

"elitist, snobbish, ingrown, unfriendly and not the world's greatest place for food." Herb Caen

50 cents with tax



SHOCKER!:

MASSIVE LUXURY RESORT RISES FROM BIG HOLE

Bolinas, CA –

Residents of this bucolic coastal village were astonished this morning to learn that a humongous ten-star hotel and resort had been planted overnight on the site of a long-standing construction project. The "Bo-Hole Ritz Terrace" appeared on a coveted seaside bluff just as a simple new road was slated to open after months of reconstruction.

After some effort the *Hearsay News* was able to locate a spokesperson for the hideous new compound, a Mr. Saul Goode, Esquire.

"We just built the whole sucker inside that giant hole and hydraulically lifted it up to street level in the middle of the night!" said Mr. Goode, obviously quite proud. "Pretty sneaky, huh? But listen, y'all are gonna love it. We got 500 rooms, a whole floor for dogs, another floor for cats, and one each for skunks, foxes, bears, and plenty of motor boats to take you straight over to the city or whatever. We got coin-operated rocket launchers on the roof for them pesky airplanes – you can bet they will go over the ocean now! There's a nightly Socially-Acknowledged Kombucha Happy Hour overlooking that billion-dollar view, with 'floor show-type extravaganza every night featuring an oil tanker ramming that reef at sunset. And speaking of that, we got an oil-massage spa and I know you haven't had that kinda thing here since that little spill back in '71. We offer Bolinas 2-Mile sign painting workshops. We were going to put in one of them medical cannabis clubs but were told that was totally superfluous. Whatever. But check this out while membership costs \$50,000 to apply and that much again annually for the hoi polloi 99%-types, it's only \$39 with a subscription to the local paper! And only \$3 if you pay with one of them nutty

WHAT'S HAPPENING?

Thursday, December 15

SCHOOL BOARD - monthly meeting of the Board @ Bolinas campus, 4pm closed session, 5pm open session

COAST CAFÉ CONCERT SERIES

Live music & food & drink specials @ Coast Café, 7pm

MOLLY MAGUIRE

Live music @ Smiley's, 8:30pm

Friday, December 16

CON BRIO funk-groove music @ Smiley's, 9pm

Saturday, December 17

COMMUNITY CENTER BOARD - 10 am, Library

TBA -Acoustic rock music @ Smiley's, 9pm

Wednesday, December 21

WINTER SOLSTICE 9:30pm. Longest night/shortest day of the year

HANUKKAH

Sunday, December 25

WINTER CELEBRATION - Community Center; gather at noon, lunch, 1PM

TODAY'S HEARSAY brought to you by: Steve Heilig, June McAdams, David Cattell

Clearly Mr. Goode's corporation had done their homework. But when informed that such a development possibly maybe might not fit in with the area's traditions and desires, Mr. Goode snorted and replied, "Shit is fucked up and bullshit! We're all the 1% now!" He paused, smiled, and added,

"And wait until you see what's coming to Burnt

en.........

AHENTION!

The Bolinas /Stinson Youth Group sold Ginger houses of the Winter Fair Ilvfortunetly afew were attacked by mice these were set aside so they wouldn't be sold. at the end of the event WE FOUND HIEV WERE MISSING. DUR ONLY CONCLUSION IS HOLD they were sold. There were about a half dozen and WOULD HAVE BEEN SOLD ON SUNDAY MOST likely in the AFTERNOON. They would be Quite NoticEABLE because they had tarn Plastic AND NIBBLED GINGER BREAD, VERY Obvious MOUSE Activity. WE Apoli-GISE DEEPly FOR this mistake and will happily REFUND YOUR MONEY OR BRING YOU 2 NEW KITS. SINCERLY MARK BUHER -0245

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CORPORATION



24 Wharf Rd. Bolinas 415 868 0911

CHRISTMAS NOTICE:

Please donate canned goods to help the needy of Bolinas at Christmas. (The collection barrels are at the markets.) And don't forget to buy your Santa raffle tickets to win a personal visit from Santa at your home or event. (Tickets available at businesses and the Community Center.)

