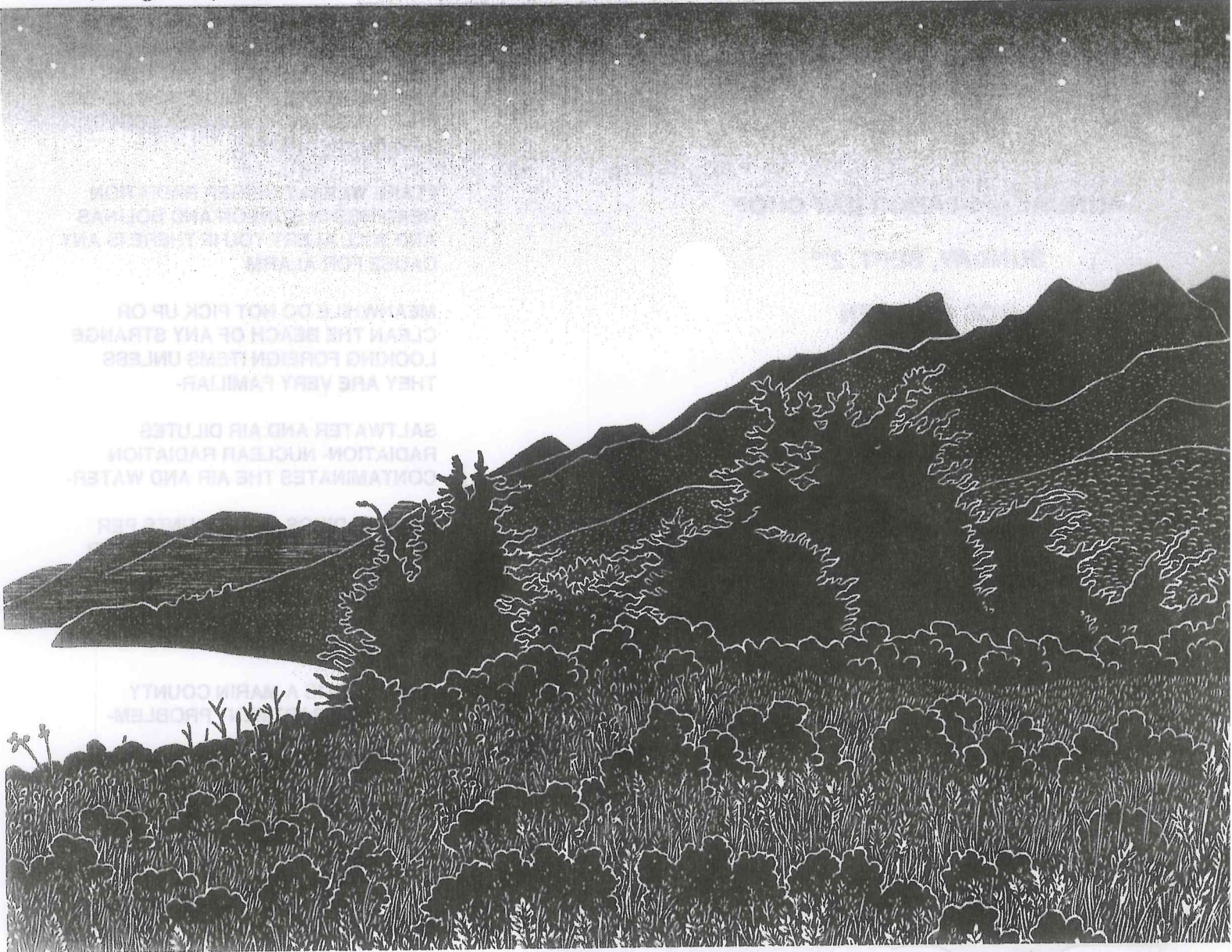


Bolinas Hearsay News

Monday, August 27, 2012

46 ¢ + tax



-- Tom Killion print

WHAT'S HAPPENING

Monday, August 27

FIRE DISTRICT

Regular monthly meeting of the Board of Directors @ Firehouse meeting room, 7:30pm

Tuesday, August 28

COMMUNITY NIGHT

Game night for youth. w/ DJ Omatic, Pirate Pizza @ Community Center, 6pm

Wednesday, August 29

MIDNIGHT ON THE WATER

Local traditional musicians play for Smiley's celebration of all August birthdays, 7:30-9:30pm

Thursday, August 30

COAST CAFÉ CONCERT SERIES

Live music, food & drink specials @ Coast Café, 7-9pm

SOFI ROX PRESENTS

Live local music @ Smiley's, 8:30pm, no cover

Friday, August 31

DIRTY HAND FAMILY BAND

Live music @ Smiley's, 9:30pm. Cover

FULL MOON

6:58am

Saturday, September 1

JUST FRIENDS

Charlie Docherty, Jim Vest, Jerome Bohlman, Molly Maguire, Michael Pinkham @ Smiley's, 9:30pm. Cover.

