

Bolinas Hearsay News

50¢

inc. tax

Bolinas Hearsay News

Wednesday, October 5, 2016

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"Positivism Shrine for Hillary" - StuArt



WHAT'S HAPPENING??

Thursday, October 6

'THIS IS IT'

Documentary on Michael Jackson's World-wide tour presented by Ananda @ BoCommons (by the post office), 7pm, \$5

LIDA STREET

New Bolinas jazz quintet including Molly Maguire, Michael Pinkham, Piro Patton @ Smiley's, 8pm

Friday, October 7

NIGHT ANIMALS

Live band, rock covers @ Smiley's, 9pm, cover.

Saturday, October 8

CHILDRENS CENTER HARVEST FESTIVAL

Celebrate the apple harvest w/ cider pressing, baked goods, hot dog lunch @ BCPUD bldg., 1am-3pm, Benefit for Childrens Center

SOUP SATURDAY

Free lunch @ St Aiden's, noon. All are welcome.

THE HOTS

Live 'not your mama's cover band' band @ Smiley's, 9pm, cover.

FAURE'S REQUIEM

Full moon choral performance at Bolinas Cemetery, 6:30pm

SUPER FULL MOON

Occurs 9:23pm, moonrise 6:39pm

Monday, October 10

ALCATRAZ DAY OF SOLIDARITY WITH INDIGENOUS PEOPLES

Sunrise gathering at 5am starts commemoration of 523 years of indigenous resistance; speakers, dancers, drumming. 3am carpool available: Medea, 868-0847

Sunday October 16

BOLINAS COMMUNITY CENTER MEMBERS DINNER

With a taco themed potluck, voting for BCC board and live music from Los Padres

Sunday, October 23

ANALOG LIGHT JAM

We'll make beautiful projections together with simple materials, no computers, Faultline Institute class with Jeff Manson at the BCC 7-9pm, \$5-10 silding scale donation to help cover hall rental.

Saturday, October 29

OUT OF THIS WORLD BO LAND TRUST BENEFIT

With music by Soul Ska, plus costume contest, photo booth games and more... 7pm \$20

Monday, October 31

HALLOWEEN

COMMUNITY CENTER HALLOWEEN PARTY

With food and live music from Coastal Scrubbers and RKS 5-10pm



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October 4th- Birthday of St. Francis of Assisi 1181
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The Real Work

It may be that when we no longer know what to do
we have come to our real work,

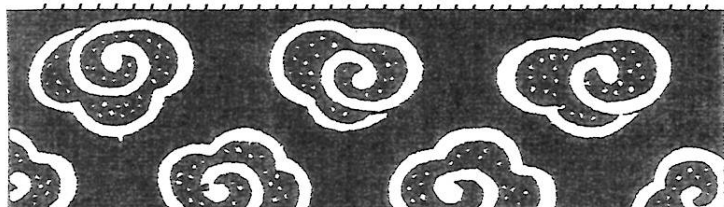
and that when we no longer know which way to go
we have come to our real journey.

The mind that is not baffled is not employed.

The impeded stream is the one that sings.

by Wendell Berry, from Collected Poems, 1987

Read at the 40th Anniversary of Commonweal
by Michael Lerner



May everyone be happy and safe, and may their
hearts be filled with joy.

May all living beings live in Security and in Peace-
beings who are frail or strong, tall or short, big or
small, visible or not visible, near or far away,
already born or not yet born,
May all of them dwell in perfect tranquility.

Let no one do harm to anyone. Let no one put the
life of anyone in danger. Let no one out of anger or
ill will, wish anyone any harm.

-Metta Sutta (Suttanipata)

Translated by Thich Nhat Hanh

**"WARNING: DISCONNECTING FROM YOUR CELL PHONE, YOUR EMAILS,
YOUR TEXT MESSAGES, AND YOUR ONLINE FRIENDS
MAY LEAVE YOU TOTALLY OVERWHELMED-BY TRANQUILITY."**

From an ad for Air France

Even if you're on the right track,
you'll get run over if you just sit
there.

