

Bolinas Hearsay News

Monday, October 31, 2016

50 Cents



Kale presenting the 'Mickey Mouse Puddle,'
awaiting trick-or-treaters at Dogwood&Poplar
Photo by Curly Rigg

WHAT'S HAPPENING??

Monday, October 31

HALLOWED SAINTS EVE (HALLOWEEN)

COMMUNITY CENTER HALLOWEEN PARTY

With food, beer fest and live music from the Coastal Scrubbers and RKS. 5-10pm Music at 7pm, \$5-10 donation sliding scale, no one turned away.

Tuesday, November 1

ALL SAINTS DAY/DIA DE LOS ANGELITOS

Alter for children who have died, at Community Center, noon-10pm.

ART EXHIBITION

Works by Sha Sha Higby @ Throckmorton Theater, Mill Valley, 5-8pm

Wednesday, November 2

SAMHAIN/DAY OF THE DEAD

Alter and display for our ancestors at Community Center, noon-10pm.

DAY OF THE DEAD PAPER CRAFTS

At the Bolinas Library. Supplies and treats provided. 3:30pm, for kids of all ages.

IMPORTANT HEARING

On Coastal Commission staff revisions of Marin Land Use Plan, Oceano Resort Hotel, Half Moon Bay, 9am. Info: www.coastal.ca.gov/mtgcurr.html

Thursday, November 3

MOVIE: 'MUSCLE SHOALS'

Screened by Ananda @ Bo Commons, 7pm, \$5

MARCH TO MAY

Harmonies & Celtic harp @ Smiley's, 8pm, no cover

HOUSE CONCERT W/ MOLLY MAGUIRE

Benefit for Standing Rock protesters' winter equipment, \$10. Location, reservations: mollymaguire@me.com

Friday, November 4

KELP GIANT

Live jazz @ Smiley's, 9pm, cover

HAPPY, HAPPY BIRTHDAY!!!

October 31: Anne Vrolyk

November 1: Michael Phinney
Wesley Straton
Ney Alvarado
Heather Clapp

November 2: Doug Robinson
Jesse Boychuk-Horvath

November 3: Susannah Mills
Kai Mander

November 4: John Glavis

November 5: Ned Liebman
Cory Griffith

November 6: Walt Hoffman
Kai Cunha

Pasteup
Ads/books
Press

Ned Riley
June McAdams
Jeff Manson

Saturday, November 5

GREAT MINDS TALK

Agricultural innovators' discussion @ Community Center, 2pm

JAMES TAUGHER

Live soul-roots music @ Smiley's, 9pm, cover

Sunday, November 6

PLUTOCRACY

Dale Polissar's musical show @ La Pena, Berkeley, 7:30pm



COMMUNITY & CULTURAL CENTER

dance palace

For more information, to volunteer,
or to join call 415-663-1075
Save \$ by buying in advance
Tickets at www.dancepalace.org

Point Reyes Community
Lunch - Hosted by West
Marin Senior

Services Thursday, November 3,
12:00 PM to 1:00 PM Suggested
Donations: \$3 (over 60) / \$6 (under
60). Break bread with friends at the
community lunch every Thursday. Plus
live music the first Thursday of each
month. The organic food is prepared by
Good Earth Natural Foods. Make
reservations by 11:00am on the prior
Monday. Contact Cathy Bleeker,
Nutrition Program Manager at West
Marin Senior Services, (415) 663-8148
ext. 104. Ongoing, Thursdays from
12:00pm - 1:00pm

Middle School

Dance Friday, November
4, 6:00 PM to 8:30 PM

Inviting all young West
Marin teens to come on out
and get your groove on with
DJ Lue spinning tunes at the
hottest tenn dance in West
Marin. For grades 6 - 8.

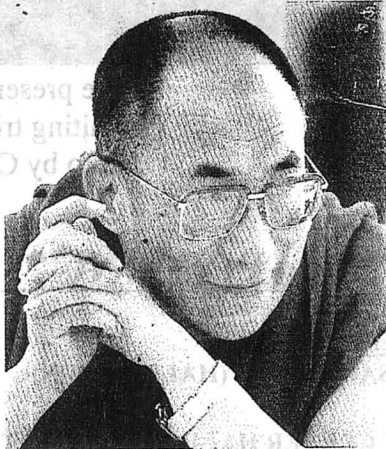
Mystical Night of Music &

Poetry Saturday, November 5, 7:00
PM to 9:00 PM



House Concert with Molly Maguire
Thursday, November 3rd
Door Opens at 7 p.m.
Minimum Donation \$10
North Dakota is cold during the winter,
and this house concert is to raise funds
for much needed winter gear for both
our Bolinas representative Jesse
McCollum, and the rest of the Standing
Rock water protectors at the site. 100%
of the proceeds will be
donated. Seating is limited to 40.

