THE, WEDNESDAY HEARSAY NEWS

elitist, snobbish, ingrown, unfriendly and not the world's greatest place for food." Herb Caen 50 cents Fux+Fax=ma Jet = 3114 Fux=0; Fax-ltalsho Sin Q= - mg sin 0 UA, et=X ax=gsma VL=2gsmOdxi V2=29hi 4(x,0)= Aexp(9 Ed4 = = 9. -5x X(A)5x ...a socially acknowledged ature-loving town because to like of drink the water out of the lakes to like to the blue the bears is not hatter leading and mour boats. Daker, temperary and my to have (4) = Acos (kox-w+) 41160 beautiful. 41150 Epot= - 2 Geni FS = MIG MANIFESTO

A PRESS RELEASE FROM PRKA



GEORGE SAUNDERS

Now it can be told.

Last Thursday, my organization, People Reluctant To Kill For An Abstraction (PRKA), orchestrated an overwhelming show of force around the globe.

At precisely nine in the morning, working with focus and stealth, our entire membership succeeded in simultaneously beheading no one. At nine thirty, we embarked upon Phase II, during which our entire membership simultaneously did not force a single man to simulate sex with another man. At ten, Phase III began, during which not a single one of us blew himself/herself up in a crowded public place. No civilians were literally turned inside out via our powerful explosives. No previously funny person was reduced to a baggy pile of bloody leaking flesh, by us, during this Phase of our operation. In addition, at eleven, in Phase IV, zero (0) planes were flown into buildings.

All of this was accomplished so surreptitiously, it attracted little public notice.

During Phase V, just after lunch, while continuing to avoid the activities listed above, we were able to avoid bulldozing a single home. Furthermore, we set, on roads in every city, in every nation in the world, a total of zero (0) roadside bombs, which, not being there, did not subsequently explode, killing/maiming a total of nobody.

WHAT'S HAPPENING

Wednesday, April 17

BCPUD Meeting @ 7:30 @ The Firehouse Meeting Room. County of Marin's Department of Public Works will be present to discuss planned Road work.

Friday, April 19

Opening Night of Arts and Gardens-@ 6pm @BCC

Saturday, April 20

First full day of Arts & Garden fund raiser @ the Community Center-11AM-6PM

Larner Seeds Spring Open House-Noon-4PM @ 235 Grove Rd. (between Elm & Alder) Info-9407

EARTH DAY @ Stinson Beach, 11am-3pm

Sunday, April 20

ART & GARDENS continues, BCC



"Bolinas? Never heard of it, bub. Get out."

West Marin Chamber Singers

Spring Concert

Presenting music by Monteverdi, Purcell & Handel as well as selections from Palestrina's Missa Brevis

Molly Maguire — Conductor Bill Quist — Pianist Rosemary Beecher Bryant and Elsa Nicol — Soloists

Stinson Beach Community Center
Sunday, April 21, 2013 • 7 PM • Donation \$5–20 • Everyone welcome.

Special thanks to our Sponsors
For information on being a sponsor, includes listing in program, call 868-2004

ARNER SEED S Spring Open House

Saturday, April 20 2013, Noon to 4pm



Visit the demonstration garden of California native plants, grasses, and wildflowers in glorious spring bloom.

Garden tours at 1:00 and 2:30.

Seeds, books, and plants available

Refreshments featuring native foods served

In Bolinas at 235 Grove Rd (between Elm & Alder)

> (415) 868-9407 www.larnerseeds.com



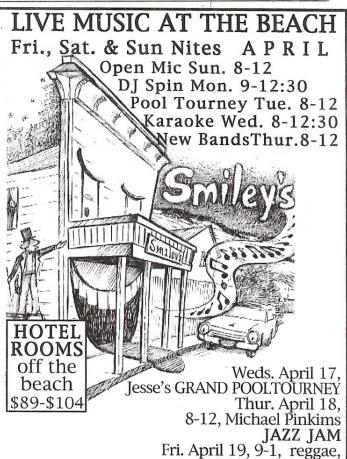
MIGUEL
BUSTAMANTE
DENTAL
CORPORATION

24 WHARF RD. BOLINAS 415 868 0911



WEST MARIN all day - peace reigned.

