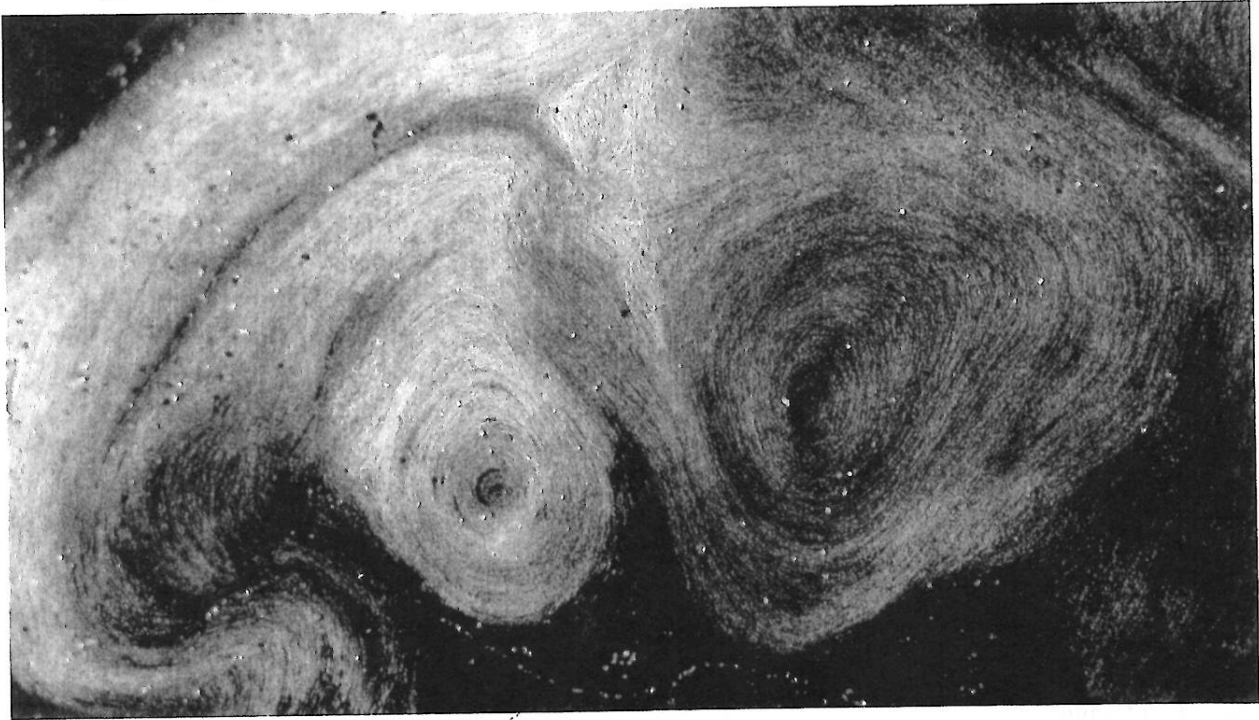


Bolinas Hearsay News

Monday, August 3, 2015

50 cents



Wave-worn driftwood on RCA beach. Photo by
Curly Rigg.

HAPPY HAPPY BIRTHDAY!!!

- August 3:** Miranda (Young) Joseph
Mikal Jay
Janet Mattingly
Amelia Neffati
- August 4:** Bob Grenier
Bob Bates
Sam Blake
- August 5:** Tom D'Onofrio (remembered)
Tank
Judy Buchanan
- August 6:** Karina Salenger
Rhiannon Broek
- August 7:** Mechelle Cattell
Danny Harrington
- August 8:** Gregor Docherty
Serita Basilio-Lewis
Tina Ann
Wilbur Richards
- August 9:** Jody Spangler
Cindra Joy
Richard Brown
Memphis Russum
Charles Winstead
Robin Thompson

WHAT'S HAPPENING?

Tuesday, August 4

END OF LIFE CHOICES

Class by Julia Maxwell @ Community Center,
7-8pm. Also Tuesday, 8/18

Wednesday, August 5

WILDCARE ANIMAL AMBASSADORS,

11-12pm Wildcare brings some of the animals
they are caring for to show and talk about at
the Community Center.

OPENING RECEPTION

For Schehera's 'Third Eye Inspired' exhibit, @
Farmstand Gallery, 6-8pm

SAN FRANCISCO MIME TROUPE

Presents 'Freedomland,' tongue-in-cheek play about
police violence, @ Mill Valley Community Center,
6:30pm

Thursday, August 6

JEWELS & JOHNNY NATION

Rock and roll @ Smiley's, 8:30pm. No cover.

