

Bolinas Hearsay News

46 ¢ + tax

Monday, August 6, 2012



STONED? PARK SUNDAY

roving

WHAT'S HAPPENING

Tuesday, August 7

BCPUD

Special meeting of the Board of Directors, 270 Elm Rd, 10am. (Please see agenda inside.)

COMMUNITY CENTER CommUnity Night
Kung Fu Panda 1 & 2, Banana ice cream, 5pm

Thursday, August 9

COAST CAFE CONCERT SERIES

Live music, food & drink specials @ Coast Café. 7-9pm

YESWAY & JEFF MANSON

Live music at Smilev's. 9pm. Free

Friday, August 10

"HAPPY BIRTHDAY WOODY GUTHRIE"

town musical led by Howard Dillon & Molly Maguire, Community Center, doors at 5:30, show at 6pm, \$5-10

47th ANNUAL FISHING DERBY

Sponsored by Bolinas Rod & Boat Club. Please call -1679 for details

GROOVE SOCIETY

Live blues @ Smilev's. 9pm. Cover.

Saturday, August 11

FISHING DERBY continues

"HAPPY BIRTHDAY WOODY GUTHRIE" continues

THIS OLD EARTHQUAKE

Local master musicians live @ Smiley's, 9pm. Cover.

Sunday, August 12

FISHING DERBY concludes

PERSEID METEOR SHOWER

Best seen just before dawn. Fog permitting.

BOX SHOW OPENING

Reception @ Gallery Route One, Pt Reyes, 3-5pm

HAPPY HAPPY BIRTHDAY!!!

August 6: Karina Salenger
Rhiannon Broek

August 7: Mechelle Cattell
Danny Harrington

August 8: Gregor Docherty
Serita Basilio-Lewis
Tina Ann
Wilbur Richards

August 9: Jody Spangler
Cindra Joy
Richard Brown
Memphis Russum
Charles Winstead
Robin Thompson

August 10: Susan Sanders
Lily Field
Bill Braasch

August 11: Jim Anderson
Teri Jo Wheeler

August 12: Eleanor Lyman

pasteup Ned Riley
ads/books June McAdams
press Jeff Manson

The Website Has Changed <http://hearsaynews.org>

TODAY'S HEARSAY and CURRENT ARCHIVES are now password-protected and available only to (you know who you are) subscribers. The rest of the website is free.

Current subscribers will be emailed the new password notification as soon as TODAY'S HEARSAY has been posted. A single or family subscription is approximately \$1.00 per week, or about \$50 per year, sliding scale. Scholarships are available. Contact hearsaynews@yahoo.com. I have a record of when each person signed up and will remind you when your subscription is about to lapse. Thanks for supporting the Bolinas Hearsay News Online. Everyone is a reporter!

-- Michael Rafferty



COMMUNITY & CULTURAL CENTER

dance palace

The Dance Palace, 5th & B Streets
Point Reyes Station

Tickets at www.dancepalace.org

SUMMER STOCK PLAYERS

The Dance Palace Summer Stock Players, a teen theater group directed by Sam Fisher, will present a classic play (to be announced) for their annual summer production. Auditions are Saturday, May 12 from 11 AM-1 PM Rehearsals start June 26 and are on Tuesday, Wednesday, and Thursday, from 5-7 PM Be on the lookout for more information about these aspiring actors and their inspiring production.

\$10 general, \$8 seniors, \$5 teens/kids
Friday, Saturday, Sunday, August 3-5 & 10-12, 7:30 PM

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MOSTLY MEETINGS & MISCELLANY

Monday Morning Recap & Week in Review for today, 8/5/12, is in short form, due to the 9:00 a.m. meeting of the school's Principal replacement hiring committee, of which I am a member. If you missed the last episode of "Life in a Small Town", principal Leo Kostelnik advised the Board this summer that he will be taking on a job as principal at Neil Cummins school in Corte Madera, so now we are working to replace him by the time school starts in two weeks. Today, the committee will be discussing our vision, what we are looking for in a principal, and procedure for making a selection from among the fine applicants that are seeking this position. If we don't find what we want/need, we always have the option of placing an interim hire in the position, until we locate a proper fit for our fine district.