Monday, September 3

LABOR DAY CELEBRATION/STREET PARTY

Music & bbq begin around noon. Silent auction benefit for Community Center closes 5pm

HAPPY HAPPY BIRTHDAY!!!

August 28: Rhonda Leone
Jim Heddle
Finnian Stephens

August 29: Mark Harmon
Ron Applin
Jeremy Dierks
Ron Brown

August 30: Bill Berkson
Susan Murphy
Michael DellaValle
Orrian Elijah Willis

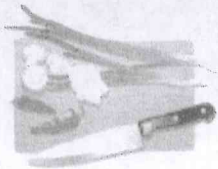
August 31: Brook Sierra
Helen Sirica
Cyrus Harmon
David Kimball
Persis Norton

September 1: Dean Hutchinson
Chenoa Erickson
Sarah DeBerry
Melinda Mills
Una Zakas

September 2: Jessica Danielle Maxey
Gary Rosenblatt

CHOPCHOPCHOPCHOPCHOPCHOPCHOPCHOP

CHOPCHOPCHOPCHOPCHOPCHOPCHOPCHOP



ANNUAL pre-LABOR DAY CHOP

SUNDAY, SEPT. 2nd

BCC KITCHEN

10am-1pm

Meet, greet and chop local organic veggies for fabulous Labor Day salads!

Just show up or call (-9978) (Bring favorite knife, cutting board, food processor)

CHOPCHOPCHOPCHOPCHOPCHOPCHOPCHOP

CHOPCHOPCHOPCHOPCHOPCHOPCHOPCHOP

Ask yourself this question: "Did I remember to send in a donation for the Downtown Mural Project so that we can pay the painting company for painting the big wall? Please send tax-deductible donations to The Bolinas Community Center (for the Downtown Mural Project), P.O. Box 122: attention- Randi Arnold, ASAP. Thanks so much for your support. We have all loved doing this project!
Harriet Kossman
Mural Project Director

ALERT-NO NEED FOR ALARM- BUT BE CAUTIOUS 29 AUG 12

THERE WILL BE A VERY LOW-FLYING HELICOPTER AROUND THE SHORELINE AND BOLINAS LAGOON THIS WEEK TESTING NUCLEAR RADIATION LEVELS FROM THE FUKUSHIMA DISASTER IN JAPAN

I TAKE WEEKLY GEIGER RADIATION READINGS IN STINSON AND BOLINAS AND WILL ALERT YOU IF THERE IS ANY CAUSE FOR ALARM

MEANWHILE DO NOT PICK UP OR CLEAN THE BEACH OF ANY STRANGE LOOKING FOREIGN ITEMS UNLESS THEY ARE VERY FAMILIAR-

SALTWATER AND AIR DILUTES RADIATION- NUCLEAR RADIATION CONTAMINATES THE AIR AND WATER-

OUR READINGS 22-28 COUNTS PER SECOND ON THE GEIGER, COUNTER ARE NORMAL & ARRIVE FROM PAST NUCLEAR ACCIDENTS- FULL CONTAMINATION IS AROUND 500 COUNTS PER SECOND.

RADIATION IS A MARIN COUNTY HEALTH DEPARTMENT PROBLEM-

BARBARA KAYFETZ
RETIRED DISASTER COORDINATOR,
BOLINAS FIRE
LOCAL: AKAYFETZ@AOL.COM
(415)-868-9622
WORK: (415) 459-5500
WWW.EARTHQUAKESUPPLYCENTER.COM USE CODE BK

PS: ALL NUCLEAR SITES SHOULD BE ENTOMBED IN A PYRAMID TO ALERT A GLOBAL WARNING *BF*

Bo-Stock

BO-STOCK REUNION GUILD presents

A 40 Year REUNION DANCERT
at the Bolinas, California Community Center



WITH Musicians from:
Raw Honey
Living Proof
Duke & The Boys
The Far Tones

David Murray, Susan Murray
Joni Harding, Craig Brady
Charlie D'Acardo, Clay Lilleston
Donny Ensilin, Sean Nelson
PLUS Luke Anderson & guests

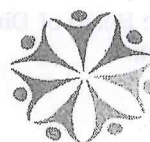
Bar Hosted by
The Bolinas Community Center

Dinner by Marty's Family Kitchen

FREE Admission

**SATURDAY
SEPTEMBER
8TH 2012**

**4 HOURS
OF PEACE
& MUSIC**



COMMUNITY & CULTURAL CENTER

dance palace

The Dance Palace, 5th & B Streets
Point Reyes Station
Tickets at www.dancepalace.org

Smiley's

POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

2nd Prize \$25

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311

HISTORICALLY WHEN THERE IS CONTROVERSY IN BOLINAS WE HOLD AN ADVISORY POLL AND THE RESULTS LET OUR ELECTED OFFICIALS KNOW WHICH DIRECTION THE COMMUNITY WANTS THEM TO GO.

