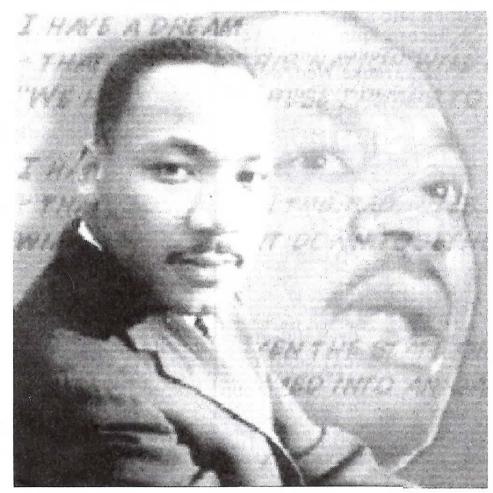
Bolinas Hearsay News

Monday, January 16, 2012



Art from http://www.johnnygoodtimes.com

WHAT'S HAPPENING?

Monday, January 16

MARTIN LUTHER KING JR HOLIDAY

Many offices & businesses closed including Post Office & Library.

MESA PARK

Special meeting of Board to pass revised budget for Irrigation Grant, @ Firehouse, 7pm

Tuesday, January 17

NEW KIDS PROGRAM, MEET 'N' GREET

Commonweal Garden, 451 Mesa Rd. 10am-noon For more info call Michelle 619-750-5932

Wednesday, January 18

UTILITY DISTRICT (BCPUD)

Regular monthly meeting of the Board of Directors, @ 270 Elm Rd, 7:30pm. (Agenda in last Friday's Hearsay News)

Thursday, January 19

BOLINAS-STINSON WHITE CAPS

Regular monthly luncheon meeting of area elders, @ Rod and Boat Club, Wharf Rd, 11:30am

COAST CAFÉ CONCERT SERIES

Live music, food & drink specials @ Coast Café, 7pm

THE LOW ROLLERS

New band showcase @ Smiley's, 8:30pm

Friday, January 20 LADY PASSION

w/ Epicenter. Live Virgin Islands reggae & R&B @

Smiley's, 9pm

cont. next page

HAPPY HAPPY BIRTHDAY!!!

January 16: Adrienne Pfeiffer

Carol Harmon

January 17: Tink Thompson

Lee Lightfoot (remembered)

Steve Heilig Desiré Wall

January 18: Franis Engel

David Gleason (remembered)

Laura Tabernik Jerry Burr George Gonzales Patricia Hickey

January 19: Ken Botto (remembered)

Mary Siedman Susan Sterrett

January 20: **Ruth Ireland**

> Warren Weber Tom Wredberg Sandy Leon Vest

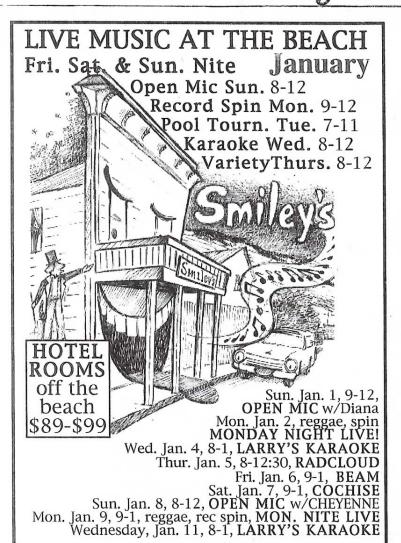
January 21: Kyla Green

Janie Tobin (remembered)

January 22: Carrie Angland

Ethan Funk Ray Moritz





Thurs. Jan. 12, 8-12, next gen. SOFI PRESENTS
Fri. Jan. 13, 9-1, JAZZ JAM w/ Michael Pinkim
Sat. Jan. 14, 9-1, big band, SWOOP UNIT
Sun. Jan. 15, 8-12 OPEN MIC W/CHEYENNE
Mon. Jan. 16, 8-1, reggae, rec spin, MON. NITE LIVE
Wed. Jan. 18, 8-12 LARRY'S KARAOKE

