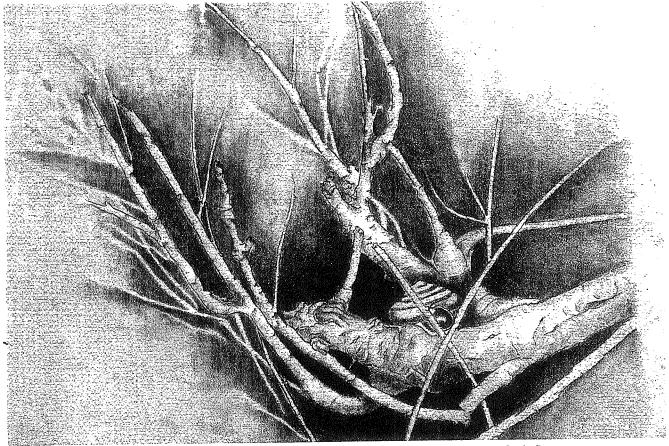
Bolinas Hearsay News

Monday, April 25, 2016

50 Cents



Sleeping snail, snug in wild garden
-Curly Rigg
Come view & join the silent auction featuring art of our local wild garden flora & fauna at BCC's Art &Garden next weekend

HAPPY HAPPY BIRTHDAY!!!

April 25: Tania Bedford John Norton

April 26: Maud Zimmer

Ruby Oneida McCracken

Brandon Smith

April 27: Mary Ellen Guroy

Mary Lu Banta Tiffany Pierce Dede Rollins Bill Robbins

April 28: Gordon Bainbridge

Jonathan Allen Andy Sloan Craig Parks

Ruth Aroyan (remembered)

Haven Gardiner

April 29: Italo Vaccaro-Calpestri

April 30: Paul Kayfetz

Suzanne Bartlome Marianell Shoultz

May 1: Jack Post

Emily Minken Jerry Mander Bo Carper Jamie Tacherra

WHAT'S HAPPENING??

Monday, April 25

FIRE DISTRICT

Regular monthly meeting postponed to next week

Wednesday, April 27

MIDNIGHT ON THE WATER

Plays trad contradance music for Smiley's celebration of all April birthdays, 7:30-9:30pm. Free. Free cake too.

Thursday, April 28

SISSY BROWN

Live performance @ Smiley's, 8pm, no cover.

Friday, April 29

DOCENT TALK Pierre Bonnard exhibit at the Legion of Honor. 4pm at the Bolinas Fire House.

WILD AT HOME: AT THE FOOT OF THE MOUNTAIN

'Performance arising from Place,' @ Community Center; 6:30pm, Doors open Wine/desserts/ Preview of Silent Auction; 7:30pm, Stories, Performance, music. \$20. Email mollymaguire@me.com

FOR FRANCO BELTRAMETTI

Poetry by Joanne Kyger, Donald Guravich, Duncan McNaughton, more: Green Arcade Books, 7PM, 1680 Market St (@Gough), SF

THE RUSTY STRING EXPRESS

Live music @ Smiley's, 9pm, cover

Saturday, April 30 WILD AT HOME:

'California natives in the garden and beyond,' Benefit for the Community Center: Exhibits, Displays, Vendors, Food (bbq oysters)and Drink 11am-6pm; Fairy House Workshop on the stage all day (\$10-15); Paint a Flora and Fauna Mural with Schehera 12-4 (free); Magical Schoolbus Tour with Ben, Lea and Ashley 1-4pm by reservation (\$20) (Lea: 868-9330)

Note: film showing of Native ways Sat. evening has been canceled., & Common Voice Choir added (1-pm)

'What's Happening' cont. next page



For more information, to volunteer, or to join call 415-663-1075 Save \$ by buying in advance Tickets at www.dancepalace.org

Kids' Musical Theater presents "Press Start - A New 8-Bit Musical" Friday,

April 29, 7:30 PM

Saturday, April 30, 7:30 PM Sunday, May 1, 2:00 PM

Tickets available at the door Press Start is a wacky comedy about vintage video games characters putting on a musical fundraiser! Press Start transports you inside the bright, pixelated world of video games with hilarious and heartfelt musical numbers. KMT provides the opportunity for children to explore the skills of acting, improvisation, singing and dance through musical theater. Teamwork is emphasized as they work together on this production.