-Will Rodgers

Thoughts from some Fortune cookies;

*Impose not a burden on
others which you cannot
bear yourself.*

*Ideas not coupled with action
never become bigger than the
brain cells they occupied.*

*May your faith always exceed
your fears--no price is too
great to go through life afraid.*

*Obstacles are those frightful
things you see when you take
your eyes off the goal.*

*Love is but the discovery of
ourselves in others, and the
delight in the recognition.*

*Joy comes from peace today,
save the adventure till next
week.*

*Even the smallest candle
burns brighter in the dark.*

Sometimes we all get caught in the quicksands of
negativity about our predicaments, our choices, our
lives. Recently a friend suggested something called
a Gratitude list. Where you write down your blessings
and gritudes, and keep the list near by to read and
remember when those Blue-Funk days appear that
we all have.

- Magi and Mary Barror



Mary

MIGUEL
BUSTAMANTE
DENTAL
CORPORATION

24 WHARF RD. BOLINAS
415 868 0911



FRIDAY FARM STAND
@ Star Route Farms
Noon - 5PM
COOL COASTAL GREENS
AND THEN SOME!

EQUAL PAY BOUQUETS

This is the title for October's show of art at the Book Exchange. It refers to the necessity of positive shifts in the treatment of women, and speaks to my hope that light will shine on the most enduring and deeply prejudiced status quo on the planet. The monumental struggle for gender equality, happening in the global culture of discrimination which denies women equal rights with men, is so very key in this particular election.

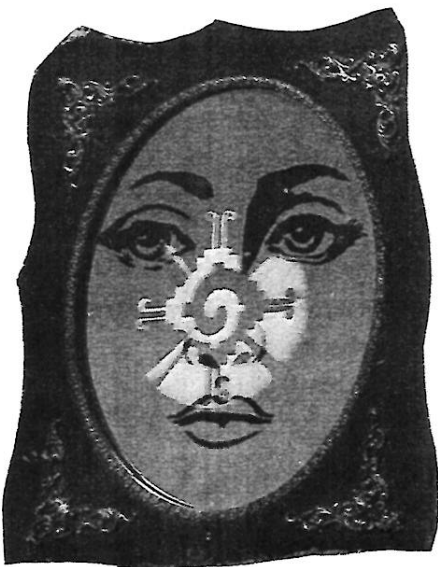
So... this show is dedicated to the women and the mothers, with a shout out to the candidate most likely to pass the Equal Rights Amendment, Hillary Clinton. And because she works really hard for the causes of women, children, families, healthcare, vets, POC, reproductive rights, education, LGBTs, communities, and equal pay, and has for forty long years.

BTW, if we humans CAN learn from our many mistakes, and become better and stronger at cooperative survival, then that's my hope for HRC and every one of us.

Men everywhere have been in charge of running the show forever, and I just bet Elizabeth Cady Stanton, one of my heroines, would like to see what a difference it could mean to have a woman in the USA's highest office, given that a woman is raped every 6 minutes in this country, a woman is battered every 15 seconds, and that women are STILL not allowed to make their own decisions about their own bodies and their own lives.

So... here's hoping for positive change in Nov. Despite having no "write to vote" on paper, ie fairly, and despite the hackers. We'll help ourselves get through a loooong month by having some events and music at our local treasure the Book Exchange. StuArt has his Hillary Shrine there, and folks are welcome to bring something that speaks to their own hopes for the outcome. Women's rights benefit every man, woman, and child, and their time is now. They have never been so needed.

Soozy Mills



Today's paper by:
StuArt Chapman, editor
June McAdams, ads
Jennie Pfeiffer, press

CORE CONTACT

A Contemporary Dance Class

Taught by Lisa Townsend

Tuesday Evenings - October 11th thru Dec 6th

6:30pm-8pm (no class 11/1 & 11/8)

Open to Teenagers & Adults

Drop in ok: \$10-\$15 Sliding Scale

CoreContact is a contemporary dance class for the mind-full body.

