

# THE WEDNESDAY EDITION

# BOLINAS HEARSAY NEWS

FEBRUARY 27, 2013

## Dream On, Sweet Potato

by StuArt

Cuaresma is the Spanish word for Lent (cuarenta means 40 in Spanish.) Lent honors the 40 day period of fasting and atonement that Jesus Christ spent alone in the desert. "The Bible says that Jesus spent those 40 days living on locusts and wild honey," a friend told me. I wonder how locusts in wild honey taste.

For the past few years I've observed Lent by giving up cannabis. Giving up cannabis is a lot easier than quitting cigarettes or alcohol. Still I miss the comfort and artistic inspiration that cannabis provides.

However my nighttime dream life springs alive during Lent, and I use it as a time to explore lucid dreaming. I'm now using lucid dreaming supplements to enhance my dreamtime. (There's plenty of information on the internet, and I invite you to explore the world of lucid dreaming for yourself.)

A few nights ago I had a long, vivid lucid dream. How does a lucid dream differ from a regular dream? In a lucid dream one has a frame of reference, a sense of self, that is normally absent in a regular dream.

There are degrees of lucidity in lucid dreams. I've had lucid dreams where I "wake up" and I'm barefoot. It's nighttime and I spend the dreamtime struggling to find my way in the dark.

In my last dream with the aid of dream supplements I "awoke" in the daytime. I was visiting an artist's studio. The studio was an old brick building on a tree shaded lane. I met the artist, a dark haired man with glasses. His artistic pursuits were much like mine and his studio was filled with art that was a compelling synthesis of fine art and signpainting..

I knew it was a dream, but I felt genuine appreciation for the artwork and a combination of excitement and inspiration. I told the artist how much I liked his work.

"Here, let me give you my phone number," the artist replied and he wrote some numbers on a scrap of paper. The numbers immediately began to wiggle and slide off the paper and I remembered I was in a dream. Words and numbers often behave like that in a dreamstate.

I thanked the artist and went looking for my truck to drive home. My lucid dream changed into a confusing search for where I had parked my truck. I once again reminded myself that it was a dream and there was no place I had actually left my truck. Of course as soon as I stopped looking I turned the corner and there was my truck.

Then my dream became a wild journey of driving, first on the freeway, then on a tree lined curvy lane. I left the vehicle and began low crawling through mud. It was blissful to swim through the mud underneath the trees. I knew I was dreaming but I vividly felt the slipperiness of the mud, and the scratch of fallen leaves

"Time to clean up," I thought. "Some water would be nice." A swimming pool magically appeared and I swam into the pool and under the water, fascinated by the changing color of light and the bubbles rising to the surface. Breathing underwater is no problem in a dreamstate.

It was about that time that I decided to sing and dance. I sang a jazzy tune without words that filled me with joy. I danced and sang my body into a brightly lit room filled with people. Michael Rafferty was playing piano. He looked up and laughed, "Well, look who's here!"

## WHAT'S HAPPENING

Wednesday, February 27

### BRIONES LIONS CLUB

Regular meeting at Bolinas Rod & Boat Club, 83 Wharf Rd, second and third Thursday of each month, 7:30pm

### MIDNIGHT ON THE WATER

Live acoustic traditional contradance band for Smiley's celebration of all February birthdays, 7:30-9:30pm

Thursday, February 28

### KINDERGARTEN MEET & GREET

With kindergarten teacher Cathy Nicholini @ Stinson Campus, 6-7:30pm

### COAST CAFÉ CONCERT SERIES

Live local music, food & drink specials @ Coast café, 6-8pm

### ELI CARTON PEARSON

New talent showcase @ Smiley's, 8:30pm

Friday, March 1

### REMBRANDT AND HIS CENTURY

A slideshow and lecture presented by the Fine Arts Museum of San Francisco, Docent Council Community Speakers, 6:30pm at the Bolinas Firehouse,

### BLACKLIGHT DANCE PARTY

Hosted by Samir & Amelia @ Community Center, 7-9pm

### ANCIENT MYSTIC

Live reggae music @ Smiley's, 9pm

Saturday March 2

### ZEN MEDITATION

Monthly half-day meditation at St. Aidan's, 9am-noon, Dharma talk at 10:30am by Rev. Rick Sloane. Come for all or part. All welcome

### SCULPTURE WORKSHOP

@ Bolinas museum, 10-11:30am. [info@bolinasmuseum.org](mailto:info@bolinasmuseum.org) or -0330

### OPENING: "SPRING FORWARD"

Paintings by Judy Molyneux @ Bolinas Gallery, 1-6pm. Through March 31.

### OPENING: KAYANTI KOOTZ/SCHEHERA

Photography & ceramics show @ Bolinas Farm Stand Gallery, 1pm-whenever- Also Sunday.

