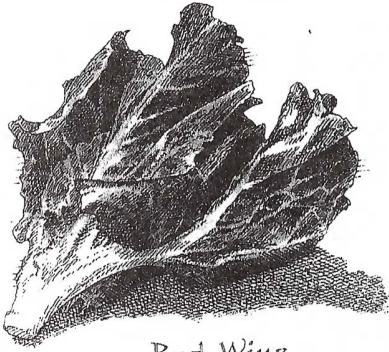


Bolinas Hearsay News

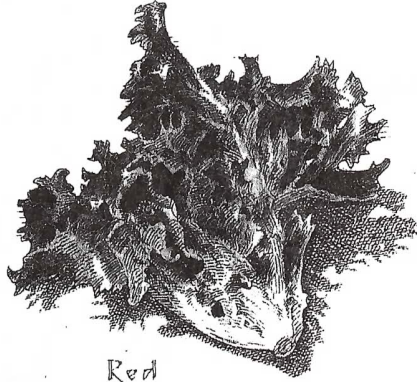
Monday, December 17, 2012

46 ¢ + tax

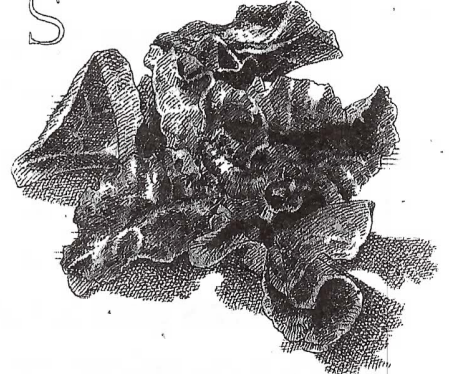
HEIRLOOM LETTUCES



Red Wine
Batavian



Red
Tango



Pirat

WHAT'S HAPPENING

Monday, December 17,

FIRE DISTRICT

Regular monthly meeting of the Board of Directors @ Firehouse, 7:30pm. Agenda inside.

Tuesday, December 18

CHRISTMAS CAROLS WITH MOLLY MAGUIRE

CommUnity night @ the BCC, Pizza and Bar, Free admission 7pm

Wednesday, December 19

UTILITY DISTRICT (BCPUD)

Regular monthly meeting of the Board of Directors, 270 Elm Rd, 7:30pm. Agenda inside.

Thursday, December 20

COAST CONCERT SERIES

Live music, food & drink specials @ Coast Café, 6-8pm

KELLEY PETERSON & ERIK SMYTH

New band showcase @ Smiley's, 8:30pm

Friday, December 21

END OF THE MAYAN CALENDAR

Celebrate the Hunab Ku and the close of a 26,000 year cycle, Brighton Beach, 1:01pm (don't be late, brief ceremony)

WINTER SOLSTICE

Occurs at 3:11am. Longest night of the year.

MILES SCHON

Live rock 'n' roll @ Smiley's, 9pm

Saturday, December 22

SELL...BUY...SWAP

Saturday Sale at Brighton Square, Open to anyone who would like to sell, buy, swap. 11am-3pm, Call to reserve a space, Uniquities -8886 or Jennie -0144

BOLINAS 2012 SLIDE SHOW

Hosted by Jeff Manson; Indian food, bar, local photos of the last year, @ Community Center; dinner 6:30pm, show 7:30pm

FREE PEOPLES

Live music @ Smiley's, 9:30pm

Monday, December 24

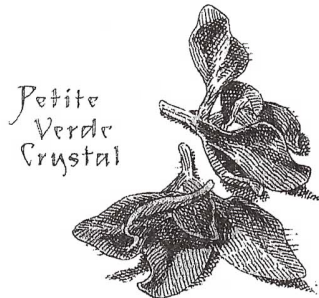
CANDLELIGHT CHRISTMAS EVE SERVICE

At St Aidan's, 6pm

Tuesday December 25

WINTER CELEBRATION

Bolinas Community Center. Doors open at 2pm Food at 3pm Potluck welcome. More info to come



Petite
Verde
Crystal



Winter
Density

HAPPY HAPPY BIRTHDAY!!!