Friday, August 7

KENT ISLAND COMMUNITY WORKDAY

Sponsored by Marin County Parks. Meet @ the boat
dock, 10am. Snacks, water provided. Info: 473-3778

BURNING MAN SHOW & TELL

Learn more about Camp Berlinus and this year's
trip to Burning Man, movies, music, stories, ritual.
7:30-9:30pm, Community Center, \$5 sug. Donation

QUINN DEVEAUX

Blues beat soul music @ Smiley's, \$5.

Saturday, August 8

SOUP SATURDAY

Lunch at St Aiden's, noon, free. All welcome.

TEN TON CHICKEN

Improvisational groove rock @ Smiley's, 9pm, \$5.

continued next page



COMMUNITY &
CULTURAL CENTER

dance palace

AUGUST

VOLUNTEER WORK DAY & PICNIC

A day dedicated to sprucing up the Dance Palace. There are projects for all skill levels and ages. The Dance Palace Community & Cultural Center would not run without our amazing team of volunteers and friends and it would never look so nice without everyone pitching in once a year.

Saturday, August 15, 9 AM - 1 PM

CLOSED FOR RENOVATIONS

The Dance Palace will be closed for renovations August 24 - 29.

continued from front page

Sunday, August 9

DUM SPIRO SPERO

Americana music @ Smiley's, 8:30pm, no cover

Tuesday, August 11

'VILLAGE' MOVEMENT

Organizational meeting to coordinate resources for aging in place, @ Firehouse, 3-5pm

SHOW

I'm excited to see the new art presented at the Gospel Flat Farmstand this month. Schehera vanDyk's visionary artwork and pottery - skillful detailed brush work depicting light, color and movement; and executing some of her work in new, for her, multi-media techniques, infuse her animal and wildlife symbolism with zest. New on the art scene, and complementing Schehera's art, is quilt work by Erin Dell. Erin has a great aesthetic approach in her colorful designs and her hard work is in evidence with the lively and colorful hand stitching. Erin's quilts are a must-see. Also excited to see Dan Crain's original art.

The opening Reception is this Wed. Aug 4 at 6pm at the Gospel Flat Farmstand Gallery with Music and Libations. There is much to see and enjoy.

-Mary Siedman -0477

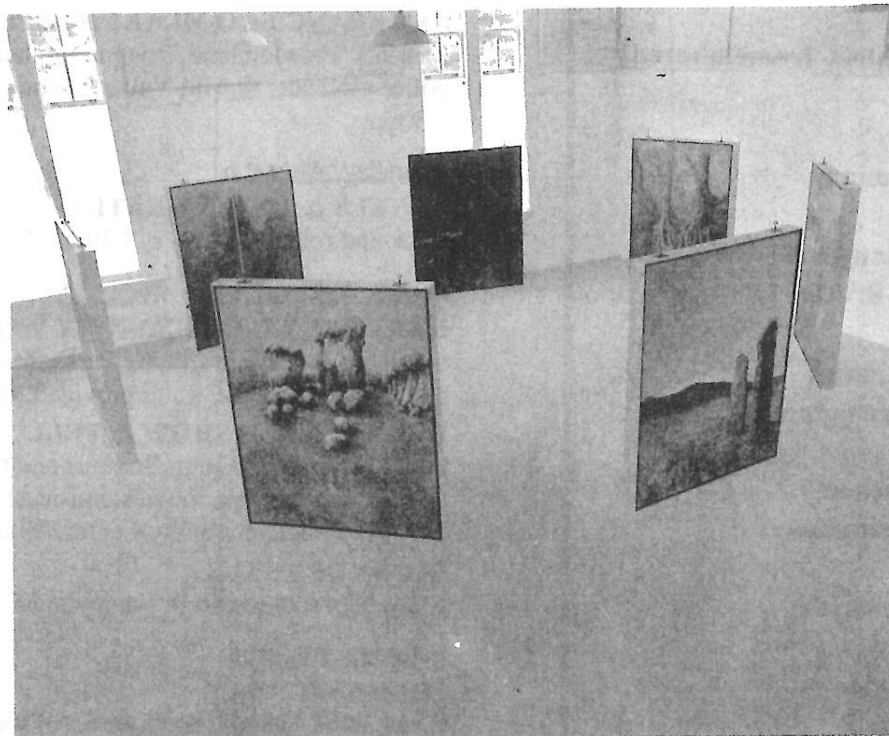
BIRTH ANNOUNCEMENT:

Willamina Jewel Vincent-Springer

**Born July 30, 2015
5:49am**

SPIRIT OF PLACES

- AN INSTALLATION BY DIETER TREMP -



COMMONWEAL GALLERY EXHIBITION SPACE

1 Aug. through 30 Sept., weekdays 9:00 to 5:00 p.m.

Artist Reception: Saturday, 5 Sept., 3:00 to 5:00 p.m

The Man Who Rode White Cloud (for Tom D'Onofrio)

I met the **Man** who rode **White Cloud**,
and our first words together
were of the forces that we felt here,
of energies that allowed us to connect
to the Creative--Universal,
and for him,
to *The Spirit in Wood*....