### DANCE PARTY AND FUNDRAISER

For the Salone family, featuring SOL DOC @ Mann Family Ranch, Warren's Barn, Horseshoe Hill, 6pm

### BESO NEGRO

Live gypsy jazz @ Smiley's, 9:30pm

Monday, March 4

### KINDERGARTEN REGISTRATION

@ Stinson campus, 1:30-3pm

Tuesday, March 5

### STORIES FROM LIFE.

Seven people tell true stories, 7 minutes long. Readers are: Jane Mickelson, Neshama Franklin, Michael Rafferty, Lawrence Di Stasi, Stuart Chapman, Anna Gade, Jane Silvia, 7pm at the Bolinas Library,

What's Happening continued on page 2



What's Happening continued from cover

Saturday, March 9

**2<sup>nd</sup> SATURDAY SALE ON THE SQUARE**

Buy-Sell-Swap-Recycle-Reuse, Brighton Square, 11am-3pm

Thursday, March 14

**STAR VIEWING PARTY**

A One Book One Marin Event hosted by the San Francisco Amateur Astronomers. 7:30-8:45 at the Bolinas Fire Station, (March 21st, alternate date in case of rain. Call the library at 868-1171 if you are unsure about the weather.)

**B**  
A

**Balancing Act**  
BOOKKEEPING PLUS

**Christine Cunha, Owner**  
**415.868.2700**

- Full-Charge Bookkeeping
- Payroll
- Year-End Prep
- Mail Service
- Plus More...

*Confidentiality Assured*

**48 WHARF ROAD, 2ND FLOOR, BOLINAS**

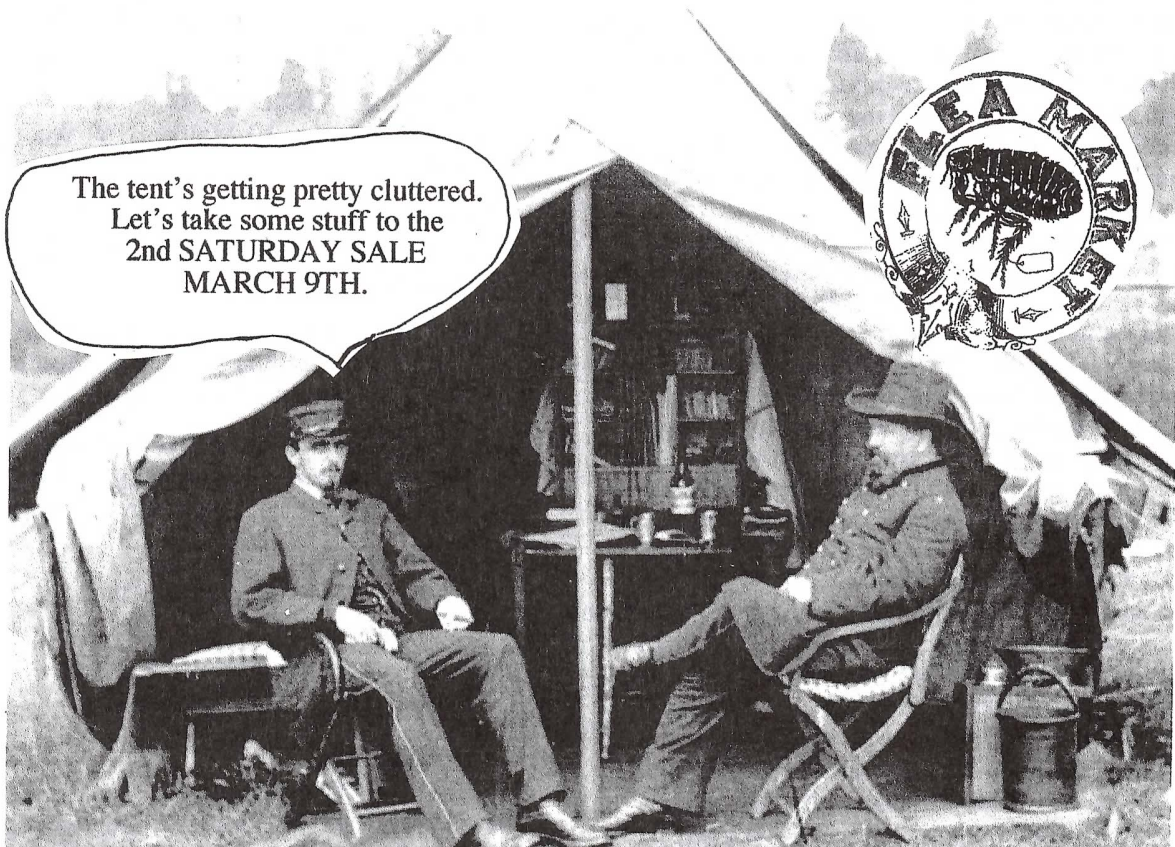
bringing order to your financial world



Don Deane with Dog outside Smiley's

**2nd SATURDAY SIDEWALK SALE COMING UP AGAIN**  
**@ UNIQUITIES MARCH 9TH, FROM 11:00 TO 3:00!**

Set up time starts at 9:00. You can drop off items to donate for Community Center and Uniquities.

