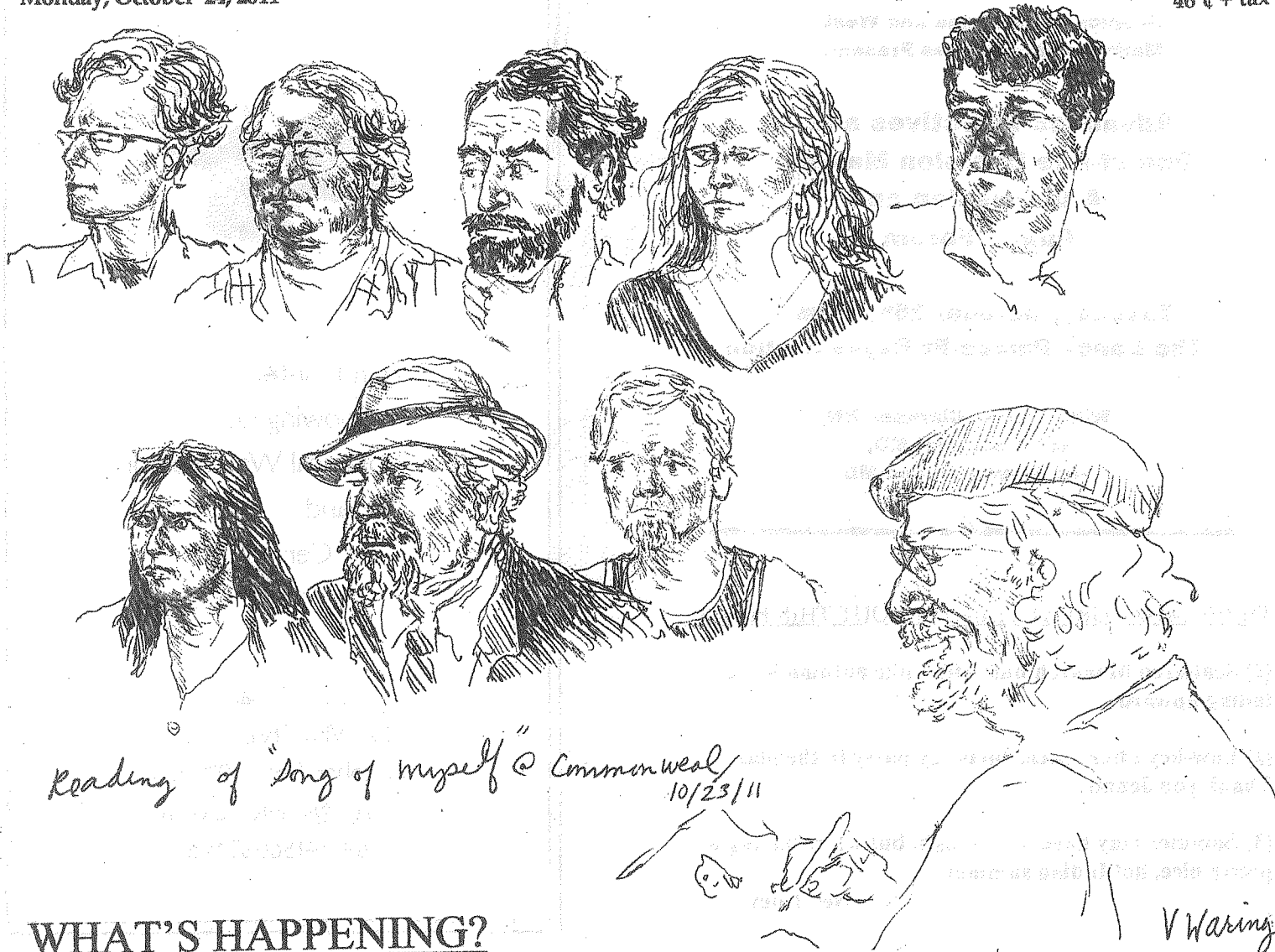


# Bolinas Hearsay News

Monday, October 24, 2011

46 ¢ + tax



## WHAT'S HAPPENING?

Monday, October 24

### COAST CAFÉ CUSTOMER APPRECIATION

Free food & music @ Coast Café, 5pm

### ZEN EVENT

w/ Zen teacher/psychotherapist Chuck Hellig @ Dance Palace, Pt Reyes, 7:30pm

### FIRE DEPARTMENT

Regular monthly meeting of the Board of Directors @ Fire House, 100 Mesa Rd, 7:30pm

Tuesday, October 25

### SANDY LEON VEST

"How best to challenge Obama in the 2012 elections" on the Progressive Radio Network

([www.progressiveradionetwork.com](http://www.progressiveradionetwork.com)), 3pm PST

### DISCUSSION & PUBLIC FORUM

"Advanced Directives and End-of-Life Decision Making" Dance Palace, Pt. Reyes, 7pm

Wednesday, October 26

### MIDNIGHT ON THE WATER

Bolinas contradance band plays for Smiley's celebration of all October Birthdays, 7:30pm. Free. Free cake, too.