December 17: Nancy Friedrich
Benjamin Hewlett

December 19: Bob Dill
Thom Haley
Sarah Thomas

December 20: Josh Churchman
Kale Patler
Media Aranda

December 21: Richie Quinones Jr
Vickie Heiner

December 22: Jacob 'Jake' Glavis

pasteup
ads/books
press

Ned Riley
June McAdams
David Cattell

WINTER CELEBRATION

COME JOIN IN THE FUN

TUES DEC 25TH

BOLINAS COMMUNITY CENTER

DOORS OPEN AT 2

DINNER AT 3

FOR MORE INFORMATION

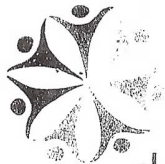
OR TO VOLUNTEER

CONTACT JODY ANGEL

264-5541

We are already getting donations for the Winter Celebration
 Jeff Coleman gave us a large jar of Alfalfa - Clover Honey
 Various folks have offered \$ and to help - Thanks
 We have donation cans at both food stores
 I will be in and around Community Center kitchen the day
 Before and the morning of.
 Buy ahead since all Bo stores will be closed that day
 Please plan on bringing a dish for 3-4 people if possible
 if you want to donate large cooking pots - please do.
 Will have Open MIC for entertainment
 Bring your own drinks. Coffee and Tea provided.
 Please help with cleanup if you can.

Jody Angel



COMMUNITY & CULTURAL CENTER

dance palace

The Dance Palace, 5th & B Streets
 Point Reyes Station

Tickets at www.dancepalace.org

THE TENTH ANNIVERSARY CELEBRATION OF BARING WITNESS

Previously unreleased videos, photographs from around the world of your very own Global Peace Movement. Come to dance and celebrate new beginnings on the day after the Solstice.
Saturday, December 22, 7 PM
 Donations accepted



Lolla Rossa

JOURNAL WRITING CLASS

Thursdays 3:30-5pm 6 classes \$100
 January 17, 24, 31, February 7, 14, 21
 Call 868-0272
 Joanne Kyger

LIVE MUSIC AT THE BEACH
Fri. Sat. & Sun. Nite December

Open Mic Sun. 8-12
 Record Spin Mon. 9-12
 Pool Tourn. Tue. 7-11
 Karaoke Wed. 8-12
 Showcase Thur 8-12

HOTEL ROOMS off the beach \$104

Sat. Dec. 1, 1 rockn'roll
FEATHER WITCH
 Sun. Dec. 2, 8-12 talent filled
OPEN MIC w/EMMALEE
 Mon. Dec.3, 8:30-12:30 reggae, rec spin,
MONDAY NIGHT LIVE!
 Tue. Dec. 4, 7-11 **GRAND POOL TOURNEY w/Jesse**
 Wed. Dec. 5, 9:30-12:30 **LARRY'S KARAOKE**
 Thurs. Dec. 6, 9-12, sweet **SNOWBLIND TRAVELLER**
 Fri. Dec. 7, 9-1, Whitney's mustache birthday party
JUST FRIENDS
 Sat. Dec. 8, rockn' roll, 9-1 **BLACKWATER GOLD**
 Sun. Dec. 9, 8-12 fantastic **OPEN MIC w/Diana**
 Mon. Dec. 10, reggae, rec spin, 9-1, **MON. NITE LIVE!**
 Tue. Dec. 11, 7-11 Jesse's **GRAND POOL TOURNEY**
 Wed. Dec. 12, 8:30-12:30, **LARRY'S KARAOKE**
 Thur. Dec. 13, 8:30-12, reggae/pop-punk **BELLYFULL**
 Fri. Dec. 14, 9-1, **REGGAE Amha Selassie Baraka**
 Sat. Dec. 15, 9-1, gypsy flamingo funk **D G I I N**
 Sun. Dec. 16, 8-12, **OPEN MIC w/Eli**
 Mon. Dec. 17, 9-1, reggae, rec spin, **MON. NITE LIVE**
 Tue. Dec. 18, 7-11 **GRAND POOL TOURNEY** with Jesse
 Wednesday, Dec. 19, 8:30-12:30, **LARRY'S KARAOKE**
 Thur. Dec. 20, 8:30-12,
KELLEY PETERSON & ERIK SMYTH
 Fri. Dec. 21, 9-1, rockn'roll, **MILES SCHON**
 Sat. Dec. 22, 9-1, **FREE PEOPLES**
 Sun. Dec. 23, 8-12 **OPEN MIC w/Jeff**
 Mon. Dec. 24, 8-1, reggae, rec spin, **AN ALMOST JEWISH REGGAE CHRISTMAS**
 Tue. Dec. 25, 7-11 **GRAND POOL TOURNEY** with Jesse
 Wed. Dec. 26, 9-12:30 **MIDNIGHT ON THE WATER**
Irish Birthday Party & LARRY'S KARAOKE
 Thur. Dec. 27, 8:30-12 **ELI CARTON PEARSON**
 Fri. Dec. 28, 9-1, reggae **MONOPHONICS**
 Sat. Dec. 29, 9-1, reggae dub **FOGDUB**
 Sun. Dec. 30, 8-12 **OPEN MIC/w Emmalee**
 Mon. Dec. 31, 8-1, reggae **NEW YEARS EVE LIVE**
 Tue. Jan. 1, 7-11 **GRAND POOL TOURNEY** with Jesse
SMILEY'S SCHOONER SALOON & HOTEL
41 Wharf Road in Bolinas 415-868-1311



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48 WHARF ROAD, 2ND FLOOR, BOLINAS

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Go to Health: What is the Microbiome?