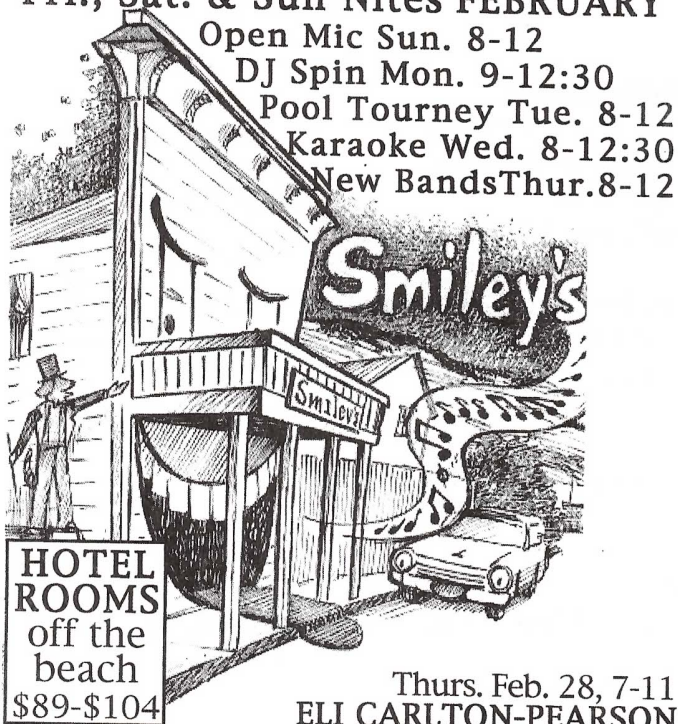


**BUY-SELL-SWAP-REDUCE-REUSE-RECYCLE-REJOICE IN SPRINGTIME**  
**BRIGHTON SQUARE, Surrounding Michael's Book Exchange. 868-8886/0144 info.**



## LIVE MUSIC AT THE BEACH

Fri., Sat. & Sun Nites FEBRUARY



Open Mic Sun. 8-12

DJ Spin Mon. 9-12:30

Pool Tourney Tue. 8-12

Karaoke Wed. 8-12:30

New Bands Thur. 8-12

Thurs. Feb. 28, 7-11

ELI CARLTON-PEARSON

Friday, March 1, Reggae 9-1

ANCIENT MYSTIC

Sat, Mar 2, 9-1, Gypsy-Jazz BESO NEGRO

Sunday, March 3, 8-12 OPEN MIC w/Diana

Mon. March 4, 8-12 spin, reggae Monday

Night Live

Tues, Mar. 5, 7-11 GRAND POOL Tourney

Wed. March 6, 8:30-12:30 LARRY'S KARAOKE

Thur. March 7, 8-12, SOFI ROX PRESENTS

Fri. March 8, 9-1, Reggae FOG DUB

Sat. March. 9, 9-1, Rockn' Blues

CHROME JOHNSON

Sun., March 10, OPEN MIC w/Emmalee

Mon. March 11, 8-12, reggae, spin,

Monday Night Live

SMILEY'S SCHOONER SALOON & HOTEL  
41 Wharf Road, Bolinas 415-868-1311

What this about black lights?

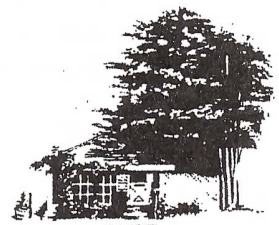
I really don't know what it is about UV lights and having outrageous fun, but there is something that happens when people are all lit up and enjoying looking at each other move through the room like living light beings. I am smiling just thinking about how much fun I am remembering how amazingly delighted the kids in the front row of the follies were just to see their shoelaces light up. What I'm cooking up for Friday is a fantastic world of interaction with color that is sure to clean the hair of your eyeballs.

Bradford Stuart is going to help get the light-brite with light and anyone who wants to help set up should arrive at 6:30. If you are wondering what to wear, I will bring everything I have. Neon and crazy patterns too, but you never really know til you get it in the light. Black and white patterns always work and I have lots of neon gaffer tape if you want to create something on the spot. It is just a little left over folly at the Community Center for everyone big and small to play with. Friday, March 1st 7-9. No food or drink service (just good ol' BoWater and some tasty fruit).

Amelia (and Samir) Neffati

MIGUEL  
BUSTAMANTE  
DENTAL  
CORPORATION

24 WHARF RD. BOLINAS  
415 868 0911



## BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT

BCPUD BOX 390 270 ELM ROAD BOLINAS

CALIFORNIA 94924 415 868 1224

### Truck for Sale

The BCPUD is accepting sealed bids for its 2000 Chevy 1-ton pick-up truck which is currently parked at 101 Mesa Road, outside the district's sewer lab building. Bids should be submitted to the BCPUD office located at 270 Elm Road, Bolinas, California 94924 on or before 12:00 noon on Friday, March 8, 2013. The minimum bid is \$500 and a cashier's check in the amount of the bid must also be submitted with the sealed bid. The BCPUD is selling this vehicle AS IS.