THE NEW DOWNTOWN PARK SLIPPED THROUGH WITHOUT A VOTE OF THE PEOPLE AND PEOPLE WERE PEEVED BIG TIME-BUT IF YOU DON'T STAND UP AND BE COUNTED YOU LOOSE-

THE LATEST BIGGEST CONTROVERSY IS IF THE DOWNTOWN/MESA PARK/ DOWNTOWN STREETS/ PARKING LOTS OR BEACH SHOULD HAVE ROVING MERCHANTS, TACO 'S ON WHEELS, CHINESE FOOD IN BIG TRUCKS OR INDIVIDUALS SELLING ITEMS LIKE HOTDOGS, CRAFTS, JEWELRY, ETC. - PERMITS OR NO PERMITS?

ARE YOU AWARE THAT THE STREETS FROM THE BOLINAS SCHOOL TO AGATE BEACH AND THOUGH OUT ALL OF THE DOWNTOWN STREETS ARE GOING TO BE PAVED IMMEDIATELY?

IT WOULD INCLUDE YELLOW CENTER LINES WITH MANY HUNDREDS OF REFLECTORS AND REFLECTIVE SIGNS, ALL PARKING SPACES MARKED WITH 2 HOUR TIME LIMITED PARKING WITH REFLECTIVE SIGNS WARNING OF \$99.00 FINES FOR OVERTIME PARKING/ AND 15 MIN PARKING IN FRONT OF THE POST OFFICE?

THE NEW MAN AND HIS WIFE WHO JUST MOVED INTO BOLINAS AND PAID THE REALTOR AND SELLER THOUSANDS FOR HIS NEW HOME IS IN SHOCK. THEY MOVED HERE BECAUSE THEY LIKE THE COMFORTABLE STYLE OF THE TOWN, THEY DIDN'T WANT TO LIVE IN MILL VALLEY AT THE BEACH.

ARE YOU READY FOR ART AND FOOD TOUR BUSES? YOUR LICENSED MERCHANTS ARE CONSIDERING THEM.

HOW ABOUT A NEW GYM AT THE SCHOOL?

HOW ABOUT A SWIMMING POOL THAT WON ADVISORY POLL MAJORITY SO MANY YEARS AGO THAT NO ONE CAN TELL YOU HOW LONG AGO IT WAS. "THAT'S STILL IN THE WORKS".

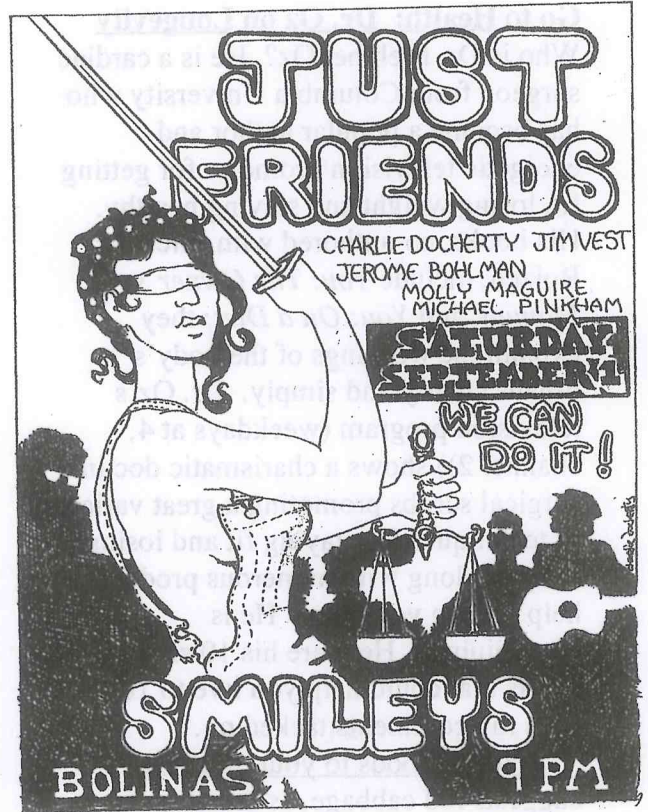
ARE THERE ENOUGH WATER METERS?

HOW LONG SHOULD A WINNING ADVISORY POLL QUESTION LAST IF THE PROJECT IS NOT BUILT?