Thurs. Jan. 19, 8-12 THE LOW ROLLERS
Fri. Jan. 20, 9-1 soulfull reggae, R&B, direct frm Virgin
Islands LADY PASSION w/EPICENTER Sound
Sat. Jan 21, 9-1, blue grass, SAVANNAH BLUE
Sun. Jan. 22, 8-12 OPEN MIC
Mon. Jan. 23, 8-1, reggae, rec spin, MON NITE LIVE
Wed. Jan. 25, 7:30-9:30, Irish folk
MIDNIGHT ON THE WATER monthly birthday;
9:30-12:30 LARRY'S KARAOKE

Thurs. Jan. 26, 8:30-12, **SKY COUNTRY**Fri. Jan 27, 9-1 BEN MUSSER'S **BENYARO**Sat. Jan. 28, rockn' funk DIRTY HAND FAMILY BAND
Sun. Jan. 29, 8-12 **OPEN MIC**Mon. Jan. 30, 9-1, reggae, rec spin, **MON. NITE LIVE**

SMILEY'S SCHOONER SALOON & HOTEL 41 Wharf Road in Bolinas 415-868-1311

cont. from front page:

Saturday, January 21

BOLINAS COMMUNITY CENTER BOARD

Regular monthly meeting @ Library, 10am

SAVANNAH BLUE

Live bluegrass music @ Smiley's, 9pm

Monday, January 23

BOLINAS SCHOOL/STINSON PRE-SCHOOL

Special meeting of the Board & Community to discuss location of Stinson Pre-school, @ Bolinas campus, 6:30pm

Tuesday, January 31

BOLINAS/LAGUNITAS/SHORELINE SCHOOLS

Special joint meeting of three district boards to plan their administrative structures & needs, @ West Marin School, Pt Reyes, 4pm



The Dance Palace, 5th & B Streets
Point Reyes Station

Tickets at www.dancepalace.org

WINDFALL: A FILM BY LAURA ISRA Friday, January 20, 6:30 PM / Free

Wind power... It's green... It's good... duces our dependency on foreign oil does it? Or is it merely a highly profifinancial scam for the many wind en developers looking to erect industria turbines in a town near you? Laura I documentary, WINDFALL, looks at b sides of wind energy development w the residents of a rural upstate New town consider going green. Join EAC West Marin/Sonoma Coastal Advoca this free movie and discussion on the fits and adverse impacts of wind er Find more details at: windfallmovie.

DP PIANO CONCERT SERIES: STEVEN HALPERN Sunday, January 22, 4 PM

Tickets: \$20, \$18 seniors, \$10 teen Internationally acclaimed composer and recording artist Steven Halpern will perform original compositions a improvisations for solo piano, select from his 70 albums for healing and being, and pure listening pleasure. I program includes Peace of Mind, Ch Suite, Relaxation Suite, Eastern Pea New Age Blues, and Comfort Zone.

BRASIL GUITAR DUO Saturday, January 28, 8 PM Tickets: \$22, \$20 seniors, \$10 teen Sponsored by Farmstead Cheese

In describing the Brasil Guitar Duo, winner of the 2006 Concert Artists G International Competition, Classical Guitar Magazine exclaims: "The mat of musicianship and technical virtuo is simply outstanding." Equally at hc on a classical or a world music seried Duo's innovative programming feature a seamless blend of traditional and Brazilian works, resulting in a full gitouring schedule and numerous crit acclaimed recordings.

The Brasil Guitar Duo's 2010-11 US include recitals in 15 states across t country. Just some of the highlights include a return engagement with the New York City Classical Guitar Socie Baruch College, and debut performs for San Francisco's Omni Foundation the Performing Arts, Guitar Houstor the Macon Concert Association.

Bolinas Hearsay News Monday, January 16, 2012

Go to Health: Teenagers' diets, Your feet, B12 update

What Teenagers are Eating: Nationwide, teens are eating very few fruits and vegetables; this isn't news to many parents who are struggling financially and competing with chips and soda in their kid's diets. Data from a national survey of high school students show that typical daily intake of fruits and vegetables combined was slightly more than one serving a day. More than 25% of students ate fruit less than once a day, and 33% ate vegetables less than once a day. My partner, Alan, has a grandson, now 21, who refused to eat a single vegetable until recently, when his savvy girlfriend persuaded him to try some greens. I asked Ibarra Demerle, 13, for her advice to parents and teens. Her answer was immediate - kids love the smoothie shop downtown - make smoothies at home and put fruit in them. Make pasta for dinner and put vegetables in the sauce, disguised by blending them if necessary. Make fruit salad. Thanks, Ibarra, for your great advice.