May 2016

Point Reyes Village Association

Forum Wednesday, May 4, 5:00 PM Point Reyes Village Association Forum



Jim Jim

Page with Jeff

Manson Saturday, May 7, 7:00 PM \$10-\$20, sliding scale Jim Page is a singer and song writer from Seattle, WA, whose music has taken him to much of the world. His songs have been covered by The Doobie Brothers, Michael Hedges, Joanne Rand, Leftover Salmon, Christy Moore (Ireland), Dick Gaughan (Scotland), and many others. He was named by Seattle Metropolitan Magazine as "One of

'What's Happening' cont. from front page

<u>Saturday</u>, <u>April 30</u>

CHILDREN'S DAY/BOOK DAY

Crafts & snacks @ Library, 11am-noon

LAST GOOD TOOTH

Special last minute performance @ Bolinas Commons, 3pm

DEBORAH CROOKS BAND

Live music @ Smiley's, 9pm, cover

Sunday, May 1st
WILD AT HOME:

'California natives in the garden and beyond,' Benefit for Community Center continues w/ Exhibits, Displays, Vendors, Food and Drink 11am-6pm at the BCC

Regional All-Species Parade and Maypole in the Park 12-2pm (Call Alethea to participate 226-8900)

Kids from Bo-Stin School Sing Out at 2:30pm.

Silent Auction closes at 4 PM

El Día de los Niños/El Día de los Libros



Come celebrate this International holiday for all children!

Crafts and Snacks

SATURDAY APRIL 30, 11AM-12PM BOLINAS LIBRARY

14 WHARF ROAD

All Library events are free. Call 415.868-1171 or visit www.marinlibrary.org

Requests for accommodations may be made by calling (415) 473-3220 (voice/TTY) or 711 for the California Relay Service or Emailing library@manncounty.org at least four work days in advance of the event.

the 50 Most Influential Musicians." Bonnie Raitt says, "Jim's been writing great topical songs for as long as I can remember, bringing his acute wit and wry humor to a host of subjects that can really use both. In the tradition of Woody and Dylan, he cuts right to the heart with music you actually enjoy listening to. I'm a longtime admirer." Jim will play in the Dance Palace Church Space. Local musician and DJ Jeff Manson will open the show with original songs evoking the joy and beauty of the West Marin landscape. Tickets are \$10-20, sliding scale.

The Latest about Your Spleen

Here are three things you should know about your spleen: it filters your blood and holds a reserve of red blood cells in case of emergency; it is an important part of your immune system, and it is connected directly with the vagus nerve from the brain.

The spleen is an organ in the upper left part of the abdomen, left of the stomach, and protected by the rib cage. Think of it as fist shaped and about 4 inches long. It is the largest lymph node in the body.

Blood filtering: as blood passes through the spleen old red cells are removed; their hemoglobin is broken down into amino acids and their heme (a molecule containing iron) is metabolized into bilirubin, removed by the liver and excreted in bile, feces and urine. Iron is returned to the bone marrow, where new red cells are made. The spleen holds a reserve of red blood cells, used in pregnancy and in case of serious bleeding. It also stores platelets, used for blood cells.

The spleen's role in the Immune system: as blood flows through the spleen, it detects infectious particles such as bacteria and viruses. Along with your other lymph nodes, the spleen puts out lymphocytes, a type of white blood cell that can produce antibodies to neutralize bacteria and viruses, and other substances toxic to the invading cells. The spleen stores half the body's supply of monocytes – another kind of white blood cell that moves to injured tissue and promotes healing.

The spleen's connection with the central nervous system (the brain): the spleen is an important connection between the brain and the immune system. In 2008, for the first time, fibers of the vagus nerve were found in the spleen. The vagus nerve supplies parasympathetic fibers to most organs in the body and influences heart rate, digestive processes, sweating, speech and other functions. In contrast to sympathetic nerve fibers (think fight or flight, excitement, anger), the parasympathetic branch of the nervous system is associated with

relaxation, a slower heart rate, lower blood pressure, and feelings of calm. Research is ongoing on vagus nerve stimulation in people with severe seizures, depression and severe pain. Activation of the parasympathetic nervous system is also associated with decreased inflammation in the body. In situations of severe septic infections, stimulation of the vagus nerve gives increased survival in laboratory animals.