Writing in *The New Yorker* on Oct. 22nd, Michael Specter explains the amazing new discoveries about the bacteria, viruses and fungi that colonize our bodies and affect our health. His article, *Germes are Us*, starts out with a discussion of the bacterium *Helicobacter pylori* (*H. Pylori*), found in the stomach of half the people on earth. While on the one hand it is a principal cause of gastric and peptic ulcers, and is associated with an increased risk of stomach cancer, its longevity in the human species, at least 200,000 years, makes it likely that it also plays a positive role in human evolution. Specter explains that we are inhabited from birth (the birth canal, mother's skin, other people, all our surroundings) with a hundred trillion or more microorganisms. These microbes are in our mouths, digestive tracts, and skin – some 10,000 bacterial species, with a weight of about 3 pounds. They help us digest our food, manufacture vitamins in the colon (biotin and Vitamin K), and help our immune systems prevent infections. While the genes we inherit play a role in our health and disease, so does the microbiome. The human body can be seen more as a 'vast, highly mutable ecosystem than like an individual assembled from a rulebook of genetic instructions'. *Streptococcus mutans*, in the mouth, is a principal cause of tooth decay, releasing acid when we eat sugar. Dentists are working on a number of measures to control this bacterium, including chlorhexidine and xylitol chewing gum. The bacterium *Lactobacillus sakei* may be capable of warding off sinusitis; this bacterium is destroyed by antibiotics. While antibiotics are 'the signature medical achievement of the 20th century, and have saved millions of lives', there is a downside to their use in terms of our microbiome. People without *H. Pylori* in their gut seem to be more sensitive to allergens, and are more likely to have had asthma as children. Children born by C-section lack many microbes transferred in the birth canal. Research from Finland and Germany indicate that these children may have more allergies. There is also a strong relationship between the presence of *H. Pylori* and

two stomach hormones that control appetite. Ghrelin induces eating, and leptin suppresses the appetite. People whose stomachs have *H. pylori* have less ghrelin after a meal and stop eating; people without it may not get the message to stop and become obese. The reason that animals (poultry, cows and pigs) fed with antibiotics gain weight faster may have more to do with this mechanism than with treatment of illness. About 40% of children treated with broad-spectrum antibiotics develop diarrhea – and treatment with a probiotic (good bacteria for the gut) may prevent this disease. About 10% of people carry a bacterium called *Clostridium difficile* (*C. difficile*), which is normally held in check by other bacteria in the gut. When given antibiotics, people with *C. difficile* can develop severe, life threatening diarrhea and gut inflammation. Researchers are now using a technique called fecal transplant, in which they take intestinal bacteria from healthy donors and place them in the patient's intestines. Cures have occurred with this treatment when nothing else has worked.

Specter ends his article with cautionary advice on probiotics, which he considers over-advertised without backup research. In the future we may know more about beneficial bacteria, but at present he thinks there is insufficient knowledge to say which bacteria should be used. After reading this, I did a search of current medical research on the use of probiotics. There are considerable findings on the use of beneficial bacteria to decrease antibiotic induced diarrhea, in decreasing childhood allergy, in improving the outcome of patients undergoing surgery for colon cancer, in vaginal infections in women, in the management of adult-onset diabetes, and in many other areas. My own conclusion is that a daily probiotic capsule from a reputable supplement company, with or without the ingestion of high-quality unsweetened yogurt, can help to prevent many gastro-intestinal infections. Use antibiotics when they are needed for serious bacterial infections, but always be mindful of your own beneficial bacteria.

Sadja Greenwood M.D. back issues
sadjascolumns.blogspot.com

St. Aidan's Church (30 Brighton Ave) invites the community to its Candlelight Christmas Eve Service

Monday, December 24, 6:00 pm Families welcome!

The Rev'd Whitney Wherrett Roberson
Vicar

St. Aidan's Episcopal Church
Bolinas, CA

MESA PARK BOARD MEETING
November 12, 2012, 7:00 PM
Firehouse Meeting Room

Called to Order: 7:06

Members present: Geoff Geupel, Jane Mickelson, Charles Whitefield, Patricia Hickey
Others: Dylan Squires, Vic Amoroso, Suki Ferrari, Angela Vernon, Roger Peacock, Jenny Pfeiffer

Community Expression: Jenny thanked the Board for the hard work on Measure E.