Your Feet: anthropologists studying the evolution of the foot say that as we became bipedal, the foot was under selection pressure to deal with both balance and propulsion in a highly efficient way. Think about balance and propulsion when you select your shoes. Your toes should not be compressed, because from the big toe to the fifth toe, they assist your balance as they spread out, and then they push you forward into the next step. There is a new interest in barefoot walking, and in shoes that enable you to walk in a way that resembles being barefoot, but gives protection to your soles on hard or rocky surfaces. Take shorter strides to allow you to land more softly on your heel with your knees slightly bent. Roll forward through the outside edge of the foot until the ball lands, and spreads slightly as your toes spread and then bend to push you forward. Shoes that enable this kind of walking are light and flexible. Several shoe companies have 'barefoot' models. Be sure to get one with a wide toe box. Beginners' advice - walk the beach barefoot, and take off your shoes at home. Rethink high heels if you want to keep your toes happy and your calf muscles from shortening. Stretch your calves whenever you take

off high heels. Should we rethink glamour? It won't be easy, but thinking women are already making huge changes in the world.

Vitamin B12 Update: A new study from Rush University looked at levels of vitamin B12 in people over 65, and found that B12 deficiency was associated with smaller total brain volume and lower scores on tests of memory and cognition. These finding are supported by earlier (2008) study at Oxford University in England which found that over five years, people with higher vitamin B12 levels were 6 times less likely to experience brain shrinkage compared to those with lower levels. Vitamin B12 is found only in animal food, and is especially high in clams and other shellfish. Fortified breakfast cereals are an important source of vitamin B12 for vegans, who should also take a B12 supplement. Older people may have difficulty absorbing B12 from food, because of a lack of a substance called 'intrinsic factor' in the stomach that enables B12 absorption. Therefore, B12 supplements are recommended for seniors; getting the sub-lingual (under the tongue) kind that is absorbed directly into the bloodstream is the best. Low B12 levels are also related to depression, bone loss and macular degeneration in the eye. It's worth paying attention here!

Sadja Greenwood, MD back issues: sadjascolumns.blogspot.com

pasteup ads/books press

Ned Riley June McAdams Jenniepfeiffer



Bolinas-Stinson Union School District

125 Olema-Bolinas Road Bolinas, CA 94924 bolinas-stinson.org

Phone: 415 868 1603 Fax: 415 868 9406

January 11, 2012

To Members of the Communities of Bolinas and Stinson Beach,

A special meeting of the Board, 1/23/12, Re: Middle School 6:30 p.m., Bolinas Campus in the Classroom

In 2003, the Bolinas-Stinson Union School District, due to declining enrollment, consolidated the instruction of the first and second grades into a single classroom. As is often the case, one person's loss is another person's gain. In that vein, the vacated classroom formerly used to instruct the second grade provided a home to the Stinson Beach Preschool. In 2008, due to increasing enrollment at the school, the classroom used for first and second grade instruction was completely remodeled to allow for the simultaneous instruction of multiple student groupings with minimal noise and distraction. Enrollment has since continued to rise. Twenty-eight first and second grade students, two teachers and an instructional aide now share one classroom. Next year, the school anticipates thirty-one students will share that classroom and the school anticipates that over the next four years between 26 and 32 students will be enrolled in the first and second grades.

The inverse of that idiom, however, is also true: one person's gain is another person's loss. The district's administrative team, after observation of teaching and learning of the primary grades, and extensive consultation with instructional staff, presented the Board with a report at its regular meeting on January 3, 2012, wherein it stated that despite considerable modifications to the classroom, flexibility by teachers, adjustment of curriculum, and the use of alternate spaces on campus, the shared and overcrowded classroom is no longer a suitable learning environment for our youngest students. As a result, it is being recommended that the District reclaim the classroom leased to the Stinson Beach Preschool and revert it back to its pre-2003 function as an instructional space for a primary grade classroom.