### DALE POLISSAR TRIO

With Si Perkoff, Panama Hotel, San Rafael, 7-10pm

Thursday, October 27

### FOOD GIVEAWAY

By the SF and Marin Food Banks in cooperation with the Bolinas Community Center, Community Center, 12noon

### COAST CAFÉ CONCERT SERIES

Food & drink specials & free music @ Coast Café, 7pm

### CROSBY TYLER

New band showcase @ Smiley's, 8:30pm

Friday, October 28

### CULANN'S HOUNDS

Live Irish/Cajun/rebel music @ Smiley's, 9pm

Saturday, October 29

### THE ROARING COAST VARIETY SHOW

Audition for the show, Community Center, 1-3pm

### SAVANNAH BLUE

Live Bluegrass & newgrass music @ Smiley's, 9pm

Sunday, October 30

### BOLINAS POOL

Spaghetti Dinner and music, Community Center, 5pm

Monday, October 31

### STINSON BOLINAS COMMUNITY FUND

Deadline for grant application. Info: [belle-wood@att.net](mailto:belle-wood@att.net)

### HALLOWEEN

Trick or treat!

Tuesday, November 1

### ALL SAINTS DAY/DIA DE LOS ANGELITOS

Honoring young children and those who died unexpectedly in car crashes

Wednesday, November 2

### SAMHAIN

Celtic celebration of the onset of winter

### DIA DE LOS MUERTOS

Honoring our ancestors

Sunday, November 6

### THE ROARING COAST VARIETY SHOW

A benefit for the Bolinas Community Center, 5pm

Pasteup:

Ned Riley

Books/ads:

June McAdams

Press:

Jeff Manson

Hospice of Petaluma and West  
Marin Senior Services Present:

**Advanced Directives and  
End-of-Life Decision Making:  
A Discussion and  
Public Forum**

**Tuesday, October 25<sup>th</sup>, 7 PM  
The Dance Palace-Pt Reyes Station**

**With Cynthia Clarkson RN,  
Scott Schmidt MD,  
and Steve Hadland MD**

THREE MORE GREAT THINGS ABOUT THIS PLACE...

(1) Scattered Monarch butterflies like autumn leaves  
falling upward.

(2) Low-key after-soccer birthday party in the plaza.  
Thank you Jennie.

(3) Summer may have been tough, but we're having a  
pretty nice, hot Indian summer.

--Ned Riley

Sandy Leon Vest will be on [commondreams.org](http://commondreams.org) all week,  
speaking to "The Magnetic Force of the Moment."

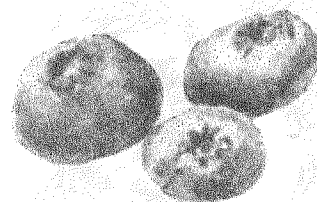
*This Week @ The Dance Palace*

**ADVANCED DIRECTIVES: A CONVERSATION AND  
HOW-TO PRESENTATION IN ENGLISH & SPANISH**

Please join us for a community discussion of end-of-life  
decision-making, and the perils and pitfalls of creating  
a meaningful advanced directive. Part three of a four-  
part series sponsored by Hospice of Petaluma, Coastal  
Health Alliance, and West Marin Senior Services  
7:00 p.m. / Free

**METALES M5 BRASS QUINTET**

Brassy, sassy, and classic: Metales M5 is Mexico's  
leading brass quintet. M5 programs range through the  
brass literature and include classical and world music,  
contemporary repertoire and pops arrangements.  
The five musicians break the barriers of musical  
genres as they take the blues to the opera and Bach  
to the roads of Michoacán. M5 mixes the well-known  
with the unexpected: surprising, virtuosic and always  
entertaining. With their skills for fine classical chamber  
music, showmanship, non-stop interaction with the  
audience, and Latin American charm, the group gives  
a concert that becomes a unique musical-theatrical  
performance. This project received support from  
California Presenters; WESTAF, the Western States Arts  
Federation; and the National Endowment for the Arts.  
Friday, October 28, 8:00 p.m. / Advance tickets  
\$24 general, \$22 seniors; At the door \$27  
general, \$25 seniors



**Carlyn Hunter**  
showing her  
Botanical Watercolours  
and  
Ceramics

Bolinas Gallery  
52 Wharf Rd, Bolinas  
October 16<sup>th</sup> - 30<sup>th</sup> 2011  
[carlyn@hunterco.com](mailto:carlyn@hunterco.com)  
tel. 14156063408

ARTIST NEEDS SOMEONE WITH  
PHOTOSHOP SKILLS... CAN PAY...