Healing Arts Store in Stinson Beach is gifting magic wands to children five and under and crowns to children ten and under. Dec 16-Dec 24.

Come pick up this gift for your children and visit our sandtray room of Self Discovery.

Hours noon to five

Friday through Monday.

Call 868-2113 for more information

My new website

Ilkahartmann.com

is on the internet.

An extensive archive of several hundred photographs from the past 46 years-mostly of the world outside of Bolinas.

A giant THANK YOU to Courtney Buffington who designed and executed it.

Ilka Hartmann -0419

LOCAL STEER

Lived the Good Life up on the Mesa Grass-fed, Stress-Free Now ready for your freezer! Cut and Wrapped Call Jim at Tacherra Ranch 868-1477

This Week @ The Dance Palace
415-663-1075

Tickets at: www.dancepalace.org

TEEN DANCE

For grades 6-8. Featuring a professional disc jockey from Portable Party Crew-West.

Friday, December 16, 7:30—10:00 p.m. / \$6

ANNUAL POINT REYES CHRISTMAS BIRD COUNT DINNER

For over 30 years, the Point Reyes Christmas Bird Count has been a definitive census of the status, trends, and distribution of the 200+ species wintering in the Point Reyes area. At this compilation dinner, participants tally the species seen and generally enjoy the birding highlight of the season. Visit www.forestdata.com/cbc/ for further information and to sign up.

Saturday, December 17, 5:00 p.m.

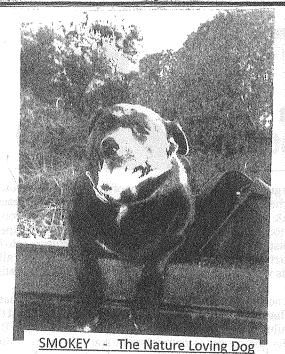
MESSIAH SING-ALONG 市 中 个

loin us for one of our community's most fulfilling holiday events directed by Molly Maguire at this sing-along of the most glorious and exciting choral masterpiece ever written. Fun for music loyers and listeners of all ages; no experience necessary.

Sunday, December 18, 3:00 p.m. / \$20 general, \$18 seniors, \$5 kids/teens; Day of event \$23 general, \$21 seniors, \$8 kids/teens

Visit www.dancepalace.org for more information.





Our much loved Smokey Dog just passed on. She did it on her own. She will now be able to find Tricker and Buster, her pals, and they can romp on. She has a special place in my heart and many others in the town she loved.

Goodbye my very special friend. I will see you again, in my dreams.

Jody Angel

THE POWER OF THE DOG

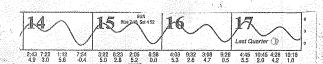
There is sorrow enough in the natural way From men and women to fill our day; And when we are certain of sorrow in store, Why do we always arrange for more? AND D Brothers and Sisters, I bid you beware Of giving your heart to a dog to tear,

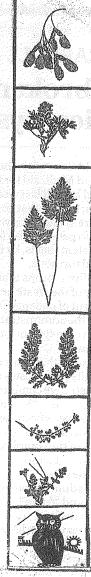
Buy a pup and your money will buy Love unflinching that cannot lie-Perfect passion and worship fed By a kick in the ribs or a pat on the head. Nevertheless it is hardly fair To risk your heart for a dog to tear.

When the fourteen years which Nature permits Are closing in asthma, or tumour, or fits, And the vet's unspoken prescription runs To lethal chambers or loaded guns, Then you will find—it's your own affair— But . . . you've given your heart to a dog to tear.

When the body that lived at your single will, With its whimper of welcome, is stilled (how still!);
When the spirit that answered your every mood Is gone—wherever it goes—for good, You will discover how much you care, And will give your heart to a dog to tear. We've sorrow enough in the natural way, When it comes to burying Christian clay-Our loves are not given, but only lent, At compound interest of cent per cent. Though it is not always the case, I believe, That the longer we've kept 'em, the more do we grieve: For, when debts are payable, right or wrong, A short-time loan is as bad as a long-So why in—Heaven (before we are there) Should we give our hearts to a dog to tear?