Joining mind/body modalities with release based modern dance

we begin by warming our bodies with a focus placed on our breath,

the body's alignment, our soft tissue and bones. This attention established,

we will build from simple movement exercises to longer dance phrases.

Phrase material will emphasize: going in and out of the floor with ease,

dancing boldly & covering lots of space, taking chances off balance,

embodying articulate gestures, & developing musicality within

our strong, efficient, and graceful bodies.

Positivisim Shrine for Hillary - StuArt

Years ago, an old t-shirt rescued from the Freebox became a Valentine for Hillary.

Recently, an opportunity to make an artistic political statement presented itself and the old t-shirt image was incorporated into a shrine celebrating Hillary like a beautiful flower on the political scene. (This is a positivist shrine in color and form. There is no delving into the darkside.)

The portrait of Hilary is a t-shirt that I found in the Freebox years ago and stretched over a heart shaped piece of board. I've been a fan of Hilary since she first visited Bolinas, stopped by the coffee kiosk one morning and spoke with Bicycle Tim.

By I time I got there Hilary was gone, but the buzz from her charisma resonated throughout downtown. There was enough juice to inspire this small town troubadour to write a song. After all that's what troubadours do - they write songs - usually love songs.

And so the song I wrote "Hilary Hotline" is a troubadour's love song. It even uses that colloquialism "I got the hots" meaning "I'm in love." The song has seen some changes since Hilary first visited 20 years ago, but here it is in it's latest iteration:

Hilary Hotline (c.1996 - StuArt)

There's something I trust about her face -

Her eyes express concern and grace.

She's better looking than on TV

I'm gonna vote for Hillary.

Always thought power suited a man,

On Hillary it fits just grand.

Looks and brains look good on her -

Lawyer babe and Senator

Oh Hillary, yes Hillary,

You mean so much to me, dear Hillary.

Oh Hillary, let's have tea - woo!

Sometimes the best candidate is a woman,

Do things in this country never been done before.

This time I'm gonna vote for a woman,

Heal the country and heal the war.

ANNOUNCING EXECUTIVE DIRECTOR POSITION

The Bolinas Community Land Trust, a non-profit organization, dedicated to creating and sustaining affordable homes in Bolinas is looking for a new Executive Director. Key responsibilities include program development, administrative and financial oversight including fundraising and grant writing.

For a complete job description and instructions on how to apply email:

bolinaslandtrustjobsearch@gmail.com

PLEASE NO PHONE CALLS! We are presently short-staffed so phone inquiries may not be returned. Thanks for your consideration.

Pilates Mat Class Workshop

Taught by Lisa Townsend

Monday Evenings from 5:30pm-6:45pm

October 3rd-Dec 19th (no class 10/11 & 10/31)

This 10-week session will focus on **your needs** as well as:

Improving your posture, Strengthening your core, Increasing Flexibility, Awareness of Breath, Inju Prevention, Reducing Tension & Stress.

To Register: 868-0473 or come to the 1st class

10 Class series = \$140 - 12 students max



Ken & Sam Levin

Window Cleaning

415.663.9669

West Marin's Best

Not long to go before Election Day,

And I'm longing for a new U.S.A.

And in the bright future I see -

President Hillary!

I love the country under her command,

She rules the roost with a velvet hand.

I love my country but it's clear to me -

I got the hots for Hillary!

Oh Hillary, yes Hillary,

You mean so much to me, dear Hillary.

Oh Hillary, let's have tea - woo!



COMMUNITY &
CULTURAL CENTER
dance palace

Flu Immunization Clinic

Thursday, October 6, 1:00 PM to 6:00 PM
FREE flu immunization clinic, in coordination with the Coastal Health Alliance, Kaiser Permanente and Dominican University.