Bids will be publicly examined and opened at noon on Friday, March 8, 2013. The BCPUD reserves the right in its sole discretion to reject any and all bids. The BCPUD will return the cashier's checks of all unsuccessful bidders.

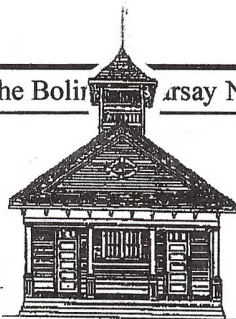
Jennifer Blackman  
General Manager

Mary Barror lost a small zippered purse, black on one side, embroidered with colorful flowers on the other, this morning, Wednesday, 2/27, near the library/garage. If found, please call -0902.

Thank you, Mary

March 2<sup>nd</sup> & 3<sup>rd</sup>-Kayanti Kootz & Schehera Van Dyk will be showing their work at Bolinas Farm Stand Gallery—PHOTOGRAPHY & CERAMICS- Please come by Saturday for the opening reception-1pm-whenever!



**BOLINAS-STINSON UNION SCHOOL DISTRICT**125 OLEMA-BOLINAS ROAD  
BOLINAS, CA 94924PHONE (415) 868-1603  
FAX (415) 868-9406**POSITION ANNOUNCEMENT****Instructional Assistant/Yard Duty Supervisor****30 hours/week, Monday – Friday;****6 hours per day****Immediately upon hiring through June 12, 2013**

Under the general supervision of the assigned Principal or Teacher, assists by providing instruction to individual or small groups of children or students in a classroom or an instructional resource setting, and/or prepares instructional materials; and/or performs a variety of clerical duties, as required.

- 30 hours/week, prorated benefits
- Salary range: \$15.16 to 17.54 per hour, depending on experience

**EDUCATION:**

- High School graduate or the equivalent;
- Successful completion of the Marin County Office of Education Proficiency test.

**EXPERIENCE:**

- Experience in working with children and/or students in an organized setting; clerical experience desirable.

**APPLICATION DEADLINE: 2/28/2013****INTERVIEWS SCHEDULED: 3/4/2013 and/or 3/5/2013****A COMPLETE APPLICATION PACKET WILL INCLUDE:**

- District Classified Application Form (Call (415) 868-1603 for application or download classified application at <http://bolinas-stinson.org>)
- Personal letter of application that includes your specific strengths (1 page minimum)
- Three current letters of recommendation and current contact phone numbers

**APPLY TO:** Larry Enos  
Superintendent  
Bolas-Stinson Union School District  
125 Olema-Bolinas Road  
Bolas, CA 94924

The selected individual will undergo fingerprinting & TB testing paid by the School. Bolinas-Stinson Union School District is an equal opportunity employer and maintains a smoke and alcohol/drug-free environment.





### Minutes from the January Bolinas Fire Protection District Board Meeting

Pres. Buchanan called the regular meeting of the Bolinas Fire Protection District to order at 7:30PM. Vice Pres. Smith, Dir. Kimball, Dir. O'Donnell and Dir. Chiera were present. Also present: Chief Brown and Secretary Brown

MSC, Smith/Chiera (unan) to approve the agenda.

### CHIEF'S REPORT

#### MERA

Chief Brown reported that she attended the MERA Next Generation System Workshop with Dir. Kimball on January 16<sup>th</sup> at the San Rafael Conference Center. Sup. Kinsey addressed the members and guests and reviewed the origins of MERA. The Department of Public Works made a presentation on the current and next generation technology. Essentially, the current system technology will no longer be supported by Motorola and there are State and FCC mandates regarding frequencies which will require new equipment. The MERA Finance Committee then made a presentation on potential financing options. The current estimate, including all hardware for organizations, is approximately \$54 million. A video was then shown which will be used for agency and public education and outreach. The workshop ended after a series of questions from the attendees, and then the regular meeting was called to order.

Dir. Kimball added that financing options discussed included taxpayers via two bond options: a general obligation bond that requires a 2/3 majority vote and a lease revenue bond that requires a simple majority vote to pass.

Chief Brown noted that there are still yet eight years left to pay for the current operating system. Pres. Buchanan asked for a prediction for how long before the next costly upgrade of equipment would be requested by MERA. Dir. Chiera asked why the Federal government is not funding a new system. Chief Brown answered that the upgrade is an unfunded mandate as there are no local or federal funds set aside. She remarked that some agency representatives are skeptical at this early point in the discussion. The Board continued to discuss who and what is driving the potential upgrade of the "inoperable" current system. Dir. Kimball suggested that a Board member accompany Chief Brown to the MERA Board meetings in order to hold the Board to the highest standards possible. The discussion to be continued.