RUDYARD KIPLING.







The 21st annual Bolinas World Craft Faire will be held this Saturday and Sunday, December 17 and 18, at the Bolinas Community Center, 10am ~ 6pm. Local artists will show paintings, cards, honeycomb candles, handcrafted wood bowls, spoons and boxes, traditional Japanese ceramics, Organic body care products, herbal botanicals, woven and knitted scarves, homespun yarn, utilitarian pottery, leather work, Christmas ornaments. succulent arrangements, assorted jewelry.

World travelers will offer a variety of ethnic treasures such as Peruvian sweaters German cashmere, pashima shawls, rugs, Buddhist art, Nepalese clothing & jewelry, Middle Eastern textiles, handcut crystals & gemstones, Baltic amber & more.

Armida Scopazzi, chef extraordinaire, will serve organic California Italian Cuisine both days, starting with a fabulous brunch. Relax in the cozy World Café, enjoy holiday Cookies, and spin the "Wheel of Fortune". See you there. Flower and Roger Sierra



Armida³s World Café at the **Bolinas** Vorld Craft Faire

Morning Sustenance

Handmade Scones - Dried Cranberry Or Cinnamon Sugar

Handmade Biscuit with Whipped Cream and Strawberries

Fresh Chard and Sweet Onion Frittata (warm or cold)

Tom's Best Ever Granola with Yoguit and Fresh truit NIACAY Nourishment

Organic Mixed Greens with Sliced Apples and Vinaigrette add Nicasio Foggy Morning Cheese 1.50

Italian Shrimp Salad - Mixed Greens, Bay Shrimp and

Goat Cheese with a Sundried Tomato Vinaigrette

Vegetable Minestrone with Beans and Chard Cup 4.50 Bowl 6.50

Afternoon Forte

Bowl of Pasta with Nonnie's Organic Meat Sauce

Fresh Roast Vegetables with Olive Oil & Garlic

8.50

Polenta with Cheese 5.00

add vegetables 9.50

Jim Carroll Bolinas Poems



Trees

They cut
Down the Eucalyptus
Trees he remembered and loved
Because they weren't indigenous
To that land

That was the action Of fools He thought

Who would put
A power saw
To a detailed
Yet fragile memory

Of years when Knowledge flowed Like silt from the stripped mountain Into the lagoon And each day walked farther

Knowing too the sky there Had nowhere to rest Come night

Only stumps
Like bad sketches
For Asian sculpture

No crunch of dead Leaves on the ground

And the scent Still as if you had

Opened a box of cough
Drops into the suspicious
Night air

JON CARROLL

Our broken medical system

Dr. Donald Berwick is the guy who ran Medicare and Medicaid for the past 17 months, and he quit last week. In his parting remarks, he said that 20 to 30 percent of health care spending is waste, yielding no benefits to patients and further clogging up a system that is, by its very nature, sluggish and tortuous.

He listed five reasons that accounted for the majority of the waste he had seen: overtreatment of patients, failure to coordinate care, the administrative complexity of the health care system, burdensome rules and fraud.

It seems to me that three of these problems are really just subsets of a fourth, "the administrative complexity of the health care system." "Failure to coordinate care" happens because there are too many forms to fill out and too little un-

I want to live

forever and ever,

and I don't care

how much the

government

has to pay.

derstanding of the complexity, even among doctors.
"Burdensome rules" are a hallmark of administrative complexity, and "fraud" flourishes in the dark, rich loam of a bureaucratic labyrinth where nobody understands the rules.

It takes a real commitment to understand the current health care system

— as it did the last one — and many of the people motivated enough to do that are people who think they can make a lot of money out of it. And, since the whole system is theoretically designed to keep costs down, the only way to make big bucks is to cheat.