OSHEN 868 1419

**HAPPY HAPPY BIRTHDAY!!!**

**October 24:** Ned Riley  
Susan Braun  
Larry Ponder  
Phil Buchanan

**October 25:** Gene Marchi  
Taro Tuomi Smithson

**October 26:** Diana Alstad  
Ahren Tiller  
Waz Thomas

**October 27:** Rowen Damio Cooper-Caroselli  
Emmaline Craig

**October 28:** Butch (HD Lueker)  
William Matthew Henry  
Yoey Kahn

**October 29:** Jim Harrington  
Heather Cobb  
Erwan Bezie  
Flower Sierra

**October 30:** Richard Estrada

## MEETING AGENDA

### BOLINAS FIRE PROTECTION DISTRICT BOARD OF DIRECTORS

MONDAY October 24, 2011 at 7:30PM

Location:

Bolinas Fire Department Community Meeting  
Room 100 Mesa Road

The site is open to the public and is wheelchair accessible.

(This agenda is posted in accordance with the Ralph M. Brown Act, California Government Code Section 54950, et seq.)

1. Call to Order and Roll Call
2. Approval of Agenda
3. Fire Chief's Report
  - a. Update on Bolinas Road Access - Joint Committee
  - b. Update Fire and Water Districts Shared Personnel
  - c. Update on Terrace Avenue Surfer's Overlook
  - d. Maintenance Agreement with CHA
  - e. Fire Calls & Emergencies for September 2011
4. General Business
  - a. Action Item #1: Approve 2012 Kaiser Renewal
  - b. Discussion: Process for release of draft minutes
  - c. Discussion: Emergency only access and egress alternatives to closure of Terrace Avenue and Overlook Road
  - d. Discussion: Appoint BFPD Board representative to Resource Recovery Board
5. Consent Calendar
  - a. Approval of regular Minutes from September 26, 2011
  - b. Approval of warrant lists from September 20 - October 17, 2011
  - c. Approval of financial reports for August 2011 including account balances (pending)
6. Public Expression (The public may address the Board regarding matters not on the agenda.)
7. Committee Reports
8. Board Member Report
9. Personnel Matters
10. Good of the Order
11. Adjournment

## MONDAY MORNING WEEK IN REVIEW 10/24/11

JENNIE PFIFFER-RILEY RECAP

THERE WAS NO RECAP LAST WEEK. I went to Big Pink (that would be the Marin Civic Center in San Rafael) on Monday instead, to attend the Marin Transit Board meeting, with the Board of Supervisors. It was interesting to see that for the first time in my memory, the Board is mostly women, Steve Kinsey being the only man. I'm glad to see more women participating in elected office. We'll see what changes that may bring in tone, if any. I know it made me optimistic about having my comments be heard.

I went to this meeting to ask that there be a reconsideration of the proposed cancellation of West Marin Stage route 62, the route between Stinson Beach, Bolinas, and Pt. Reyes Station. There was one other person there to speak to this issue, and that was someone from the north end of the West Marin Coastal Communities. They have only one day a week service up Tomales way, with a very short turn around time. I am very sad to see this connecting route eliminated. It was destined to fail, with a schedule that was unworkable for the needs of most potential riders. The Supervisors did in fact vote to cancel this service due to low use, with some criticism from Marin Transit about the fact we didn't use it more. Why expect people to use something that doesn't work for most needs? Should we ride the bus just to keep something in place that is inadequate? Very few have time to do that and why would one? Should I take medicine that doesn't work when I'm ill because that's all I have? I have requested the Marin Transit coordinators work with the school's Green Team, a group of school and community members interested in moving toward sustainable solutions to environmental concerns. School music teacher Anny Owen, (who is the excellent organizer of the successful Walk and Roll to school program) has put in many hours on organizing a focus group to offer recommendations for better transport schedules. Unfortunately, the Transit authorities ignored this, giving us something that hasn't worked for most people - you can't take a bus to a job or to school when the bus only runs two work days a week.

What I would like to see is a connection of all of the West Marin towns, from Tam Junction to Tomales, in order to support a sustainable lifeline. I would like to see the successful Mill Valley route extend up to Olema, to connect with the Pt. Reyes buses heading to San Anselmo. I think we can make it work. We just need to sit together and confer with good intent. It seems to be controversial, however, so tough to negotiate. When I made a report about this at last Thursday's Bolinas White Caps meeting, it went from white caps to Tidal Waves, getting close to a tsunami of raised voices and differing opinions, but I remain optimistic that we can work out an agreeable solution. Calm heads, be they white capped or otherwise, must prevail. Anyone interested in working on this can attend the next Green Team meeting, which will be announced.

Staying connected with our West Marin neighbors feels right. Yesterday, the gathering at West Marin School for the Art Rogers "99%" photo was inspiring. There is strength in numbers and enough reasonable people working together can affect change. Let's "Occupy the Planet". In solidarity, Jenny Pfeiffer

## Smiley's

## POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

2nd Prize \$25

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311

## Go to Health: Swimming in Bolinas?

Why do I love the possibility of a swimming pool in Bolinas? Let me count the ways.