Otherwise, I hope you are enjoying the many versions of fog that we are so lucky to experience here - i.e. morning fog, afternoon/evening fog, high & dry fog, low and wet fog, Tulle Fog, dense fog, bright fog, light fog, etc. - instead of the scorcher heat being felt elsewhere in the world. I am reminded once again of the Inuit people of the far northern climes that have 100 or so words for snow. It could be worse.

Hope you caught Mary Siedman's "Rise and Shine" show on KWMR Tuesday. It was great coverage of the horrific 1972 Olympics, the only mention I've heard so far about this being the 40th anniversary of the tragic, senseless murders in the Olympic Village, where Mary's father and brother were staying and were able to see the terrorists scaling the walls of dormitories opposite them. It was riveting, and I was completely engaged until I lost the station on my way to jury duty in San Rafael. I hope it gets back on the air at some time, and I hope also, that the Olympic powers-that-be give those fallen athletes a proper 40th anniversary remembrance. jp

Smiley's POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

2nd Prize \$25

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311

BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT
BCPUD BOX 390 270 ELM ROAD BOLINAS
CALIFORNIA 94924 415 868 1224



A Special Meeting of the Board of Directors
August 7, 2012 10:00 a.m.

Agenda

1. Call to Order.
2. Roll
3. Community Expression.
4. Bidders Request for Relief - Pfister Excavating, Inc.
5. Review and Consideration of Bids - Terrace Avenue Water Main Relocation Project.
6. Approve Agreement for Geotechnical Engineering Consulting Services between BCPUD and Sanders Associates Geotechnical Engineering, Inc. ("SAGE") - Surfer's Overlook Bluff Stabilization Project.
7. Adjournment.

Go to Health: More good news about exercise and coffee!

We all know that it's good to get moving, but why? Will walking and other forms of exercise do more than help us stay trim? Here's a study from Japan, in the *British Medical Journal*, that shows an association between time spent walking, life expectancy and lifetime expenditure for medical care. Researchers from Japanese medical schools followed 28,000 men and women aged 40-79, and divided them into those who walked an hour or more a day, and those who walked less than an hour. The more active group had a significantly longer life expectancy and lower lifetime medical expenditure. They concluded that increased longevity resulting from a healthier lifestyle does not necessarily translate into an increased amount of medical costs throughout life.

Health care costs are important in Japan, as here, because the country has a universal health care insurance system. People without insurance can join a national insurance program administered by local governments. People can select doctors or facilities of their choice, and cannot be denied coverage. Sounds familiar? This system is similar to the Affordable Care Act being implemented in the US.

A similar study from The University of Texas was recently published in the journal *Circulation*. The authors studied 63,000 men and women over 0-10 years, 10 to 20 years, and beyond 20 years. Their fitness was based on age and sex - adjusted treadmill times, as found at the Cooper Center. High fitness was associated with lesser mortality from all causes and from cardiovascular causes.

A recent article in the *Journal of the National Cancer Institute* reviewed the effects of physical activity on people with cancer. Edward Giovannucci of the Harvard School of Public Health, made the following comments in his review of the article. Survival after cancer, although it may be dependent on the destructive behavior of the tumor, is also related to the general health of the patient. Health is often enhanced by activity. In addition, physical activity can have a direct effect on the cancer by altering various hormones, including insulin, insulinlike growth factor 1,

estrogen and adiponectin (a protein involved in regulating blood sugar and fatty acid breakdown). These factors can promote or inhibit cell growth; insulin is a possible growth promoter for cancer, and exercise results in lower insulin levels. Observational studies of breast cancer (17 studies) and colon cancer (6 studies) suggest that physically active people have better cancer-specific and all-cause survival. Despite problems in comparing types of breast and colon cancer, and the presence or absence of metastases, the studies look promising. Few other leads have shown as much promise in extending the lives of cancer survivors, and activity can also improve the quality life of survivors. Giovannucci concludes that physical activity should be a standard part of cancer care.