Downtown Park: [Roger] We have a preliminary operating budget written up. We've pared down the budget, and currently the design committee is working on future things, some related to permit requirements (eg: sidewalk improvement along Wharf to Brighton, food pavilion platform construction, more hillside restoration, playground area design). We'd like to hold back enough of the funding to provide for two years of maintenance and other expenses. [Patricia] We'd like a job description for the maintenance personnel. We should have contracts by the end of January. [Jenny] There seems to be a lot of left over stone fragments; what's going to happen with those? [Roger] There are some stone cobbles left over. We need to decide whether they could be sold or used elsewhere. Some still wrapped and on a pallet. [Angela] I want to know what to do about the vending. There was someone from out of town who had spread wares out in the flowerbeds in front. [Geoff] The ordinances passed last month concerning use of the park need to be given to the sheriffs so they know what is not permissible. People who want to sell need to apply for a permit. Someone from the community needs to take on the role of organizer.

Maintenance Report: [Suki] Got chip cover for the playground. School maintenance dept. suggested that we combine resource orders to share delivery fees. [Charles] The chin-up pole is loose and rotten. Phil, the fire captain, caution taped it. We need to get another post and install it. We'll have to remove the old post from the hole. Let's remove it for now and then replace. [Suki] The boards on all the bleachers need to be replaced. [Charles] The portable bathroom has been replaced.

Pool Development: [Jane speaking for Anna] The committee has now received 350 positive responses and are mailing surveys to non-resident property owners (weekend & vacation home owners.) The committee is feeling very strong about the project.

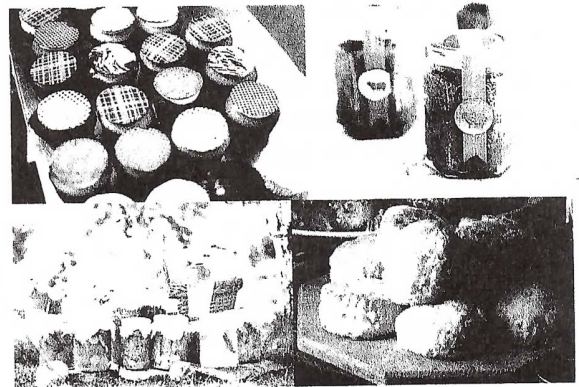
Irrigation Report: Bryan not present.

Treasurer's Report: [Patricia] We're going to discuss future funding once we know if Measure E has passed. We finalized the last audit up to 2005. We'll talk about a spending plan based on priority, to carry us over the coming year.

Approve Warrants: Charles moved to approve. Patricia seconded.

Other: none

California Homemade Food Act Presentation



Wednesday December 19, 5-6pm,
Dance Palace, Point Reyes Station

Ever considered starting a food business? Looking for a way to make some supplementary income? Ever thought about turning uneaten veggies in your garden into something to sell rather than something to waste? Join us and learn about the new "cottage food law", which makes it easier for people to make products in their homes and sell them to the public.

To learn more about the law, go to: <http://bit.ly/VRUAaB>.
For more information: 415-717-6833 or fmrsjr@gmail.com.

Smiley's

POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

2nd Prize \$25

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311

Up-date on election status: [Jane] We won't know for sure whether Measure E passed until the provisional and absentee ballots are counted. Final count will be announced in a few days.

Approve Minutes: Patricia moved, Charles 2nd with minimal copy edits. All aye.
Swearing in of Dylan Squires.
Next meeting: Dec. 3, 7 pm at the BCPUD office.
Meeting adjourned: 8:10pm
Submitted by Jane Mickelson

MEETING AGENDA
BOLINAS FIRE PROTECTION DISTRICT
BOARD OF DIRECTORS
MONDAY December 17, 2012 at 7:30PM

Location:
 Bolinas Fire Department Community Meeting Room 100 Mesa Road
 The site is open to the public and is wheelchair accessible.
 (This agenda is posted in accordance with the Ralph M. Brown Act, California Government Code Section 54950, et seq.)