Please respond by email to reserve a
seat: mollymaguire@me.com, and I will
reply with the street address.
If you have a hard time emailing me,
please call my home phone x9033.



NEVER GIVE UP
No matter what is going on
Never Give up
Develop the heart
Too much energy in your country
is spent developing the mind
instead of the heart
Be compassionate
Not just to your friends
but to everyone
Be compassionate
Work for peace
in your heart and in the world
Work for peace
and I say again
Never Give up
No matter what is happening
No matter what is going on around you
Never Give up.

Persis Norton

H.H. the XIVth Dalai Lama



The Rise & Shine Show broadcasts live every Tuesday morning from 8-9am.
EVAN KAHN joins us for Tuesday's special show to discuss state and local issues and to help us meet our fundraising goal. Nate Siedman
will be manning the KWMR phones answering your calls 415 663-9050. Please tune in and show your support for our local radio station
KWMR.
Thanks ! -Mary Siedman -0477

The love and critique of art, waves and things not easy to talk about, disguised in beautiful packages.

Artist, financiers, writers, poets, dad's burning sage, adventures, weekenders, moms who just delivered a smiling alien, those working on a vehicle along Brighton, those who know the heart of redwood, fir or coastal scrub threatened by pampas grass in Point Reyes~ Planets talk to planets~ Cosmos, episode 9.

Sometimes I talk to the large zinc white skeletagram grabbing my eyeballs from the field on the Mesa. Lyla talks to coyote poop. Are we reaching the affordable housing ferries wandering in the wetlands? Where is the finish line?

Hollows Eve awaits another chance for children to vent some creature of parental dissent. I may be myself on the 31st, whose tear duct was split by a whilley shredder's surfboard fin one month ago, north of S. C. After some surgery, love from friends, playing and listening to lots of live music, and Ashley's new hat design, I appear to be strange but normal, having adopted an acute awareness of things I share with nearly every human being on this planet or subject to some kind post trauma. Many of us are guarded by neural pathway formed at an early age which we've forgotten about. Many have inherited the neanderthal brow or the anxiety of \$. Half our federal tax is on defense by some sort of traumatic karma. Most of us may not consider being informed by trauma or anxiety, or even realize we've adopted-the race to own- land?- for example; a zietgiust for the highest bidder? Many artists illiterate to the Patton, may not operate on credit scores while student loans are in default. Perhaps artists organically navigate over and around neural carved pathways in the brain by cause and effect while Inflation continues to blast its way like asteroids to dinosaurs.

Surfing as an expressive mode of transportation questions what makes one a good at surfing-Style? The aesthetic of wavelengths absorbed in a permeable south swell may make one feel good. It's what one does with that absorbed energy that makes a "good" surfer?

"Coastal scrubbers" a makeshift thoooper group curated by Jeff Manson, get together on Halloween at the community center to make dance from covers like Fleetwood Mac's "Goldust Woman" and Electric Light Orchestra's, "Evil Woman". These folks have inspired me to upgrade my drum kit "peace by peace"- Marialidia- Practicing some fundamental rudiments to phunk-it up; Art heals.

I was able to find a somewhat affordable post IKEA cabinet shop in Inverness park to rent as a painting studio with Ashley Eva Brock who sources dyes older than American \$. We have joined open studios which happens Thanksgiving Weekend so pleas come hike some new/old trails.

Lastly I have to say- It is better to get married naked than to use those polyester pedals we picked up off last weeks diminishing trail at end of poplar. I was married once on the salt flats of Utah on September 11, 2002.- no joke! One persons wedding may be another's "End of the world".

And if you have to watch anything on the flat box, don't miss the new cosmos series *****episode 9- It summed up my friends entire geology degree in 45 minutes. I give thanks to the friends and healing energy from this peninsula.

-We're with you Jesse at Standing Rock!