Western Bird Banding Association Meeting

Friday, October 7, 12:30 PM to 8:30 PM The annual meeting of the Western Bird Banding Association The WBBA was formed "to encourage and promote bird banding as a useful tool in the study of the biology and migration of western birds."
http://www.westernbirdbanding.org/meeting_2016.html

Western Bird Banding Association Saturday, October 8, 9:00 AM to 9:00 PM The annual meeting of the Western Bird Banding Association The WBBA was formed "to encourage and promote bird banding as a useful tool in the study of the biology and migration of western birds."
http://www.westernbirdbanding.org/meeting_2016.html

Alcatraz Day of Solidarity with Indigenous Peoples, **Monday, Oct. 10**

Commemorating 523 years of Indigenous resistance, honoring our ancestors and future generations

Speakers will include:

- *Radley Davis (Pit River Nation)
- *Bill Means (Oglala Lakota)
- *Faith Gemmill (Gwich'in/Wintu)
- *Andrea Carmen (Yaqui Nation)
- MC Morning Star Gali (Pit River Nation)

Ohlone Welcome, All Nations Drum, Intertribal Ohlone-Pomo dancers and updates on protecting sacred lands from California, Standing Rock and Alaska.

PIER 33 - TICKET OFFICE OPENS AT 4:30 AM, BOATS RUN TO ISLAND AT 5:00 AM, 5:15AM & 5:45 AM. TICKETS \$11.00, CHILDREN UNDER 5 FREE

ADVANCE TICKETS:

<http://www.alcatrazcruises.com/website/sunrise-gathering.aspx>

WHEELCHAIR ACCESSIBLE, Absolutely NO drugs or alcohol of any kind. Smoking only in designated areas. No sales permitted. Simulcast on KPFA 94.1 FM and online at <http://www.kpfa.org>

For more information contact the IITC San Francisco Office: (415) 641-4482; Morning Star Gali: mstargali@gmail.com or Rochelle Diver, rochelle@treatycouncil.org
Submitted by Jennie Pfeiffer

EST. 1851 BOLINAS
SMILEY'S SALOON & HOTEL

LIVE MUSIC THIS WEEK

Wednesday, October 5

Larry-Oke!

Come belt out your favorite tunes! (FREE, Show 8pm)

Thursday, October 6

Lida Street

Jazz quintet with Molly Maguire on vocals, Michael Bello on saxophone, Isaac Carter on guitar, Piro Patton on bass, and Michael Pinkham on drums. (FREE, Show 8pm)

Friday, October 7

Night Animals

A six-piece band of wildlings that turns stages into celebrations of the night with infectious, funky grooves and imaginative performances. (\$5, Show 9pm)

Saturday, October 8

The HOTS

Old school rock with new wheels. (\$10, Show 9pm)

Sunday, October 9

Open Mic w/Eli

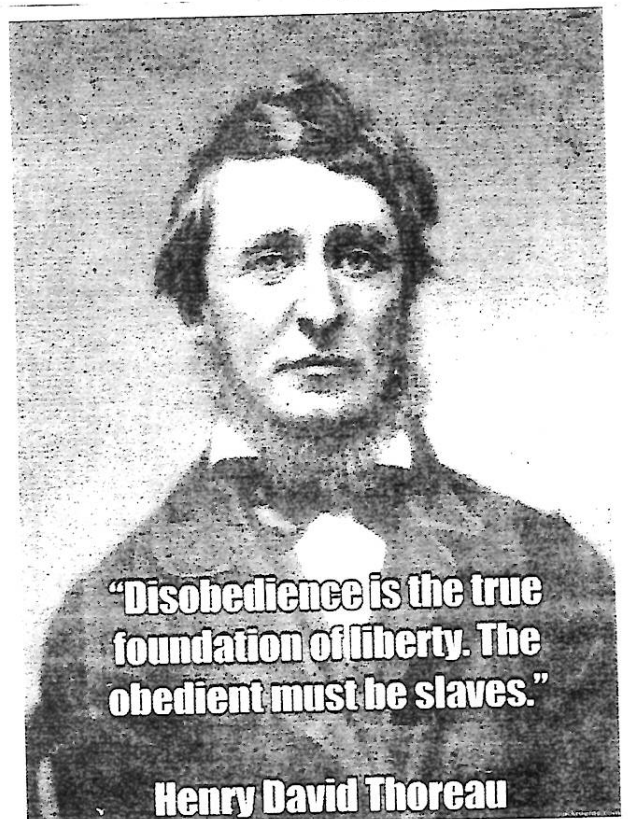
(Free, 5pm)