1. Call to Order and Roll Call
2. Approval of Agenda
3. Fire Chief's Report
 - a. Update on Bolinas Road Access - Joint Committee
 - b. Update Fire and Water Districts Shared Personnel
 - c. Update on Terrace Avenue Surfer's Overlook
 - d. Fire Calls & Emergencies for November 2012
4. General Business
 - a. **Action Item #1:** Elect new Board Officers: President and Vice President
 - b. **Action Item #2:** Form new Board Committees: Finance and Budget, Personnel, Building and Grounds
 - c. **Discussion:** Dir. Kimball to review audit for FY11/12
 - a. **Action Item #3:** Approve Verizon request to add microwave antenna to existing Crown Castle tower located on Fire District property.
 - b. **Discussion:** Emergency only access and egress alternatives to closure of Terrace Avenue and Overlook Road
5. Consent Calendar
 - a. Approval of regular Minutes from November 26, 2012
 - b. Approval of warrant lists from November 21 - December 11, 2012
 - c. Approval of financial reports for October 2012 including account balances
6. Public Expression (The public may address the Board regarding matters not on the agenda.)
7. Committee Reports
8. Board Member Report
9. Personnel Matters (Board may go into a Closed Session.)
10. Announcement Re: Closed Session (if any)
11. Good of the Order
12. Adjournment

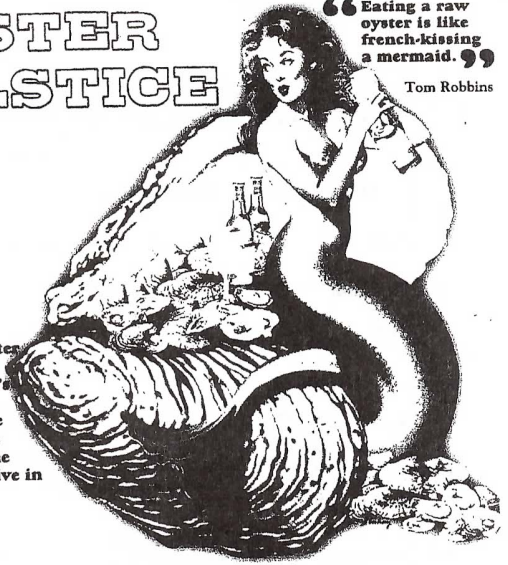
CULTURAL POTHOLES PRESENTS

OYSTER SOLSTICE

“Eating a raw oyster is like french-kissing a mermaid.”
 Tom Robbins

DONATIONS GO TO OYSTER WORKERS AID

Let's celebrate the magical oyster and the women & men of Drake's Bay Oyster Company whose partnership has been keeping the oyster magic alive in Drake's Estero!



SATURDAY DECEMBER 22, 2012
5 PM - 10 PM

THE DANCE PALACE IN POINT REYES STATION

MUSIC * DANCING * FREE OYSTERS * BYOB

- Van van der Maaten Band -
 - Paul Knight & Friends - MC Charlie Morgan -

BOLINAS BAY
 HARDWARE & MERCANTILE

FOR EVERYTHING YOU NEED AND EVERYTHING YOU WANT

**ON THE TWELFTH DAY OF CHRISTMAS
 MY TRUE LOVE SENT TO ME**

- 12 Architects Rendering
- 11 Laborers Digging
- 10 Electricians a-Wiring
- 9 Gardeners Planting
- 8 Plumbers a-Soldering
- 7 Carpenters a-Hammering
- 6 Floor Guys a-Sanding
- 5 Golden Screws
- 4 Beeswax candles
- 3 French soaps
- 2 Vintage quilts

And a big fluffy Noble Fir Tree

OPEN WEEKDAYS 8-5:30 | WEEKENDS 9-5
 1 OLEMA-BOLINAS ROAD | BOLINAS | 415.868.2900
 WWW.BOLINASBAYHARDWARE.COM

BOBOLICIOUS BAKERY

Stop in to place order or call/text **868-9978** (Pick up on Christmas Eve)

Now Closed on Wednesday

FREE COFFEE !!!
 When you buy \$20 BoGas & Support BCLT (only when attendant working)

Organic Holiday Dessert Orders

- ♥ **Apple Pie:** best pie ever, local apples, covered pie \$25.00
 - ♥ **Pecan Pie:** southern style \$25.00
 - ♥ **Pumpkin Pie:** traditional \$22.00
 - ♥ **Sweet Potato Pie:** an old favorite topped with pecans \$22.00
 - ♥ **Bobolicious Spiced Applesauce cake:** \$20 or w/frosting \$22.00
 - ♥ **Cheesecake:** NY style lightly brushed with Brandy, or Pumpkin, or Chocolate, or Minted Chocolate \$30.00
 - ♥ **Gluten Free Chocolate Bundt Cake:** From the heart \$20.00
 - ♥ **Cookies:** Gingerbread or Sugar \$8/dozen
 - ♥ **Almond Buds:** Miniature almond pound cake rosettes \$12/dozen
 - ♥ **Biscotti:** \$2.75 each sale: 3/\$7; 6/\$13; \$26/baker's dozen
- *All items baked by Julie at Bobolicious Smoothie Lounge; (Gluten & Dairy Free options available)



\$1.00 off when you return pie tin

THE LAST SECOND SATURDAY SALE on the SQUARE OF THE YEAR
 This weekend at Brighton Square
 11:00 to 3:00 on Saturday.