But it is the first issue that concerns me: overtreatment of patients. The causes for that are many. Patients demand pills or potions for what ails them, even though what ails them will probably go away by itself. For insurance reasons, doctors are reluctant to leave a stone unturned, even if it is a small and unpromising stone. Advertising creates a demand for a certain kind of costly non-generic drug, and pharmaceutical companies reinforce those demands with a wide variety of seminars, lectures, consultancy fees and you name it

So one thing to keep in mind: We are overtreated partially because we ask for it. It's all very well holding beliefs about the health care system in the abstract, but when it's your own body in the big white bed, you want all of medical science turned toward the solution of your problem.

"Hello, Johns Hopkins? Get your best people on this."



And a lot of the overtreating comes in the last 30 days of life. Heroic measures are taken when palliative care would be kinder, easier and, oh yeah, cheaper. People are led by popular culture into believing that dying people "wake up" all the time, or play the piano, or have satisfying lives as unpaid baseball coaches.

But the fact is in many cases that doesn't happen. And after a certain point the doctor knows what the odds are. But of course no one wants to say anything about it as a larger issue, because then someone throws around the phrase "death panels" and we're in some mysterioso world where doctors pull plugs and cut tubes.

It's because we don't have any real societal agreement on how long, at the end, life should go on, and how to approach death as a part of life. It's too scary to talk about.

It makes the young people impatient and the old people nervous. We don't even have an agreement on what the purpose of life is, so no one can ever say, "My job here is done."

Maybe it isn't. Maybe you have decades left to create economic justice for all. But a person should at least consider the possibil-

ity. That's why various durable powers of attorney and do-not-resuscitate documents are important; they indicate that the patient has thought about the options. But most people don't have those, and we are left with a philosophical mishmash in which overmedication is often the only viable course of action.

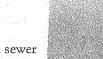
Since it's not going to be decided for us, we have to be pretty clear about what it is we want toward the ends of our lives. Most people think about it by not thinking about it. Some people think it's "depressing," which I suppose it is. So are other things in life, like divorce or the death of a parent, and yet we seem to muddle through them. It's our own very special deaths that cause the problems.

I'm not suggesting that we make these decisions merely to help rationalize the medical care system, although that would be a pleasant side effect. I'm suggesting mindfulness in this area because medical supplies are going to get limited and medical care is going to get rationed (You think not? See me in 10 years), and we're going to need all the help we can get.

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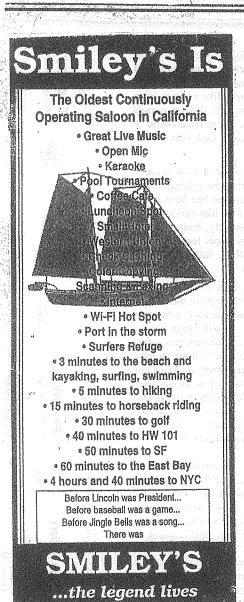
Sit you down, father, rest you — Let's see these pockets; the letters that he speaks of may be jcarroll@sfchronicle.com.

-submitted by June McAdams



The Bolinas Hearsay News, Mon. Oct. 4, 1976

...a trench twenty feet deep in the empty third sewer pond into which a dog and two snakes had fallen and were rescued by Jim Carroll and a ladder...





CONVALESCING

I spend the days deciding on a commemorative poem. Not, luckily, an epitaph. A quiet poem to establish the fact of me. As one of the incidental faces in those stone processions. Carefully done. Not claiming that I was at any of the great victories. But that I volunteered.

—Jack Gilbert

HAPPY HAPPY BIRTHDAY...

41 Wharf Rd., Bolinas, Ca

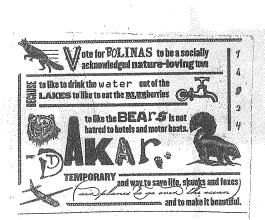
94924, 415-868-1311

December 14: Alex Horvath
Jean Ridella
Pavati Zeno
Rebca Zell
Joe Siedman
Mary Dunn
Evelyn Guba (remembered)
Ben Davis

December 15: Mickey Alford Kim Cooper Chelsie Fontan

December 16: Zoe Cooper-Caroselli Randall Olsen Genie McNaughton

December 17: Nancy Friedrich Benjamin Hewlett



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- From The New Yorker.