TODAY'S HEARSAY brought to you by Steve Heilig, June McAdams, and David Cattell.



Fri. April 19, 9-1, reggae, STAGES OF SLEEP Sat. April 20, 9-1, rock WASTED NOISE

Sun. April 21, 8-12, OPEN MIC w/Eli Mon. April 22, 9-1, reggae, rec spin, MONDAY NITE LIVE

Tue. April 23, 7-11 GRAND POOL TOURNEY with Jesse

Wednesday, April 24, 7:30-9:30, MIDNIGHT ON THE WATER Irish Birthday Party & 9:30-12:30 LARRY'S KARAOKE

Thur. April 25, 8:30-12, WHISKEY & WOMEN Fri. April 26, 9-1, reggae, COUNTER CULTURE Sat. April 27, 9-1, BIG BAND SWOOP UNIT

SMILEY'S SCHOONER SALOON & HOTEL 41 Wharf Road, Bolinas 415-868-1311

BURRITOS

Sirloin Steak Burritos with Homemade Beans, Rice & Salsa, Sour Cream, Cheese and Cilantro wrapped up in a flour tortilla! \$9 Thursday @ BCC kitchen 5-7pm Barbary Coast Bistro

know San Rafael very well from my flower-child days," says South African trumpet legend, composer, bandleader, author and political activist Hugh Masekela. "Sure, and Mill Valley and Sausalito and, what do you call

it, Bolinas. I used to play at concerts and anti-Vietnam War demonstrations on Mt. Tamalpais. I know the area very well.

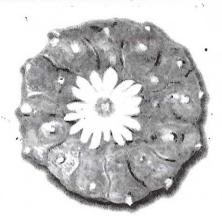
"I have very many pleasant hallucinatory memories about [Marin]," he adds with a hearty laugh.



COMING SOON

Hügh Masekela performs Saturday, April 27, at the Marin Veterans' Memorial Auditorium in San Rafael. \$20-\$40.415/499-6800.

PACIFIC SUN APRIL 12 - APRIL 18, 2013



When I was in art school in Mexico I had the good fortune to work with peyote. I found that peyote grew in abundance in the high desert six hours north of San Miguel de Allende.

Although I was studying for my MFA at the Instituto Allende and taking classes with various professors I considered peyote to be my true teacher. I spent many nights taking peyote and

painting under its beneficent influence.

Before I left Mexico I had the experience of becoming a peyote button. I remember distinctly waking up snuggled in the earth underneath a greasewwod bush and watching the sun come up over the distant mountains as it had for eons. I know I left a piece of me back there in the desert. Even now in the early spring peyote flowers and I hear it singing to me.

This year Beth gave me a round table. She was putting it in the Freebox but instead asked me if I wanted it. I said sure, not certain what I

would do with it.

Then I heard peyote's song and I decided to paint a big flowering peyote button on the table. It was just a whim, but then I realized I had created a peyote mesa, a sacred table for communion with the spirit of peyote and the planet.

I'll have the peyote mesa at Art & Garden, and lead plant seances at various times during the weekend. Come join with me and experience true

Plant Magic.

There's no need to ingest substances. All that's required is an open mind and humility. We'll flower together.

-StuArt









Women2Women will sponsor a fundraiser for the non-profit group Kivulini, which works to combat gender-based violence in Tanzania, on Sunday, April 21st from noon to 4 pm, at the Muir Beach Community Center, located at 19 Seascape Drive.

Meadowfoam Heaven **Larner Seeds Open House** Saturday, April 20, 12 to 4pm.

When I moved to Bolinas 35 years ago, I learned that the Mesa had once been a series of vernal pools and seasonally wet areas, where special plants grew. I always wondered what those plants were.

Further north, on the Pt Reyes/Petaluma Road, magnificent spring displays of the annual wildflower called Meadowfoam still thrived in

seasonally wet areas.

Once, I ventured into such a field and was severely reprimanded by the owner. Shamefaced, I apologized, but in my pocket I kept a few of the seeds I had picked from the thousands of plants in that field.