White Cloud was his muse, his transportation
to adventures into the mystic.
I helped him polish a table top
that by his hands,
became much more
than the physical realities of
wood,
glue,
sculpting,
hand rubbing,
but the table needed a base.

The vision was a **Dragon**, but there was no
Creative inspiration to draw upon,
until **White Cloud** took him on the
adventure of his life, and
The **Dragon** was revealed.

The **Man** who rode **White Cloud** lived
with a respect for all creative forces,
and all the forms that those forces created.
He had a Love and a beauty in his soul
that he gave freely.
He now joins **White Cloud** for adventures in
the **Greater Universe**....

-Magi Barror-

MONDAY MORNING WEEK IN REVIEW FROM JENNIE PFEIFFER, IS ON BREAK

FOR AUGUST. I will just say, that Tom
D'Onofrio's memorial yesterday had a beautiful full
house. Commonweal was well adorned, and there
were many loving and inspiring remarks about
Tom's exuberance, optimism, and love of life.
Everyone was very generous and creative with food
offerings and there was such a beautiful array of
delicacies. Tom lived a full life that suited him,
and his lovely, talented, and well-spoken daughters,
Ciarra and Colby, represented him well, along with
four of his five wives, and many dedicated friends. It
was a bodacious send-off.

And speaking of send-offs, family and friends said
goodbyes to Calvin Pfeiffer Bryne yesterday, off to
start another major life adventure with the start of law
school at U.C. Irvine. We will miss him and hope
this new chapter is a successful one as he presses on
regardless. Jp

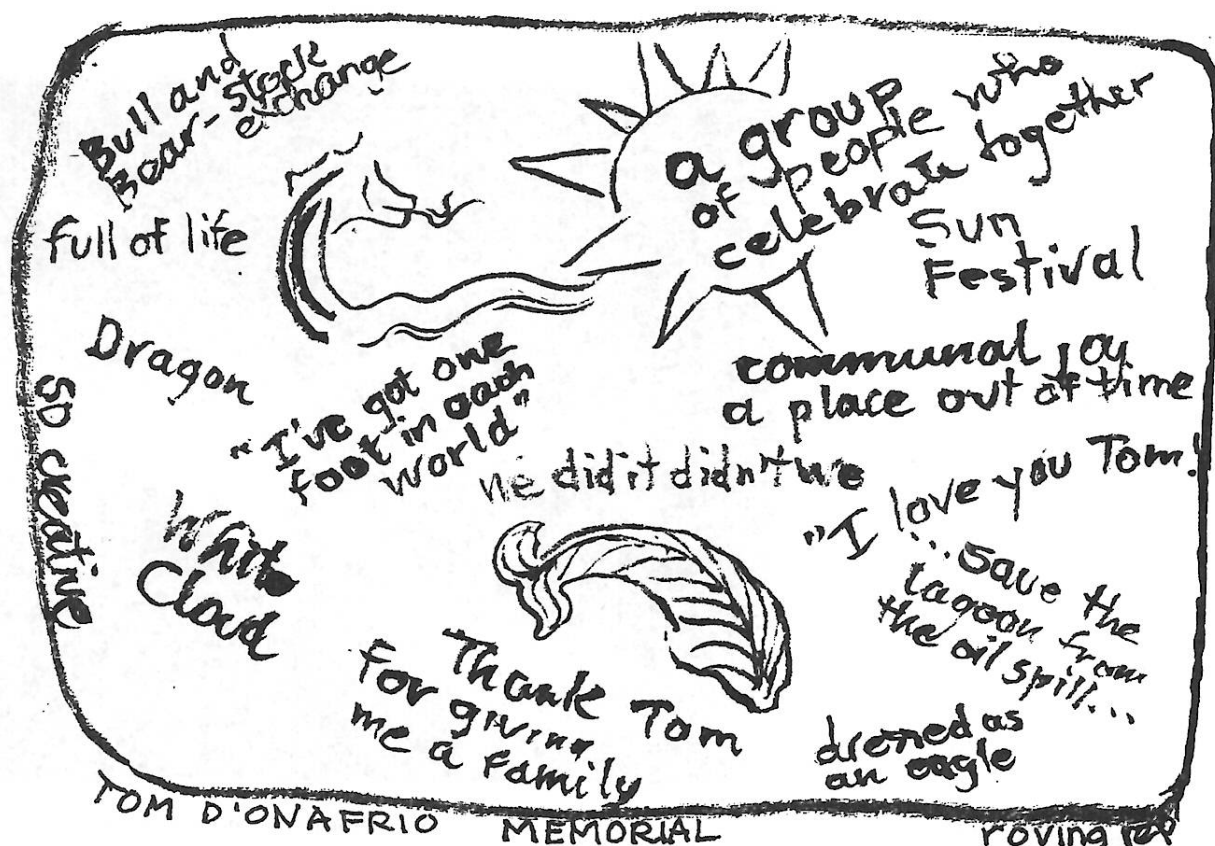
Al Anon Weekly Meeting-St. Aidan Church
Wednesday 8:30-9:30 am
Diana - 9249