#### Inspections

5955 Shoreline Highway

#### Planning

20 Nymph Road – Demolish existing residence, construct new one due to cliff failure  
15 Oak Road – Legalize existing retaining wall  
415 Yucca – Solar Install  
100 Mesa Road – Addition to communications tower – Verizon  
40 Mesa Road – Solar Install  
76 Altura Road – Remodel  
324 Ocean Parkway – Addition  
160 Overlook – Solar Install  
280 Mesa – Demolish existing structure, construct new one, and legalize multiple existing structures  
New: 65 Cresente Remodel

#### Training

Training has resumed with four potentially new Volunteers attending. Focus is on structure fire fighting.

### Grants

Chief Brown reported that she plans to spend \$600 of Burton grant monies on a department iPad, as advised by Ian Johnson, tech consultant for the BFPD. She will keep the Board advised of its capabilities and costs.

### Disaster Council

Chief Brown reported that she taught the Disaster First Aid portion of CERT (Community Emergency Response Training) on January 19. There was one attendee from Bolinas.

Marin County OES (Office of Emergency Services) is encouraging anyone who resides, works or attends school in Marin County to register for emergency notification alerts via cell phone, text, email and voicemail. This is an upgrade to the current TENS, Telephone Emergency Notification System. The registration is simple and can be completed at [www.alertmarin.org](http://www.alertmarin.org). TENS delivers recorded warning messages to particular geographic areas. Chief Brown encouraged everyone to register.

Beth Carusillo met with Chief Brown on January 22 to discuss a list of priorities for reinvigorating the Bolinas Disaster Council. The top three are first, meeting with the Area Coordinators to update binders and backpacks and brainstorm outreach to neighborhoods. Secondly, to reenergize the current CERTs and offer refresher training. And thirdly, to review potential shelter and implement shelter agreements. Shelters so far include the Community Center, the school, the BCPUD building and Commonweal. A meeting with all the Disaster Council Area Coordinators is being scheduled to introduce Beth, review and update binders/backpacks, and brainstorm reaching out to residents.

### General Operations

Chief Brown attended the Marin County Fire Chiefs' meeting on January 17. She plans to attend them monthly to stay informed on various issues including the MERA Next Generation System.

The Finance Committee met on January 21 with bookkeeper Kaaren Gaan. Issues discussed included recommendations made during the 2011/2012 audit for a Board member to review all bank statements on a regular basis. It was determined that a relatively simple report of all checks written can be printed and presented to the Board on a quarterly basis. A multi-year projection for the District was discussed and a refining of the monthly financial reports. Chief Brown thanked Vice Pres. Smith and Dir. Kimball for their time spent at the meeting.

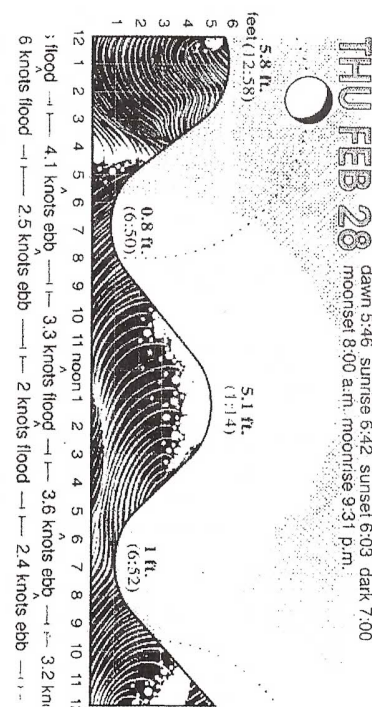
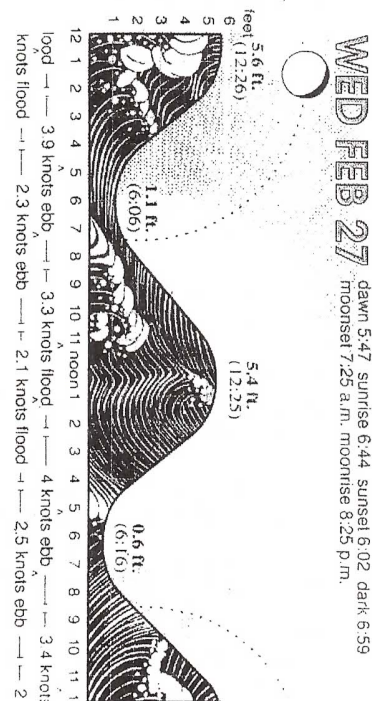
### Surfers' Overlook Repair/Terrace Avenue

Dir. Kimball reported that Drew Kennedy of SAGE successfully acquired a drilling permit from the County of Marin to conduct the tests necessary for the repair. The County will pay for the fees, thanks to Bob Beaumont, head of the Department of Public Works. Tides are predicted to allow for heavy equipment access in early April to begin the drilling. Chief Brown reported that the BCPUD water-main replacement project on Terrace Avenue is scheduled to begin in early March.