Long slow breathing, preferably through the nose, is one of the simple ways that you can derive the benefits of vagus nerve stimulation. Most ways of meditation use this kind of breathing. Establishing a daily practice of relaxation can lower blood pressure, help digestive disorders, decrease anxiety and have many other helpful effects.

Take care of your spleen: Most trauma to the spleen occurs in serious auto accidents. Sometimes the spleen has to be removed as a result. You can live without a spleen, but not as well. Drive cautiously and defensively, banish road rage, wear your seat belt, and forget texting while you drive. A healthy, intact spleen is worth the effort.

Sadja Greenwood, M.D. back issues at sadjascolumns.blogspot.som

Bolinas bakers
THE ART AND GARDEN EVENT
WILL OFFER SALAD AND QUICHE
FOR SALE IN THE BCC KITCHEN.
IF ANYONE WOULD BE WILLING
TO BAKE A QUICHE OR TWO
FOR SATURDAY 4/30 OR
SUNDAY 5/1, PLEASE CALL
JUNE AT 868-9052.
THANK YOU, JUNE MCADAMS

BBQ OYSTERS WILL ALSO BE AVAILABLE.

Dear Artists,
Thank you for participating in this year's Art & Garden Festival. We are looking forward to seeing your artwork and need the pieces by April 27.
Thank you!
Randi@bocenter.org

Thursday was the annual Bolinas-Stinson School Track & Field Day. The 2016 8th grade class is shown here in Torch Relay Ceremony. At the end of the relay, Cora climbed a ladder to the top of the Quesada Building to pass the torch to Garnett Silver-Hall, who placed on its mount overlooking the field. Wonderful day for the school, and beautiful ceremony for a tight group of 8th graders who have been together since pre-school.

-- John Borg

THREE GREAT THINGS ABOUT THIS PLACE...

- The music/art/farming/herding scene that's been happening at the Farm Stand: a roiling ferment of younger people's creativity.
- Taking a chartered bus to see the San Jose Earthquakes play professional soccer yesterday; I felt like a real fan. BTW, they won.
- Did you see?—the first faint tint of gold in the lush grasses on the hillsides. Summer is sneaking up on us.

--Ned Riley



NOTICE

The regular April Bolinas Fire Protection Board of Directors Meeting has been postponed

May 2, 2016

MONDAY May 2, 2016 at 7:00PM

Location:

Bolinas Fire Department
Community Meeting Room
100 Mesa Road
The site is open to the public
and is wheelchair accessible.

-Molly Brown

May Day in the Park Sunday May 1st 12 - 2PM

Don Smith and Jerry BoJeste will be installing the community May Pole at the center of the labyrinth in the Downtown Park...

Anny Owen is going to be Mistress of the Maypole ...

Alethea Patton is putting out the call for folks to represent a plant or animal native to this place, and is hosting a costume/mask making workshop at the Commons on Friday 2-5PM and 7-9PM (please call her for more information 415.226.8900)...

Some musicians are rallying...

And *Voila!* We have a special Mayday Celebration, where the Humans and the Non-Humans (some are beginning to call them the "Beyond-Humans") will dance together!

The plan is that we'll circle up at noon, then send the plants and creatures (with whomever else wants to go along) off on a *Regional All-Species Parade* down Wharf Rd., on along the beach loop then back up Brighton to the Park. The Humans will welcome them back with Love and Appreciation, invite them into the inner circle of the Maypole, then take the ribbons on the outer circle, and we'll weave ourselves together in a beautiful and tender way.

Some of the members of Midnight on the Water will play while we dance.

Sounds like a fun and simple ritual with Heart, and one which will culminate a week-end meant to honor, and increase our awareness of, those with whom we share this EarthPlace.

Please come *Celebrate Community!* as we re-enact this ancient Rite of Spring, in a way that only Bolinas can do!

Check the BCC website for details on ALL the many events happening at the upcoming Art and Garden Festival -

WILD AT HOME - CA Natives in the Garden and Beyond

For the Earth, Lea Earnheart

ATTENTION ALL CITIZENS

It is that time of year when the BCC prepares for the annual Art & Garden Silent Auction. If you would like to donate a service or merchandise gift certificate please contact us. 868.2128, stop by or email randi@bocenter.org. Thank you.