1 YEAR- 3 YEARS- 7 YEARS- 15 YEARS CIRCLE ONE!

THE WATER MORATORIUM WAS NOT PLACED HERE TO STOP TOURIST FROM ENTERING THE TOWN. BUT, IT BECAME A CONSEQUENCE OF ENACTING THE MORATORIUM.

THE MORATORIUM WENT INTO EFFECT SO THERE WOULD BE ENOUGH WATER TO PUT OUT FIRES. (IN THE 1970'S



B
A

Balancing Act

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- Mail Service
- Plus More...

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bringing order to your financial world

WHEN A HOUSE CAUGHT ON FIRE THEY PUT THE WATER ON THE HOUSES NEXT TO IT.)

THERE IS ALWAYS LOW WATER IN OUR RESERVOIRS AND FIRE WARNINGS IN AUG & SEPT.

HOW MANY EXPANDED WATER USE PERMITS ARE OUT THERE?

HOW MANY MORE CAN BE GIVEN WITHOUT ENDANGERING US DURING A BIG FIRE?

IS THERE ENOUGH WATER TO PUT OUT A FURIOUS BRUSH FIRE WITHOUT CALLING IN THE NATIONAL PARK SERVICE AIRPLANES TO DROP CHEMICALS UNTO OUR LAND AND INTO OUR CREEKS?

GOT A QUESTION TO ASK THE TOWN IN A QUICK SURVEY? SEND IT IMMEDIATELY & JOIN US AT 460 FERN RD, POBOX 529, TO HELP FORM NON BIAS FAIR QUESTIONS

Barbara Casteto

Go to Health: Dr. Oz on Longevity

Who is Dr. Mehmet Oz? He is a cardiac surgeon from Columbia University who has become a popular author and energetic television promoter for getting fit, losing weight and staying healthy. His books, co-authored with Michael Roizen, include *You: The Owner's Manual*, and *You: On a Diet*; they explain the workings of the body's organs clearly and simply. Dr. Oz's television program (weekdays at 4, channel 2)) shows a charismatic doc in surgical scrubs promoting a great variety of techniques for staying fit and losing weight, along with numerous products to help you on your way. He is entertaining. Here are his 10 simple habits that could help you live to 100, with my comments tacked on.

1. Add red foods to your diet. Oz suggests red cabbage, as cruciferous vegetables help to protect against cancer, and beet juice, with nitrates that relax blood vessels. I will add that beets are a great food because the nitrates in beets, also found in green leafy vegetables, are a source of nitric oxide in the body, which dilates blood vessels, improves blood flow, and lowers blood pressure. Other red foods are tomatoes and watermelon, high in the beneficial antioxidant lycopene, and red wine and red grapes, with resveratrol. Resveratrol is currently under study as a substance with anti-inflammatory properties and cardiovascular benefits. It is also found in peanuts and chocolate. I think it is wiser to get resveratrol in foods than in supplements.

2. Black tea – have a cup daily to boost your survival after a heart attack. I will add that research from The Netherlands showed that drinking 3-6 cups of tea daily was associated with a 45% reduced risk of death from heart disease.

3. Dial one phone number from memory every day. Oz advises using your memory rather than relying on your devices. I will add that there are many ways to exercise your memory, including memorizing new words, school work, a new language, poems, music and songs. Work on this while you walk or work out, and just before sleep at night.

4. Use the first stall in a public restroom to prevent getting sick. Oz says the first stall is used less often, as people want more privacy, and it contains the lowest bacteria counts. I'll add that washing your hands is also very important. Taking a daily probiotic is vital to amp up your immune system (the majority of

your immune tissue lines your gut).

5. Take two steps at a time when you climb stairs. If you can't do that, try walking up the stairs twice. I'll add that keeping your legs strong is important for balance as well as for walking and other sports. If you don't have stairs at home, you can get step-up blocks or risers at a sporting goods store or on the internet. Resistance training at home or in a gym is really important.

6. Stretch after a hot shower to prevent pain – stretching is best when muscles are warm; stretching improves posture and prevents muscle soreness. Oz suggests raising your arms, bending forward to the right slowly, and then to the left. I would add that that any other standing stretching exercise you like can also be helpful.

7. Hold your breath: take a deep breath, hold for 10 seconds, and then slowly exhale through pursed lips. I think this is a wonderful daily practice, not only for singers and wind instrument players but for all of us who breathe. Yoga classes emphasize many kinds of breathing, to stimulate and relax the body.

8. Do the Reverse Warrior Pose: For this exercise, I suggest you watch Yoga Reverse Warrior Pose by Jennifer Kostel on YouTube. Her presentation is simple and not extreme. Do it on both sides. It promotes balance, flexibility and strength.

