from Olema

Where we're friendly to the squares and all the straights

We still take in strangers if they're ragged

We can't think of anyone to hate

We don't watch commercials in Olema

We don't buy the plastic crap they sell

We still wear our hair long like folks used to

And we bathe often, therefore we don't smell

We don't throw our beer cans on the highway

We don't slide a man because he's black

We don't spill our oil out in the ocean

'Cause we love birds and fish too much for that

And I'm proud to be a hippie from Olema

Where we're friendly to the squares and all the straights

We still take in strangers if they're Haggard

In Olema, California, planet earth.

Both of these tunes can be heard on youtube, and are worth a listen. But other rockers just did Haggard songs in sincere tribute; soon enough, the ultimate hippie band, the Grateful Dead, were making his songs a regular part of their countless 1970s concerts, especially "Mama Tried" and "Sing Me Back Home," his wrenching death row lament. Haggard may not have commented on their versions but he must have enjoyed the royalty checks, if those were paid ("Texas Jewboy" troubadour Kinky Friedman's revision of "Okie" as "Asshole from El Paso" was a bit more pointed in rebuke).

The opening line of "Okie" was "We don't smoke marijuana in Muskogee..." and that would get a big cheer in live performances. And that may have been true in Oklahoma, at least at the time. But those who knew or at least encountered the singer had to smile. At least in his later years, Haggard was no pot-teetotaler; he just was more private about it than his buddy Willie Nelson, until one of his last public songs and video, done with Willie, featuring them amiably passing a reefer in the studio while singing a sweet tune titled "It's all Going to Pot."

And in the late 1990s, Haggard did a San Francisco benefit show for the Haight-Ashbury Free Clinics, which had roots as the ultimate hippie medical provider. Outside the

building where his touring bus was parked, it smelled like Golden Gate Park's "Hippie Hill" on April 20th ("4/20," the pot smokers' favorite holiday).

Haggard sat on a stool, in air reeking of reefer and cooling down after a wonderful set with his current Strangers. "Medical Marijuana" had recently been legalized in California, and there were fliers and stickers strewn around the backstage area extolling and marketing the herb. Haggard picked one up and read, eyebrow raised, and then looked up and said "Y'all call it 'medical' pot here? Well... that's a hoot." There was silence for a moment, so I waded in and replied, "Yeah, I agree, but many sick folks says it makes them feel better, however you wanna call it, right?" Haggard, reportedly not one to suffer any fools, looked thoughtful for a second, and came back with "OK, you put it that way, good enough for me."

Beyond the pot thing, Haggard seem to go from being reactionary to more "liberal" with age, in reversal of the traditional trajectory. Besides the smoking, he embraced environmentalism, detested pomposity and greed, and seemed to become a pacifist as well. Although "Okie" had been written at least in part in reaction to anti-Vietnam protests, he opposed the venal Iraq war and in his later years became a Hillary Clinton supporter and wrote a song for Barack Obama's presidential campaigns. As for current aspirants, Haggard recently noted he was "watching Donald Trump's campaign with amusement and concern," and further noted, "I think he's dealing from a strange deck."

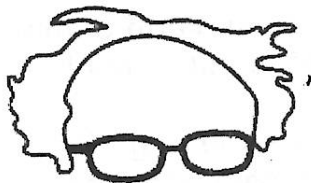
One of very best of Haggard's musical progeny, Dave Alvin, last week noted "Merle Haggard meant a lot of different things to a lot of different people but to me he was THE songwriter of California. Not the California of Malibu, Silicon Valley or Beverly Hills but the California of Highway 99, migrant workers and the struggle to survive in the promised land. All the political ambiguity and one dimensional stereotypes aside, Mr. Haggard was one of the giants of modern American Music (not just Country)... In his way he was also a true, fearless rock and roll rebel."

Beyond his own dozens of records, there have been numerous Haggard tribute albums through the years, featuring all the best country stars, but maybe be the best was the 1994 "songwriters's tribute" Tulare Dust, featuring many

of the best younger "Americana" artists like Alvin, Iris De-ment, Lucinda Williams, Robert Earl Keen, John Doe, and more. Many of them gathered at the Fillmore West (another hippie hangout) when that CD was released, and did the songs beautifully and reverentially. But when Haggard himself stepped out to close the show, it was immediately clear who was the main event. "Oh so now we see how these songs really are done," said a lovely woman standing next to me.