Habits You Need

In last week's Science Times, Tara Parker Pope wrote a column about the advice eight scholars gave to people in their twenties. Experts in nutrition, obesity, cardiology and other disciplines each gave one strategy that would help young people stay healthy throughout their lives. As I read these short pieces I thought that they are relevant at every age - it's never too late to form healthy habits. Here they are:

- 1) Weight yourself often - buy a scale and keep track of your weight - it's easier to lose 5 pounds than twenty. Carrying excess weight is harmful to your overall health and your leg/foot joints.
- 2) Learn to cook - find tasty ways to boost your intake of vegetables, fruits, whole grains and proteins. This will save you money, decrease your intake of unhealthy fats, sugar and salt, and possibly help your social life.
- 3) Cut back on sugar - by eliminating sugared soft drinks, breakfast cereals with added sugar, and being careful with cookies, cakes, candy et al. This step alone will prevent unwanted weight gain.
- 4) Live an active life - Build physical activity into every day - by biking, walking, gardening, doing housework, upper body exercises, et al. Move to music!
- 5) Practice portion control - let your hand be your guide - a serving of chicken, fish or meat should be the size of your palm, and of whole grain starch should be the size of your fist.
- 6) Eat your veggies - this advice is from Marion Nestle, professor of nutrition at New York University. 'Nutrition science is complicated and debated endlessly, but the basics are well established: eat plenty of plant foods, go easy on junk foods, and stay active. The trick is to enjoy your meals, but not eat too much or too often.'
- 7) Adopt a post-party routine - if you do a lot of drinking and snacking, ensure that you exercise a lot to offset all those extra calories. (Good advice for the holidays)
- 8) Find a job you love - this advice is from Hui Zheng, a professor of sociology at Ohio State University. "If I can give just one piece of health advice for a twenty year old person, I would suggest that he or she find a job they feel passionate about. This in turn will make them more engaged in life and healthier behaviors, which will have long-term benefits for their well being." I think this advice is pertinent at every age. Find ways to make your work life meaningful. After retirement, it is also important to find activities that you are passionate about - volunteering for a cause you believe in, finding pleasure in a creative project, taking up a paintbrush, modeling clay, or a musical instrument. Write short stories. Don't be afraid to be a beginner.

Submitted by sadja greenwood

-Charlie Callahan

Noble Jimmy Hits The Coast

"As told to" Steve Heilig

I shouldn't be writing this. Hell, I shouldn't be writing anything right now. Seems whatever I say or sing or write or do, somebody's gotta serve themselves by having some big opinion about it being right or wrong or left or political or not political enough or not as good as the last one or better than anything in years or too ragged or too polished or too wimpy or too harsh or too much like something I or even somebody else already did or gawd knows what. Then they give me an award. I don't recall applying for that, either.

So I'm hiding out until the hullabaloo blows over. Again. Not bad out here on the coast, a bit chilly for my liking but when that fog blows in and settles over everything, it's something. Had to use disguises even to drive up and out here, even getting gassed up out on 101 and then I was tricky, but if there's one good thing about self-service, it's no need to talk to nobody. I made it. Plus most people nowadays are too young to recognize me or care much if they did, so there's that.

Got just my van and my dog Duluth and my guitar. Oh and my harmonicas, which everybody always said I couldn't play. Well what was that sound coming outta them then? Never mind. They sure heard it when I whipped it out and blew last coupla weeks at that big Geezerfest or whatever it was called. Paul and Mick and Keith and Roger Who and Roger Pink and Pete and Neil and whoever were all louder than me but they always have been. They play their good songs same as always, which is just fine, but not me. I like to keep 'em guessing. Forever young, and all that, and my hearing is kinda shot anyway.

Speaking of, it's quiet out here. No signs to get here that I could see. missed one left turn but there was another and then left at the cemetery, just as I recalled it from about 40 years back. And the town looked about the same too. Time's are a-changin' but maybe not everywhere, or at least not so fast. Almost dark so could not see much on a short stroll, but there was some poetry or something on a sign coming into town, and then again on a building downtown, something about skunks and foxes and berries and even airplanes. I dug it. Might even use some of it, but shouldn't be telling about that either.

Cooked up some soup and read some lit and slept in the van. which suits me fine, as it's a doozy - nice bed, sink, toilet, fridge, music, lights, no lights, what else ya need? But when the new morning came and I got up in the dawn there was a note on the windshield. Not OK to park and sleep here, it read. Cowardly anonymous. And not how I recalled it here? OK, will move later. Maybe. Took a leak and leashed up ol' Duluth and headed out for a walk, checks things out. Quiet, like I say. Murmur of ocean, blowin' in the wind. Walked towards that. A small ramp and then out onto the sand. More fog; a bit of beach, more across and small outlet. Mountains behind. Sea birds. All right.