WHAT HAPPENED THIS WEEK 4/25/16 Monday Morning Recap from Jenniepfeiffer

The week ended on a high note, literally. In fact it ended on many high notes, and some lower notes, and lots of notes in between, down at the Community Center at the Pop Rock & Soul Shop, where many community members were able to let their inner "Rock Star" out for airing. Big thanks to Molly Maguire for organizing and shepherding those musical nights where we get to support the first timers (who knew Mark Dolen had some Roger Miller hidden deep in his private self?) with shy newly sprouting buds flowering, as well as strengthening and full on blossoming performers who have had several rounds of Molly's guidance. It's nice to see the secret creativity of friends and neighbors emerging onto life's stage, right here in our town. The night ended with a contagious foot stomping rappin' beat by Emma Lee where the performers and audience co-mingled into great enthusiasm. Thank you all for such an excellent night of community.

Another night of music was at the Murch's Farmstand Saturday night. I loved seeing Jeff and Vanessa and crew with their creative energy. So happy to see this and the emerging Bolinas Commons project that had an open house Saturday midday. Faultline Institute (FLI) is now there, and once again "our FLI is open."

Another community event of the week, bringing out our best selves, included Thursday's school Track and Field Day, with an opportunity to see our kids put their best foot/feet forward, allowing us to gasp at how far our 8th graders have come in their 9 years of growth -- always an emotional moment when the torch is carried round the field and up to the top of the Quesada -- this year with Garnett up on the roof placing the torch into the stand. It was a heart melt.

Otherwise, it was a week of meetings, with Tuesday's County Board of Supervisors meeting, considering recommendations from the Coastal Commission, (that seems to be morphing into more of a Chamber of Commerce), about changes to the Coastal Act. I recommend everyone go to their website to get the full information. The Supervisors voted 5-0 to approve the Coastal Commission's recommendation to designate a core commercial zone in all of the coastal villages and promote development there, restricting residential use to upstairs and back door spaces. There were some changes made to the document, before sending it back for C.C. review. Protecting our coastline is what we look to the Coastal Commission, to do, and keeping it open to public use is proper, but requiring small communities to provide services to visitors and tourists, over local need for housing, without considering water use, sanitary and parking concerns, is, in my opinion, wrong, wrong, wrong. There was discussion about this at Wednesday's BCPUD (Bolinas Community, Public Utility District) meeting and General Manager, Jennifer Blackman, wrote an excellent letter to the County regarding these matters. You can check in at the BCPUD office to see this and other materials along with sea level rise concerns, where County wants to change to a projection of 3 feet in 50 years, to be revisited in 10 yrs. Houses in the flood zone would have to be raised by three feet. What about the road to get there? POR, jp

> pasteup: ads/books:

press:

Ned Riley
June McAdams
Perry Shimon

New Art Drop-In Group 'A Particular Kind of Heaven' starts Monday, April 25th from 3-5.

Come help create a lively new group that uses creativity

within community to express oneself.

Be inspired and

Inspire others, all in the comfort of the Common space at 22 Brighton, Bolinas.

Bring your own project or see what is available on site that sparks your interest.

We are all teachers
We are all students.

This is not a class, it is a Drop In Group for people who want to get together

to make art just for the fun of it.

Free but donations accepted for the Commons.

-P. Marina



★Gourmet Taco Bar ★Bounce House

& Games and Prizes & Raffle

★Cake Walk

★Ice Cream & Treats

A Benefit for the Bolinas Children's Center 5th Annual







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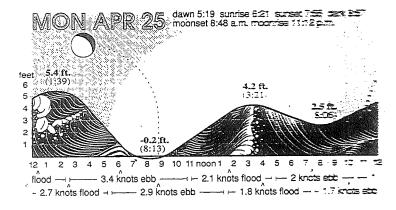
48 WHARF ROAD, 2ND FLOOR, BOLINAS