Monday, October 10

Epicenter Soundsystem

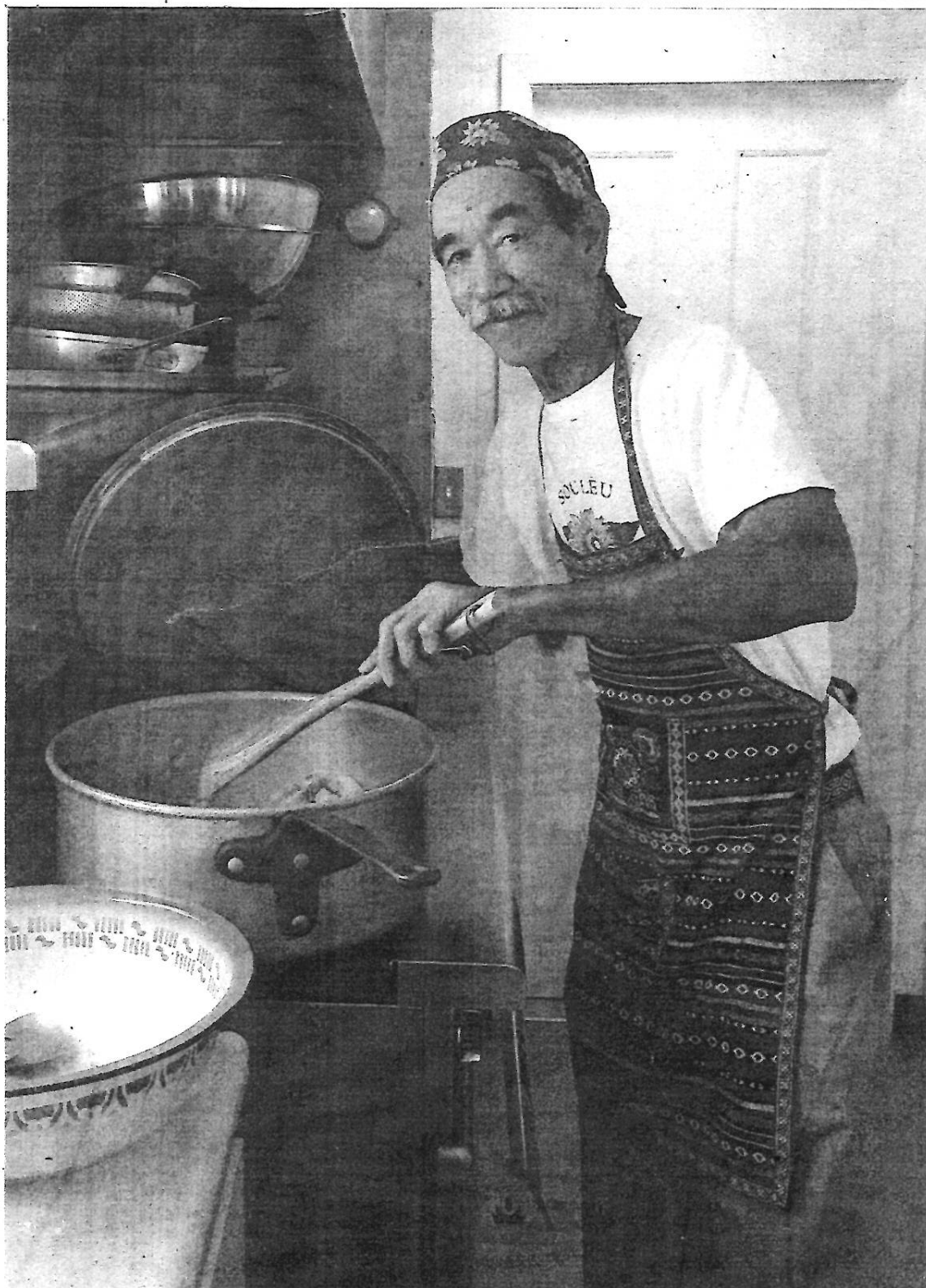
(FREE, 8pm)