Gilbert was a Bolinas resident for a time a few years back.

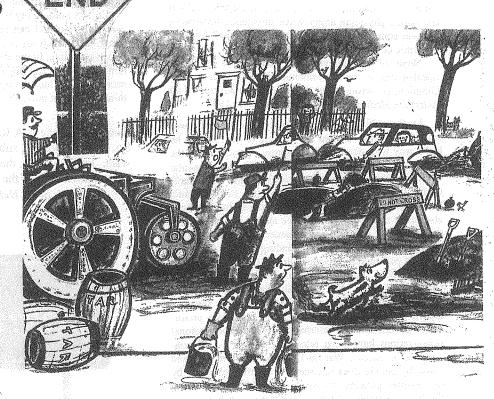
HERE'S WHAT'S NEW AT UNIQUITIES VARIETY & REALLY GOOD PET FOOD EMPORIUM

Steve Heaslip and Maria Garrigues are now participating in the *Uniquities* collective. Maria is bringing in items from her travels: Mexico, Spain and other interesting cultures. Steve has vintage items from the 60's, leather coats and misc. items, as well as deeply discounted men's & women's golf club sets on wheeled carts with some brand new men's Dexter wingtip golf shoes size 11, only \$30. He has plans to be adding musical instruments

in the coming weeks, and repair as well. Check out the Holiday items, kitchen ware, yarn, jewelry, art, and loved and released reusable treasures. There are first day cover stamp books, which make lovely gifts; and don't forget those stocking stuffers for your cats and dogs when you come in for REALLY GOOD PET FOOD.

OPEN DAILY NOON TO 5:00

In the old video store location. submitted by jenniepfeiffer



He played where they were fixing the street

and got very dirty.

Newt Gingrich Rises Again! Strange Bongfellows by Steve Heilig



Newt's back! Well, he is as of this moment, but perhaps not for long. This week's Republican frontrunner at least outshines all the other erstwhile candidates in terms of intellectual capacity and achievement, although that's not saying much. In terms of ethics, well, that's another story.

On some issues he's been prescient and progressive, shockingly enough. In the medical realm, when one digs around in the vast literature contained in thousands of journals, some fascinating and surprising tidbits can turn up. Consider the following quote:

"We believe licensed physicians are competent to employ marijuana, and patients have a right to employ marijuana legally, under medical supervision from a regulated source. The medical prohibition does not prevent seriously ill patients from employing marijuana; it simply deprives them of medical supervision and access to a regulated medical substance. Physicians are often forced to choose between their ethical responsibilities to the patient and their legal liabilities to federal bureaucrats."

True words, and wisely put. But who is the source? An activist spokesman from a cannabis buyers' club? A committed physician angry when threatened because he believes some patients benefit from marijuana? A liberal academic or columnist? Just some stoner?

None of the above. The author was ex-House Speaker and current Presidential semi-candidate Newt Gingrich. He wrote about cannabis in the *Journal of the American Medical Association* way back in 1982.

At that point, the Republican from Georgia was embarking on his rise and fall as King of the Hill, but he had a way with words and seemingly a good grip on the true conservative's creed of minimal governmental interference in private lives?" Republicans since law tended to be notably silent on this issue. Isn't it ironic, then, that our "liberal" Democratic administrations have also taken a hard-line prohibitive stance on drug issues, and continued to arrest and incarcerate as many people as at any time during our longstanding "war on drugs"?