Because, Haggard knew of which he wrote, from poverty to prison to stardom to bankruptcy in his later years, and you could hear all that in his songs and singing. Even though he'd been given just about every musical award one could earn, his dark side remained. "There've been times when I've been on the brink of closing down and walking away, disappearing into the woods," he reflected in 1999. Fortunately, he didn't do that until now, and made some great music even after that. He was a legend, and a charmer, contradictions and all, and his sound and sly smile will live on.





West

Marin Potluck for Bernie Sanders

Saturday, May 14, 5:30 PM Bernie Sanders is running for President to challenge the status quo: "Enough is enough. This country and our government belong to all of us, not just a handful of billionaires." The organizers invite you to come out to help Bernie win California! Voter registration and re-registration will be provided. Check to make sure you can vote for Bernie. Norman Solomon will speak about super delegates and what we can do about it. Alice Chan, co-founder with Norman of the Coalition for Grassroots Progress, will explain their "100 Door-Knocks for Bernie" project. All donations go to support this project to Get Out The Vote for Bernie! Yard signs and bumper stickers will be available to purchase. Van der Maaten & Friends will provide music, plus special guests, and Paul Reffell will MC. BBQ oysters will be served. Bring your favorite pot luck dish to share. "It may be too late to stop the billionaire class from trying to buy the Presidency and Congress. The forces of greed already may be too powerful. But we owe it to our children and grandchildren to try. We owe it to them to make the fight, and through the power of numbers, turn back

GRATEFUL DEAD NIGHT TAKE 2 FRIDAY, MAY 13TH

FUNDRAISER FOR BERNIE SANDERS BEFORE THE CA PRIMARY

Grateful Dead Open Mic from 6-8pm

SCREENING OF JUNE 14TH, 1991 RFK STADIUM SHOW 8PM

Shakedown vendors welcome; please call 415-868-9978

\$10 MINIMUM Bolinas Community Center
14 Wharf Road Bolinas, CA 94924

KIDS
FREE

LARNER SEEDS OPEN HOUSE REDUX; Saturday May 14, from 12 to 4pm

Because of rain last Saturday, we postponed our **Spring Open House** from last Saturday to this Saturday, May 14. We wanted people to be able to eat our justifiably famous **chia seed cookies** in the sun and to feel comfortable lingering in the garden.

Please join us! There's a lot blooming. We have a new section called **Plants for Greenroofs**, 4" pots reduced from \$5.00 each to \$3.50. Come see some of the plants, no longer seen, that used to cover our hillsides and valleys.

Many plants for **Pollinator Gardens** as well. We have Milkweeds just emerging from their long winter sleep and Coast Gumplant, a great groundcover and pollinator magnet.

All are welcome.

The Staff at Larner Seeds
Judith, Jeff, and Tina

SMILEY'S

LIVE MUSIC THIS WEEK

**Calling All Storytellers! Smiley's will be hosting a Storytellers Workshop June 1st with the theme 'Fruitful Mistakes: Bad Choices That Ended Well' - Please message us if you're interested in telling your story -- we'll choose 5 for the evening, and storytelling coaches will help you refine the presentation.*

Wednesday, May 11

Larry-Oke!

Come belt out your favorite tunes. (FREE, Show 8pm)

Thursday, May 12

Dusty Brough Trio

Surf Jazz. (FREE, Show 9pm)

Friday, May 13

Brian Travis Band

Folk Rock. (\$5, Show 9pm)

Saturday, May 14

Lisa Marie Johnson

Folk and Soul Americana. (\$10, Show 9pm)

Sunday, May 15

Jazz Afternoon w/Michael Pinkham

(FREE, 5-7:30pm)

King Ropes

Rock. (FREE, 8pm)

Monday, May 16

Reggae with Epicenter Soundsystem

(FREE, 8pm)

We make advance tickets available online and for popular shows, at the bar, so please join our email newsletter for ticket sale alerts, www.smileysaloon.com/music



COMMUNITY &
CULTURAL CENTER
dance palace

For more information, to volunteer,
or to join call 415-663-1075
Save \$ by buying in advance
Tickets at www.dancepalace.org

**Point Reyes Station
Village Association**

Meeting Thursday, May 12, 7:00
PM The Point Reyes Station
Village Association meets the
second Thursday of each month at
7:00pm.