More good news about coffee: In a new study from the National Institutes of Health, coffee drinkers who did not smoke were less likely to die in the next 14 years from a wide variety of illnesses. Total mortality was less in coffee drinkers, but deaths from cancer did not show this trend. Men showed an increasing benefit from coffee for up to 5 cups a day, and women who drank 2 cups a day showed a mortality benefit. Decaf coffee was also helpful.

If coffee helps you get out for a walk, a jog, a game of tennis or a swim, go for all of it! Now that it's foggy and cool in West Marin, it's great time to get started and keep it up.

Sadja Greenwood, MD back issues at sadjascolumns.blogspot.com

THREE MORE GREAT THINGS ABOUT THIS PLACE

- (1) **The new Amazing Grace music store in San Anselmo—new in the sense of their having just moved into a brand new building, which was appropriately house-warmed by local musicians Saturday.**
- (2) **The opportunity to take a Lughnasa hike on Mt Tam—hot, sunny, still, and utterly deserted on an August Wednesday.**
- (3) **An abundance of summer fruit, at least in Mill Valley. My sister brought over an incredible apple/elderberry pie and an invitation to glean their over-producing fruit trees..**

--Ned Riley

Minutes from the June 25, 2012 Bolinas Fire Protection District Board Meeting

Pres. Buchanan called the regular meeting of the Bolinas Fire Protection District to order at 7:30PM. Vice Pres. Kilkenny and Dir. Smith were present. Also present: Chief Brown and Secretary Brown.

Dir. O'Donnell arrived soon after the meeting began. Dir. Kimball was absent.

MSC, Smith/Kilkenny (unan with one absence) to approve the agenda.

CHIEF'S REPORT

MERA

Brief meeting scheduled for June 20th in Novato to vote on the new governance structure for MERA.

Prevention

Chief Brown reported that a tree cutting company is currently trimming trees along Mesa Road and is hired by PG&E.

Planning

20 Nymph Road – Demolish existing residence, construct new one
15 Oak Road – Legalize existing retaining wall
415 Yucca – Solar Install
365 Dogwood – Solar Install
100 Mesa Road – Addition to communications tower – Verizon
40 Mesa Road – Solar Install
76 Altura Road – Remodel
324 Ocean Parkway – Addition
160 Overlook – Solar Install
280 Mesa – Demolish existing structure, construct new one, and legalize multiple existing structures
Highway One – Solar Inspection

Training

Chief Brown reported that Wildland training continues on Tuesday night drills. On Wednesday June 21st, the BFPD and the BCPUD personnel trained together on Confined Space Rescue procedures. BCPUD has the equipment necessary for such rescues which the Volunteers learned how to use. Chief Brown reported that the training went well and that new procedures were added as needed during the training.

Volunteers

BFD/BCPUD Shared Personnel Update: The reciprocal training issue is yet to be resolved.

Apparatus

Equipment for the new U231 has been received. Unfortunately, the incorrect light bar was sent to the station. Hopefully, the vehicle will be complete in one month.
E265 is back in service. The main valve for the auxiliary pump was leaking and needed to be replaced for a total cost of \$3,065.00 which included the annual service.

General Operations

There has been no communication from Crown Castle regarding the updated EMF Emissions report. Chief Brown as contacted the CC representative requesting information.

AT&T withdrew their lease offer which was in error. Chief Brown forwarded the document to the District's legal council for review.

Maintenance Agreement – CHA

Chief Brown reported that the draft Agreement will be reviewed by the CHA Board and will be on the July agenda for BFPD final review and approval.

Personnel

Chief Brown said that she will be contacting the Personnel and Finance Committees to meet soon as she would like to have a Draft Budget FYE 12/13 for review and approval on the July agenda.