"This past month, President Jimmy Carter authored an

"This past month, President Jimmy Carter authored an eloquent New York Times op-ed titled "Call off the Global Drug War." It's been said that if one lives long enough, nothing seems new. In this context, the new reports and recommendations Carter cites from prominent governmental, international, and professional organizations have been released this year — all condemning America's War on Drugs as a failure. Use and abuse by people does not seem to be affected much by our punitive policies, but we do spend billions enforcing the laws, especially when it comes to arresting, prosecuting, and incarcerating people. All along, legal drugs — tobacco and alcohol — harm and kill far more people than illegal ones.

Thus, a somewhat strange alliance of civil libertarians, plain old libertarians, conservative politicians and former police chiefs and judges and the like have joined with a motley alliance of people who like various drugs to oppose the Drug War. Most recently, budget-starved officials have started to talk more about legalization of some drugs — now, in this public cash-starved era, mainly for the purpose of taxation.

Thus, a somewhat strange alliance of civil libertarians, plain old libertarians, conservative politicians and former police chiefs and judges and the like have joined with a motley alliance of people who like various drugs to oppose the Drug War. Most recently, budget-starved officials have started to talk more about legalization of some drugs — now, in this public cash-starved era, mainly for the purpose of taxation.

Yet informed folks will tell you the obvious — federal laws and authorities are likely to prevent this. There are numerous reasons, but over the decades I've become convinced that it really has little to do with drugs per se, but with budgets for prisons, law enforcement personnel, and the whole "prison-industrial complex." If we "follow the money," as it's now budgeted and spent, the same old story prevails: Law enforcement takes precedence over health and medical needs. This is doubly ironic when tobacco and alcohol, our most destructive drugs of choice, escape truly tough scrutiny and regulation — including taxation which might realistically offset their social costs

What can be done? The conviction that drug abuse is, or should be, more a public health issue than a legal one is shared by an increasing number of experts from all walks of life. Drug treatment has shown to be not only more effective at deterring criminal behavior in many cases but is far more cost-effective than imprisonment — by a ratio of one dollar well-spent saving seven in costs, according to the most widely-accepted estimate. In any event, there are a few ideas to consider:

We might consider making treatment for addiction available to everyone who needs it, instead of expecting them to wait for so long that they get frustrated and disappear. We might pay for that by increasing the taxes on legal drugs like alcohol and tobacco to levels found in other civilized nations.

We could further restrict or even ban tobacco and alcohol advertising altogether.

We might repeal mandatory sentencing of drug users

We might repeal mandatory sentencing of drug users and instead have mandatory addiction treatment for criminals. Money saved on prisons could be spent instead on drug treatment and education.

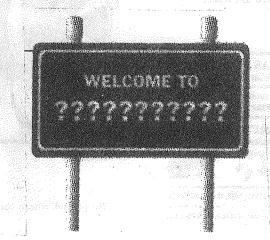
We might focus the drug education of our children on the dangers of legal drugs and the truth about illegal ones rather than hysterical scaremongering.

We might decriminalize cannabis and do all of the above concerning it, as recently recommended by those radicals in the California Medical Association.

I'm not holding my breath for dramatic improvement very soon. But if I can be in full agreement with Newt Gingrich on such an issue as medical marijuana, anything is possible. In the meantime, I hope somebody asks him, at one of the big Republican debates which are serving as de facto commercials for Obama, what he thinks about pot now. \(\forall \)

Note: "Everyone Is A Reporter" is a Hearsay motto. So, c'mon reporters, submit some material if you wish. For one thing, that could help keep my own filler material out of the paper.

Thanks - Steve Heilig, Weds Editor





Partly cloudy Highs: 54-63 Lows: 34-47



artiy cloudy





Partly cloudy



Thursday
Mostly cloudy,
showers likely.
Highs: 52-59



SAN FRANCISCO CHRONICLE AND SFGATE.COM

Partly cloudy Highs: 52-59





HEARSAY & CLASSIFIEDS

P.O. Box 327, Bolinas CA 94924 • 868-0138 Published every Monday, Wednesday & Friday for over 30 years.

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CH1/3/12

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drilling/discing/plowing. Don Murch -0921

_DMx

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CA 12/16

TRE CAN DO IT!