Ken & Sam Levin

Window Cleaning

415.663.9669

West Marin's Best



New Ways to Think about Calories

A paper just published in the American Journal of Clinical Nutrition has caused researchers to rethink the adage – a calorie is a calorie. In terms of weight gain in humans, “foods have complex mechanisms that help or hinder weight long term,” according to the paper’s authors. Researchers from Tufts and Harvard Universities examined 24 years of data on 121,000 men and women. Subjects were nurses and doctors from the Nurses’ Health Study and the Health Professionals Follow-Up Study. Subjects, initially free of obesity or chronic illness, completed detailed food questionnaires. Their weight gain was measured every four years, and results were adjusted for lifestyle changes such as physical activity, sleep, and total calorie intake. The study found the following associations between protein foods and weight:

- 1) Meats, chicken with skin and regular cheese were associated with weight gain..
- 2) Milk, legumes, peanuts and eggs were not associated with weight gain or loss.
- 3) Yogurt, peanut butter, walnuts and other nuts, skinless chicken, low fat cheese and seafood were associated with relative weight loss.

Starches with minimal fiber, such as white bread, white potatoes, and white rice were associated with weight gain, and found to be similar to added sugar. Many breakfast cereals are almost entirely refined starch with added sugar.

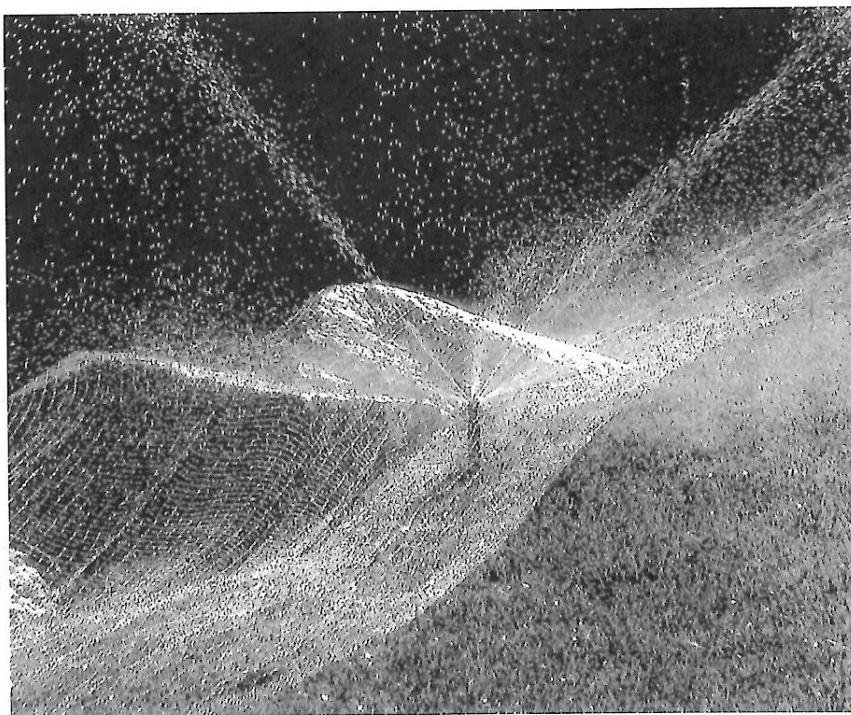
The take-home message from this paper, as I see it, is that protein foods vary greatly in their ability to keep you sleek and healthy. Choose from groups 2 and 3 as

often as possible, and always be mindful of the need for vegetables, fruits, fiber and healthy fats.

More on Fiber: Another study from Harvard, published in BMC Medicine, showed that middle aged and older subjects, followed for over 10 years, gained substantial benefits from whole grain foods. Those who ate the most whole grain were 17% less likely to die in the study period compared to those who ate the least amount. They were less likely to be obese, and less likely to suffer premature death from lung disease, diabetes and cancer. People sensitive to gluten in wheat can still get plenty of whole grain and fiber from oats, quinoa, buckwheat, brown rice and corn.