9. Chew your food 20 times – slowing down your eating will increase your enjoyment of food, and help to prevent diabetes. If this is hard, put down your fork between bites. I have found the chewing practice to be extremely helpful in preventing reflux pain at midnight. By extra chewing, you start the digestive process (with digestive enzymes in saliva) and make less grinding work for your stomach. It can empty faster. I'm a convert.

10. Cut your cravings in half to cut calories. When confronted with 'must have' chips or cookies, Dr. Oz wants you to 'halve them'. Put the second half away and out of sight. My thinking is that this works well for some people, but others with food addictions need to have the tempting foods out of the house. Don't shop when you are hungry, and don't buy foods you will binge on.

Dr. Oz is a television wonder, on a nationwide mission to get us slimmer and more fit. I know it's daytime TV, but watch him if you have a chance.

Sadja Greenwood. MD back issues at sadjascolumns.blogspot.com

MOSTLY MEETINGS & MISCELLANY

Monday Morning Recap & Week in Review for 8/27/12
From Jenniepeiffer

The latest report on Mary Barror is that she is making major improvements daily, as she recuperates from her setback of last week. There have been many good thoughts and best wishes for a full and speedy recovery going out to her from the community, as she regains her health. We're looking forward to having her back home in a couple of weeks.

It's been fun having grandson Calvin back in town for a few days, as he made preparations for his college term in Spain the next four months. Loved having him back for some soccer and conversation. There were friends of his dropping by to reconnect, as all these young people I've watched grow into interesting young adults, spent time together to talk about their plans for the fall and dreams for life beyond their teenage years. These past 20 years have gone by at such a gallop, it's hard to believe how quickly it all happens. We put him on the plane Monday, sending him off on this next adventure and I was filled with nostalgia as I thought about so many other adventures along the way. I remember ten year old Calvin and his buddy Miles Peacock, off on the West Marin Stage to the Mill Valley Safeway parking lot, to sell blackberry pies they had made - two guys and their pies. As I remember, not much pie remained by the end of the trip, as bite by bite, they managed to eat their way through most all their baked goods. Can it really be 10 years ago? So now we have another grandbaby coming along this year. I hope I can maintain my stamina.

SOLAR INSTALLATION REPORT BUMPED TO Wed.

MEETING AGENDA

**BOLINAS FIRE PROTECTION DISTRICT
BOARD OF DIRECTORS
MONDAY August 27, 2012 at 7:30PM**

Location:

Bolinas Fire Department Community Meeting Room 100 Mesa Road
The site is open to the public and is wheelchair accessible.

(This agenda is posted in accordance with the Ralph M. Brown Act, California Government Code Section 54950, et seq.)

1. Call to Order and Roll Call
2. Approval of Agenda
3. Fire Chief's Report
 - a. Update on Bolinas Road Access - Joint Committee
 - b. Update Fire and Water Districts Shared Personnel
 - c. Update on Terrace Avenue Surfer's Overlook
 - d. Maintenance Agreement with CHA
 - e. Fire Calls & Emergencies for July 2012
4. General Business
 - a. **Action Item #1:** Approve Final Budget for FY12/13
 - b. **Discussion:** Emergency only access and egress alternatives to closure of Terrace Avenue and Overlook Road
 - c. **Discussion:** Verizon request to add microwave dish to existing Crown Castle tower located on Fire District property.
5. Consent Calendar
 - a. Approval of regular Minutes from July 23, 2012
 - b. Approval of warrant lists from July 18-August 27, 2012

**LIVE MUSIC AT THE BEACH
Fri. Sat. & Sun. Nite September**

Open Mic Sun. 8-12
Record Spin Mon. 9-12
Pool Tourn. Tue. 7-11
Karaoke Wed. 8-12
Variety Thurs. 8-12