13 year old looking for tasks that pay \$9 per hour. Tre-0892

TS 1/2.

HOUSING WANTED

WE ARE LONG-TIME BOLINAS RESIDENTS LOOKING for a two-bedroom house in town. We want to foster children but our current place, two bedrooms, wonderful garden, but divided into two buildings making it unsuitable. Possible swap... perhaps our place works better for you and vice versa...

Any leads please call Jennifer & Martin 868-9236

MR X

HEALTH & HEALING

CAREGIVER AVAILABLE – 10 YEARS EXPERIENCE, Great references – compassionate, professional & positive. Call 415-609-0025.

EW 12/19



LOST & FOUND

FOUND: FLOPPY CLOTH SUNHAT, LAST WEEK
On Bolinas Olema roadside.. Call Martine -9036

11/2

FOUND: DUSTY-PINK FLUFFY JACKET
Call 868-2006 to claim

EH 11/16

LOST: MY SILVER FAKE FUR HAT at the Bolinas Community Center or Coast Café or somewhere in between. Patrice 868-2758

LB 11/25

MISSING: Children's Outerwear

navy/teal reversible down vest (size 6); red toddler jacket, red check inside (size 2). Please call or text-115-747-4088 if found.

LOST A SET OF KEYS DOWNTOWN this past Tuesday PM. If found please call -2405

J 10/28

Leather-bound journal found

It has some water damage"Operation Bloodhound"- this last week on beach below Palomarin Trailhead. Please call Steve @ 415-9022434 to identify/claim.

_SH 10/17

RIDE SHARE

WEST MARIN SENIOR SERVICES
has a new volunteer driver program.

Please call Chloe Cook, at 663-8148 ext. 114 to sign up.





HEARSAY ECLASSIFIEDS To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door, Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

ANNOUNCEMENTS

BLANKET DRIVE FOR ALL WHO WISH TO BE

warmer. Please donate sleeping bags, blankets, tarps & socks at the Calvary Presbyterian Church. Leave items in boxes on steps.

CM 12/16

hearsaynews@yahoo.com

ule Cheke Milese ex Submit articles and drawings by midnight for publication the next day. Request a link to the password-protected website. Thank

-- Michael Rafferty, Online Editor

THE BOLINAS HEARSAY NEWS

is a community service, publishing articles letters, and columns of local interest to Bolinas residents. The editors are not responsible for opinions expressed in signed articles. Articles should be signed with first and last names. This is the only requirement. Otherwise, it would be helpful if articles submitted are column width--3 1/2 inches. Thank you. The Editors



CLASSES

DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!

sign-up free at the newschool@commonweal.org. Download past podcasts at www.commonweal.org/new-school/events.html



Class Schedule

Sunday

Yoga w/Trishna 9:00 - 11:00 a.m. WOGASM OT Jujitsu w/Julian 7:00 - 8:30 p.m. y tinctor mowing bac

Monday

Pilates w/Lisa (pre-register 868-0473) 5:30 - 6:30 p.m.

Tuesday

Yoga w/Trishna 9:30 - 11:00 a.m. Arial Arts for kids w/ Joanna 3:30 - 6:00 p.m. (Info 868-8821)

Zumba - Latin Dance Fitness w/Diane 6:30 - 3:30 p.m.

Wednesday

Pilates w/Lisa 8:30 -10:00 a.m. QiGong for Aching Joints w/Tania 10:30 -11:30 a.m. Yoga Basics w/Trishna 5:00 - 6:15 p.m. Biblia en Espaiiol 8:00 - 9:30 p.m.

Thursday

USDA food bank 12:00 noon Congolese Arts w/Sandor 6:00 - 8:30 p.m.

Pilates Mat Class w/Lisa 6:00-7:30 p.m.

Saturday

Yoga w/ Lisa Brendel 9:00-10:30a.m. Children's Movement w/ Lisa 11:00 - 11:45 a.m. (info 868-0473)

Check the marqué by the Library for special events at the Community Center. For Info. 868-2128 or Bocenter.org