More on Vitamin D: A recent study from Tufts showed that a vitamin D supplement will be better absorbed when taken in a meal containing fat. Fat stimulates the release of bile into the small intestine, which will make it easier for the body to absorb fat-soluble vitamin D.

Sadja Greenwood Back issues at sadjascolumns.blogspot.com



Sprinkler photo by Curly Rigg

EULOGIUM FOR TOM D'ONOFRIO

Ain't no grave gon hold his body down
Ain't no tombstone how heavy gon hold Tom down.

See him galloping still across RCA wildlands
visions of sea serpents in his live eyes
beyond the waters breaking gainst eternal sands.

Look at him till the last sip of time:
Methodist minister man of the cloth,
shaman in flowing robes holy man blessing babies
every Festival of Floating Sun celebrating the quickened breath
Praying and praising and passing mortal Life each new generation.

Ain't no grave dug so deep gon keep his brave soul down.
Ain't no shadow gon dampen his positive vibration,
Aw, hear once more his hale & hearty cheer
greeting with brio every brother well met.
"Chieftan of Bolinas" it's been reported living more lives than he had wives
(& girlfriends in between), cherubic dimpled grin & halo of wavy hair
bullish on the Pacific Stock Exchange & bullish on Agate Beach.

Ain't no grave gon hold his ashes down.
See them already floating upward in a breeze, resurrected
embodied as a burnt dragon breathing fire
laying down the world's troubles
on an Ernesto altar on Brighton Beach.
See that wild beast in headdress among the flowers
dancing & drumming all gusto gainst the relentless tide
teaching us again time's immortal lesson.

Behold Tom lifted up riding White Cloud in the sky
dressed as Father Christmas from the North Pole to deliver a present
to a sick child through her bedroom window, guru of all good
who played his part with big-hearted service,
no grave gon hold his spirit down.

Nor his artful self displayed at every turn: the hand-carved redwood dolphin
frolicking on Wharf Road, those two diving together at Club Mike, those three
somersaulting barn-side at the crossroads, those hung at beach shacks and banks alike.

Spy him eagle-masked among hipster angels leaning gainst a pearly gate
showing us the way, one at a time, all of us, to join him, all in good time.
No way no how no grave gon hold our man Tom down.

Satris
Bolinas July '15

pasteup
ads/books
press

Ned Riley
June McAdams
Jennie Pfeiffer

THREE GREAT THINGS ABOUT THIS PLACE...

(1) Grandson Calvin's send-off party, with friends and family wishing him well on the next phase of his life--at law school, God help us.

(2) My neighbor Tom D'Onofrio's memorial tribute. Tom was the eternal optimist. Godspeed.

(3) Passing the fire-safe inspection.

--Ned Riley



Balancing Act
BOOKKEEPING PLUS

Christine Cunha, Owner
415.868.2700

- Full-Charge Bookkeeping
- Payroll
- Year-End Prep
- Mail Service
- Plus More...

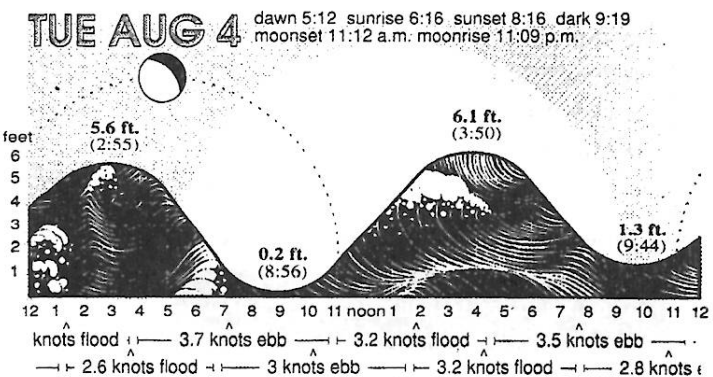
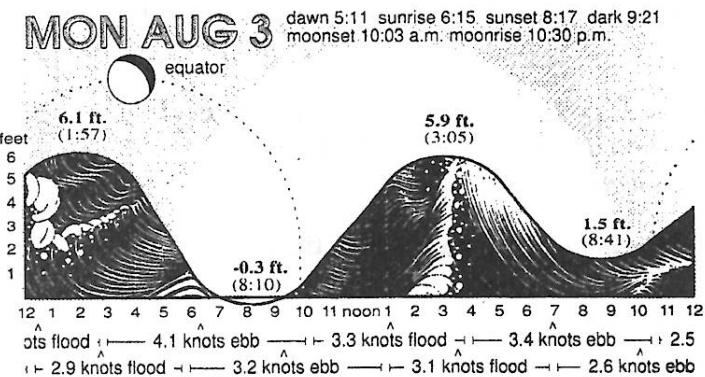
Confidentiality Assured