### Maintenance Agreement – CHA

Chief Brown reported that the Letter of Agreement between the CHA and the BFPD defining the cap on the Common Area Maintenance funds has been reviewed by Nancy Dombrowski of CHA. She spoke with

*continued next page*





Nancy and agreed to keep a cap on the Common Area Maintenance but have no cap on the portion to cover regular building maintenance. Sec. Brown will add a sub class account for the CAM monies, under the Building Maintenance account to keep the amounts separate. The Board approved of the accounting decisions. Chief Brown will send the draft back to Nancy for review.

Pres. Buchanan remarked on the high number of fire calls in December.

GENERAL BUSINESS

Action Item #1: Consideration of renewal of KWMR contract for 2013

MSC, O'Donnell/Smith (unan) to approve renewal of KWMR contract for 2013 at a cost of \$610. Sec. Brown will regularly update the outgoing BFPD message on a quarterly basis.

Discussion: Emergency only access and egress alternatives to closure of Terrace Avenue and Overlook Road.  
No update.

CONSENT CALENDAR

MSC, Kimball/Smith (unan) to approve the Consent Calendar including the Minutes from the December 17, 2012 regular meeting and the warrant lists from December 12, 2012 – January 22, 2013, and the financial reports for November and December 2012 including the account balances.

PUBLIC EXPRESSION

None.

COMMITTEE REPORTS

None.

BOARD MEMBER REPORT

Dir. O'Donnell announced that due to personal injury, she is moving out of the District and will no longer serve on the Board. There was discussion about appointee protocol for her replacement. She will write a letter of resignation to the Board and then someone else will be appointed until the next regular election in 2014. Sec. Brown will call the County elections office to clarify details. Pres. Buchanan thanked Dir. O'Donnell and said it has been a pleasure to work with her. She will be missed and was sent best wishes and good luck.

Dir. Kimball commented on the article he sent to the rest of the Board titled, "ADAPTATION How can cities be "climate-proofed?" published in the New Yorker magazine in the January 7, 2013 issue. He stated that as the Disaster Coordinator for seven years, he can gladly agree that resiliency has been fostered in the Bolinas community from potential disasters that may occur. The article emphasized the importance of social structure in addition to physical infrastructure, "the people, places, and institutions that foster cohesion and support" when faced with disasters. The local Disaster Council has been working towards these goals of both physical and social readiness for many years now.

Chief Brown reported that a phosphorous naval flare was found washed up on the beach of Kent Island recently. They are common findings along the beaches of West Marin as they are used for navigation out at sea. Brown reported that two officers from the Emergency Ordinance Dept at Travis Air force Base arrived to safely detonate the flare with explosives. This created a loud explosion from out in the Commonweal area of the coast.

Chief Brown has asked the Officers to please detonate future flares at greater distances from Bolinas residents. She warned anyone finding one on a beach or in the water NOT to pick it up as they are flammable and dangerous. She encouraged anyone finding one to please call 911 and do not touch it.

PERSONNEL MATTERS

None.

ANNOUNCEMENT

None.

GOOD OF THE ORDER

Dir. Kimball praised Sec. Brown for her financial organization that was noted at a Finance Committee meeting by bookkeeper Kaaren Gann. Sec. Brown thanked him.

ADJOURNMENT

MSC, O'Donnell/Smith (unan) to adjourn the meeting at 8:50PM.

Respectfully submitted,

Molly Brown  
District Secretary

Note: All minutes to all Board meetings are available for review at the Bolinas Library.



COMMUNITY &  
CULTURAL CENTER

dance palace

FAMILY SHOW WITH CROSSPULSE  
PERCUSSION DUO: FINDING THE RHYTHM  
AROUND US

From bells and banjos to body music, boxes and balls, the Crosspulse Percussion Duo makes music out of anything and everything. Bending and blending traditional and contemporary music and dance, allowing rhythm to forge connections in unexpected ways, Keith Terry & Evie Ladin bring together diverse influences—jazz and world music, Appalachian banjo and step dancing traditions, and found sound—with delightful humor and skill. The Crosspulse Percussion Duo offers captivating, seamless performances that both entertain and educate young audiences while exploring the rhythmic possibilities in the world around us.

Tickets \$12 general / \$10 seniors / \$6 youth

Sunday, March 3 / 4 PM

PAOLA GIANTURCO, AUTHOR OF GRAND-  
MOTHER POWER

Mainstreet Moms and Point Reyes Books present a slide show and talk by author and grandmother Paola Gianturco who documents grandmothers around the world. In their own words, activist grandmothers from 15 countries on five continents tell how they use their power to win a better future for grandchildren everywhere. Stunning photography, inspiring stories. All royalties from sales of Gianturco's book and donations from this event will be donated to the Grandmother Campaign of the Stephen Lewis Foundation.

March 5 / 7 PM

Donation \$5, cookies and tea served.

NOTICE OF VACANCY  
AND INTENT TO  
APPOINT

The Bolinas Fire Protection District announces a vacancy on the Board of Directors created by the resignation of Sheila O'Donnell. The appointee shall serve until the General Election in November 2014. Then a short term election for the new Director will be required to last to the November 2016 election.