Up another ramp and along the water and into the town. Kinda like a movie set. The saloon was open but so was a little place just across that sold me some fair decent coffee. And tamales for breakfast! OK. Working men getting fueled for work. A few other dogs sniffing each other out. They run free here. They don't need no weatherman.

Once the market opened I could buy all sorts of papers. I got 'em all, and went into the little neat park next door with my 2nd coffee and sat down to read. Yeah there were lotsa stories about me. And that award. Where was I? First songwriter to win it. Anybody ever turn it down? I wondered, and then it said, yep, Jean-Paul Sartre. Sartre! Damn. So would not be the first, but at least in good company. Doris Lessing just said "Oh No" when they told her. But she took it, and Yeats, Eliot, Faulkner, Neruda, Marquez all took it too. Yet hmmm, the first ever to get it was Sully Prudhomme, in 1901. Sully! Great name. Whomever and whatever. So much for literary immortality.

When they gave me that doctor's degree at Princeton way back when I afterwards decided I shoulda probably turned that down. I felt tricked. So I dunno. Then I read about a bunch of professors and writers and even songwriters disagreeing or agreeing about if I shoulda been given it. Pretty funny stuff. Who knows? I did write two books, and promised, sorta, another one or two volumes, right? Like Lord of the Rings or something. And they put my lyrics into books too, like poetry, more or less. I could put it up there next to the Grammy and the Oscar and the Pulitzer and the rest. But this one comes from dynamite money, right? And Kissinger got one. A master of war, one might say. I just dunno. Forget it for now. Plus, anyway, what am I gonna do with \$900,000? No hurry. Think about it all too much and what will I get? Writer's block, probably.

*Got up and wandered westward. Dentist, library, gas station. Stop sign. Crow on top. Hardware store straight on, left turn back towards van. Old church. Old but grand hotel. Liquor store, post office, bookshop. Nobody at bookshop so I checked it out. Free? No, honor system, pay what you think. Right on. To live outside the law one must be honest and all that. Some good stuff in there too. Poets, novels, nature. Whitman, Thoreau, the greats. Then I saw MY book. Volume One, it said. 2004. Oops. Been awhile I guess. Times passes

fast, but gotta serve somebody and I've been serving the road. I opened it up, and whoa, right to the page about that Princeton degree and ceremony. Fleeing, thinking, I was losing my credibility by the minute. Sure was glad to get outta there alive.

I found a pencil and signed the book and put it back. First one I ever signed and nobody would believe it anyway. Like just the other day, they put the award thing up on my website, so I had to call 'em from a phone booth - try and find one of them these days - and tell 'em to remove that, after I read about it in the papers. Hell, I've never even seen my website.

Walking out onto the road again, saw some surfers suiting up in them funny black suits. Surfers! Still watch them sometimes in Malibu. What a thing, riding waves, in and out, over and over. Maybe if I'd been a surfer I never woulda felt like I had to write all those songs and get in all this mess. And that award. What if they call me "spokesman of a generation" again or some such crap? What if they start digging through my garbage and crashing through my roof again? Almost enough to make somebody wanna get a gun. But of course that tends to backfire, literally. Maybe I can hide out here forever, even. Should be pretty easy to find a place to live, right? Sit up on a cliff and look out over the ocean and see which way the wind blows. Don't need no weatherman for that.

Hey, just occurred to me, Ramblin' Jack lives round here somewheres, just up the coast I think, maybe I can find him and ask him what he thinks. He's been to the White House too for one of these things. Hell, maybe I can just give him the award. After all he was one of the guys got me into this in the first place. But don't think twice, Jack. Not your fault.

I think I'm gonna walk around and around and around this beach and town freewheelin' like a rolling whatchamacallit until I figure it out - award or no award? How to live outside the law and still be honest? Change my name again, too, most likely. What should I do? don't wanna leave no blood on no tracks.

Award or no award, it's all a simple twist of somethin.' What to do? As some other nut just said, maybe I will hold you in suspense.

*For the story of Dylan actually showing up in town in 1974 and using the old pay phone outside the BPUD on Elm, see:
When Bob Dylan Came Calling, by Ellen Sander
<http://ellensander.com/dylancalls.html>*

Bob Demmerle for School Board

Bob Demmerle has been my neighbor for 18 years. I support him for the Bolinas Stinson School Board wholeheartedly. Let me tell you why. Over the years I have come to know Bob, his wife Maud and their two daughters extremely well. They are a great family. I have constantly turned to Bob for help with problems with our house, environs, gadjets, et al. He can fix everything, and when he does a big project, he uses his training as an artist as well as a contractor to make the result truly aesthetic. No matter how busy he is, he has always helped me solve my problems and has explained his solutions. He will bring this kind of energy and intelligence to the School Board.