We make advance tickets available online and for popular shows, at the bar, so please join our email newsletter for ticket sale alerts, www.smileysaloon.com/music (\$5, Show 9pm)



"Disobedience is the true foundation of liberty. The obedient must be slaves."

Henry David Thoreau



(above) Magi prepares magic for the Whitecaps (photo by Helen Sirica)

(below) Icons of the Goddess at the Gushing Woman Festival (-StuArt)

(note the fortune wheel titled "Burning Man meets Gushing Woman")



HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door

SERVICES

CONFLICTS? DISPUTES?
WEST MARIN MEDIATION CAN HELP-
confidential, effective, impartial, free. 415 459-4036

SG X

BRUSH TO MEADOW TRANSFORMATION
Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING
Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE
Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS
a Súbaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

ACCORDION MUSIC: Balkan and Rom (Gypsy) Styles
Available for Events, Restaurants, Circle Dances.
Call or text Andrew 415 297-2535 Opa!

AC 10/21

STICH WITCH
For all your sewing needs.
Alterations/ repairs/ design and construction
Bolinás Commons. Every Thursday 10-3

LD 10/3

Please Help by Taking a Survey of Downtown Parking and Traffic Problems

The Bolinas Downtown Parking and Traffic Committee (a BCPUD ad hoc committee) needs your help as we are conducting an important survey of Downtown Bolinas parking and traffic issues. Please take 15 minutes to respond to this survey and to share it with your network. We are collecting responses from Residents and Visitors: this information will help in exploring ways to reduce congestion and parking problems.

Access the survey at,
www.surveymonkey.com/r/BolinasVisitorSurvey
www.surveymonkey.com/r/BolinasResidentSurvey

This survey will be distributed locally by the widest means possible. Please answer questions with your personal opinions. If you have already submitted a reply, please do not duplicate your response. Responses will be tabulated and made public at a later date. Thank you for your attention.

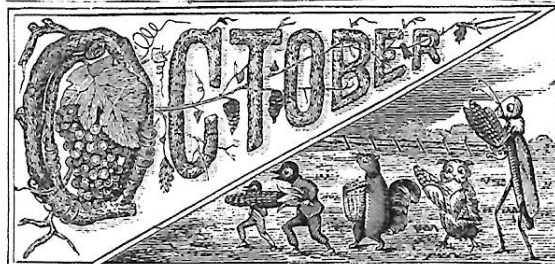
Downtown Parking & Traffic Committee

Bruce Bowser, Chair
Leila Monroe
Liza Sternick
Evan Wilhelm
Zack Fuller



HEALTH & HEALING

June McAdams, RN
Compassionate and Skilled
Hospice Care Home Care
Newborn to Elders
Coastal Marin Only
More than 39 years nursing experience
(415) 868-9052



HAPPY, HAPPY BIRTHDAY!!!

- October 5: Jim Tacherra
Wylie Atticus Pepper-Conner
- October 6: Mika Taylor
Richard Erickson
- October 7: William Ross
- October 8: Willy Krakauer
Tomas Krakauer
Stacy Henderson
Colby D'Onofrio
Brendan Higgs
- October 9: Matt Cobb
Richard Harrington
Julie Augustyn

HELP WANTED

STAR ROUTE FARMS is looking for a farmer's market manager. 3(long) days per week, Thursday, Saturday and Sunday. The job requires leaving the farm around 5 am, driving to the market in our box truck, setting up with the crew of 2 who will meet you there, selling and breaking down and returning home, usually around 3 or 4 pm. You will need to do some paperwork, a lot of customer interaction, have the ability to get on and off the back of the truck and to lift 40-50 lbs. Looking for an enthusiastic food and produce oriented person.