This recommendation creates a problem the Stinson Beach Preschool will have no place to go. The Board is aware of the impact on the community that displacing the Stinson Beach Preschool will have. Indeed, the majority of Stinson Beach Preschool students will soon be the school's first and second grade students. In short, both schools face the problem of finding adequate space to provide instruction. The Board, to ensure an informed decision, requests that members of the

community attend a special meeting of the Board at 6:30 p.m. on January 23, 2012, in the Middle School of the Bolinas campus for the limited purpose of providing potential solutions the following question:

How can the Bolinas-Stinson Union School District best meet the needs of its primary aged students while continuing to facilitate the healthy existence of preschools in its communities?

To be clear, the community will be limited to proposing possible solutions to this question. Susan Marx, Deputy Superintendent from the Marin County Office of Education will facilitate the meeting. This is a difficult and complicated situation and the Board has not made any decision as to how we should proceed. We look forward to hearing your ideas.

To maximize community participation and input, child care will be provided in the Quesada from 6:20 p.m. to 8:30 p.m. for children ages 3 to 10 years. Please call the District Office to reserve a space for your child.

Sincerely,

Bolinas-Stinson Union School District **Board of Trustees** Arianne Dar, President Nathan Siedman, Clerk Jennie Pfeiffer Steve Marcotte Cyrus Harmon

BOLINAS-STINSON UNION SCHOOL DISTRICT

125 Olema-Bolinas Road Bolinas, CA 94924 Phone: 415.868.1603 Fax: 415.868.9406

AMENDED AGENDA

Special meeting of the Board of Trustees Monday, January 23, 2012 to be held at the: **Bolinas Campus, Middle School Classroom** at 6:30 p.m.

- Call meeting to Order
- B. Roll Call
- C. **Public Comments**

This is an opportunity for the public to address the Trustees on matters related to school business that is not on this agenda. No discussion, deliberation, or action can be taken by the Trustees unless the matter is placed on a subsequent agenda. Depending on the agenda, the Chair may limit each

- Approval of Open Session/Introductions D.
- E. Study and Information

presenter to a specific time.

1. Instructional Program and Facilities needs for 2012-2013

Board members will use a facilitated process to receive ideas and suggestions from the community regarding facilities options for the Stinson Beach Preschool. The Facilitator will be Susan Markx, Deputy Superintendent from the Marin County Schools. cont next page



cont. From prev. page:

A facilitator will oversee the following process:

- 1. Community members will be asked to complete an information cards which will include name and contact information and a brief description of their suggestion /idea.
- 2. The completed cards will be collected
- 3. Using the collected cards, community members will be invited to present their suggestion/idea to the Board for a maximum of 3 minutes.

F. Adjournment

Americans with Disabilities: The Bolinas-Stinson Union School District adheres to the Americans with Disabilities Act. Should you require special accommodations or more information about accessibility, please contact the District Office at 415 868 1603. All efforts will be made for reasonable accommodations.

The next Regular meeting will be held on Tuesday, February 7, 2012 5:30 Closed Session; 6:30 Open Session

The Bookstore

WIII DE

CLOSED

Thursday, January 19

Wednesday, January 25

while the Proprietor visits the

Sandwich Islands

please

Do <u>NOT</u> leave

here during that time – they will only be

Ruined

by exposure to the **weather** and urinating dogs

Thank you.

Michael Rafferty, Prop.

Special Board Meeting of: JANUARY 23, 2012

How can the Bolinas-Stinson Union School District best meet the

needs of its primary aged students while continuing to facilitate the healthy existence of preschools in its communities?

Your suggestion/id	ea:			
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and the state of t				
	 			
:				
Your name:				
		*:		×
Mailing Address:				
	(4)			
Email: Phone:			************	

Note:

Completed cards may also be emailed to: <u>johannas@bolinas-stinson.org</u> prior to the meeting.

THREE MORE GREAT THINGS ABOUT THIS PLACE...

- (1) A long meandering walk downtown on a sunny January day.
- (2) Harbingers of spring: new gopher mounds, plum blossoms, enough fresh grass growth to think about getting the weed-whipper out.
- (3) A reminder that it's still winter: 32 degrees on last night's thermometer, nice snap to this morning's air.