West Marin Middle

School Dance Friday, May 13,
6:30 PM \$6 at the door Come on
out to the Dance Palace and get
your groove on at the best teen
dance in West Marin for grades six
to eight. Featuring DJ Lue, a high-
energy, professional disc jockey
who brings fantastic lighting and
great sound to the dance floor. To
listen to DJ Lue' playlists go to
djlue21.podomatic.com or
www.mixcloud.com/luis-burgos

Orchids love old fashion styrofoam packing peanuts!
We can recycle them if you bring them
to California Orchids, 515 Aspen Rd. or we can
come pick them up. 868-0203
No modern cornstarch types please.

Thank you, Mary

Mary Nisbet/California Orchids
www.californiaorchids.com

CORRECTION, CORRECTION: error in
Monday's Recap. I inadvertently left
the "son" off of Sally Robertson's name
and left it as Sally Robert's garden,
which is, of course, incorrect. Big
apologies to her. Jennie Pfeiffer

Kindness / healing
given / received
↔
♡
Perris Norton

Today's Hearsay by
StuArt Chapman, editor
June McAdams, ads

Bleeker was Here ~~Jeff Manson~~, press

**Greetings from West Marin Senior
Services and Stockstill House!**

We currently have openings for new
residents, either male or female. We are
an eight bed state-licensed Residential
Care Facility for the Elderly (RCFE),
located in beautiful Point Reyes Station,
in the heart of West Marin. Stockstill
House offers high quality, 24-hour
personalized care for eight residents, in
a warm and spacious home. Owned and
operated by West Marin Senior Services,
Stockstill House is a state-licensed
residential care facility, staffed by
trained and qualified professionals. Our
goal is to enhance the quality of life for
people who need 24 hour care and
supervision, by creating an atmosphere
close to what you or your loved one
would enjoy at home.

We are accepting applications for long
term residency, however please don't
hesitate to inquire about short stays or
respite stays.

Interested in a tour or have
questions? Contact Robyn Torres, RN
at robyn@wmss.org or by calling 415-
663-8148 x112. You can also visit us at
www.wmss.org; click on the section for
'Stockstill House' for more information,
and to take a virtual tour!

Robyn A. Torres, RN Administrator
West Marin Senior Services - Stockstill House
PO Box 791 - 11435 State Highway One
Point Reyes Station CA 94956
Office: 415-663-8148 ext. 112

Office Fax: 415-663-1268
www.wmss.org



**GOSPEL FLAT
FARMSTAND**
presents
**Alex Bleeker and
the Freaks**
&
**Psychedelic
Seniors**
**Tuesday, May 17,
7:30pm**

HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door

SERVICES

ECONOMICAL DUMP RUNS, WEEDEATING,
mowing, yard cleanup, resource recovery brush loads, scrap
metal recycling and small moving jobs...
Call Chris -1993

CG 5/11

BRUSH TO MEADOW TRANSFORMATION
Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING
Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS
a Subaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

868hearsay@gmail.com

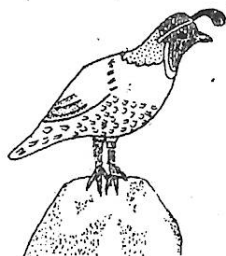
Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication
the next day.

And how to subscribe to the password-protected
web site and read the hearsay online.

WANTED

50 YEAR OLD MULTILINGUAL WOMAN
ORIGINALLY from France and Italian Switzerland looking for
property management opportunity in West Marin. Possibly live-
in. 415-572-3608..

CC 5/11



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For 33¢ per day, more or less. Give
yourself, a friend, or an expatriate
member of your extended family
the gift of local news three times per week,
delivered electronically. Stay home. Save trees.
Isolate.

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Michael Rafferty, Publisher and Online Editor,
868hearsay@gmail.com

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CH x



WANTED

SMALL FAMILY WITH TINY HOME ON WHEELS
Looking for a small corner of Land to live on for money
and/or work-trade. I do carpentry/plumbing and my wife is
a housekeeper. I am willing to paint the tiny home any
color to match the property.