48 WHARF ROAD, 2ND FLOOR, BOLINAS

bringing order to your financial world

KWMR RADIO SCHEDULE

| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-------|--|--|----------------------------------|---|-------------------------------------|-----------------------------------|--|
| 6:00 | DAWN | | | | | WEEKEND DAWN | |
| | KWMR Music | KWMR Music | KWMR Music | KWMR Music | KWMR Music | As It Happens (CBC) | 5 am Sunday Baroque |
| 7:00 | NEWS & KWMR MORNING SHOWS | | | | | MORNING MUSIC, TALK & NEWS | |
| | Day 6 (CBC) (repeat) | As It Happens (CBC) (repeat) | As It Happens (CBC) (repeat) | As It Happens (CBC) (repeat) | As It Happens (CBC) (repeat) | Morning Glory | Daybreak |
| 8:00 | With Eyes Open! A Cuppa Jo | Rise and Shine | Swimming Upstream | Top of the Morning Pieces of Peace | The Friday Guide | | |
| 9:00 | Park Wave-lengths coming The Valley KT's YDP: Retro Rock Hour Kitchen | | | | | | |
| 10:00 | TURNING PAGES | | | | | Day 6 (CBC) | Sunday Celebration |
| | At Nature's Pace | Reading / Vinyl Cafe to John (repeat) | Waves of Joy / Radio Bookmobile | For Children of All Ages coming Casual Footsteps | Libro Abierto | | |
| 11:00 | TALK & CURRENT AFFAIRS | | | | | | |
| | Trash to Treasure | Spirit & Mind Questing | Alternative Radio | Philosophy Talk | Cuerpo Corazón Comunidad | | |
| 12 pm | The Bloneers | | | | | | |
| | Farm & Foodshed Report | New Dimensions | Planetary Radio | Attune-ment Common-weal Conversations | An Organic Conversation | | |
| 1:00 | | | Making Contact | | | | |
| | Ocean Currents Post-Carbon | On Being with Krista Tippett | Climate One | Art's Desire Hot Tech/Cool Science | Peace Paradigm The Local Organon | | |
| 2:00 | AFTERNOON MUSIC | | | | | AFTERNOON MUSIC | |
| | Cruisin' | Aztec Pride Professor Kosmo | Classical Wednesday | Classical Thursday | Classical Friday | Hawai'i Calling Woodstock West | Happy Days |
| 3:00 | | | | | | | |
| 4:00 | new Art of the Song | Youth DJ Project: "The Loft" | Youth DJ Project / Prof Kosmo | TeaTime Books (Coastal Airwaves) | | | Jazz Rhythm |
| 5:00 | NEWS & CURRENT AFFAIRS | | | | | Circulo Musical | Learnin' / To Hell & Kirven Bach |
| | Epicenter | Epicenter | Epicenter | Epicenter | Happy Hour | | |
| 6:00 | As It Happens (CBC) | As It Happens (CBC) | As It Happens (CBC) | As It Happens (CBC) | | | |
| | EVENING MUSIC | | | | | EVENING MUSIC & DRAMA | |
| 7:00 | Release Me | Musical Varieté | Foggy Ridge West County Prowl | Bakersfield & Beyond Shorty's Bunkhouse | new Night Flight new Boy Voyage | Celtic Universe | Elbow Room Between Rock & A Jazz Place |
| 8:00 | | | | | | | |
| 9:00 | Barbarian Beach Party Silver Dollar Jukebox | Faultline Radio | Coast Highway Blues | Off The Cuff Running With Scissors | Magic Radio | The Jazz Groove | L.A. Theatre Works |
| 10:00 | | | | | | | |
| | Forms and Feelings (repeat) | DJ Your Life Professor Kosmo | Sonic Sunspots | Sit Down! | Grateful Dead Hour | Saturday Night Function | Stuck in the Psychedelic Era with the Hermit |
| 11:00 | | | | | | | |
| 12 am | LATE NIGHT | | | | | LATE NIGHT | |
| | KWMR Music | KWMR Music | Sunspots to 1:30 KWMR Music | Best of British | Radio Goethe 12-1 KWMR Music | KWMR Music | DeepWaking 12-1 KWMR Music |



FOR SALE

CHILD'S IKEA KITCHEN SINK/STOVE SET Wooden utensils & food (including pizza!) Wooden Doll House with a few furniture pieces Please call Lisa or Xanthe @ 0473

LT7/31

DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus – Cut locally
 Gospel Flat Farm 868-0921

DMx

ANNOUNCEMENT

LOVE DOGS FOR LIFE, INC., is an amazing non-profit that is dedicated to helping pets stay with their people through financial or life changing setbacks. There are delightful **Love Dogs for Life** products – mugs, bags, shirts, magnets, and art items, available for sale at *Uniquities Variety, Thrift & Gift* and *Really Good Pet Food Emporium*. All proceeds go to help fund this helpful and much used organization.