-- Ned Riley





90.5 FM + 89.9 FM WWW.KWMR.ORG



6	KWMR Ni	ght Music	Weekly Feed 12-1 am	KWMR Night Music	S Sunspots to 1:30 am		Grateful Dead 12-1 am 5:30 am As It Happens (CBC)		KWMR Night Music				
7	6:30 am 1 Day 6 (CE	WM Report BC)	6:30 am WM Report As It Happens (CBC)	6:30 am WM Report As It Happens (CBC)	6:30 am WN As It Happe		6:30 am WM Report As It Happens (CBC)	am WM Report 6:30am WMReportWra		6:30am WMReportWrap Daybreak			
	8 am WM		8 am WM Report	8 am WM Report	8 am WM Report		8 am WM Report	# Gregory DeMascio		# Gregory E	DeMascio		
8	With Eyes Open! Peter Asmus	Good Morn. West Marin Susan Deixler	Wake Up West Marin Ann Gessert	Hump Day Jimmy G	Morning Blunder	Swimming Upstream	Barrio Vibes Augusto Conde	# Anneke van der Veen		# Anneke v	an der Veen		
9	KT's	Park Wave- lengths; Letter from	Raul Gallyot Pleasures in Taste	Dave Cook Fish Tales	Howard D Mary S Charlie D	Amanda Eichstaedt Mike		Original Minds Elia	Vicarious Traveler Vicki Leeds	Sunday Cele Sacred Mus			
	Kitchen	A Broad	Raul Gallyot	Dave Cook		Litchfield		Haworth	(back 1/28)	Rick Clark			
10	Turning P # Janet R # Lyons F	lobbins	Turning Pages # Neshama Franklin # Joy Maulitz	Turning Pages The Vinyl Café (repeat from Sunday)	COMING #		COMING		Turning Pages # Bilingual Storytime # Specials	Krista Tipp	10 am BirdNote ippett On Being		lote
11	TEMN Environm	ent Specials	#1/3 Love is on the Air McGee & Taylor	Section (16 The Section (16 Section (17 Se			Nuestros Niños	Viewpoint	The Place We Live				
	The Bione	ers	#2/4/5 Questing Calpestri & Mickelson	The Bioneers (repeat from Monday)	Heige Heilbe Mulcahey	erg & Mark	Marisol Muñoz-Kiehne	Ellen Shehadeh	Marc Matheson				
12	The Farm Foodshed	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	New Dimensions Michael & Justine Toms	Alternative Radio	Attune- ment	Common- weal Conversa-	NEW Voces de Nuestro Mundo	Americana Saturday		Happy Days Marcie	Kendrick		
	Robin Car	·	Tomas & Sublina Toma	Davio Barsamian	Anthony Wright	tions	TBA	# Will Mine	or	Judelson	Rand		
1	#1 Stock	g & Stephan	Spirit & Mind Anthony Wright	NEW SLOT Your Own Health and Fitness Layna Berman	Philosophy Ken Taylor John Perry	Talk	Parent Talk Susannah Baldwin PhD	# Guest Hosts # Specials		Jazz Rhythm Dave Radiauer	LAST SUNDAYS		
2	Cruisin'		What's New?	Classical Wednesday	Classical Th	ursday	Classical Friday	World Playground		Riverwalk Jazz David Holt and Jim Callum Jr.			
3			#1 Jimo & Tammy # Specials	#1/2/4/5 Specials #3 Susan Deixler	# Susan Santiago # Leland Robins		#2/4 N Masonson	#1/3 Hawai'i Calling Susanna Henderson #2/4 Africa & Diaspora Mark Potts		The Vinyl Café (CBC) Stuart McLean			
4	# Aztec P Jorge Ran		Art of the Song	NEW SLOT # Krista Tippet On Being	TeaTime Books NEW DAY for Norman				Learnin'	To Hell &			
	# Latin Al Lechner 8		John Dillon and Vivian Nesbit	#5 Coastal Airwaves Vickisa	Howard Dille	Mimi Calpestri #3/5 Specials Circulo musical		sical	Kirven	Bach			
5	COMING Moyers & Company Bill Moyers		Sabrina Artel's Trailer Talk # The Feminine Mystic	Open House Epicenter: #1 Pt Reyes	Open House: Témas de inmigracion; Story Shed		Happy Hour	Jesus Martinez		Brian Kirven	Beth Underwood		
			in the second se		# Art's Desi	re					onder wood		
6			# ViewPoint (repeat) Ellen Shehadeh	# 4/5 Health Topics Anna O'Malley MD	# Hot Tech/Cool Science Julie Motz		Liberacha	The Celtic Universe		Ears Akimbo's	Between Rock and A		
Descripto	6:30 pm V	NM Report	6:30 pm WM Report	6:30 pm WM Report	6:30 pm WM Report	6:30 pm WM Report	7 pm WM Report	# Loretta Farley # Lyons Filmer		Room	Jazz Place		
7	The Hippi Olema	e from	Musical Varieté	Ridin' the Rails: The Americana Express	Bakersfield & Beyond	Shorty's Bunkhouse	-1			Paul Flowerman	Grey Shepard		
8	Jerry Lun	Silver	Charlie Morgan	The Roots Gang: Will, Pat, Mike V, Amanda	Amanda & Mike V	Shorty	Friday Funk Fest Fairfax Funkateer	Rick's Jazz	Café	The Ol' One, Two	The Kitchen		
9	Reggae Radio	Dollar Jukebox	Faultline Radio	Coast Highway Blues	Story Hour Hearing Void	ces	(A)	Rick Clark		Aimée Reed			
	DJ Zoro	Peter Martinelli	Jaimo Crespo	Larry Rippee	Professor Ko Plays	osmo	Magic Radio				Kleeman		
10	Monday Night Mixtape	The Amateur's Guide to	N		Stuck in the Psychedelic Era with the Hermit		Chris Breyer	Function		The Weekly Feed Kyle Meredith Professor Kosmo Plays			
11	Jacoba Charles	Life Christian	The Latin Alternative	Sonic Sunspots Tony Palmer									
		Anthony	Josh Norek										
	12 am WM	1 Report	12 am WM Report	12 am WM Report	12 am WM Report		12 am WM Report	Coming: Ra	dio Goethe	1.12.12			