\*Children need to learn to swim – pools create a safe environment for classes and fun. If they want to surf, snorkel, dive or raft later on, here's their start. Right now, parents have to drive over the hill to get swimming lessons. Many can't afford the time or money. Every child should learn to swim.

\*Adults can exercise every part of their body in a pool at their preferred pace, pushing themselves for an aerobic effect, or going more slowly for a meditative swim. Either way, they will get an upper body workout that is missing in walking, jogging, and even biking. The benefits of upper body exercise for posture and a sense of wellbeing are not sufficiently appreciated. Classes in swimming techniques, water aerobics, synchronized swimming to music, and even water polo (a very fierce sport) could be popular and beneficial.

\*Rehabilitation after illness, injuries and surgery is enhanced by moving in the water. Due to buoyancy, body weight is much less than on land, and the impact of movement on joints is considerably less. Classes for older people and those needing rehab will be really beneficial, as our community is aging.

\*Swimming can be seen as a form of meditation and stress management, as the swimmer focuses on sliding through the water. No smart phones or ipods can survive in the water.

\*Swimming is good exercise – and thereby has so many benefits that

DATE: October 21, 2011

Contact: Janell Myhre, Emergency Services Coordinator, Marin OES. 415-250-3084

### County to coordinate Tasu vessel salvage.

*Marin County coordinates with NOAA and the community to fund the salvage of the Tasu vessel stranded at Stinson Beach.*

San Rafael, CA – Today, Friday, October 21<sup>st</sup>, 2011, the County of Marin began steps to salvage of the Fishing Vessel Tasu which has been stranded on the shoreline at Stinson Beach. The National Oceanic and Atmospheric Administration (NOAA), the vessel owner and the Stinson Beach community raised partial funds

recounting them leaves you breathless!

For cancer prevention, the National Cancer Institute cites numerous studies on colon cancer prevention – adults who increase their physical activity can reduce their risk by 30-40% relative to those who are sedentary, regardless of body mass index. Breast cancer risk is also reduced in women who do 30-60 minutes a day of moderate to high intensity physical activity. Recurrence rates of breast and colon cancer can also be decreased by exercise. Exercise has been shown to protect against uterine cancer and lung cancer. Unfortunately, numerous studies do not show a decrease in prostate cancer in men who exercise. For heart disease prevention – exercise increases high-density cholesterol, which is a good thing, and reduces triglycerides, also beneficial. It strengthens the heart, improves circulation, and helps your body use oxygen better. It lowers blood pressure. All that – and - it helps to promote weight loss, muscle strength, and better-looking bodies! Swimming does not stress the bones, and is not effective in preventing osteoporosis, so swimmers need to walk, jog or do strength training in addition.

Next Sunday, October 30<sup>th</sup>, there will be a community meeting to explain a plan to build a swimming pool in Bolinas., and to answer all questions. Call 868-5667 if you want to attend, or send an email to [info@ThePoolinBolinas.org](mailto:info@ThePoolinBolinas.org). A free spaghetti dinner, including gluten free pasta, will be served. Arrive before five – music will be playing too.  
*Sadja greenwood MD back issues at [sadjascolumns.blogspot.com](http://sadjascolumns.blogspot.com)*

to complete salvage operations. Marin County will fund the remaining amount.

Marin County Public Works Department will lead the effort. Global Diving & Salvage Inc. has been selected as the salvage contractor and they have been given an immediate authorization to proceed.

Mobilization of equipment and personnel to the Seadrift beach area will be occurring over the weekend. Dive team personnel is expected to arrive Saturday and heavy equipment will begin arriving on the beach Sunday and Monday. The salvage operations should be complete in two weeks.

To keep the community informed a town hall meeting is scheduled at the Stinson Beach Community Center this Monday night, October 24<sup>th</sup> from 6-8pm. Salvage operation details will be reviewed and the salvage contractor will be on site to answer any questions.

An updated schedule of salvage events will be provided Tuesday, October 25<sup>th</sup>, 2011 on the county's website at [www.co.marin.ca.us](http://www.co.marin.ca.us).



## SI, DALE, AND BLAKE PLAYING PANAMA

Give yourself a dining treat and come have dinner at the Panama Hotel in San Rafael this Wednesday. I'll be playing there in trio, with the wonderful Si Perkoff on piano and Blake Richardson on bass.

The Panama serves really delicious food, and the setting is elegant, a charming old hotel building in a residential neighborhood.

We play 7 to 10 p.m. If you're coming from Olema, turn right on "D" Street and go several blocks to the corner of Bayview.

Dale Polissar

## LIMERICKS FOR NED ON HIS BIRTHDAY TODAY

There is a fine man named Ned Riley,  
Whose demeanor is cheerful and smiley.  
Though he's three score and ten,  
He plays soccer and then,  
He fiddles and dances quite spryly.