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WWWR RADIO SCHEDULE - APR

| 4 00 1 | Mon | Tue | Wed | Thu | Fri |
|------------------|--|-------------------------------------|---|-------------------------------------|---|
| 6:00_ | KWMR Music | KWMR Music | KWMR Music | KWMR Music | KWMR Music |
| 7:00 _ | | NEWS & | KWMR MORNING | SHOWS | |
| | Day 6 (CBC) (repeat) | As It Happens (CBC) (repeat) | As It Happens (CBC) (repeat) | As it Happens (CBC) (repeat) | As It Happens (CBC) (repeat) |
| 8:00- | With Eyes A Cuppa Jo Open! Park Wave- The | Rise and Shine | nd Shine Swimming Upstream Top of the Pieces La M | new La Mañanita Alegre | |
| 9:00- | lengths Valley Sound | Airwaves | Trash to Treasure Fish Tales | Morning of Peace | new Specials |
| | Science | | TURNING PAGES | a and a second | |
| 0:00 _ | At Nature's Pace | Reading Vinyl Cafe to John (repeat) | Waves Radio Pookmobile | For Casual Children of Footsteps | new Libro Ablerto |
| 1:00_ | The CAUSE The effective MAIN A subject Visit between 1 | TALI | K & CURRENT AFF | AIRS | |
| | Trailer Talk The Bioneers | Spirit & Questing | Cuerpo Corazón Comunidad | Let's Talk | Alternative Radio |
| 2 pm - | Farm & Foodshed | | Planetary Radio | Common- Attune- // weal | |
| | Report | New Dimensions | Making Contact | ment Convers- | Reveal |
| 1:00- | Ocean Post- Currents Carbon | On Being with Krista Tippett | Climate One | Art's Hot Desire Tech/Cool Science | Peace The Paradigm Local Radio Organon |
| 2:00 _ | | | AFTERNOON MUSIC | | |
| 3:00- | Cruisin' | Aztec Desde La Pride Bahla | Classical Wednesday | Classical Thursday | Classical Friday |
| 4:00- | Art of the Song | Youth DJ Project / Prof Kosmo | Youth DJ Project / Prof Kosmo | TeaTime Books (Coastal Airwaves) | The French Touch |
| 5:00 - | 100 (200) 101 E 0 3 (360) 112 (200) 40 | | | | |
| J.00- | Epicenter | Epicenter · | Epicenter | Epicenter | Happy Hour |
| 6:00- | As It Happens (CBC) | As It Happens (CBC) | As it Happens (CBC) | As It Happens (CBC) | Property of the second |
| | EVENING MUSIC | | | | |
| 7:00 - 8:00 - | Release Me | Musical Varieté | Faultline Radio | Bakersfield Shorty's & Bunkhouse | No Boy |
| 9:00- | Sessions Sliver from Dollar Chicken Jukebox | DJ West Your County Life Prowl | Coast Highway Blues | Off Running The With Cuff Scissors | Vibes # |
| 10:00 - | Point # Jukebox | | | Sit (set Down! | Night Bring Right It On Flight Home |
| 11:00 - | (repeat) | Professor Kosmo | Sonic Sunspots | Under the Needle | The Latin Alternative |
| | | | LATE NIGHT | | 3. 1885 在19.18 公司的国际的问题 |
| 12 am 3 | DeepWaking 12-1 | KWMR Music | Sunspots to 1:30 KWMR Music | Best of British | Radio Goethe 12-1 KWMR Music |

| Sat | Sun | | |
|--------------------------------------|--|--|--|
| MEEKENC | DAWN | | |
| As it Happens (CBC) | KWMR Music | | |
| MORNING MUSIC | , TALK & NEWS | | |
| Morning Glory | Sunday Baroque | | |
| The Original Vicarious Minds | | | |
| Day 6 (CBC) | Sunday Celebration | | |
| Vida with Tailgating w/Steve & Jaime | | | |
| AFTERNOC | N MUSIC | | |
| | Happy Days | | |
| Forms and Feelings | Jazz Rhythm | | |
| Hawai'i The Scoring | The Vinyl Café | | |
| Stage Stage | Learning To Hell Curve Bach | | |
| Circulo Musical | Elbow Rock & Room A Jazz Place | | |
| EVENING MUS | SIC & DRAMA | | |
| Celtic Universe | Classic Radio Theater | | |
| The Jazz Groove | L.A. Theatre Works | | |
| Saturday Night Function | Stuck in the Psychedelic Era with the Hermit | | |
| LATE KWMR Music | NIGHT Grateful Dead Hou | | |



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HEARSAY量CLASSIFIE

ANNOUNCEMENTS

HOMESTEAD FARM INTERNSHIP OR WORK/LIVE

Experience the satisfaction of being part of a homestead farm. At Whey Behind you will learn a wide variety of rural living skills. Goat dairy with production of fresh, aged cheeses and soap making. Heritage and home grown fowl and pigs. Olives and extra-virgin olive oil. Gardens, fruit trees and vines provide produce for table, market and preservation by canning, pressing and fermentation.