Shortly after, that field, which had been managed so that sileage could be cut while wildflowers still could flourish, was sold, and the new owner's land-use strategies ended the growth of meadowfoam in that field.

However, the meadowfoam seed I put in my pocket has thrived here in our Demonstration Garden, a small but continually expanding memorial to that last flowerfield in West Marin. Come see it. And a lot else! At the

Larner Seeds Demonstration Garden 230 Grove Road between Elm and Alder Saturday, April 20, 12 to 4pm Garden Tours at 1 and 2:30 pm. 4pm Music by Jeff and Vanessa Native plant-based snacks Seeds, plants, books, and tools available in our Garden Shop.





Christine Cunha, Owner 415.868.2700

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- Payroll
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- Plus More...

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bringing order to your financial world

There will be great African food, children's crafts, drumming and dance, African story telling, hair braiding and a silent auction.

For more information, visit www.women2women.tumblr.com



For more information, to volunteer, or to join call 415-663-1075 Save \$ by buying in advance Tickets at www.dancepalace.org

RECYCLE CIRCUS 2013

The Recycle Circus is coming! Accepted items are books, sports equipment. clothes, kitchen and garden items, toys, building supplies, and household items in useable condition. No toxins, car tires, large appliances, stuffed furniture, mattresses, or computers. Please bring your stuff from 10 AM to 2 PM only. The Recycle Circus is brought to you free by the volunteer efforts of Waste Free Now. To volunteer, contact Madeline at 663-9087. Sunday, April 21 / 10 AM

KIT WALKER & MARIANA INGOLD

This coming together of two original musical beings, has given birth to a new sound, a healing and life-affirming journey into a new world of music, both grounded and spacious, earthy and transcendent. Mariana Ingold is a composer, instrumentalist, singer, teacher and key contributor to the movement of Uruguayan music. Mariana was born into a musical family and has been active professionally as an artist since 1977 in Uruguay and internationally. Keyboard innovator Kit Walker thrives on new musical horizons. Although he was in his early years classically trained as a pianist, pipe organist, and composer, Kit wasn't content to stop there. His groundbreaking albums for Windham Hill Jazz, helped to broaden the spectrum of contemporary jazz.

Sunday, April 28 / 4 PM Tickets \$20 general / \$18 seniors / \$10 youth

HAPPY HAPPY BIRTHDAY!!!

April 17

Sheila Lopez

Judy Palomares Peter Alford

Tony Della Valle

Else Johnson

April 18

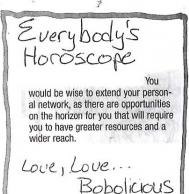
Kenny Feld

Trishna Horvath Robert Mowry

April 19

Geoff Geupel

April 20 April 21 April Dolan Jon Bradley



Bolinas Community Center's Art & Garden April 19th - 21st 2013 ANT MAGIC"

5pm

Please visit <u>www.bocenter.org</u> for details



FRIDAY 4/19/2013, 6pm-9pm, \$10, Appetizers included 7pm

Lettuce Turnip the Beet - Food Security Now

Biodiversity Pioneer John Glavis with Bo Tierra Gardens

Saturday April 20th 2013 11am-6pm, Free Admission

9:30 am The Magic of the Wild Around Us, call 868-9330 for info

12 noon Kids Plant-a-Seed in the Plaza

Magic Plants of Native People W/ Camila Martinez 1 pm

3pm Seed Saving Class W/ Sprout Seed Library

Moonflowers and Organic Gardening W/ Steve Quirt

Sunday April 21st 2013 11am-6pm, Free Admission

Herb Walk & Tea Making, call 690-9603 for details 9:30 am

11am Mad Hatters Tea Party for the kids in the Plaza 1pm **Backwards Bee Keeping with Alethea Patton**

2pm **Nutrient Cycling with Dennis Dierks & Paradise Valley**

3pm **Ruckus Mucus Magic Variety Show** 4pm Edible Schoolyard W/ Heather Clapp

5pm **Silent Auction closes**

Saturday and Sunday : Saltwater Raw Oysters, Hog Island & Tomales Bay BBQ Oysters, Lagunitas Beer, Wine, Sangria, Café, Star Route Salad, Quiches, Sweets & Tacos

Also: Bo Tierra Gardens, Coastal Prairies, Rodenticide Free, Herbal Tinctures, Moonflowers, Gilliflower Nursery, Sprout Seed Library

SUNSET

Clamor of seabirds as the sun falls-I look up and ten years have passed.