Now Available: Herbal Tinctures, Supplements & Judith's Herbs, Holiday & All Occasion Candles, Local Artisan Handmade Bags & Scarves, Organic (non-GMO) Chocolates, Chile Hot Cocoa, Asian Tea Cups, Travel Mugs, ornaments, gift certificates, and more!!!
 Love, love...



90.5 FM + 89.9 FM
WWW.KWMR.ORG



	Mon	Tue	Wed	Thu	FRI	Sat	Sun	
6	DeepWaking 12-1 am KWMR Night Music	Weekly Feed 12-1 am KWMR Night Music	KWMR Night Music	S Sunspots to 1:30 am KWMR Night Music	KWMR Night Music	Grateful Dead 12-1 am KWMR Night Music	KWMR Night Music	
7	Day 6 (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	6:00 am As It Happens Morning Glory	Daybreak	
8	With Eyes Open! Peter Asmus	Guest Hosts Rise and Shine Mary Siedman	Specials	Swimming Upstream Morning Blunder	Barrio Vibes	# Gregory DeMascio # Anneke van der Veen	# Gregory DeMascio # Anneke van der Veen	
9	KT's Kitchen	8:30 am Park Wave-lengths Loretta Farley	Airwaves Raul Gallyot	Fish Tales Dave Cook	Amanda Eichstaedt Howard Dillon Charlie Doucherty	Solange Echeverria	Vicarious Traveler Original Minds Vicki Leeds Elia Haworth	Sunday Celebration of Sacred Music Rick Clark
10	Turning Pages # Janet Robbins # Lyons Filmer	Turning Pages # Neshama Franklin # Joy Maulitz	Turning Pages Classics Janet Robbins	Turning Pages Kerry Livingston	Turning Pages # Bilingual Storytime # Specials	Krista Tippet On Being	10 am BirdNote	
11	Open House The Bioneers	#1/3 Taylor + McGee Maurice & Seana #2/4/5 Questing Calpestri & Mickelson	The Bioneers (repeat) Making Contact	An Organic Conversation	Nuestros Niños	Viewpoint Ellen Shehadeh	The Place We Live Marc Matheson	
12	The Farm and Foodshed Report Robin Carpenter	New Dimensions	Alternative Radio	Attunement Anthony Wright	Commonweal Conversations	Voces de Nuestro Mundo Interviews by Raul Gallyot (repeat)	Forms and Feelings Jim Bennett	Happy Days Marcie Judelson Jazz Rhythm LAST SUNDAYS
1	West Marin Matters #1 Stock #2/4 Gong & Stephan #3/5 Faure-Brac	Spirit & Mind Anthony Wright	Your Own Health and Fitness	Philosophy Talk	What Matters Most Susannah Baldwin	ViewPoint (repeat)		
2	Cruisin'..... Rick Clark	What's New? #1 Jimo & Tammy #2-5 Specials	Classical Wednesday #1/5 Specials #2/4 Chris Breyer #3 Susan Deixler	Classical Thursday # Susan Santiago # Jeffrey Wilkinson	Classical Friday #1 S. Henderson #2/4 N. Masonson	World Playground #1/3 Hawai'i Calling Susanna Henderson #2/4 Africa & Diaspora Mark Potts	Riverwalk Jazz The Vinyl Café (CBC)	
3	# Aztec Pride Jorge Ramirez # The Latin Alternative	Art of the Song	Krista Tippet On Being #5 Coastal Airwaves Vickisa	TeaTime Books Mimi Calpestri Howard Dillon	#3 Janet Robbins #5 Specials	Circulo musical	Learnin' Kirven To Hell & Bach	
4	Moyers & Company	Sabrina Artel's Trailer Talk NEW SERIES Live Wire! Radio	Open House Epicenter: West Marin Issues #1 Pt Reyes Dialogues Jacob Needleman	Open House: Témás de immigration; Story Shed # Art's Desire # Hot Tech/Cool Science	Happy Hour	Jesus Martinez	Brian Kirven Beth Underwood	
5	Trash to Treasure Madeline Hope	Release Me..... New Music with Amanda E	Musical Varieté Charlie Morgan	Ridin' the Rails..... on The Americana Express with the Roots Gang Mike V, Amanda, Will, Sally Phillips	Bakersfield & Beyond Amanda & Mike V	Shorty's Bunkhouse Shorty	Liberacha	The Celtic Universe # Loretta Farley # Lyons Filmer
6	El Barrio	Silver Dollar Jukebox	Faultline Radio	Coast Highway Blues	8:30 pm NEW TIME	L.A. THEATRE WORKS	Friday Funk Fest	Ears Akimbo's Elbow Room Paul Flowerman Grey Shepard
7	Gus Conde	Peter Martinelli	Jaimo Crespo	Larry Rippee			Fairfax Funkateer	Rick's Jazz Café Greg's Groove Choose Your Own Adventure The Kitchen Sink
8	Monday Night Mixtape	Amateur's Guide to Life Christian Anthony	The Latin Alternative	Sonic Sunspots Tony Palmer	Professor Kosmo plays.....		Magic Radio	Rick Clark Gregory DeMascio Fred Smith Patrick Kleeman
9	Jacoba Charles	Professor Kosmo plays...	Ernesto Lechner and Josh Norek Professor Kosmo plays.....				Chris Breyer	Saturday Night Function # Mark Potts # Marc Matheson
10								Stuck in the Psychedelic Era with the Hermit
11								