Let's pass round the Bushmill's to toast  
Monday's "Hearsay" editor host,  
Who will carefully paste  
News we read in great haste  
To find Three Things he loves here the most.

submitted with Happy Birthday love from jenniepfeiffer

*Happy Birthday, Ned!*  
*Thanks for 14 wonderful years*  
*with Midnight on the Water*  
*With love from*  
*Avis, Hawk, Jenny, Lewie,*  
*Linda, Maryellen, Sadja*

For Ned

Soccer hero poised to entice  
the opposing player into  
giving up the ball for a smile.

Edward Pohlman

In Bo there's a guy named Ned  
Who has millions of words in his head.  
He also plays fiddle  
And bends in the middle  
His smile is as big as a shed.

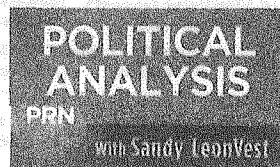
Ned Riley's a good ole man  
Does everything that he can  
To keep us together  
A messenger of weather  
and things  
That just float in his head

Ned Riley the great ball knocker  
Spends Sundays with friends playing soccer.  
He loves to play fiddle  
His fingers don't twiddle  
Even asleep in his rocker.

Ned caps the week's news for us all  
His columns as good as his ball  
He's a good Irish fiddler  
Who isn't a twiddler  
But a man who has heart for us all.

R & M Garrigues

Can Progressives organize a viable alternative  
to President Obama in the 2012 presidential primaries?



Tune in to PRN on October 25, 2011,  
to listen to a civil debate between  
journalists David Swanson and Joshua Frank  
on the Progressive Radio Network  
([www.progressiveradionetwork.com](http://www.progressiveradionetwork.com)).

This first-of-a-kind conversation  
on progressive electoral strategies for 2012  
will be moderated by SolarTimes editor  
Sandy LeonVest.

"Challenging Obama in 2012  
-- A Civil Conversation on Progressive Electoral Strategy"

Tuesday, October 25, 2011 at 3pm PST

Being present today at Commonweal for the reading of Walt Whitman's *Song of Myself* has filled my Self with rejoicing. Hearing familiar and strange voices, sitting near and around friends and strangers was an experience that unified us all into one big HUMAN BE-ing.

The words of his poem wove us together as equal parts of a whole. It sings happily of being Who I am, Where I am, As I am.

I humbly thank the 52 readers who shared with us the reading of Whitman's 52 verses in *Song of Myself*.