**HOTEL
ROOMS
off the
beach
\$104**

- Friday Aug. 31, 9:00-1:00
DIRTY HAND FAMILY BAND
- Sat. Sept. 1, 9-1 **JUST FRIENDS**
Sun. Sept 2, 8-12:30 **OPEN MIC/Diana**
Mon. Sept. 3, **LABOR DAY reggae, spin, 9-1 MONDAY NIGHT LIVE**
Tues, Sept. 4, 7-11 **GRAND POOL Tourny with Jesse**
Wed. Sept. 5. 8:30-12:30 **LARRY'S KARAOKE**
- Thur. Sept. 6, 8:30-12, **SNOWBLIND TRAVELER**
Fri. Sept 7, 9-1, **DUKE & THE BOYZ**
Sat. Sept. 8, 9-1, outlaw country rock, **HANG JONES**
Sun. Aug. 9, **OPEN MIC w/Emmalee**
Mon. Sept. 10, 8-12, reggae, spin, **Monday Night Live**
Tues, Sept. 11, 7-11 **GRAND POOL Tourny with Jesse**
Wed. Sept. 12. 8:30-12:30 **LARRY'S KARAOKE**
- Thur. Sept.13, 8:30-12:30, **THE CRUX**
Fri. Sept. 14, 9-1, rockn' roll **HONEY DUST**
Sat. Sept. 15, 9-1, **CASEY NEIL & The NORWAY RATS**
Sun., Sept. 16, 8-12, **OPEN MIC w/Eli**
Mon. Sept.17, 8-12, reggae, spin, **Monday Night Live**
Tues, Sept. 18, 7-11 **GRAND POOL Tourny with Jesse**
Wed., Sept. 19, 8-12 **LARRY'S KARAOKE**
- Thurs., Sept. 20, 8:30-12:30, **PICKLED LIVERS**
Fri. Sept. 21, 9-1, rockn' roll **JENNY KERR BAND**
Sat. Sept. 22, 9-1, rock TV **MIKE & THE SCARECROWS**
Sun., Sept. 23, 8:30-12:30, **OPEN MIC w/JEFF MANSON**
Mon. Sept. 24, 8-12, reggae, spin, **Monday Night Live**
Tues, Sept. 25, 7-11 **GRAND POOL Tourny with Jesse**
Wed. Sept. 26, 8-12, **MIDNIGHT ON THE WATER & Irish folk birthday PLUS 9:30-12:30 LARRY'S KARAOKE**
- Thurs. Sept. 27, 8-12, blues, **SOFI ROX PRESENTS**
Fri. Sept. 28, 9-1, **Elephant Listening Project**
Sat. Sept. 29, 9-1 **bluegrass SAVANNAH BLUE**
Sun. Sept.n 30, 8-12, **OPEN MIC w/Diana**
- SMILEY'S SCHOONER SALOON & HOTEL**
41 Wharf Road in Bolinas 415-868-1311

- c. Approval of financial reports for June 2012 including account balances
6. Public Expression (The public may address the Board regarding matters not on the agenda.)
7. Committee Reports
8. Board Member Report
9. Personnel Matters (Board may go into a Closed Session.)
10. Announcement Re: Closed Session (if any)
11. Good of the Order
12. Adjournment