I have also witnessed Bob's skills as a parent and his enduring interest in the school. He is passionate about making the school a great leaning center for all its students, by working on academics and by promoting social and emotional learning. Having been active at the school overseeing games at recess, he has noted that some students can feel left out because of the forming of cliques. In a small school, such as ours, this can result in painful isolation. Promoting social and emotional learning will help to remedy this and bring greater harmony to our students. I urge you to vote for Bob Demmerle for school board in the coming election.

Sadja Greenwood

WHAT HAPPENED THIS WEEK
10-31-16 Monday Morning Recap
from Jenniepfeiffer

There were a couple of cozy "hunker down" rainy days the past week, bringing out the blue tarps of winter, and bringing us to this last day of October, Halloween day, a time when the veil is thin between the here and the hereafter. It is a time for visits by haints and goblins, politicians and children in costumes, out looking for treats or votes - so don't forget to breathe, don't panic, relax, take care. It is for sure time to "Go Slow in Bo". There were some excellent costumes Saturday night in and about the Community Center at the "Out of this World" 2nd Annual Land Trust fun fundraiser for affordable housing. Music was by Soul Ska Band, with Jonathan Korty doing a double header on the keyboard, BCC first, then a 2nd shift down the street at Smiley's. There will be another opportunity to get your scary on tonight, when the Center will again be open at 6:00 for some Halloween fun, with music by the Coastal Scrubbers & RKS, and food by Dave Cook and John Glavis so it's bound to be excellent.

I missed last Monday's Recap, too involved with the clean-up and recovery from the epic Bolinas Soccer Birthday Bash, with 43 years worth of memories recounted by a vast reunion of generations of soccer players from far and wide. Wilson Burroughs showed up from Ohio, looking just like the Wilson of decades ago, playing guitar along with the banjo and fiddles of Ned, John, Richard, and so many others, playing the same old tunes, singing the same old songs, like all those years never happened. It was a heart exploding afternoon and it was amazing and outstanding that so many people were able to get there.

Around and among and in between the parties and festivities we have had to endure the political fever pitch and the endless Measures and Propositions. I have thoughts and opinions, of course, which I will try to put in cogent form and submit, if not in time for today, then for Wednesday's paper. I recommend also, some excellent in-depth research you can access on line, if you do that, by going to VOTEALIX.com and checking out her voter information page.

There was a Candidates Night at our last School Board meeting and all three candidates were very impressive. Cyrus Harmon is the incumbent and has put in many long hours for the District, working on the tech committee, and the fiscal oversight and facilities committee. Bob Demmerle has been a parent volunteer for years, working on P.T.O. and the School Site Council, coaching, spending time with morning playground activities, and is very interested in school social climate considerations. Georgia Woods is a Bolinas-Stinson alumni, a school parent, and a PhD in neuroscience doing continued research in that area and teaching college level science. She is keen to enhance the school's math and science program and, as an artist, also supports the art program, which is true for all the candidates. So it's an excellent group and we can't go wrong any way you vote.

For a break from elections, I recommend a visit to the Bolinas Museum. The BOUNTY exhibit is excellent and is a beautiful presentation of all things about the food of our Coastal Area. Elia Haworth and Sandy Dierks and so many others are to be congratulated on this outstanding exhibit that has added a beautifully filmed Marc Sanchez documentary interviewing many of our ranchers & farmers, some of whom will be at a Museum sponsored event at the Community Center this Saturday. Check the Hearsay calendar for the particulars.

For me personally, the week has included staying abreast of what is happening in North Dakota at the Standing Rock Sioux encampments established to protect the waters of the Missouri River (and all the connecting waters including the Mississippi River), from oil contamination. The Dakota

Access Pipeline is scheduled to use fracking to go under the Missouri River, carrying oil through our heartland to the Gulf of Mexico for shipping to other countries. Pipes rupture. Many have already, causing irreparable harm. It is heartbreaking to see the massive arms turned against these peaceful people. It has been brutal. I have called Obama, written letters, signed petitions, and still feel helpless to stop this atrocious behavior by so-called law enforcement troops. Jesse McCollum has been our community point person to keep us informed with internet postings. He is planning his second trip there, so if you have non-perishables, warm clothing, or cash to contribute, you can get things to him today or tomorrow. He can be found at the People's Store.