Submitted by Maria Garrigues

90.5 FM / 89.9 FM  
WWW.KWMR.ORG

Mon			Tue	Wed	Thu		Fri	Sat		Sun
6	KWMR Overnight Music		The Weekly Feed 12-1 am	KWMR Overnight Music	Sonic Sunspots to 1:30 am.....then, KWMR Overnight Music		Grateful Dead 1-2 am KWMR Overnight Music 6-7 am Classical Music	KWMR Overnight Music		KWMR Overnight Music
7	Democracy Now!		Democracy Now!	Democracy Now!	Democracy Now!		Democracy Now!	Morning Glory		Daybreak
8	With Eyes Open	Good Morning West Marin	Wake Up West Marin	Hump Day	Morning Blunder	Swimming Upstream	Barrio Vibas	# Gregory DeMascio # Annaka van der Veen # Guest Hosts		# Gregory DeMascio # Annaka van der Veen # Guest Hosts
9	Peter Asmus	Susan Debder	Ann Gessert Raul Galiyet	Jimmy G Dave Cook	Howard D. Mary S. Charlie D.	Mike Litchfield Amanda Eichstaedt	Augusto Conde	Original Minds Ella Haworth	Vicarious Traveler Vicki Leeds	Sunday Celebration of Sacred Music Rick Clark
10	Turning Pages # Janet Robbins # Lyons Filmer		Turning Pages # Neshama Franklin	Turning Pages # Joy Maslitz # Vinyl Café	Turning Pages # Kerry Livingston		Turning Pages # Bilingual Storytime	Krista Tippet On Being		10 am BirdNote
11	# Park Wavelongthe L. Farley # Specials		#1/3 Love is on the Air McGee & Taylor	Making Contact	NEW An Organic Conversation		Nuestros Niños	Viewpoint	The Place We Live	
	The Bioners		#2/4/5 Questing Calpestri & Mickelson	Public Affairs Specials	Helge Holberg & Mark Mulcahey		Marisol Muñoz-Klehee	Ellen Shehadeh	Marc Matheson	
12	Farm&Foodshed Report Robin Carpenter		New Dimensions Michael&Justine Toms	Alternative Radio David Barsamian	Attune-ment Anthony Wright	Common-wealth Conversations	Your Own Health and Fitness Layna Berman	Americana Delights		Happy Days Marcie Judelson
1	West Marin Matters #1 Steck #2/4 Gong & Stephan #3/5 Faure-Brac		Spirit & Mind Anthony Wright	A World of Possibilities Mark Semmer	Philosophy Talk Ken Taylor John Perry		Parent Talk Susannah Baldwin Ph.D.	# Will Miner # Guest Hosts		Jazz with Kendrick Rand
2	Cruisin'		What's New?	Classical Wednesday	Classical Thursday		Classical Friday	World Playground		Riverwalk Jazz David Holt and Jim Callum Jr.
3	Rick Clark		#1 Jima & Tammy # Specials/Guest Host	#1/5 Specials #2/4 Norman Masonson #3 Susan Debder	# Susan Santiago # Leland Robins		#4 Susanna Henderson  #1/2/3/5 Specials	#1/3 Susanna Henderson #2/4 Mark Potts		Vinyl Café Stuart McLean
4	# Aztec Pride Jorge Ramirez # The Latin Alternative Norek & Lechner		Art of the Song John Dillon and Vivian Nashit	Julie Metz: #Art's Desire #Tech/Science #5 Vickie Coastal Airwaves	TeaTime Books Mimi Calpestri & Howard Dillon		NEW TIME	Circle musical Jesus Martinez		Rhythm & Muse #1/3 Learnin' Kirven Brian Kirven
5	Morning Shows (repeat) # Raul # Mike Litchfield & Amanda Eichstaedt		Sabrina Ardel's Trailer Talk # ViewPoint (repeat) Ellen Shehadeh	Open House Epicenter: #1 Pt Reyes Dialogues, Needelman	Open House #1: Tomas de Inmigracion	Krista Tippet On Being		Happy Hour Liberacha		#2/4 To Hall & Bach Beth Underwood
6	Trash to Treasure Hope & Schulander		#NEW Feminine Mystic Wendy McLaughlin	#4/5 Coastal Health Alliance, Anna O'Malley	Ridin' the Rails: The Americana Express		NEW TIME	The Celtic Universe		Evening Buffet
7	The Hippie from Olema Jerry Lunsford		Musical Varieté Charlie Mergan	The Roots Gang: Mike V, Amanda, Pat, Will	Bakersfield & Beyond	Shorty's Bunk house		# Loretta Farley # Lyons Filmer		#1/3 Ears Akimbo's Elbow Room Paul Flowerman #2/4 Between Rock and A Jazz Place Grey Shepard
8	Radio Nachi	Silver Dollar Jukebox	Faultline Radio Jaime Crespo	Coast Highway Blues Larry Rippee	Story Hour Hearing Voices	Amanda & Mike V Shorty	Friday Funk Fest Fairfax Funkateer	Rick's Jazz Café		NEW The Ol' One, Sink
9	Nachi Conde Farley	Peter Martinaelli			Offramp Comedy Improv			Rick Clark		Patrick Kieeman
10	Mixtape # Something Sound Jacoba Charles						Magic Radio Chris Breyer	Professor Kosmo Plays The Blues		Reggae Radio
11	# Amateur's Guide to Life Christian Anthony		The Latin Alternative	Sonic Sunspots Tony Palmer	NEW MUSIC SERIES Stuck in the Psychedelic Era with the Hermit					DJ Zora

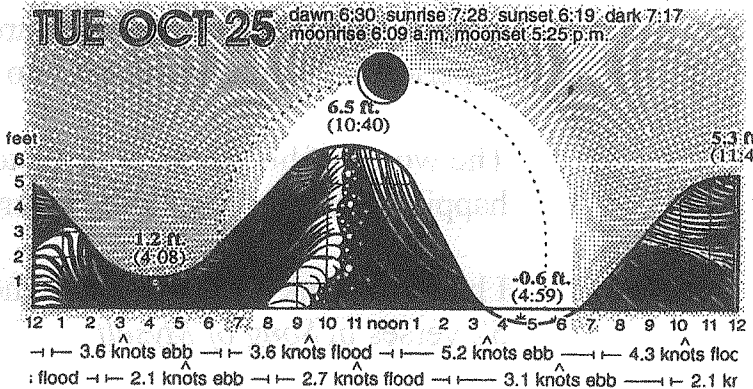
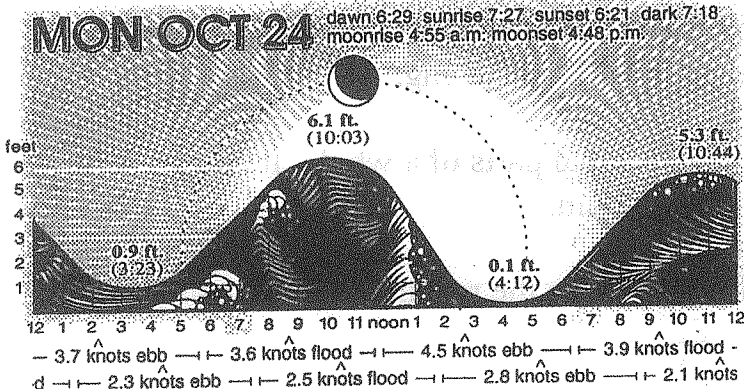
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Office (415)663-8068

STREAMING on KWMR.ORG

studio (415)663-8492/-8317





# HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

## HELP WANTED

### PROGRAM ASSISTANT FOR ISHI AT COMMONWEAL

The Institute for the Study of Health and Illness (ISHI) at Commonweal is in search of an experienced assistant for its Healer's Art program. The award-winning 20-year old Healer's Art course is taught to first year medical students at 70+ medical schools here and abroad, providing medical students with an opportunity to explore and ground their future practices in the time-honored values of compassionate healing and human connection.