JP8/3/15

WANTED

SEEKING A SMALL TRAILER, SO KAYDON, AGE 15, can have space for a bed and a desk. Urgent!
 Call Martine 868-9036

MA 8/3

I HAVE A FULLY SELF CONTAINED

8ft x 22ft motor home and need a space where I may park and occupy it. No services need to be provided other than the space.
 No trades/pay rent only. Low profile, very quiet.
 Local references. Contact Phil Shaw at e-mail:
 BREEZERSTORM@gmail.com

PS X

WANTED: BICYCLE FOR BURNING MAN

StuArt- 868-2769

SC X

LOST AND FOUND

GONE MISSING AT SUN FESTIVAL:

Two shakers with red feathers and two wood handled gourd shakers. To arrange a return please call KO at 2283

KO 6/24

LOST: CELL PHONE OLD CASIO BUTTON

phone ! reward! Between school, town, Terrace, Elm, Opal.
 Ron Brown- Return to Fire Dept.

RB 6/22

LOST: SMALL PADDED CAMERA BLACK CASE

lost in park during The Sun Festival on Sunday.
 If found, call 0938

M6/22



Found: a light green hand-knit sweater, by the sewerponds (a couple weeks ago)
 415-868-2312
 415-259-9238

CLASSES



Weekly Classes and Events Schedule

MONDAY

Bo Babies & Toddlers Open Play Group (free) 10:00 - Noon
 Pilates w/Lisa Townsend (pre-register 868-0473) 5:30 - 6:30 p.m.

TUESDAY

Senior Stretch W/Anna Gottreich 11:00 - 12:00 p.m.

WEDNESDAY

Pilates w/Lisa Townsend 8:30 - 9:45 a.m.
 Ninjitsu w/ Martin (Starts 1/14/15) 6:30 - 8:00 p.m.

THURSDAY

USDA food bank 12 noon
 Congolese Dance w/ Sandor 6:00 - 7:30 p.m.

FRIDAY

Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 a.m.
 No Place Like Home (Free Branch 4th Fri of Month) 10:30 - 11:30 p.m.

SATURDAY

Diaspora Dance w/ Amber Hines 9:00 - 10:15 a.m.
 Ballet w/ Erika Townsend 10:30 - Noon

SUNDAY

Brazilian Dance with Anna Gottreich 11:00 - 12:15 p.m.
 CommUnity Night (see website for details) 6:00 - 9:00 p.m.

Call 868-2128, check the Library Marquee, Calendar in BCC
 Foyer or visit www.bolinascenter.org for more info & special events!

Classified ads that are free

As a public service to help the recycling of things ~ the finding and returning of things ~ and the need for transportation, the Bolinas Hearsay news will print for **free** ads in the categories **LOST & FOUND, FREE and RIDE SHARE.**

Drop your ad through the slot in the door at our office on the left side of the PBUD building at 370 Elm Street.

Or email to hearsaynews@yahoo.com

Maximum approx. 20 words, will run at least one week, often longer

FREE

WE ARE REORGANIZING OUR SUPPLIES

and have a lot of extra white greenhouse shade cloth. Very handy stuff. Outside the fence on Poplar at Aspen till it's gone.

MN 7/31

JUNIOR LOFT BED W/ 3 DRAWER CHEST, DESK

& bookcase. Single mattress. Great shape – outgrown.
 L 80", W 42", H 46". Call 9851 – vmsg 342-6347

SS 7/24

WHITE LOVESEAT. AND NICE OVERSIZED COMFY

eggplant colored chair with matching ottoman. Perfect for reading and sitting with a friend! Come and get it by Sunday.
 868-9041 or 451 624 7160.

KC 7/10

TWINBED WITH PINE WOOD FRAME

and mattress. -1917 or 710-9952

R 7/10



HEARSAY NEWS CLASSIFIEDS

Office Hours M.W.F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door

SERVICES

PROFESSIONAL WRITING, RESEARCH, MARKETING

A (transplanted) local seeking telework -- part time/ project.
Political advocate for nonprofit. Master's Degree.

Local/professional references.

Andrew.W.Cattell@gmail.com 415.717.5342

AC 8/14

BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

HANDYMAN: HOME REPAIR, CARPENTRY,

painting,. Hauling too! 27 years experience. Local refs.

Steve Hill -2310

SHX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING

Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping

Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS

a Subaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

"I CAN SEE AGAIN!"

CLEAR LIGHT WINDOW WASHING

Call Dale-0782

DP 7/31

hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication
the next day.

Or to request a link to the password-protected website
to read online and info on how to subscribe online.