Office 415/663-8068

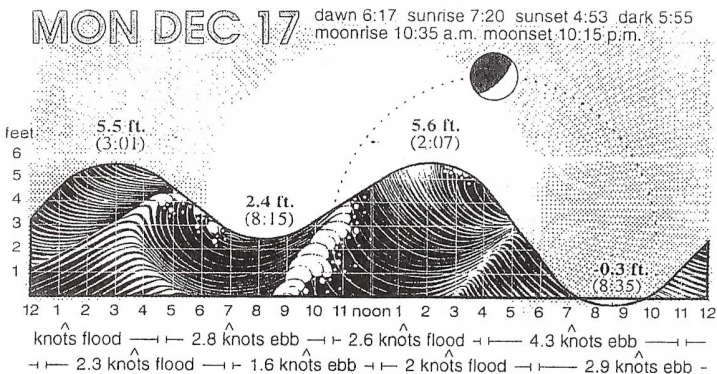
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THREE GREAT THINGS ABOUT THIS PLACE...

- (1) Winter Solstice. I love this quiet, introspective pagan part of the holidays, the pause before the return of the light.
- (2) The winter color palette of the Bolinas landscape, beautiful muted shades of dun, green, orange and rust, accented by bright red coffeeberries.
- (3) Putting together the calendar blanks for the new year, and leafing through the record of last years' events before storing it away.

--Ned Riley





HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

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DMX

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SRX

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Steve Hill -2310

SHX

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- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

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AR x

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CH x

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ANNOUNCEMENTS

BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT

BCPUD BOX 390 270 ELM ROAD BOLINAS
CALIFORNIA 94924. 415 868 1224



A Regular Meeting of the Board of Directors
December 19, 2012 7:30 p.m.

1. Call to Order.
2. Roll.
3. Manager's Report.
 - Update on the Terrace Avenue Water Main Relocation Project.
 - Update on the Terrace Avenue Bluff Stabilization Project.
 - Update on the Wastewater Treatment Plant Pump Station and Electrical Upgrade Project.
 - Drainage Project Manager's Report.
4. Community Expression.
5. Request for Financial Relief from Quarterly Water Bill pursuant to BCPUD Resolution 553 - 20 Mesa Road, Bolinas (M. Valen).
6. Approve Two-Year Extension of Franchise Agreement with North Bay Corporation for Solid Waste, Recycling and Green Waste Services.
7. Request for BCPUD Letter to the County of Marin Regarding the Dissolution of the Bolinas Lagoon Technical Advisory Committee. (C. O'Connor).
8. Amend the BCPUD's Illness & Injury Prevention Program to include a Heat Illness Prevention Program.
9. Approve Amendments to Memorandum of Understanding re Compensation and Benefits between the BCPUD Board of Directors and BCPUD Employees (hourly wage and hours adjustments).
10. Update on Water Supply Augmentation Project.
11. Volunteer Committee Reports
 - Alternative Energy:
 - Bolinas Lagoon Advisory Committee:
 - Community Path Update:
 - Downtown Parking & Traffic Committee:
 - Resource Recovery:
 - West Marin Mosquito Control Coordinating Council:
12. Other Business
 - a. Board Committee Reports
 - Finance:
 - Legal:
 - Mesa Septic, Flood Control and Roads:
 - Operations:
 - Park and Recreation:
 - Personnel:
 - Sewer:
 - b. Minutes of the November 28, 2012 Regular Meeting.
 - c. Warrants
 - d. Scheduling of Next Meeting(s)
13. Adjournment.