Chief Brown remarked that the rate of income has declined over the past year but remains within the projected budget.

Chief Brown added that she has been contacted by John Neville, the Assistant Traffic Engineer of Marin County, regarding placing speed humps on Wharf Road. A resident contacted him making the request and he was seeking the Chief's input. She responded to him that on an operational level, she had no objections and that the District has not responded to any incidents involving vehicles vs. pedestrians in the area. She asked the Board if there were any objections. There were none. Vice Pres. Kilkenny asked who would fund the project and suggested speed humps along Brighton Ave. in front of the Post Office. Chief Brown answered that the County will pay for the humps as Wharf Road is a County road.

Chief Brown also reported that the Memorandum of Understanding between the BCPUD and the County of Marin Regarding Phase Two of a Geotechnical Assessment of Terrace Avenue at Surfer's Overlook in Bolinas was signed off by the County of Marin.

GENERAL BUSINESS

Action Item #1: Adopt Resolution #165-2012 Determining the 2012/2013 Appropriations Limitations of Tax Proceeds (\$628,790.65)

MSC, Kilkenny/O'Donnell (unan with one absence) to adopt Resolution #165-2012. Chief Brown clarified that the District tax income never nears the appropriations limit. Secretary Brown will prepare the Resolution for Pres. Buchanan to sign.

Action Item #2: Response to Grand Jury Report – Preschoolers Learn to Share-Can Local Governments? *cont next page*

cont from prev. page

MSC, O'Donnell/Smith (unan with one absence) to respond with the following points:

The BFPD has and will seek out other entities to share and use costs of capital expenditures. Examples include joining the CHA to build the new firehouse and clinic and sharing the cost of grant monies for SCBA's. Currently, the BFPD, BCPUD and the County of Marin have formed a partnership to evaluate the feasibility of stabilizing Terrace Avenue in Bolinas. The three agencies have shared administration and other costs related to the project. Also, currently under investigation, is the possibility of sharing personnel between the BFPD and the BCPUD. The BFPD will continue to seek out cost effective alternatives in all endeavors.

Discussion: Emergency only access and egress alternatives to closure of Terrace Avenue and Overlook Road.
No update.

Discussion: Verizon request to add microwave dish to existing Crown Castle tower located on Fire District property. Chief Brown reported that the previously approved panel antenna's were recently installed and the Omni antenna's were removed. It is unclear whether or not the additional panels are active. She will pursue a current EMF report from Crown Castle.

CONSENT CALENDAR

MSC, Smith/Kilkenny (unan with one absence) to approve the Consent Calendar including the Minutes from the May 28, 2012 regular meeting, the warrant lists from May 22 - June 19, 2012, and the financial reports for March, April and May 2012 including the account balances.

PUBLIC EXPRESSION

None.

COMMITTEE REPORTS

None.

BOARD MEMBER REPORT

None.

PERSONNEL MATTERS

Chief Brown reported that Medic Matthew Phillips is working on Rescue 97, the seasonal ambulance, and resides at the station on Monday nights. She went on to say that the station is now occupied most evenings of the week which is beneficial as full occupancy results in more rapid response to emergency calls.

GOOD OF THE ORDER

Dir. O'Donnell thanked PG&E for hiring a tree trimming company to remove potentially hazardous branches hanging over Mesa Road.

Dir. Smith asked why BCPUD was working downtown on Wharf Road. Chief Brown answered that they are replacing residential saddles (where residential

NAME THAT PARK!