Hate is not the answer. It only brings more hate and ultimately violence. I don't want our country to become a Syria or other war-torn country. Love and respect are essential to keep the species moving forward. So on this Hallowed Eve, please take a moment to offer whatever sort of prayers or good thoughts you can put out there to hold innocents & these brave water protectors in your heart. jp

THREE GREAT THINGS ABOUT THIS PLACE...

- **Samhain, the pre-Christian Celtic observance marking the half-way point between the fall equinox and winter solstice, when the spirit world is most accessible; a time to come to terms with darkness.**
- **First morning walk after the rains, feeling the thirsty earth awakening.**
- **One of Marin's best Irish music sessions, tomorrow night (first Tuesday of the month) at the Mayflower Pub, San Rafael.**

--Ned Riley

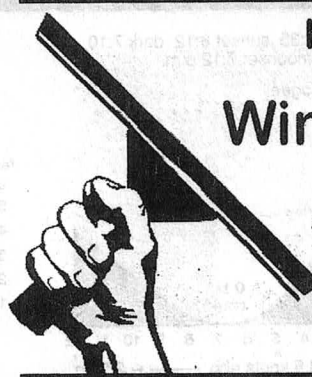
ANNOUNCING EXECUTIVE DIRECTOR POSITION

The Bolinas Community Land Trust, a non-profit organization, dedicated to creating and sustaining affordable homes in Bolinas is looking for a new Executive Director. Key responsibilities include program development, administrative and financial oversight including fundraising and grant writing.

For a complete job description and instructions on how to apply email:

bolinaslandtrustjobsearch@gmail.com

PLEASE NO PHONE CALLS! We are presently short-staffed so phone inquiries may not be returned. Thanks for your consideration.