Office 415/663-8068

STREAMING on KWMR.ORG Studio 415/663-8492/8317

MESA PARK SPECIAL MEETING

Monday, January 16th @7pm

AT THE FIREHOUSE

- 1) The Supplemental Revised Budget for the Irrigation Project Grant Agreement
- 2) Emergency Irrigation, (For the Soccer Field)

READ THE HEARSAY ONLINE

Tell your friends and families that they can stay connected to Bolinas even if they have to live elsewhere.

IT'S EASY: email hearsaynews@yahoo.com and request the password and link to the site. Michael will put you on the list and will send you reminders as new issues come out.

Keep reading The Hearsay News!

HEARSAY & CLASSIFIEDS

P.O. Box 327, Bolinas CA 94924 • 868-0138

Published every Monday, Wednesday

& Friday for over 30 years.

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Bilgart Design

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Paulette Bilgart 415 868 0108



HANDYMAN: Carpentry, painting, home repair, Hauling too! 27 years experience. Local refs. Steve Hill -2310

SHx

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Many satisfied local refs. Phone 868-2144

10×

BRUSH TO MEADOW TRANSFORMATION.

Heavy duty tractor mowing/backhoe/roto-tiller/post-hole drilling/discing/plowing. Don Murch -0921

DM

Community Mediation Board 868-0493

Involved in a conflict?

We have trained mediators. Free, Confidential, Effective

X

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Dump Runs-Cow Manure-Recycling-Humane Animal Removal-Skunks-Raccoons & Yellow Jacket. Carl Henry 868-1782

CH2/6/12

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Excellent homecare, cleaner. Call 868-1782 Anita & William

_CH:]/ [6

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Who/What Do You Think You Are?

(415) 868-9052

A Class to Probe the Emerging Story of Our Time

6 CLASSES—TUESDAYS, 3PM TO 5PM February 7 through March 13

Bolinas Firehouse Community Room

NO CHARGE to residents of Bolinas and Stinson Beach

INSTRUCTOR: LAWRENCE DISTASI

NB: Space is limited, so all participants must call 868-0538 no later than Wed., Feb. 1., to register. For more information, consult Bolinas Library. **Requirements:** pen/pencil, notebook, commitment to attend all classes.

Sponsored by Bolinas-Stinson Beach Library Improvement Society

HOUSING WANTED

ROGER AND FLOWER SIERRA SEEK long term housing. Please call-669-7041.

FS 2/1

Looking for a cabin or shared housing. Native to area, locally employed, excellent references. 302-0426

CG 1/23

HELP: GELUS, EVAN AND ISAAC NEED HOUSING starting in the Summer. Shared, creative, suggestions?