How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the
BPUD office on Mondays, Wednesdays and Fridays
between 9:30 & 10:30 am to have your article appear the
same day, and until 11:00 am for classified ads.

Ad forms are also available anytime in the small
mailbox next to the Hearsay door. You can fill out the
form and have your ad billed to you, or you can enclose
payment (please note on your ad if you are paying cash
in as they might become separated) & drop into door
slot.

FOR RENT

IDEAL FOR OFFICE OR WRITER'S STUDIO

separate, quiet with WiFi in my garden. Sorry, no live-in.

Micah 0938

M 7/31

HEALTH & HEALING

CAREGIVERS AVAILABLE

Excellent homocare & cleaning.

Call 868-1782 Anita and William Henry

CH x

June McAdams, RN

Compassionate and Skilled

Hospice Care Home Care

Newborn to Elders

Coastal Marin Only

More than 39 years nursing experience

(415) 868-9052

HOUSING WANTED

30 YEAR RESIDENT, ACTIVIST, POET & SURVIVOR

seeks cozy room or in law unit. Clean, quiet, widowed, needing
home by October. Sandy 1340 solartimeseditor@gmail.com

WV 8/13

LOOKING FOR A PLACE TO RENT

After nearly 14 years in my sweet cottage, I have to move.
Wonderful, reliable tenant; great neighbor; great references.
I would like to stay in Bolinas and would consider anything.

Helen Sirica, cell 415.328.8136 / home 415.868.2175.

email: hsirica@aol.com Thank you

HS 8/3



Regular meetings in West Marin

| | | | |
|------------------------------------|--|-------------|-------------------|
| Lagunitas School Board | 3rd Thursday | 6:00 p.m. | Campus |
| SGV Healthy Comm. Collab' | 2nd Wednesday | 3:30 p.m. | Comm Center |
| SGV Nutrition Advisory Co. | 4th Thursday | 3:30 p.m. | Comm Center |
| Laf. Ed. Foundation (LEAP) | 1st Monday | 7:00 p.m. | Lag. School |
| SGV Planning Group | 2nd Monday | 7:30 p.m. | Comm Center |
| Dance Palace Board | 1st Tuesday | 7-9:00 p.m. | Dance Palace |
| Point Reyes-Olema 4-H | 3rd Monday | 6:30 p.m. | Dance Palace |
| Bolinas Community Center | 3rd Tuesday | 5-7:30 p.m. | Bolinas Library |
| Point Reyes Village Assoc. | 2nd Thursday | 7-8:00 p.m. | Dance Palace |
| Stinson Beach Village Assoc. | 1st Saturday | 10 a.m. | SB Comm. Ctr. |
| W.M. Lions Club | 1st Tuesday | 7-9:00 p.m. | Sta. House Café |
| Briones Lions Club | 4th Thursday | 7 p.m. | Rod & Boat Club |
| W.M. Rotary Club | Each Wednesday | 8:30 a.m. | Toby's Feed Barn |
| W.M. Chamber of Commerce | 1st Thursday | 7:00 p.m. | Sta. House Café |
| Shoreline Unified School Board | 3rd Thursday | 7:00 p.m. | Rotating |
| W.M./Inverness School Site Council | 4th Thursday | 3:15 p.m. | W.M.S. staff room |
| W.M./INV SNAC Comm. | 4th Monday | 3:15 p.m. | W.M. School |
| KWMR Board | 3rd Wednesday | 6-7:30 p.m. | Fire Station |
| Inverness Public Utility District | 4th Wednesday | 9:00 a.m. | Fire Station |
| Inverness Association | 4th Wednesday | 7:00 p.m. | Library |
| Inverness Park Association | Date, time and location posted at Perry's Deli | | |
| Bolinas Comm. Public Utility Dist. | 3rd Wednesday | 7:30 p.m. | BCPUD office |
| Marin Municipal Water District | 1st/3rd Tuesdays | 7:30 p.m. | MMWD office |
| Bo-Stin Union School Board | 2nd Tuesdays | 6 p.m. | Bolinas campus |
| Stinson Beach Water District | 3rd Saturday | 9:30 a.m. | SBCWD office |
| Bodega Bay Public Utility District | 3rd Wednesday | 9:00 a.m. | BBPUD office |
| Tomasles Village Comm. Serv. Dist. | 2nd Wednesday | 6:00 p.m. | Town Hall |
| Tomasles Town Hall Board | 1st Wednesday | 7:30 p.m. | Town Hall |
| Tomasles Design Review Board | 3rd Wednesday | 7:30 p.m. | Town Hall |
| Tomasles 4-H Club | 3rd Monday | 7 p.m. | Town Hall |
| North Marin Water District | 1st/3rd Tuesdays | 7:30 p.m. | NMWD office |