Ken & Sam Levin

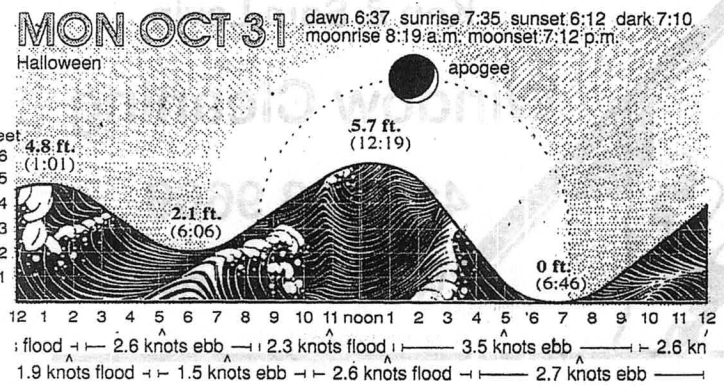
Window Cleaning

415.663.9669

West Marin's Best

KWMR RADIO SCHEDULE

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6:00	DAWN					WEEKEND DAWN	
	KWMR Music	KWMR Music	KWMR Music	KWMR Music	KWMR Music	As It Happens (CBC)	KWMR Music
7:00	NEWS & KWMR MORNING SHOWS					MORNING MUSIC, TALK & NEWS	
	Day 6 (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happens (CBC) (repeat)		
8:00	With Eyes Open! / A Cuppa Jo	Rise and Shine	Swimming Upstream	Top of the Morning / Pieces of Peace	La Mañanita Alegre	Morning Glory	Sunday Baroque
9:00	Park Wave-lengths / The Valley / Sound Science	Airwaves	Trash to Treasure / Fish Tales		Specials	The Vicarious Traveler / Original Minds	
10:00	TURNING PAGES					Day 6 (CBC)	Sunday Celebration
	At Nature's Pace	Reading / Vinyl Cafe to John (repeat)	Waves of Joy / Radio Bookmobile	For Children of All Ages / Casual Footsteps	Libro Abierto		
11:00	TALK & CURRENT AFFAIRS					Vida with Saga / Tallgating	
	Trailer Talk / The Bloneers	Spirit & Mind / Questing	Cuerpo Corazón Comunidad	Let's Talk	new Reveal	Specials	
12 pm	Farm & Foodshed Report	New Dimensions	Planetary Radio / Making Contact	Attune-ment / Common-weal Conversations	new Alternative Radio	AFTERNOON MUSIC	
1:00	Ocean Currents / Post-Carbon	On Being with Krista Tippett	Climate One	Art's Desire / Hot Tech/Cool Science	Peace Paradigm / The Local Organon	Forms and Feelings	Happy Days / Jazz Rhythm
2:00	AFTERNOON MUSIC						
3:00	Cruisin'	Aztec Pride / Desde La Bahía	Classical Wednesday	Classical Thursday	Classical Friday	Hawai'i Calling / The Scoring Stage	The Vinyl Café
4:00	Art of the Song	Youth DJ Project / Prof Kosmo	Youth DJ Project / Prof Kosmo	TeaTime Books (Coastal Airwaves)	The French Touch	Learning Curve	To Hell & Bach
5:00	NEWS & CURRENT AFFAIRS				Happy Hour	Circulo Musical	
	Epicenter	Epicenter	Epicenter	Epicenter			
6:00	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)		EVENING MUSIC & DRAMA	
	EVENING MUSIC						Elbow Room / Between Rock & A Jazz Place
7:00	Release Me	Musical Varleté	Faultline Radio	Bakersfield & Beyond / Shorty's Bunkhouse	No Bad Vibes / Specials	Celtic Universe	Classic Radio Theater
8:00	Sessions from Chicken Point / Silver Dollar Jukebox	DJ Your Life / West County Prowl	Coast Highway Blues	Off The Cuff / Running With Scissors		The Jazz Groove	L.A. Theatre Works
9:00							
10:00				Sit Down! / Get Down!	Night Flight / Bring It On Home		
11:00	Forms and Feelings (repeat)	Stuck in the Psychedelic Era with the Hermit	Sonic Sunspots	Under the Needle	The Latin Alternative	Saturday Night Function	Rock of Ages
12 am	LATE NIGHT					LATE NIGHT	
	DeepWaking 12-1	KWMR Music	Sunspots to 1:30 KWMR Music	Best of British	Radio Goethe 12-1 KWMR Music	The French Touch (repeat)	Grateful Dead Hour



FOR RENT

ART STUDIO (NON LIVE IN) 600 SQ"-CLEAN, QUIET, BEAUTIFUL light \$750/MO., , heat & electricity included. Perfect for artist(s), writer (s), yoga/pilates studio or....Bolinas Mesa 415-233-2745

PB 11/16

868hearsay@gmail.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day. Or request a link to the password-protected website to read online plus info on how to subscribe.



LOST AND FOUND

LOST: BLACK CAT 2 DAYS AGO NEAR CEDAR above Poplar. Please call 415-8606648 if found – reward.

SH 10/24

FOUND: ON EVERGREEN-MAC BOOK PRO belonging to Monica? 868-1597 Angela Vernon

AV 10/3

LOST: PHONE & PHONE BOOK 8/29 ON THE MESA IF found call 415 868-0882. Thanks

JM 8/31

LOST: CAR KEYS IN LAWN. DOES ANYONE HAVE A METAL detector I can borrow? Bill Lyons 415-868-1937

BL 8/24

FOUND: RETAINERS, TOP AND BOTTOOM IN GREY case that says "Vivera retainers" on it. If these are yours please call 415-233 8736 to claim-Amber Distasi

AD 8/22

OUR FRIEND LOST HIS WEDDING RING ON SATURDAY July 16 at the channel. Hoping a friendly sea creature found it. It says "DJ" and a date. Call 9525 if found.

AW 7/18

LOST:WOMAN'S WEDDING RING- GOLD, ON BEACH? Phone 916- 606- 4265

? 7/18

CLASSES



Weekly Classes and Events Schedule

MONDAY

Somatic Exercise w/Cenize Rodriguez	8:45-10:00am
Bo Babies & Toddlers Open Play Group (free)	10:00-Noon
Pilates w/Lisa Townsend (pre-register 868-0473)	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15

pm

TUESDAY

Diaspora for Elder Women w/Amber Hines	9:00-10:15am
Senior Stretch W/Anna Gottreich	11:00-12:00 pm
Core Contact Dance Class w/Lisa (teens & adults)	6:30-8:00pm

WEDNESDAY

Pilates w/Lisa Townsend	8:30-9:45am
After School Theater w/Lisa T	3:30-5:00pm
Diaspora w/Amber Hines	6:30-8:00 pm

THURSDAY

USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00-7:30 pm

FRIDAY

Pilates Mat Class w/Lisa Townsend	9:00-10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00pm
No Place Like Home (Free Brunch 4 th Fri of Month)	10:30-11:30 pm