We are looking for a creative problem-solver who is a master of details and enjoys helping others succeed; someone with executive level support experience and excellent computer and data management skills; someone with a collaborative spirit and a service oriented perspective who is seeking long-term, non-profit work in a small, unconventional work environment in a beautiful coastal setting. Other essential skills include:

- an aptitude for mastering new software and internet technologies quickly and easily
- excellent Excel and Filemaker skills with an understanding of database functions and capabilities
- excellent writing skills (grant writing skills a plus)
- experience organizing and streamlining filing and other business systems
- meeting and workshop planning and coordination
- building networks through social media

Experience in an academic setting or allopathic healthcare environment a plus.

The Institute for the Study of Health and Illness at Commonweal is an undergraduate and post-graduate professional development institute for physicians, nurses, medical students and other healthcare clinicians who wish to renew and strengthen their commitment to service, and reclaim the traditional values of compassionate care and healing as the foundation of medical practice. F/T with benefits. In-house only. Please send resume w/cover letter that outlines why you would be a good fit for this job and why you are interested in this position, along with salary requirements to [jobs@commonweal.org](mailto:jobs@commonweal.org)

TA 10/31



## LOST & FOUND

Black horn rim Foster Grant prescription eye glasses lost at Agate Beach-Sean. Contact Claire, or Howard @868-2144

HD 10/17

### Leather-bound journal found

It has some water damage "Operation Bloodhound"- this last week on beach below Palomarin Trailhead. Please call Steve @ 415-9022434 to identify/claim.

SH 10/17

### Hat Found

"Skipper Hat"- Call Howard to describe 8682144

HD 10/17

### Honda Keys(with remote lock)

Where: Evergreen between MESA and Poplar  
When: Saturday morning, October 8-  
Now at: Post Office bulletin board

DR 10/10

### Surfboard Found

Monday, September 26th on the beach. Please call to describe- Sandy-0205

SD9/28.

## ANNOUNCEMENTS

The Roaring Coast  
Variety Show  
A Benefit for the  
Fabulous, One and Only  
**BOLINAS COMMUNITY CENTER!**  
Sunday November 6th at 5 PM

Come show us your talent and audition at the center on **Saturday October 29 from 1-3 PM**  
The wackier the better! And all ages are welcome!!!

For more information and questions contact  
Kate Hawk at 415-300-6931 or email at  
[katefinneran@yahoo.com](mailto:katefinneran@yahoo.com)

KS 11/4

[hearsaynews@yahoo.com](mailto:hearsaynews@yahoo.com)

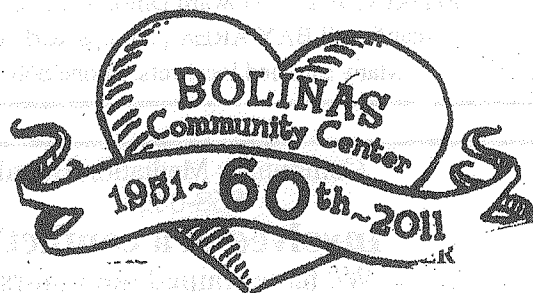
Submit articles and drawings by midnight for publication the next day. Request a link to the password-protected website. Thank you.

-- Michael Rafferty, Online Editor

## CLASSES

**DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!**  
sign-up free at the [newschool@commonweal.org](mailto:newschool@commonweal.org). Download past podcasts at [www.commonweal.org/new-school/events.html](http://www.commonweal.org/new-school/events.html)

NSx



### CLASS SCHEDULE 2011

#### SUNDAY

Yoga w/Trishna 9:00 - 11:00 a.m.  
Jujitsu w/Julian 7:00 - 8:30 p.m.

#### MONDAY

Pilates w/Lisa (pre-register 868-0473) 5:30 - 6:30 p.m.

#### TUESDAY

Yoga w/Trishna 9:30 - 11:00 a.m.  
Ariel Arts for kids w/Joyanna 3:30 - 6:00 p.m.  
(Info 868-8821)  
Zumba - Latin Dance Fitness w/Diane 6:30 - 7:30 p.m.

#### WEDNESDAY

Pilates w/Lisa 8:30 - 10:00 a.m.  
QiGong for Aching Joints w/Tania 10:30 - 11:30 a.m.  
Yoga Basics w/Trishna 5:00 - 6:15 p.m.  
Biblia en Español 8:00 - 9:30 p.m.