August 1, 2012

SUGGESTIONS FROM COMMUNITY MEMBERS TO DATE:

Phoenix Park
Greenlove Park
BoHenge
Rock On Park
Stone Greens
Bo Gardens
Phoenix Meadow
Little Bo Park
Burnt Park
Village Green
Boondoggle Park
Bolinas Commons
Moritz Park
The Bolinas Commons
Duxberry Park
Jose Silva Park
Epiphany Park
Oracle Park
Redemption Gardens
Pacific Olympus
The 100%
The Bolinas Park
Garden of Earthly Delights
Sequoia Park
Little Sequoia Park
Venture Capital Park

SUBMIT YOURS TO
P.O. Box One
Bolinas, CA 94924

DEADLINE - AUGUST 15, 2012

DEDICATION, NAMING, AND
GRAND OPENING
LABOR DAY, 2012
NOON

water pipes connect to the main pipe underground) and have to shut off the water temporarily to complete the replacements.

ADJOURNMENT

MSC, Kilkenny/O'Donnell (unan with one absence) to adjourn the meeting at 8:25 PM.

Respectfully submitted,

Molly Brown
District Secretary

Note: All minutes to all Board meetings are available for review at the Bolinas Library.



90.5 FM + 89.9 FM
WWW.KWMR.ORG



	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6	DeepWaking 12-1 am KWMR Night Music 6:30 am WM Report	Weekly Feed 12-1 am KWMR Night Music 6:30 am WM Report	KWMR Night Music 6:30 am WM Report	S Sunspots to 1:30 am KWMR Night Music 6:30 am WM Report	KWMR Night Music 6:30 am WM Report	Grateful Dead 12-1 am 5:30 am As It Happens 6:30am WMReportWrap	KWMR Night Music 6:30am WMReportWrap Daybreak
7	Day 6 (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	Morning Glory	
8	8 am WM Report With Eyes Open! Peter Asmus	8 am WM Report Good Morn. West Marin with Guest Hosts	8 am WM Report Hump Day Jimmy G Dave Cook	8 am WM Report Morning Blunder Howard Dillon Charlie Doucherty	8 am WM Report Barrio Vibes Augusto Conde through Aug 17	# Gregory DeMascio # Anneke van der Veen	# Gregory DeMascio # Anneke van der Veen
9	KT's Kitchen	Park Wave-lengths Loretta Farley	Fish Tales Dave Cook	Amanda Eichstaedt	coming: Solange Echeverria	Original Minds Elia Haworth	Sunday Celebration of Sacred Music Rick Clark
10	Turning Pages # Janet Robbins # Lyons Filmer	Turning Pages # Neshama Franklin # Joy Maulitz	Turning Pages The Vinyl Café (repeat from Sunday)	Turning Pages Readings by Erik Bauersfeld	Turning Pages # Bilingual Storytime # Specials	Krista Tippett On Being	10 am BirdNote
11	Open House The Bioneers	#1/3 One-Sided Radio Alden Bevington #2/4 Questing Calpestri & Mickelson	Making Contact The Bioneers (repeat from Monday)	An Organic Conversation Helge Hellberg & Mark Mulcahey	Nuestros Niños Marisol Muñoz-Kiehne	Viewpoint Ellen Shehadeh	The Place We Live Marc Matheson
12	The Farm and Foodshed Report Robin Carpenter	New Dimensions Michael & Justine Toms	Alternative Radio David Barsamian	Attune-ment Anthony Wright	Voces de Nuestro Mundo Interviews by Raul Gallyot	Forms and Feelings Jim Bennett	Happy Days Marcie Judelson Jazz Rhythm Dave Radlauer