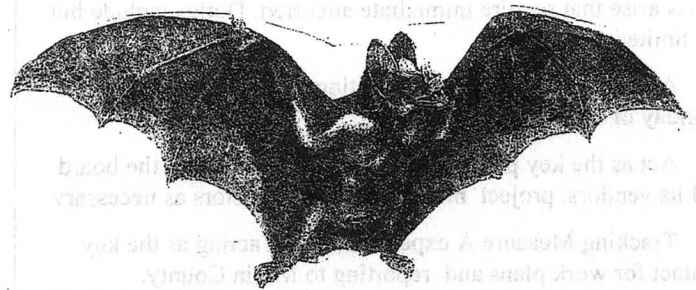
SATURDAY

Diaspora Dance w/ Amber Hines	9:00-10:30 am
Youth Dance w/Lisa 7-9 year old(starts Nov 5 th)	11:00am-Noon

SUNDAY

CommUnity Night (see website for details)	Noon-6:00 pm
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Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit www.bocenter.org for more info & special events!



Classified ads that are free

As a public service, the Bolinas Hearsay News will print ads in the categories **LOST & FOUND, FREE and RIDE SHARE** at no charge. Maximum approx. 20 words, it will run at least one week, often longer.

Drop your ad through the slot in the door at our office on the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com

FREE

7 FOOT ARTIFICIAL CHRISTMAS TREE with built in lights. FREE to non-profit entity. 868-1618

AS 10/28

HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door

SERVICES

CONFLICTS? DISPUTES?
WEST MARIN MEDIATION CAN HELP-
confidential, effective, impartial, free. 415 459-4036

SG X

BRUSH TO MEADOW TRANSFORMATION
Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING
Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE
Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS
a Súbaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

HELP WANTED

POSITION ANNOUNCEMENT:

Maintenance/Bus Driver at Bolinas Stinson School, Full-time,
12 month with benefit package; Application/Description at
bolinas-stinson.org. or 415.868.1603

JS 10/31

NEEDED-PART TIME PARK MANAGER

Firehouse Community Park Agency is looking for a Park
Manager. This is part time position averaging approx. 10 hours
per week. The Park Manager will be responsible for both the
Downtown and Mesa Park facilities. This is an 'at large' position
and the manager needs to be available by phone or email should
issues arise that require immediate attention. Duties include but
not limited to:

- Attending monthly board meetings. (Board meets 2nd
Monday of each month)
- Act as the key point of communication between the board
and its vendors, project managers and contractors as necessary
- Tracking Measure A expenditures and acting as the key
contact for work plans and reporting to Marin County.
- Update and maintain website as needed.
- Consulting with the board on findings during your duties
- Overseeing the maintenance of both facilities and
facilitating maintenance work as needed.
- Act as the first point of contact with the public when issues
arise and reporting any issues to the board.

As a part time position some days there may not be anything that
needs attention but the manager must be available should an
issue arise. We would prefer to hire someone local to west Marin
as very often things come up that require the manager coming
down to speak to someone, or unlock a door, or knowing who
the key players are in Bolinas. Knowledge of wells, irrigation,
and local water issues a plus. Salary commensurate with
experience. Please send your resume along with a brief
introduction telling us why you are a good fit for this position to:
mesaparkboard@gmail.com www.bolinasparks.org

HEALTH & HEALING

June McAdams, RN
Compassionate and Skilled
Hospice Care Home Care
Newborn to Elders
Coastal Marin Only
More than 39 years nursing experience
(415) 868-9052



HERBALS SALE!

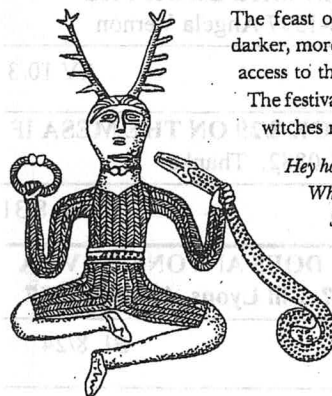


TINCTURES & TONICS SKIN CARE & SALVES
OODLES OF OTHER SEASONAL
ESSENTIALS & TREATS!

SATURDAY, 11/5 9AM - Noon
305 OVERLOOK, BOLINAS

31 October

Samhain Eve/Halloween/Goddess month of Samhain commences



The feast of Samhain marks the onset of a
darker, more introspective time of year, when
access to the otherworld is easier than usual.
The festival is also known as Halloween, when
witches ride abroad:

*Hey ho for Hallowe'en,
When all the witches are to be seen:
Some in black, and some in green,
Hey ho for Hallowe'en!*

The Pagan Book of Days
By Nigel Pennick
Submitted by June McAdams