We are fully self-contained. I have a son the age of 5 who
is only with me part-time (Thurs.- Sat.). My goal is to be
on a piece of land so that he can be in a stable space.

Please contact: Derek James @ (415) 246-3082

DJ 5/13

FREE

PLAY STRUCTURE: LITTLE TYKES, PLASTIC,
multicolored, for small children. Easy to move. Email and I
will send a photo. slidell@aol.com

SI 5/4

FREE: SAND AVAILABLE-STINSON BEACH AREA. 5
yard minimum delivered. Call Dewayne @ 707-849-0804

DD 5/2

FREE: COUCH AND ARMCHAIR, SOLID WOOD
OFFICE desk with drawers. Can deliver in Bolinas Martin-
868-9236

MB 4/25

KWMR Radio Highlights

FRI Women's Sports: A Man's Game 12 PM

SAT Jazz with Rick Clark 8 PM

SUN Radio theater: *Dragnet & Gunsmoke* 7 PM

MON Artists and Wayfarers on Iran 1 PM

TUE Desde La Bahia afternoon groove 4 PM

WED District 4 Supervisor Candidates Forum 8 AM

- More information at KWMR.org -

FM 90.5 Point Reyes Station
89.9 Bolinas
92.3 San Geronimo Valley



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HEARSAY NEWS CLASSIFIEDS

HELP WANTED

COMMUNITY LIBRARY SPECIALIST – SPANISH LANGUAGE SERVICES WEST MARIN

\$26.49 - \$31.25 / HOUR (PART-TIME)

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Marin County Free Library is looking for an enthusiastic, dedicated Community Library Specialist to fill a position in West Marin. This is a part-time (67 hours biweekly) bilingual, Spanish/English position with wide ranging and interesting responsibilities. The CLS will be responsible for the daily operation of MCFL's West Marin Literacy Services which offers ESL classes and one-on-one tutoring to English language learners throughout West Marin County. The CLS recruits students, teachers and volunteers to participate in improving the English language skills of adults in our communities, and effectively communicates the mission of MCFL's West Marin Literacy Services to community partners, the community at large and to potential funders. The remainder of the time, the CLS, Spanish Language Services, assists in providing library services in the Point Reyes branch of the Marin County Free Library. For more information about this position, including minimum qualifications, filing deadline and to apply online, see our job posting at www.marincounty.org/jobs, contact Marin County Human Resources Department, 3501 Civic Center Drive, San Rafael, CA 94903, or call (415) 473-6104. EEO/TTY.

ML 5/9

West Marin Senior Services currently has an entry level, part time, non-benefited caregiver position at Stockstill House, a licensed residential care home, which may include evenings, overnights and weekends.

- Experience in giving care and support to seniors is highly desired, but WILL TRAIN. Male caregivers especially welcome.
- Good oral communication skills in English.
- CNA or HHA certification a plus and will be compensated for.

Email cover letter and resume to robyn@wmss.org or call 415-663-8148 ext 112. Learn more about West Marin Senior Services and Stockstill House at www.wmss.org

WMSS 5/20

LOST & FOUND

LOST RING, GOLD WITH LIGHT GREEN STONE.

I've looked everywhere so guessing lost last week or so of April. Downtown, little mesa loop, burnt park, library, book exchange, people's store plaza areas. 415-342-7369

**LOST; PRESCRIPTION SUGLASSES DOWNTOWN
 MONDAY MORNING. IF YOU FOUND THEM PLEASE
 CALL 868-0882 Thanks!**

IE 2/17

LOST: CASHMERE & WOOL GREY ZIP UP SWEATER
 made by Michael Stars on beach Friday 5/6. Please call
 Schehera @ 868-0321 if found

SVD 5/9

**LOST: DARK FEDORA CLASSIC MEN'S SMALL BRIM
 hat- small reward. Call 868-0778**

DA 5/2

**LOST: SMALL SILVER BRACELET MADE OF heavy
 silver beads with hook closure. Micah 0938**

M 4/11

LOST: LARGE MAN'S NAVAJO SILVER BRACELET on
 the beach or street in Bolinas or Stinson- sentimental value
 wedding gift. If found please call 868-1321-Thank you.