We are looking for a couple or friends to share housing (four-month commitment.) Internship is \$600.00 per person, per month and includes some farm food and lodging. This internship could potentially lead to full-time farm residency for the right person(s). You will need; 1. Reliable insured, registered vehicle, 2. Money for fuel, personal items and food not raised on site, 3. Desire to learn and participate in homestead farming.

Whey Behind is located ten miles north of Cazadero. If this sounds like a good fit for you please contact Alan or Marcella (707)847-3623 or marcella94924@gmail.com

MR 4/29

868hearsay@gmail.com

 ${\sf Submit}$ articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

And how to subscribe to the password-protected web site and read the hearsay online.



LOST &FOUND

FOUND: THURSDAY, LONG HAIRED BLACK CAT with white spots on nose, tail & paws. Call -0782

JM 4/22

LOST/MISSING "SHARK VACUUM CLEANER" taken/borrowed from the BCC. Please return

BCC 4/15

LOST: SMALL SILVER BRACELET MADE OF heavy silver beads with hook closure. Micah 0938

LOST: LARGE MAN'S NAVAJO SILVER BRACELET on the beach or street in Bolinas or Stinson-sentimental value wedding gift. If found please call 868-1321-Thank you.

LOST; PRESCRIPTION SUGLASSES DOWNTOWN MONDAY MORNING. IF YOU FOUND THEM PLEASE CALL 868-0882 Thanks!

IE 2/17

LOST: BLACK PADDED JACKET WITH SLEEVES. Diana-868-9249

FOUND: "BLACK KIRKLAND JACKET" IN THE MUD. IT IS MEDIUM. It had a note in the pocket with the phone number-707-303-5875 Rob Borello. I left several messages on his voice mail, but have had no answer. It is a fairly new jacket. Please call Joan at 1-415-868-2943.

JL 2/1

CLASSES



Weekly Classes and Events Schedule MONDAY

Pilates Mat Class w/Lisa Townsend

Somatic Exercise w/Cenize Rodriguez 8:45-10:00am Bo Babies & Toddlers Open Play Group (free) 10:00 - Noon 3:30-5:20 pm Modern Dance for Youth w/ Lisa Townsend 5:30-6:30 pm Pilates w/Lisa Townsend (pre-register 868-0473) 7:00-8:15 Yoga w/ Angela Sterpka

TUESDAY

11:00 - 12:00 pm Senior Stretch W/Anna Gottreich 3:30 - 6:00 pm Aerial Arts for Youth WEDNESDAY 8:30 - 9:45 am Pilates w/Lisa Townsend After-School Theater w/Lisa 3:30 - 6:00 pm6:30 - 8:00Diaspora w/Amber Hines

pm

THURSDAY

12 noon USDA food bank 6:00 - 7:30 pm Congolese Dance w/ Sandor

9:00 - 10:00 am

FRIDAY

Ballet w/Erika Townsend (no class 4th Fridays) 10:30-12:00pm No Place Like Home (Free Brunch 4th Fri of Month) 10:30 - 11:30 pm

SATURDAY

9:00 - 10:30 am Diaspora Dance w/ Amber Hines 10:45 - 12:30pm LTDCo w/Lisa

SUNDAY

11:00 - 12:15 pm Brazilian Dance with Anna Gottreich Noon-6:00 pmCommUnity Night (see website for details)

Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit www.bocenter.org for more info & special events!