Thank you. (916) 752-1243

RA 1/25

WANTED

DR. ELSON HAAS IS LOOKING FOR A

writer's retreat in Bolinas, private and simple. Contact me with any ideas. 472-2343 or email at emhaas@sonic.net

EH 1/25

Ride Board

Ride wanted to downtown SF, Sat. 1/21-early morn. Need to be at Marriott to catch lymphoma seminar before 9AM (Stagecoach NO Help!) Please call Tina-2523. Thanks

TA 1/20

RIDE SHARE

WEST MARIN SENIOR SERVICES

has a new volunteer driver program.

Please call Chloe Cook, at 663-8148 ext. 114 to sign up.



FARSAY ECLASSIFIEDS To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mallbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

FOR SALE

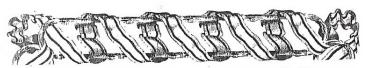
Charlie Docherty's new album is available at... Bolinas People's Store, Don's Liquors, Kaleidoscope, Uniquities, Bolinas Bay Hardware, and Point Reyes Books. Or call 415-868-2758 CD a/13

BARE ROOT 'SEASCAPE' STRAWBERRIES'

for sale at Gillyflower Nursery 440 Overlook - Discounts on 50 or more. Call -2531 to order. Veggie starts coming soon.

AP2/8





January Sale! Discounts of 20% off all yarn, women's golf clubs now \$10, and some top quality dog food is half price at Uniquities Variety and Really Good Pet Food Emporium.

OPEN DAILY NOON TO 5:00

In the old video store location behind the Book Exchange



LOST & FOUND

FOUND: SMALL CUTE DOG

By lagoon, a brownish white female with black nose and ears. Sofi - 8844

SA 1/11

LOST AT NEW YEAR'S EVE PARTY - Ron's prescription glasses with with dark blue frame. Did something pick them up thinking they were theirs??. Actually - he lost another pair somewhere too. Check around please and call - 1898

MISSING: 2 FOLDING TABLES WERE TAKEN from where they were stored at Mesa Park. The tables are used for the Sunday Food Program. Please be kind and return in kind.

SA 1/11/12

MISSING FROM COMMUNITY CENTER: a 10 ft folding table. Please return if you have borrowed it. Thanks BCC

FOUND: KODAK EASY SHARE CAMERA YAMAHA CLIP PEDAL

Please contact the Bolinas Community Ctr. 868-2128

BCC 12/23

LOST: MY SILVER FAKE FUR HAT

at the Bolinas Community Center or Coast Café or somewhere in between. Patrice 868-2758

CLASSES

QI GONG

Coming - To the lounge downstairs at the Stinson Church. Starting Feb. 14, Tue. & Thur. 9:30 - 10:30 AM. \$15 suggested donation. - Call Debra 868-1638

DZ

DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!

sign-up free at the newschool@commonweal.org. Download past podcasts at www.commonweal.org/new-school/events.html



Class Schedule

Sunday

9:00 - 11:00 a.m. Yoga w/Trishna (starts1/15/12) Brazilian Dance w/Anna (once a month call 868-0697)

11:00am-noon Jujitsu w/Julian 6-730pm Monday Pilates w/Lisa (pre-register 868-0473) 5:30 - 6:30 p.m. Jujitsu w/Julian 7:00 - 8:30 p.m Tuesday Yoga w/Trishna (starts 1/3/12) 9:30 - 11:00 a.m. Arial Arts for Youth w/ Joanna 3:30 - 5:30 p.m. (For registration 868-8821)

Wednesday

(info 868-0473)

8:30 -10:00 a.m. Pilates w/Lisa Yoga Basics w/Trishna 5:00 - 6:15 p.m. 8:00 - 9:30 p.m. Biblia en Español Thursday 12 noon USDA food bank Congolese Dance & song w/Sandor 6:00 - 8:30 p.m. Friday 9:00-10:00 a.m. Pilates Mat Class w/Lisa Saturday Yoga w/ Lisa Brendel 9:00- 10:30 a.m. Creative dance for kids 3 thru 4 w/ Lisa 11:00 - 11:45 a.m.

Check the marqué by the Library for special events at the Community Center. For Info. 868-2128 or Bocenter.org

hearsaynews@yahoo.com

Submit articles and drawings by midnight for publication the next day. Request a link to the password-protected website. Thank you.

-- Michael Rafferty, Online Editor