3/16

CLASSES



Weekly Classes and Events Schedule

MONDAY	
Somatic Exercise w/Cenize Rodriguez	8:45-10:00am
Bo Babies & Toddlers Open Play Group (free)	10:00 - Noon
Modern Dance for Youth w/ Lisa Townsend	3:30-5:20 pm
Pilates w/Lisa Townsend (pre-register 868-0473)	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15 pm
TUESDAY	
Senior Stretch W/Anna Gottreich	11:00 - 12:00 pm
Aerial Arts for Youth	3:30 - 6:00 pm
WEDNESDAY	
Pilates w/Lisa Townsend	8:30 - 9:45 am
After-School Theater w/Lisa	3:30 - 6:00 pm
Diaspora w/Amber Hines	6:30 - 8:00 pm
THURSDAY	
USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00 - 7:30 pm
FRIDAY	
Pilates Mat Class w/Lisa Townsend	9:00 - 10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00pm
No Place Like Home (Free Brunch 4 th Fri of Month)	10:30 - 11:30 pm
SATURDAY	
Diaspora Dañce w/ Amber Hines	9:00 - 10:30 am
LTDco w/Lisa	10:45 - 12:30pm
SUNDAY	
Brazilian Dance with Anna Gottreich	11:00 - 12:15 pm
CommUnity Night (see website for details)	Noon - 6:00 pm

Call 868-2128, check the Library Marquee, Calendar in BCC
 Foyer or visit www.bocenter.org for more info & special events!

Regular meetings in West Marin

Lagunitas School Board	3rd Thursday	6:00 p.m.	Campus
SGV Healthy Comm. Collab.	2nd Wednesday	3:30 p.m.	Comm Center
SGV Nutrition Advisory Co.	4th Thursday	3:30 p.m.	Comm Center
Laf. Ed. Foundation (LEAP)	1st Monday	7:00 p.m.	Lag. School
SGV Planning Group	2nd Monday	7:30 p.m.	Comm Center
Dance Palace Board	1st Tuesday	7-9:00 p.m.	Dance Palace
Point Reyes-Olema 4-H	3rd Monday	6:30 p.m.	Dance Palace
Bolinas Community Center	3rd Tuesday	5-7 p.m.	Bolinas Library
Point Reyes Village Assoc.	2nd Thursday	7-8:00 p.m.	Dance Palace
Stinson Beach Village Assoc.	1st Saturday	10 a.m.	SB Comm. Ctr.
W.M. Lions Club	1st Tuesday	7-9:00 p.m.	Sta. House Café
Briones Lions Club	4th Thursday	7 p.m.	Rod & Boat Club
W.M. Rotary Club	Each Wednesday	8:30 a.m.	Toby's Feed Barn
W.M. Chamber of Commerce	1st Thursday	7:00 p.m.	Sta. House Café
Shoreline Unified School Board	3rd Thursday	7:00 p.m.	Rotating
W.M./Inverness School Site Council	4th Thursday	3:15 p.m.	W.M.S. staff room
W.M./INV SNAC Comm.	4th Monday	3:15 p.m.	W.M. School
KWMR Board	3rd Wednesday	6-7:30 p.m.	Fire Station
Inverness Public Utility District	4th Wednesday	9:00 a.m.	Fire Station
Inverness Association	4th Wednesday	7:00 p.m.	Library
Inverness Park Association	Date, time and location posted at Perry's Deli		
Bolinas Comm. Public Utility Dist.	3rd Wednesday	7:30 p.m.	BCPUD office
Marin Municipal Water District	1st/3rd Tuesdays	7:30 p.m.	MMWD office
Bo-Stin Union School Board	2nd Tuesdays	6 p.m.	Bolinas campus
Stinson Beach Water District	3rd Saturday	9:30 a.m.	SBCWD office
Bodega Bay Public Utility District	3rd Wednesday	9:00 a.m.	BBPUD office
Tomasles Village Comm. Serv. Dist.	2nd Wednesday	6:00 p.m.	Town Hall
Tomasles Town Hall Board	1st Wednesday	7:30 p.m.	Town Hall
Tomasles Design Review Board	3rd Wednesday	7:30 p.m.	Town Hall
Tomasles 4-H Club	3rd Monday	7 p.m.	Town Hall
North Marin Water District	1st/3rd Tuesdays	7:30 p.m.	NMWD office