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	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6	DeepWaking 12-1 am KWMR Night Music	Weekly Feed 12-1 am KWMR Night Music	KWMR Night Music	S Sunspots to 1:30 am KWMR Night Music	KWMR Night Music	Grateful Dead 12-1 am KWMR Night Music 6:00 am As It Happens Morning Glory	KWMR Night Music
7	Day 6 (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	# Gregory DeMascio # Anneke van der Veen	Daybreak # Gregory DeMascio # Anneke van der Veen
8	With Eyes Open! Peter Asmus	Good Morn. West Marin with Guest Hosts Rise and Shine Mary Sledman	Hump Day Jimmy G Dave Cook	Morning Blunder Howard Dillon Charlie Doucherty	Swimming Upstream Amanda Eichstaedt	Barrio Vibes Augusto Conde through Aug 17	# Gregory DeMascio # Anneke van der Veen
9	KT's Kitchen	Park Wave-lengths Loretta Farley	Fish Tales Dave Cook	Howard Dillon Charlie Doucherty	Howard Dillon Charlie Doucherty	Original Minds Elia Haworth	Vicarious Traveler Vicki Leeds
10	Turning Pages # Janet Robbins # Lyons Filmer	Turning Pages # Neshama Franklin # Joy Maulitz	Turning Pages The Vinyl Café (repeat from Sunday)	Turning Pages Readings by Erik Bauersfeld	Turning Pages # Bilingual Storytime # Specials	Original Minds Elia Haworth	Sunday Celebration of Sacred Music Rick Clark
11	Open House The Bioneers	#1/3 Onesided Radio Alden Bevington #2/4 Questing Calpestri & Mickelson	Making Contact The Bioneers (repeat from Monday)	An Organic Conversation	Nuestros Niños	Viewpoint Ellen Shehadeh	The Place We Live Marc Matheson
12	The Farm and Foodshed Report Robin Carpenter	New Dimensions	Alternative Radio	Attunement Anthony Wright	Commonweal Conversations	Voces de Nuestro Mundo Interviews by Raul Gallyot	Happy Days Marcie Judelson Jazz with Kendrick Rand
1	West Marin Matters #1 Stock #2/4 Gong & Stephan #3/5 Faure-Brac	Spirit & Mind Anthony Wright	Your Own Health and Fitness	Philosophy Talk	Specials TBA	Forms and Feelings Jim Bennett	Jazz Rhythm LAST SUNDAYS
2	Cruisin'..... Rick Clark	What's New? #1 Jimo & Tammy # John Lerch / Specials	Classical Wednesday #1/5 Specials #2/4 Chris Breyer #3 Susan Deixler	Classical Thursday # Susan Santiago # Jeffrey Wilkinson	Classical Friday #1 Susanna Henderson #2/4 Norman Masonson #3/5 Specials	World Playground #1/3 Hawai'i Calling Susanna Henderson #2/4 Africa & Diaspora Mark Potts	Riverwalk Jazz The Vinyl Café (CBC)
4	# Aztec Pride Jorge Ramirez # The Latin Alternative	Art of the Song	Krista Tippet On Being #5 Coastal Airwaves Vickisa	TeaTime Books Mimi Calpestri Howard Dillon	Open House: Tamas de Inmigracion; Story Shed # Art's Desire # Hot Tech/Cool Science Julie Motz	Circulo musical Jesus Martinez	Learnin' Kirven To Hell & Bach Brian Kirven Beth Underwood
5	Moyers & Company	Sabrina Artel's Trailer Talk # The Feminine Mystic Wendy McLaughlin	Open House Epicenter: #1 Pt Reyes Dialogues, Needleman	Open House: Tamas de Inmigracion; Story Shed # Art's Desire # Hot Tech/Cool Science Julie Motz	Happy Hour Liberacha	The Celtic Universe # Loretta Farley # Lyons Filmer	Ears Akimbo's Elbow Room Between Rock and A Jazz Place Paul Flowerman Grey Shepard
6	Trash to Treasure Madeline Hope	# ViewPoint (repeat) Ellen Shehadeh	Ridin' the Rails..... on The Americana Express with the Roots Gang Mike V, Amanda, Will, Ken, Liberacha	Bakersfield & Beyond Amanda & Mike V	Shorty's Bunkhouse Shorty	Friday Funk Fest Fairfax Funkateer	Professor Kosmo Plays..... The Kitchen Sink
7	Release Me-- New Music with Amanda & The Roots Gang	Musical Varieté Charlie Morgan	Coast Highway Blues Larry Rippee	Story Hour Hearing Voices	NEW SERIES	Rick's Jazz Café Greg's Groove Gregory DeMascio	Patrick Kleeman
8	El Barrio	Faultline Radio	Coast Highway Blues Larry Rippee	Story Hour Hearing Voices	NEW SERIES	Rick's Jazz Café Greg's Groove Gregory DeMascio	Patrick Kleeman
9	Gus Conde	Jaimo Crespo	Larry Rippee	NEW SERIES	Chris Breyer	Saturday Night Function # Mark Potts # Marc Matheson	Stuck in the Psychedelic Era with the Hermit
10	Monday Night Mixtape	The Latin Alternative Ernesto Lechner and Josh Norek	Sonic Sunspots Tony Palmer	L.A. THEATRE WORKS	Professor Kosmo plays.....		
11	Jacoba Charles	Professor Kosmo plays.....					

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WANTED FOR LABOR DAY

Bolinas Bakers, we need your sweet things for the dessert table Monday-9/3. Anyone willing to bring baked goods to the table or help run the dessert table for an hour or so please call June at 868-9052, It will be fun!

Thanks, June McAdams

COMMONWEAL seeks full-time Office Manager/ Executive Assistant. Mon.-Fri., 9-5 (some flexibility). Special person who likes to be at center if high-functioning and highly regarded nonprofit in Bolinas. Go To www.commonweal.org for detailed job description Send resume with cover letter to Arlene Allsman – Arlene@commonweal.org.



HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

SERVICES

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Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

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EA 9/3

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HS 9/5

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DP 9/5

SERVICES

The Time is Now

Natural Landscapes is available for new projects.
Start planning now - landscape installations are best
planted with the fall/winter rains. We specialize in natives,
and also design and plant vegetable gardens and orchards.
Free initial consultation.

Lea Earnheart 868.9330 8/31

SHEAR SANCTUARY HAIR CARE

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AR 8/29

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GA 9/10

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FREE

COUCH SHUFFLING has rendered two couches
obsolete for us: 1) love seat with one too many tête-
à-tête's (looks great but a spring busted on one side-
with extra padding it's passable). 2) black couch
that folds open into a bed, perfect for a student
moving to a dorm or for younger guests
FREE but you haul. Call 868-2758.

PD 8/31

ANNOUNCEMENTS

Statement for the newspaper:

The Stinson Beach Library is pleased to present The Bolinas Collage Groups' art
show, "*Spreading Our Wings*," on view at the library beginning September 1 and
running through November 26, 2012. The Bolinas Collage Group - Colleen Cavin,
Patricia Marina, and Linda Donahue have been doing collage art together for two
years. They rescue, salvage and recycle images from magazines and books, using
special papers, jewels and anything that catches their fancy in the moment to
embellish their creations.