CAMPBELL McGRATH



Art & Garden painted panels are due tomorrow Thursday, April 18, Bring 'em to the office



SMILEY'S SCHOONER SALOON & HOTEL

BREAKFAST CLUB MENU \$4.75

Coffee, Tea or Hot Chocolate & Your Choice of One of the Following

- Bagel & Cream Cheese with veggies
- Jimmy Dean Sausage, egg & cheese Croissant
- Hash Browns & Sausage or two hash browns
 - Bovine Bakery Pastry
 - Muffin or
 - Two small Danishes

Earth Day on Stinson Beach Honor the Earth by Making Art in Collaboration With Nature - Ninth Annual Event - 4/20, 11-3

Using sand, rocks, seaweed, and natural objects from the beach, join in and create a vast, temporary, multi-element, site-specific sculpture – with no predetermined plan. In past years, beachgoers stacked rock towers, made spirals from seaweed, planted a forest of "trees" made of driftwood, and created dragons, fairies, and abstract designs.

Environmental artist Zach Pine (in partnership with Samavesha) will host this "9th Annual Free Public Create-With-Nature Earth Day Celebration on Stinson Beach."

Musicians, dancers, and other artists also participate in the event, inviting collaborative expression in service to the earth. The public is invited to bring along small percussion instruments such as shakers, bells, or palm-sized drums to join in the musical creation.

The site at the south end of Stinson Beach is special because of the diversity of natural materials and microenvironments it offers: boulders, a wide variety of stones, tide pools, seaweed, driftwood, feathers, and sea glass.

Photographs of past years' events are on the event website; images from this year's event will be exhibited as well.

Event details:

Saturday April 20, 2011, no need to register; drop in any time between 11 am and 3 pm; event starts with beach clean-up; south end of Stinson Beach; free; all

FREE

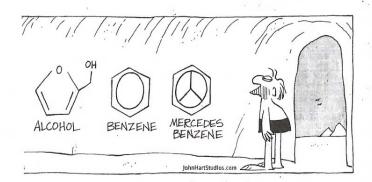
Large cane cuttings of Monstera siltepecana given to me long ago by Dennis Breedlove.

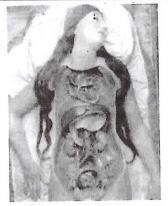
The leaves are huge (2-3 feet) and wonderful. It is one of the few Monsteras that can grow outside in Bolinas. We had good luck for years growing it in a shady corner with overhead protection. It is a climber and will happily grow all over a trellis or a tree that provides shade.

Call Mary 868-0203 this week if you want one.

Hollywood must be the only place on earth where you can be fired by a man wearing a flawaiian shirt and a baseball cap.

— Steve Martin





BODYCAST-ED

Last Sunday there was a private presentation at Commonweal of a work-in-progress titled "Bodycast." Performed by longtime friends writer/painter/sculptress Susan Bocanegra and actor Frances McDormand, it was billed as "A story about beauty, small town Texas, orthopedic surgery and classical sculpture." Knowing little-to-nothing about any of those things, it seemed smart to show up and learn, albeit without any expectations.

The performance piece is hard to describe in words. Bocanegra writes of her experience with scoliosis, a condition where ones spine is painfully malformed, often into a sort of "s" shape. She was in a full body cast to correct the condition as an adolescent, an already-awkward time of life, and tells of how that experience helped form her psyche and art(s). The two friends perform it together, Bocanegra reading the text quietly and McDormand "inhabiting" it, with slides and film on the wall behind her; it's a hybrid of theatre, essay, and multimedia, and the audience hears both voices – a bit disorienting at first for me, but then seemingly "normal," even, or perhaps especially, when McDormand had to ask Bocanegra to "back up" or slow down. With two such skilled artists, the hourplus long performance was engrossing; moving at times, funny at others, sometimes both, in ways I'd not quite experienced before.