Any registered voter within the Bolinas Fire Protection District is eligible to apply and be appointed.

Letter of interest must be received by April 1st, 2013. Please mail to P.O. Box 126, Bolinas, CA 94924. Letters may also be hand-delivered to the station at 100 Mesa Road. If you have questions, please contact the Fire District at 415-868-1566.



HAPPY HAPPY BIRTHDAY!

- February 25: Atticus Dell Siedman  
Margaret Hunter
- February 26: David Munson  
Janet Klugiewicz
- February 27: Reiner Altermann  
Jed D'Abravanel  
True Heitz
- February 28: Cilla Brady  
Eden Mitrany
- March 1: Tom Clark  
Damien Clark  
Finger Vantress  
Billy Cummings
- March 2: Cricket Ott  
Kelly McDermott  
Buddy Craig (remembered)
- March 3: Karl Rosen-Schuster  
Michaela Festin  
Ariana Hooper  
Ned Klein  
John Finnegan  
Nick London

StuArt Chapman, editor  
June McAdams, ads  
David Cattell, press





# HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

## SERVICES

### BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

### TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping  
Insured #676377 Steve Ryan 868-1584

SRX

**HANDYMAN: HOME REPAIR, CARPENTRY,**  
painting,. Hauling too! 27 years experience. Local refs.  
Steve Hill -2310

SHX

### FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING

Dump Runs, Cow Manure, Recycling, Humane animal removal  
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

**AIRPORT?** Howard Dillon's fast, comfortable, car for all  
Bay Area pick-ups, early or late. Many satisfied local refs.  
Phone 868-2144

HDX

## SMILEY'S

SCHOONER SALOON & HOTEL

- INTERNET ACCESS • CHECK CASHING
- WESTERN UNION • ATM & CREDIT CARDS
- COLOR COPIER (B&W too)

41 Wharf Rd., Bolinas 415-868-1311

Community Mediation Board  
868-0493

### Involved in a conflict?

We have trained mediators.  
*Free, Confidential, Effective*

X

### TAX PREPARATION

Susan Hewlett Johnson 868-1134

SH 4/1

## FRUIT TREE PRUNING

Former director of apple tree international in Bolinas until  
March. Available to prune your fruit trees with expert care.  
Free estimates Sasha (415) 887-8150

SE-G 3/1

## How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the BPUD  
office on Mondays, Wednesdays and Fridays between 9:30  
& 10:30 am to have your article appear the same day, and  
until 11:00 am for classified ads.

Ad forms are also available anytime in the small mailbox  
next to the Hearsay door. You can fill out the form and  
have your ad billed to you, or you can enclose payment  
(please note on your ad if you are paying cash in as they  
might become separated) & drop into door slot.

## HEALTH AND HEALING

### CAREGIVER AVAILABLE

Excellent homecare, cleaner.  
Call 868-1782 Anita & William

CH x

June McAdams, RN

Compassionate and Skilled

Hospice Care Home Care

Newborn to Elders

Coastal Marin Only

More than 39 years nursing experience

(415) 868-9052

Peace

Sit still.  
The light is like honey.

Don't move.  
Keep your body still.  
Your mind is a honey bee  
Embedded in amber light.

The children are pouring syrup  
Into the squares of their waffles.  
They fill one square, and keep filling it,  
Watching with delight as it overflows  
into another square  
and another  
and another.

They keep pouring and pouring,  
laughing  
Until all the squares are overflowing  
And puddles from the plate pour onto the floor.

Don't get up.  
Your mind is slow, now,  
Like honey.  
Like cool, slow flowing,  
Streams of honey light.  
You mustn't move.

I watch them pick up their waffles  
And lick their fingers,  
Dripping more syrup onto the floor  
laughing, laughing  
Their eyes are shining.  
They are surrounded by sweet honey light.

-True Heitz

## A DREAMCAT

### LOOKING FOR A FOREVER HOME

#### ORANGE TABBY

THIS 2 YEAR OLD HEALTHY BEAUTIFUL  
NEUTERED MALE CAT I'M RE HOMING DUE  
TO MOVE. HE IS AN ABSOLUTELY  
WONDERFUL CAT, PERFECT. HE NEEDS TO  
BE A COMBINED INDOOR/OUTDOOR CAT AS  
HE LOVES BOTH WORLDS. HE IS A LOVER  
AND LAP CAT WITHOUT BEING NEEDY.  
DOES NOT "MIAU" UNLESS HE HAS  
SOMETHING IMPORTANT TO SAY. HE LIKES  
MELLOW DOGS, CATS, PEOPLE AND  
CHILDREN, HE IS INNOCENT AND TRUSTING  
WOULD PREFER TO BE IN A QUIETER HOUSEHOLD.

CALL FOR MORE INFO: Lise Saunders

415-609-8654

If he is meant to be re  
homed the right person will  
call.