Please join us for an Opening Reception and to meet the artists on Tuesday,
September 25th from 6-8pm. The show will feature approximately 25 collage
pieces. In addition, there will be a table with collage materials available for those
who would like to create something beautiful to take home.

FOR SALE

MATERIAL & PLANS FOR 12'X 16' ACESSORY building. No permit needed - 2010 county code. The new 10 x 12'. Double paned windows + sliding doors w/attached greenhouse. \$2,500 - 342-6347

SS8/7

WANTED

MORE GREAT STUFF THAN YOU CAN STORE?! Need more space for your new things... Trying to spare your offspring from going through your storage locker?... Downsizing?... **THE BOLINAS COMMUNITY CENTER WOULD LOVE TO HEAR FROM YOU!!** Labor Day is fast approaching and it provides the major chunk of what keeps the Center open everyday. So clean out the garage and bring your donation (nice -working - and with all parts) down to the BCC. You'll get a tax deduction, and the gratitude of the entire town for supporting the Heart of our Community. Call 868-2128 if you need assistance.

KO9/3

LOST & FOUND

FOUND: RED FLASH DRIVE
this week on big mesa. 868-0456

CJ8/22

FRONT WHEEL FOR MOUNTAIN BIKE
& a pair of sunglasses-off road across from Randell trail between Olema and Bolinas-last Tuesday-8/14. 868-8969

WB 8/20

MISPLACED MY TWO 6' X 8' APPLIQUÉD
Rajasthan tent partitions seen often at parties and festivals. Stored somewhere I'm sure in someone's shed. Yours?
Ananda -0285

AB8/3

WATCH FOUND NIGHT OF JULY 3RD
at the tennis court on Brighton. Call Hanford @ 9508 to claim.

HW 7/9

UNDERWATER 'GO PRO' CAMERA
Lost July 4 downtown? 652-7067

7/11

LOST

Big white plastic bag of laundry on Mesa near Alder & Cedar. Onica 415-272-1457

OM8/15

FOUND

Foster Grant prescription glasses found on Brighton Ave across from the Grand Hotel 8/15, Wednesday AM. Call 868-9052 or Hearsay office @ 868-0138 M, W, or Fri. 9-12AM to claim.

JM 8/15

FREE

BETA FIGHTING FISH
With tank 868-1865

GA8/24

CLASSES

DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!
sign-up free at the newschool@commonweal.org. Download past podcasts at www.commonweal.org/new-school/events.html

NSx



Class Schedule

Sunday	Yoga w/Trishna	9:00 - 11:00 a.m.
	Brazilian Dance w/Anna	11:00 a.m. - noon
	Ninjutsu Martial Arts w/ Martin	Kids Class 5:30 - 6:30 p.m. Adult Class 6:30 - 8:00 p.m.
	(Info 868-9236) Drop-ins welcome)	
Monday	Pilates w/Lisa (pre-register 868-0473)	5:30 - 6:30 p.m.
Tuesday	Yoga w/Trishna	9:30 - 11:00 a.m.
	Arial Arts for Youth w/ Joanna	3:30 - 5:30 p.m.
	(New class starts in September, for registration call 868-8821)	
	CommUnity Nights	7:00 p.m.
	W/ free movies, games or music. Call -2128 for details	
Wednesday	Pilates w/Lisa	8:30 - 10:00 a.m.
	Yoga Basics w/Trishna	6:15 - 7:30 p.m.
	Biblia en Español	8:00 - 9:30 p.m.
Thursday	USDA food bank	12 noon
	Yoga w/Lisa Brendel	4:00 - 5:30 p.m.
	Congolese Dance & song w/Sandor	6:00 - 8:30 p.m.
Friday	Pilates Mat Class w/Lisa	9:00 - 10:00 a.m.
Saturday	Yoga w/ Lisa Brendel	9:00 - 10:30 a.m.
	Creative dance for kids 3 thru 4 w/ Lisa	11:00 - 11:45 a.m.
	(5 week series June 30 - July 28 info 868-0473)	
	Ballet w/Erika	Teens and Adults 12:00 - 1:30 a.m.
	(6/30-7/28/12) Ballet/Soft shoes required. Call (209) 523-4305)	

Check the Library marquee or Calendar in BCC Foyer for special events at the Community Center.
For More Info call 868-2128 or visit Bocenter.org

HOUSING WANTED

Bear needs a new den. Long time native looking for housing.
3020426

CB 9/5

THREE GREAT THINGS ABOUT THIS PLACE...

- (1) Getting the fall garden planted.
- (2) The Golden Old Time musicians' campout last weekend at Lake Sonoma. Fiddler heaven.
- (3) August full moon on the mountain - this Thursday!

--Ned Riley

Pasteup Ned Riley
Ads/books June McAdams
Press Jeff Manson