"Bodycast" is off a sort of tour of some hoity-toity performance spaces/museums/galleries around the nation, but McDormand told me they do want to bring it to Bolinas in an open performance when the time is right. If this preview for Commonweal' major donors was any indication, that will be a highly-recommended event. Stay tuned.

- Steve Heilig





- continued from p.1

No bombs, cluster bombs, or rockets were launched into crowded civilian neighborhoods, from which, it was observed, no post-bomb sickening momentary silences could be heard. These silences were, in all cases, followed by no unimaginable, grief-stricken bellows of rage and loss. No sleeping babies were awakened from sleep by the sudden collapse and/or bursting into flame of his/ her domicile, followed by the tortured screams of his/her family members, during Phase V.

Bolinas Hearsay News

In the early afternoon (Phase VI), our membership focused on using zero (0) trained dogs to bite/terrorize naked prisoners. In addition, no stun guns, rubber batons, rubber bullets, tear gas, or real bullets were used, by our membership, on any individual, anywhere in the world. No one was forced to don a hood. No teeth were pulled in darkened rooms. Drills were not used on human flesh, nor were whips or flames. No one was reduced to hysterical tears via a series of blows to the head or body, by us. Our membership, while casting no racial or ethnic aspersions, skillfully continued not to rape, gang-rape, or sexually assault a single person. On the contrary, during this afternoon phase, many of our membership engaged in tender loving sexual acts, flirted happily, and even consoled, in a nonsexual way, individuals to whom they were attracted, putting aside their sexual feelings out of a sudden welling of empathy.

As night fell, our membership harbored no secret feelings of rage or hatred or, if they did, prayed, meditated, or discussed these feelings with a friend, until such time as the feelings abated, or were understood to be symptomatic of some deeper sadness, at which time they made silent promises to continue to struggle with these feelings.

It should be noted that, in addition to the abovelisted and planned activities completed by our members, a number of unplanned activities were completed, by part-time members, or even nonmembers.

In Chitral, Pakistan, for example, a new Al Qaeda recruit remembered an elderly American woman who had once made him laugh with a snide remark about an ugly lampshade, and the way that, as she made the remark, she touched his arm, like a mother. In Gaza, an Israeli soldier and a young Palestinian exchanged a brief look of mutual shame. In London, a bitter homophobic grandfather whose grocery bag broke open gave a loaf of very nice bread to a balding gay man who stopped to help him. A stooped toothless woman in Tokyo pounded her head with her hands, tired beyond belief of her lifelong feelings of anger and negativity, and silently prayed that her heart would somehow miraculously be opened before it was too late. In Syracuse, New York, holding the broken body of his kitten, a man wept.

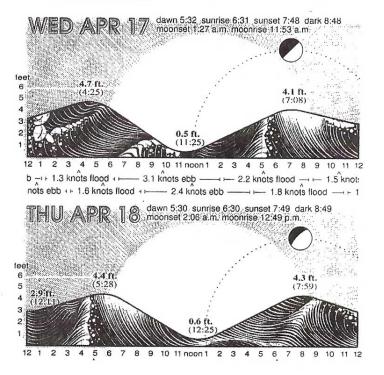
Who are we? A word about our membership.

Since the world began, we have gone about our work quietly, resisting the urge to generalize, insisting upon valuing the individual over the group, the actual over the conceptual, the inherent sweetness of a peaceful moment over the theoretically peaceful future supposedly to be obtained via murder or massacre. Many of us have trouble sleeping, and lie awake at night, worrying about something catastrophic befalling someone we love. We rise in the morning with no plans to convert anyone via beating, humiliation, murder, or invasion. To tell the truth, we are tired. We work. We would just like some peace and quiet. When wrong, we think about it awhile, then apologize. We stand under awnings during urban thunderstorms, moved to thoughtfulness by the beautiful, troubled, umbrella-tinged faces rushing by. In moments of crisis, we pat one another awkwardly on the back, mumbling shy truisms. Rushing to an appointment, remembering a friend who has passed away, our eyes well with tears and we think: Well, my God, I was lucky just to have known him.