1	West Marin Matters #1 Stock #2/4 Gong & Stephan #3/5 Faure-Brac	1 pm WM Report 1:05 Spirit & Mind Anthony Wright	Your Own Health and Fitness Layna Berman	1 pm WM Report 1:05 Philosophy Talk Ken Taylor & John Perry	Specials TBA		Jazz with Kendrick Rand LAST SUNDAYS
2	2 pm WM Report	What's New?	Classical Wednesday	Classical Thursday	Classical Friday	World Playground	Riverwalk Jazz David Holt and Jim Callum Jr.
3	2:05 Cruisin'..... Rick Clark	#1 Jimo & Tammy # John Lerch / Specials	#1/5 Specials #2/4 Chris Breyer #3 Susan Deixler	# Susan Santiago # Jeffrey Wilkinson	#1 Susanna Henderson #2/4 Norman Masonson	#1/3 Hawai'i Calling Susanna Henderson #2/4 Africa & Diaspora Mark Potts	The Vinyl Café (CBC) Stuart Mullean
4	# Aztec Pride Jorge Ramirez # Latin Alternative Lechner & Norek	Art of the Song John Dillon and Vivian Nesbit	Krista Tippett On Being #5 Coastal Airwaves Vickisa	TeaTime Books Mimi Calpestri Howard Dillon	#3/5 Specials	Circulo musical	Learnin' Kirven To Hell & Bach
5	Moyers & Company Bill Moyers	Sabrina Artel's Trailer Talk # The Feminine Mystic Wendy McLaughlin	Open House Epicenter: #1 Pt Reyes Dialogues, Needleman # 4/5 Health Topics Anna O'Malley MD	Open House: Témas de inmigracion; Story Shed # Art's Desire # Hot Tech/Cool Science	Happy Hour	Jesus Martinez	Brian Kirven Beth Underwood
6	Trash to Treasure Hope & Shulander	# ViewPoint (repeat) Ellen Shehadeh	6:30 pm WM Report	6:30 pm WM Report 6:30 pm WM Report	Liberacha	The Celtic Universe # Loretta Farley # Lyons Filmer	Ears Akimbo's Elbow Room Between Rock and A Jazz Place
7	The Hippie from Olema & Jerry Lunsford leave Aug 30	Musical Varieté Charlie Morgan	Ridin' the Rails.....on The Americana Express with the Roots Gang	Bakersfield & Beyond Amanda & Mike V	7 pm WM Report Friday Funk Fest Fairfax Funkateer	Paul Flowerman	Grey Shepard
8	new Americana show coming		Mike V, Amanda, Will, Ken, Liberacha	Shorty's Bunkhouse Shorty		Rick's Jazz Café	Round the Fire The Kitchen Sink
9	El Barrio Gus Conde	Faultline Radio Jaimo Crespo	Coast Highway Blues Larry Rippee	Story Hour Hearing Voices NEW SERIES	Magic Radio	Rick Clark	Lance Walker through Aug 12 Patrick Kleeman
10	Monday Night Mixtape	Amateur's Guide to Life Christian Anthony	Sonic Sunspots Tony Palmer	L.A. THEATRE WORKS	Chris Breyer	Saturday Night Function	
11	Jacoba Charles	Ernesto Lechner and Josh Norek Professor Kosmo plays.....		Professor Kosmo plays.....		# Mark Potts # Marc Matheson	Stuck in the Psychedelic Era with the Hermit
	12 am WM Report	12 am WM Report	12 am WM Report	12 am WM Report	12 am WM Report		5.10.12