COMMUNITY LIBRARY SPECIALIST - SPANISH LANGUAGE SERVICES **WEST MARIN**

\$26.49 - \$31.25 / HOUR (PART-TIME) \$4,305 - \$5,078 / MONTH (FULL-TIME) (PLUS 5% BILINGUAL PAY DIFFERENTIAL)

Marin County Free Library is looking for an enthusiastic, dedicated Community Library Specialist to fill a position in West Marin. This is a part-time (67 hours biweekly) bilingual, Spanish/English position with wide ranging and interesting responsibilities. The CLS will be responsible for the daily operation of MCFL's West Marin Literacy Services which offers ESL classes and one-on-one tutoring to English language learners throughout West Marin County. The CLS recruits students, teachers and volunteers to participate in improving the English language skills of adults in our communities, and effectively communicates the mission of MCFL's West Marin Literacy Services to community partners, the community at large and to potential funders. The remainder of the time, the CLS, Spanish Language Services, assists in providing library services in the Point Reves branch of the Marin County Free Library.

For more information about this position, including minimum qualifications, filing deadline and to apply online, see our job posting at www.marincounty.org/jobs, contact Marin County Human Resources Department, 3501 Civic Center Drive, San Rafael, CA 94903, or call (415) 473-6104. EEO/TTY.

HEARSAY ECLASSIFIEDS Office Hours M.W. F. 9ish to 11ish. Call 868-0138 270 Elm at Maple, Left side of BPUD Building Ad forms in smaller mail box, slot in door

SERVICES

ECONOMICAL DUMP RUNS, WEEDEATING,

mowing, yard cleanup, resource recovery brush loads, scrap metal recycling and small moving jobs...

Call Chris -1993

CG 4/11

BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling, Don Murch -0921

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HD x

TAX PREPARATION

Another year! Susan Hewlett Johnson • 868-1134 or (415) 497-0877

SH \$/1





HELP WANTED

West Marin Senior Services currently has an entry level, part time, non-benefited caregiver position at Stockstill House, a licensed residential care home, which may include evenings, overnights and weekends.

- · Experience in-giving care and support to seniors is highly desired, but WILL TRAIN. Male caregivers especially welcome.
- · Good oral communication skills in English.
- CNA or HHA certification a plus and will be compensated for.

Email cover letter and resume to robyn@wmss.org or call 415-663-8148 ext 112. Learn more about West Marin Senior Services and Stockstill House at www.wmss.org

WMSS 5/20



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Excellent homecare \Call 868-1782 Anita and William Henry

CH x



WANTED

50 YEAR OLD MULTILINGUAL WOMAN

ORIGINALLY from France and Italian Switzerland looking for property management opportunity in West Marin. Possibly livein. 415-572-3608...

CC 5/11

MOBILE LIBRARY ASSISTANT - FLAGSHIP \$23.27 - \$28.30 / HOUR (PART-TIME) \$3,781 - \$4,599 / MONTH (FULL-TIME) (PLUS 5% BILINGUAL PAY DIFFERENTIAL)

Marin County Free Library is looking for an enthusiastic Mobile Library Assistant for a part-time (40 hours biweekly) Spanish/English bilingual position to assist in promoting Marin County Free Library's FLAGship program, which offers education and health workshops to adults and their children 0 – 5 years old in a fun, educational environment. The FLAGship is a 28-foot long vehicle which travels throughout Marin County making regularly scheduled stops to deliver year-round literacy services to families and daycare providers. The ideal candidate will be bilingual in English and Spanish and enjoy working with small children. Experience driving a large vehicle is highly desirable. For more information about this position, including minimum qualifications. filing deadline and to apply online, see our job posting at www.marincounty.org/jobs, contact Marin County Human Resources Department, 3501 Civic Center-Drive, San Rafael, CA 94903, or call (415) 473-6104. EEO/TTY.

FREE

FREE: COUCH AND ARMCHAIR, SOLID WOOD OFFICE desk with drawers. Can deliver in Bolinas Martin-868-9236

MB 4/25

FREE HOT TUB

(needs some work) to anyone who can pick it up - it will be an awkward move. It is a 1998 Dimension One hot tub. Here is a link to the manual: http://www.dlspas.com/wp-content/uploads/ 2013/08/98D1Manual.pdf

Tim and Mary 868-9895

FREE: TALL SHELF, SOLID WOOD, BLACK WOODEN desk with side drawers, beautiful chest of drawers, Asian style, solid wood, wooden filing cabinet, mission style bench, seat opens for storage. Jennifer 415 272 8809

JP 4/4