This is us. This is who we are. This is PRKA. To those who would oppose us, I would simply say: We are many. We are worldwide. We, in fact, outnumber you. Though you are louder, though you create a momentary ripple on the water of life, we will endure, and prevail.

Join us.

Resistance is futile.



Wild Geese By Mary Oliver

You do not have to be good. You do not have to walk on your knees for a hundred miles through the desert repenting. You only have to let the soft animal of your body love what it loves.

Tell me about despair, yours and I will tell you mine. Meanwhile the world goes on.

Meanwhile the sun and the clear pebbles of the rain are moving across the landscapes,

over the prairies and the deep trees.

the mountains and the rivers.

Meanwhile the wild geese, high in the clean blue air. are heading home again.

Whoever you are, no matter how lonely. the world offers itself to your imagination, calls to you like the wild geese, harsh and exciting over and over announcing your place in the family of things.

In memory of my friend Liz. Barbara MacDonald

FOR SALE

DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus - Cut locally Gospel Flat Farm 868-0921

DMx

ABOVE GROUND POOL WITH PROPANE HEATER

& pump. 4 ft. high x 16 ft. across. Land Lord says it must go. Now \$300 OBO Christine-0892

CS 4/19

FOR SALE

I have 2 nylon string guitars for sale. One is a goya for \$75. The other is a yamaha g50a from 1968-\$150.

Call 415-419-9349.

KS 4/22

FREE

JOHN DEERE TRACTOR

Not just parts, needs some work Contact Charles 686-8485

MP 4/17

WANTED

WAIST-HIGH REFRIGERATOR

Steve -2310

SH 4/17

ANNOUNCEMENTS

MOKKA NEEDS A HOME

1 year old Shepard mix 55 lbs., sweet, energetic, smart. Contact dksalone@gmail.com

DS 4/29

I WANT TO SING THIS ONE FOR YOU

Please call and ask me to I will do. When I meet you 415 six three two 7525

PK4/17

DO YOU HAVE A SERVICE OR TALENT YOU WOULD LIKE TO DONATE TO THE COMMUNITY AS A GIFT CERTIFICATE FOR THE SILENT, YET MAGIC, AUCTION DURING THE ART & GARDEN FESTIVITIES APRIL 19TH-21ST?

Just contact me randi@bocenter.org or 868.2128 with the details and I will gladly create a gift certificate for you or your company, all proceeds go to the Community Center. Thank you.

Randi Arnold **Development Director Bolinas Community Center**

CLASSES



Weekly Schedule

Sunday

Yoga w/ Trishna 9:00 - 11:00 a.m. 11:00 a.m. - noon Brazilian Dance w/Anna 5:00 - 6:30 p.m. Ninjutsu Martial Arts for adults w/ Martin

5:30 - 6:30 p.m. Pilates w/Lisa (pre-register 868-0473)

Tuesday

Yoga w/Lisa Brendel ' 9:30 - 11:00 a.m 12:00 - 2:00 p.m. Bo Babies 3:30 - 5:30 p.m. Aerial Arts for Youth w/ Joanna 4:30 - 7:30p.m. Pirate Pizza in BCC kitchen (pre-order 328-1066) 6:00/7:00 p.m. CommUnity Nights

W/ free movies, games or music. Call -2128 for details

Wednesday

| Pilates w/Lisa | 8:30 -10:00 a.m. |
|---------------------------------------|------------------|
| After-School Theater w/ Lisa Townsend | 3:30 - 5:00 p.m. |
| Theater with Patrice Daley | 5:30 - 7:30 p.m. |
| Biblia en Español | 8:00 - 9:30 p.m. |

Thursday Yoga W/ Joody Marks (new class started 3/14) 8:00-9:30am 12 noon USDA food bank 2:00 - 3:00 p.m Ballet w/ Erika Townsend (new class starts 3/28) After-School Ballet w/ Erika Townsend 3:30 - 5:15 p.m. Barbary Coast Bistro Food-To-Go in kitchen (328-1066)5:00 - 7:00 p.m. 6:00 - 8:30 p.m. Congolese Dance & song w/ Sandor Friday

9:00 - 10:00 a.m. Pilates Mat Class w/Lisa

Saturday

9:00 - 10:30 a.m. Yoga w/ Lisa Brendel Ballet w/ Erika Townsend 12:00 - 1:30 a.m.