Office 415/663-8068

STREAMING on KWMR.ORG

Studio 415/663-8492/8317

DISCOUNTED BODYWORK. I am again offering Cranial Sacral Sessions in Bolinas at 75% off for first time clients. I have four appointments available on Wednesday, August 8th (12pm, 2 pm, 4 pm and 6 pm) \$25 for first time clients and \$40 if you came last week. These 1 1/2 to 2 hour sessions give access to my 3000 plus hours of training in body energetics. You can google "Craniosacral" or "cranial sacral" to learn more about this modality. I will only preface the work I do with the following idea, "When the body is deeply listened to an inner voice can be heard, telling you of its yearnings and its dreams. In this sacred space the long held wound can be surrendered and wholeness be revealed". This is a nonmanipulative body work that is performed fully clothed in a safe and nurturing environment. Contact Amelia Neffati at (650) 814-9947.



HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

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868-0493

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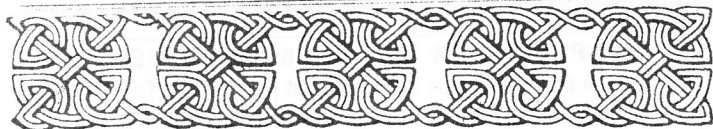
We have trained mediators.
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HELP WANTED

COASTAL HEALTH ALLIANCE IN POINT REYES
Station, CA, is seeking a Clinic Manager. Under the supervision
of the Executive Director, the Clinic Manager oversees the daily
operations of the 3 Coastal Health Alliance clinics including:
management of staff/provider scheduling and daily clinical
workflow; ongoing training, supervision and evaluation of non-
licensed clinic staff; assurance of demographic and operational
data collection and reporting; adherence and reporting on
operational performance standards; compliance with safety and
quality standards, and; facilities maintenance and purchasing.
Interested individuals should forward your resume and letter of
interest to Kara Krause, Human Resources Specialist at
karak@coastalhealth.net. Find full list of qualifications at
www.coastalhealth.net

COASTAL HEALTH ALLIANCE IN POINT REYES
Station, CA, is seeking a Bilingual Clinical Care Nurse. This
position is responsible for supporting patient care services
during and outside the office visit; patient education, case
management, population management, and compliance with
clinic policies and development and implementation of patient
care goals and objectives. In partnership with the clinical staff,
the Clinical Care Nurse coordinates the care of Coastal Health
Alliance's (CHA) patients who are living with complex and/or
chronic diseases. The Clinical Care Nurse is available to assist
patients to overcome obstacles when obtaining needed services.
The Clinical Care Nurse accommodates the particular needs of
individual patients in collaboration with the entire health center
system. Interested individuals should forward your resume and
letter of interest to Kara Krause, Human Resources Specialist at
karak@coastalhealth.net. Find full list of qualifications at
www.coastalhealth.net

HELP WANTED

Larner Seeds seeks employee for T,TH. Saturdays. Interest in
native plants and ability to do office and nursery work needed.
Will train. \$15-\$20/hr. 415-868-9407 or info@larnerseeds.com.
For job description.

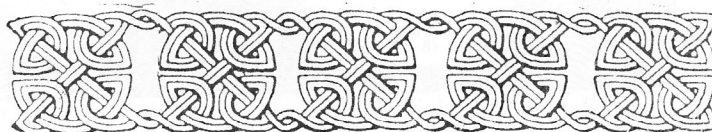
JL 8/31

HOUSING WANTED

RESPONSIBLE GUY SEEKING COTTAGE

Studio or room. Willing to do home maintenance
and gardening for partial rent. Have car, license & references.
Please call 415-465-4804 or 794-9239

JW 8/6



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Tell your friends and families that they can stay con-
nected to Bolinas even if they have to live elsewhere.

IT'S EASY: email hearsaynews@yahoo.com
and request the password and link to the site.
Michael will put you on the list and will send you
reminders as new issues come out.

Keep reading The Hearsay News!

FOR SALE

RESPONSIBLE NAVY VET LOOKING FOR RV
parking and space for shop area. Cost negotiable.
James 794-9239 or 465-4804

JW 8/16

ANNOUNCEMENTS

WANTED

Could someone lend or sell me a used stationary bike? I need to exercise before surgery. 868-0419 Thanks, Ilka
IH 8/17

BOLINAS ROD & BOAT CLUB
47th Annual Fishing Derby-August 10,11 &12!!
Scott Finney



Balancing Act
BOOKKEEPING PLUS

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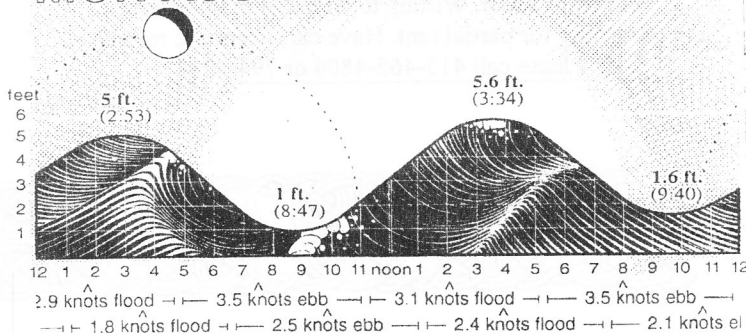
Confidentiality Assured

48 WHARF ROAD, 2ND FLOOR, BOLINAS

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MON AUG 6 dawn 5:15 sunrise 6:18 sunset 8:13 dark 9:16
moonset 11:06 a.m. moonrise 10:31 p.m.