This is a salaried position and includes Health insurance and other benefits. Please contact Warren or Annabelle at 415-868-1658

868hearsay@gmail.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication the next
day. Or request a link to the password-protected web-
site to read online plus info on how to subscribe.

KWMR Radio Highlights

FRI Political humor! 7 PM

SAT Evening jazz 8 PM

SUN Pulitzer Prize radio theater 8 PM

MON Indigenous People's Day 12 PM

TUE Art Talk: Diebenkorn 10 AM

WED Classical has a new host 2 PM

- More information at KWMR.org -

FM 90.5 Point Reyes Station
89.9 Bolinas
92.3 San Geronimo Valley

LOST AND FOUND

FOUND: ON EVERGREEN-MAC BOOOK PRO
BELONGING to Monica? 868-1597 Angela Vernon

AV 10/3

LOST: PHONE & PHONE BOOK 8/29 ON THE MESA IF
found call 415 868-0882. Thanks

JM 8/31

LOST: MAKITA 18 VOLT POWER DRILL
with battery, accidentally left outside @ Terrace & Canyon out of
site of the road. If you found it by mistake, please return by
calling 868-2102

GT 8/17

LOST: CAR KEYS IN LAWN. DOES ANYONE HAVE A
METAL detector I can borrow? Bill Lyons 415-868-1937

BL 8/24

FOUND: RETAINERS, TOP AND BOTTOOM IN GREY
case that says "Vivera retainers" on it. If these are yours please
call 415-233 8736 to claim-Amber Distasi

AD 8/22

OUR FRIEND LOST HIS WEDDING RING ON
SATURDAY July 16 at the channel. Hoping a friendly sea
creature found it. It says "DJ" and a date. Call 9525 if found.

AW 7/18

LOST:WOMAN'S WEDDING RING- GOLD, ON
BEACH? Phone 916- 606- 4265

? 7/18

CLASSES



Weekly Classes and Events Schedule

MONDAY

Somatic Exercise w/Cenize Rodriguez	8:45-10:00 am
Bo Babies & Toddlers Open Play Group (free)	10:00 - Noon
Pilates w/Lisa Townsend (pre-register 868-0473)	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15 pm

TUESDAY

Senior Stretch W/Anna Gottreich	11:00 - 12:00 pm
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WEDNESDAY

Pilates w/Lisa Townsend	8:30 - 9:45 am
Diaspora w/Amber Hines	6:30 - 8:00 pm

THURSDAY

USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00 - 7:30 pm

FRIDAY

Pilates Mat Class w/Lisa Townsend	9:00 - 10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00 pm
No Place Like Home (Free Brunch 4 th Fri of Month)	10:30 - 11:30 pm

SATURDAY

Diaspora Dance w/ Amber Hines	9:00 - 10:30 am
LTDCo w/Lisa	10:45 - 12:30 pm

SUNDAY

CommUnity Night (see website for details)	Noon - 6:00 pm
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Call 868-2128, check the Library Marquee, Calendar in BCC
Foyer or visit www.bocenter.org for more info & special events!

Classified ads that are free

As a public service, the Bolinas Hearsay News will print
ads in the categories **LOST & FOUND**, **FREE** and
RIDE SHARE at no charge. Maximum approx. 20 words,
it will run at least one week, often longer.

Drop your ad through the slot in the door at our office on
the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com

Read the Hearsay Online

For 33¢ per day, more or less. Give
yourself, a friend, or an expatriate
member of your extended family
the gift of local news three times per week,
delivered electronically. Stay home. Save trees.
Isolate.

Subscribe anonymously by contacting
Michael Rafferty, Publisher and Online Editor,
868hearsay@gmail.com

FREE

PLAY STRUCTURE: LITTLE TYKES, PLASTIC,
multicolored, for small children. Easy to move. Email and I
will send a photo. slidell@aol.com

SI 5/4