#### THURSDAY

USDA food bank 12:00 noon  
Congolese Arts w/Sandor 6:00-7:30 p.m.

#### FRIDAY

Pilates Mat Class w/Lisa 9:00 - 10:00 a.m.

#### SATURDAY

Back Oct. 22 Yoga w/James 9:00- 10:30 a.m.  
Children's Movement w/Lisa 11:00 - 11:45 a.m.  
(info 868-0473)

Check the marqué by the Library for special events at the Community Center. For Info. 868-2128 or [www.bocenter.org](http://www.bocenter.org)



## SERVICES

### SMILEY'S

SCHOONER SALOON & HOTEL

- INTERNET ACCESS • CHECK CASHING
- WESTERN UNION • ATM & CREDIT CARDS
- COLOR COPIER (B&W too)

41 Wharf Rd., Bolinas 415-868-1311

**HANDYMAN:** Carpentry, painting, home repair,  
Hauling too! 27 years experience. Local refs.  
Steve Hill -2310

SHx

**Firewood • Hydraulic log-splitting  
Chainsawing • Hauling • Dump Runs  
Cow Manure • Recycling • Metal Detecting  
Humane Animal Removal  
Skunk, Raccoon, Opossum & Yellow Jacket  
Carl Henry 868-1782 • Cell 259-7222**

X

**BRUSH TO MEADOW TRANSFORMATION.**  
Heavy duty tractor mowing/backhoe/roto-tiller/post-hole  
drilling/discing/plowing. Don Murch -0921

DMx

**AIRPORT?** Howard Dillon's fast, comfortable,  
car for all BAY AREA pick-ups, early or late.  
Many satisfied local refs. Phone 868-2144

MCx

Community Mediation Board  
868-0493  
**Involved in a conflict?**  
We have trained mediators.  
*Free, Confidential, Effective*

X

### The Illusion of Space

making small spaces feel

**BIG**

architectural renovation  
design consultation ... ZAKAS ...868.8818

Y

### MARITA STEFFEE IS AVAILABLE

For your interior decorating needs: pillows, cushions, slip-  
covers, staging, indoor and outdoor fabrics. 20 years experience.  
www.maritasteffee.com phone 517 2070

MSx

PLEASE DO NOT PUT DRINKS ON  
THE BEAUTIFUL PIANO IN THE  
FRONT ROOM AT THE BOOKSTORE.  
THANK YOU. -MICHAEL RAFFERTY, PROP.  
11/24



WOODRUFF PIANO



Galen Woodruff • Tuning & Restoration

P.O. Box 42 • Lagunitas, CA 94938  
(415)488-1298 phone • (415)517-4129 mobile  
galen@woodruffpiano.com

10-24

## HEALTH & HEALING



Wellness  
Works

Massage  
Healthy Guidance  
Doula Services

Dale S. Johnson

R.N. BSN. NP. CMT

Wellspring Center For Healing

3425 Highway 1 • Sausalito Beach, CA

415-868-1370 • Cell 415-342-4075 • H 415-868-1578

X



TAI CHI: HARMONY  
IN THE ART OF LIFE

- Balance Polarities
- Personal Instruction

www.TaiChiNature.us

CA 10/30

415-669-9720



## HOUSING WANTED

### TINA'S LAST CHANCE

If I don't find Long-term decent, stable housing NOW, I'll be  
having to leave town. No pets, smoking, harm to your place.  
Can pay \$1,200 and you'll always get it. Please call 2523.

TA 10/31

We are longtime Bolinas residents looking for a two  
bedroom house in town. We want to foster children but our  
current place, two bedrooms, wonderful garden, is divided  
into two buildings and isn't suitable for that. Also possible  
swap, perhaps our place works better for you and vice  
versa... Jennifer & Martin 868-9236

MB 10/24

### BOLINAS IS THE BEST PLACE IN THE WORLD!

Can pay up to \$500 for a room. 30 yr. old woman, Community  
oriented, Buddhist background, Surfer, Recent grad student, FT  
employed. Drama free. Open to work exchange. Hope to hear  
from you soon. -Danielle 415 261 8530.

DL 10/26

## FOR RENT

**LARGE 3 BEDROOM, 1911 ARTS & CRAFTS**  
bungalow downtown. Newly refinished hardwood floors  
throughout, fresh paint. Room for two cars in driveway. Great  
family house. Available Nov 1st. 626-6492. KB. 11/1

## For Sale

### Super cozy couch.

Nice condition and not unattractive!-\$250 Beautiful art deco  
settee, \$250. Ethan-868-2470.

EO 10/28

**PIANO, UPRIGHT, DECENT CONDITION,**  
some missing ivory veneer. Was a player piano in the 1920's.  
\$300/obo. Must come and get it. 626-6492 KB 11/1

## SERVICES

### CLEAR LIGHT WINDOW WASHING

"I can See again!" Call Dale-0782

DP 10/31