The great Perseid meteor shower peaks Sunday morning with a waning crescent moon hanging in the sky, providing a beautiful accent although washing out some of the fainter meteors. West coast observers are best positioned to catch this year's peak, which comes just before dawn. The East coast is already in daylight, but skywatchers there may still see some Perseid meteors during the pre-dawn hours.

Perseid meteors appear to radiate from the area of Perseus-Cassiopeia, high in the northeast, but may fly to any part of the night sky. Some years they appear mostly faint, but in others, they can include some spectacular bright meteors with long-lasting trains, some ending in flares or bursts.

CLASSES

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sign-up free at the newschool@commonweal.org. Download past podcasts at www.commonweal.org/new-school/events.html
NSx



Class Schedule

Sunday	Yoga w/Trishna	9:00 - 11:00 a.m.
	Brazilian Dance w/Anna	11:00 a.m. - noon
	Ninjutsu Martial Arts w/ Martin	Kids Class 5:30 - 6:30 p.m. Adult Class 6:30 - 8:00 p.m.
	(Info 868-9236) Drop-ins welcome)	
Monday	Pilates w/Lisa (pre-register 868-0473)	5:30 - 6:30 p.m.
Tuesday	Yoga w/Trishna	9:30 - 11:00 a.m.
	Arial Arts for Youth w/ Joanna	3:30 - 5:30 p.m.
	(New class starts in September, for registration call 868-8821)	
	CommUnity Nights	7:00 p.m.
	W/ free movies, games or music. Call -2128 for details	
Wednesday	Pilates w/Lisa	8:30 - 10:00 a.m.
	Yoga Basics w/Trishna	6:15 - 7:30 p.m.
	Biblia en Español	8:00 - 9:30 p.m.
Thursday	USDA food bank	12 noon
	Yoga w/Lisa Brendel	4:00 - 5:30 p.m.
	Congolese Dance & song w/Sandor	6:00 - 8:30 p.m.
Friday	Pilates Mat Class w/Lisa	9:00 - 10:00 a.m.
Saturday	Yoga w/ Lisa Brendel	9:00 - 10:30 a.m.
	'Creative dance for kids 3 thru 4 w/ Lisa	11:00 - 11:45 a.m.
	(5 week series June 30 - July 28 info 868-0473)	
	Ballet w/Erika	Teens and Adults 12:00 - 1:30 a.m.
	(6/30-7/28/12) Ballet/Soft shoes required. Call (209) 523-4305)	

Check the Library marquee or Calendar in BCC Foyer for special events at the Community Center.
For More Info call 868-2128 or visit Bocenter.org

LOST & FOUND

MISPLACED MY TWO 6' X 8' APPLIQUÉ
Rajasthan tent partitions seen often at parties and festivals.
Stored somewhere I'm sure in someone's shed. Yours?
Ananda -0285

AB8/3

WATCH FOUND NIGHT OF JULY 3RD
at the tennis court on Brighton. Call Hanford @ 9508 to claim.

HW 7/9

UNDERWATER 'GO PRO' CAMERA
Lost July 4 downtown? 652-7067

7/11

Found - long hair wire Jack Russell terrier-brown & white.
Has collar but no tags. Male. Found near Bolinas Y/lagoon.
Call 415-450-7451 to claim.

7/25 CD

PRESCRIPTION EYE GLASSES (THICK LENSES)
-found this AM 7/9 on Agate Beach. Please call the Hearsay Office M-F, 9AM-12 Noon @868-0138 to claim.

GW 7/9