Check the Library marquee or Calendar in BCC Foyer for special events. For More Info call 868-2128 or visit www.bocenter.org

LOST & FOUND

FOUND: 3 KEYS WITH A VOLVO REMOTE

Found on Elm on Wednesday April 10. Call 868-1418

MISSING: FROM THE ROD AND BOAT CLUB

ST. Patrick's Day dinner: a brown leather handbag in a backpack shape and bright pink wallet. Please return, no questions asked-868-8862.

AM 3/18

LOST: BICYCLE—FROM 455 OVERLOOK DRIVE,

Bolinas. Women's "Huffy Comfortex", Silvery gold color, big seat, no baskets. Please return or call Diana-1-207-841-8139

NO QUESTIONS ASKED

3/28 DL

BRACELET LOST SATURDAY, 2/2 AT CRAB FEAST

or somewhere downtown-woven beaded green, gold, white & black bracelet. Please call 0321 if found

SV 2/4

A CORDLESS PHONE WAS FOUND

outside the Bolinas Library last Saturday. It is not a cell phone. It was found on a bike outside the library.

LOST: DANGLY EARRING WITH PINK & CLEAR

teardrop shaped crystals and small leather pouch with square box on December 25th. Please call 264-5541 if found

JA 1/2/13



EARSAY ECLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

SERVICES

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Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

HANDYMAN: HOME REPAIR, CARPENTRY,

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SHX

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41 Wharf Rd., Bolinas 415-868-1311

I can see again! CLEAR LIGHT WINDOW WASHING Call Dale -0782

DP4/19

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PRIVATE PILATES INSTRUCTION...IN YOUR HOME.

Personalized guidance to strengthen your center aid flexibility. Kerstin has a BA in Dance and is a certified Pilates Instructor having worked in both studios and PT offices. Her focus is to bring people back into their bodies, from wherever they are at. Call 831-521-3452 for more information.

KS4/22

ORTHO-BIONOMY® IN SAN RAFAEL

Release pain and tension, invite ease, stimulate self-healing. Gentle, effective help for stress, sprains, impact injuries, emotional holding, creative blocks, and more. 510.526.5414, Sara Sunstein (long-ago Bobo resident) www.sarasunstein.com

SS 4/29

CAREGIVER AVAILABLE

Excellent homecare, cleaner, Call 868-1782 Anita & William

CH x

<u>MANANANANANANANANAN</u>

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Coastal Marin Only

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FORRENT

Self-contained studio living space on Bolinas Mesa. Wood Stove, Private Deck, Garden, ten minutes walk to Agate Beach. Shared utility room with washer/dryer, extra storage space. \$1100 including utilities.

Call Martin @ 707-480-9972

MB 4/19

HELP WANTED

Prison Yoga Project, a small, local non-profit, is seeking volunteers to help process requests for a yoga book. Letters need to be read and prisoners' info inputted onto Excel lists. Please contact James: 868-2902

JF 4/26

17 April

Cerealia/Goddess month of Columbina ends/Egyptian Day

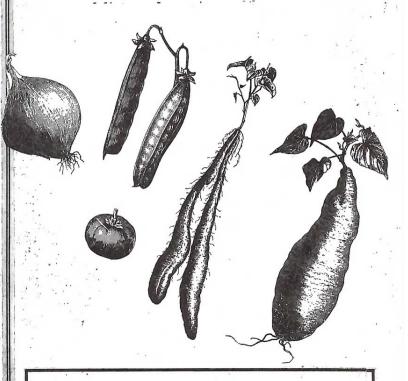
At right is an altar dedicated to Ceres.



18 April

Cerealia/Goddess month of Maia commences/Egyptian Day

"PLANT MAGI



hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or to request a link to the password-protected website to read online and info on how to subscribe online.