FOR SALE

LIVE CRAB AT THE FARMSTAND

Fri, Sat, Sun eves and by appointment.
Reservations Recommended. Don Murch 640-5425 cell

DM1/3/13

HELP WANTED

RELIEF HOUSEKEEPER POSITION OPEN

at Smilies. Call 868-1600

DD 12/19

WANTED

Refrigerator needed preferably with freezer. Will buy, trade
or barter. Also need mouse proof containers. 609-0025.

EW 12/21

FACILITATOR FOR BOLINAS-STINSON YOUTH group,

4-5 hours/wk., \$15-20/hr. Experience working with
youth and organizational skills important.
bolinas.stinson.youth.group@gmail.com

SG 12/14

WANTED

DESPERATELY SEEKING SOURDOUGH START.

Offering a healthy home for a baby sponge. Will share the love
and loaves. Ida-0120

IE 12/14

hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication
the next day.

Or to request a link to the password-protected website
to read online and info on how to subscribe online.

LOST & FOUND

LOST: PRESCRIPTION GLASSES WITH DARK BLUE

frames- @ Winter Faire on Friday, 12/7
- if found, contact Robin-0527

R12/10

LOST: MY FAVORITE HAT! SMALL VELVET,

black on one side and spotted on one side
If found please call Martine 868-9036

MA 12/10

LOST: RAY BAN DRIVING GLASSES

Green with blue on backside of glasses. Prescription with
transitional lenses. 415 259-8739 thank you

MW 12/7

MISSING BLACK MALE CAT

He has scabby ears and His territory is between
Maple/Oak and Elm. -0419

IH 12/7

LOST: ORNATE GOLDEN EARING

At Community Center Thanksgiving Dinner or nearby.
If found please call - 1018 - Thank you

SL11/30

LOST

Lost keys either on Poplar, the trail from the end of poplar
down to Agate Beach or on the Beach. If found call 9359

RD 12/17

CLASSES

DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!

sign-up free at the newschool@commonweal.org. Download past
podcasts at www.commonweal.org/new-school/events.html

NSx



Class Schedule

Sunday

Yoga continues in January 9:00 - 11:00 a.m.
Brazilian Dance w/Anna 11:00 a.m. - noon
Ninjutsu Martial Arts w/ Martin Kids Class 5:30 - 6:30 p.m.
Adult Class 6:30 - 8:00 p.m.
(Info 868-9236) Drop-ins welcome)

Monday

Pilates w/Lisa (pre-register 868-0473) 5:30 - 6:30 p.m.
Figure Drawing every other Mon. cont. 11/19 6:45 - 9:45 p.m.
Dance w/ Eleanor continues January 7th, 21st etc. 6:45 - 7:45 p.m.

Tuesday

Bo Babies 12:00 - 2:00 p.m.
Ariel Arts for Youth w/Joanna continues in Jan. 3:30 - 5:30 p.m.
CommUnity Nights 6:00/7:00 p.m.
W/ free movies, games or music. Call -2128 for details

Wednesday

Pilates w/Lisa 8:30 - 10:00 a.m.
After-School Theater w/ Lisa Townsend 3:30 - 5:00 p.m.
Theater with Patrice Daley ~ starting soon! 5:15 - 7:45 p.m.
Biblia en Español 8:00 - 9:30 p.m.

Thursday

Yoga w/Kaitlyn Smith (till Trishna returns) 8:00 - 9:30 a.m.
USDA food bank 12 noon
Yoga w/Lisa Brendel 4:00 - 5:30 p.m.
Congolese Dance & song-w/Sandor 6:00 - 8:30 p.m.

Friday

Pilates Mat Class w/Lisa 9:00 - 10:00 a.m.

Saturday

Yoga w/ Lisa Brendel 9:00 - 10:30 a.m.
Creative Movement w/ Lisa, last class 11/22 11:00 - 11:45 a.m.
Ballet w/Erika Townsend continues in Jan. 12:00 - 1:30 a.m.
Ballet/Soft shoes required. Call (209) 523-4305)

Check the Library marquee or Calendar in BCC Foyer for
special events at the Community Center.
For More Info call 868-2128 or visit Bocenter.org

RIDE SHARE

WANTED-Ride to East Bay or any Bart Station-ASAP after
Jeff's slide show-Sat. 12/22 or first thing Sunday 12/23-AM.
Call Tina 2523

TA12/21

How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the BPUD
office on Mondays, Wednesdays and Fridays between 9:30
& 10:30 am to have your article appear the same day, and
until 11:00 am for classified ads.

Ad forms are also available anytime in the small mailbox
next to the Hearsay door. You can fill out the form and
have your ad billed to you, or you can enclose payment
(please note on your ad if you are paying cash in as they
might become separated) & drop into door slot.