Do I have to say more...for  
more info about this king of  
cats call the same phone nr.

Have a wonderful day!



## FOR SALE

### DRY DRY DRY SEASONED FIREWOOD

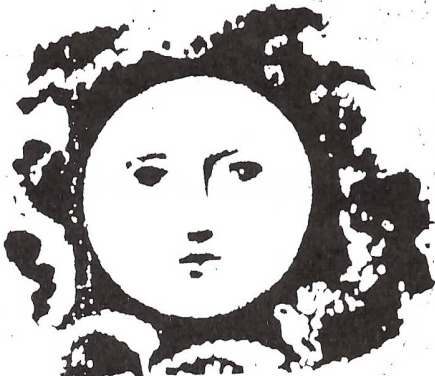
Oak, Bay, Eucalyptus – Cut locally  
Gospel Flat Farm 868-0921

DMx

## FREE

1985 Nissan truck-needs work on generator hook up. ( I  
checked it and it is okay) No 5<sup>th</sup> gear. Call 868-0619

JD 3/4



## LOST & FOUND

**BRACELET LOST SATURDAY, 2/2 AT CRAB FEAST**  
or somewhere downtown-woven beaded green, gold, white &  
black bracelet. Please call 0321 if found

SV 2/4

**A CORDLESS PHONE WAS FOUND**  
outside the Bolinas Library last Saturday. It is not a cell phone.  
It was found on a bike outside the library.

1/25

**FOUND: @ BCC – WOMAN'S JACKET**  
reversible green and black with gold pin. Claim at Bolinas  
Community Center office.

BCC/1/11

**LOST: 1 OLIVE GREEN CASHMERE GLOVE**  
on Terrace or Overlook on Thursday 12/27-868-0339.  
Thank you.

JM12/31

**LOST: DANGLY EARRING WITH PINK & CLEAR**  
teardrop shaped crystals and small leather pouch with square box  
on December 25<sup>th</sup>. Please call 264-5541 if found

JA 1/2/13

**LOST: MY GRANDDAUGHTER'S SILVER METAL,**  
case. 3-4" with a fairy design on it and her Xmas \$\$ inside. Lost  
at end of Opal on Alder at bus stop. Marisa 415 259-8739

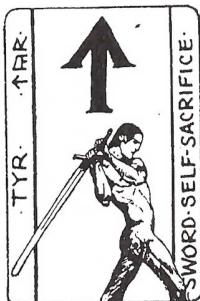
MW 12/21

## 27 February

*Runic half-month of Tyr commences/Egyptian Day*

**F**

This is a time of positive regulation, when  
one must make sacrifices and work hard  
in order to progress.



## CLASSES



### Class Schedule

#### Sunday

Yoga w/ Trishna	9:00 - 11:00 a.m.
Brazilian Dance w/Anna	11:00 a.m. - noon
Ninjutsu Martial Arts for adults w/ Martin	5:00 - 6:30 p.m.

#### Monday

Pilates w/Lisa (pre-register 868-0473)	5:30 - 6:30 p.m.
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#### Tuesday

Yoga w/Lisa Brendel	9:30 - 11:00 a.m.
Bo Babies	12:00 - 2:00 p.m.
Dance with Eleanor	2:15 - 3:15 p.m.
Arial Arts for Youth w/ Joanna	3:30 - 5:30 p.m.
CommUnity Nights	6:00/7:00 p.m.

W/ free movies, games or music. Call -2128 for details

#### Wednesday

Pilates w/Lisa	8:30 - 10:00 a.m.
After-School Theater w/ Lisa Townsend	3:30 - 5:00 p.m.
Theater with Patrice Daley	5:30 - 7:30 p.m.
Biblia en Español	8:00 - 9:30 p.m.

#### Thursday

After-School Ballet w/ Erika Townsend	3:30 - 5:00 p.m.
USDA food bank	12 noon
Congolese Dance & song w/ Sandor cont. 2/14/13	6:00 - 8:30 p.m.

#### Friday

Pilates Mat Class w/Lisa	9:00 - 10:00 a.m.
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#### Saturday

Yoga w/ Lisa Brendel	9:00 - 10:30 a.m.
Creative Movement w/ Lisa	11:00 - 11:45 a.m.
Ballet w/ Erika Townsend	12:00 - 1:30 a.m.

Check the Library marquee or Calendar in BCC Foyer for special  
events at the Community Center. For More Info call 868-2128 or  
visit [Bocenter.org](http://Bocenter.org)

## HOUSING WANTED

**LOCAL WOMAN LISE AND DAUGHTER TEHOLA**  
are looking for a new home. We need to find a new place  
immediately. Great references guaranteed income/rent, 1<sup>st</sup> and  
last months rent & deposit available. Please help us! Thank you  
for your consideration. Lise 415 609-8654

L 3/8

[hearsaynews@yahoo.com](mailto:hearsaynews@yahoo.com)

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Sunday, Tuesday or Thursday for publication  
the next day.

Or to request a link to the password-protected website  
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