

# Bolinas Hearsay News

46¢ + tax

Monday, November 5, 2012



Gigi, Sophie, and me before we swim the Channel.

*FROM*

A Swimming "Lesson"

By, Holiday Kriegel

## WHAT'S HAPPENING

### Monday November 5

#### LET'S DANCE

Community Center, 6:45-8:15 PM \$5

### Tuesday, November 6

#### ELECTION DAY

Polls open 7am - 8pm

### Thursday, November 8

#### PHIL RICHARDSON

Live music @ Coast Café, 6-8pm. Food & drink specials.

#### THE ONWARDS

New band showcase @ Smiley's, 8:30pm

### Friday, November 9

#### BARN DANCE!

Square dance, middleschool dance performance, chili dinner, silent auction @ BCC, dinner 6pm, kid-dance 7pm, adult dance 8:45-10pm, \$10/\$5.

#### MO'LASSES

Live music @ Smiley's, 9:30pm. Cover

### Saturday, November 10

#### SECOND SATURDAY SALE ON THE SQUARE

Flea market: buy/sell/trade @ Brighton Square next to post office, weather permitting. Info: 868-0144

#### BENEFIT for MAGI & MARY

Community Center, cabaret style entertainment to help w/ healthcare bills, 8pm.

#### BESO NEGRO

Live Gypsy jazz @ Smiley's, 9:30pm. Cover

### Tuesday, November 13

#### SCHOOL BOARD

Special meeting of the board, closed session 5:30-6:30pm, open session 6:30pm, school library

### Wednesday, November 14

#### CLOSING PARTY

@ Healing Arts Center, Stinson Beach. The last day we'll be open, 5-7pm

## HAPPY HAPPY BIRTHDAY!!!

November 5: Ned Liebman  
Cory Griffith

November 6: Walter Hoffman  
Kai Cunha

November 7: Penny Post  
Morgan Sanders  
Joe Bracco  
Jeff Moerchen

November 8: George Marzocchi  
Rose Tacherra  
Kelly Resta

November 9: Long Linda (remembered)  
Helena Shea Kent

November 10: Jetsun Bradford-Ebey  
Finn MacDonald

November 11: Ken Gardiner  
Patrick Holland (remembered)

## MONDAY EDITOR VOTING RECOMMENDATIONS:

Yes on Michael Allen

Yes on "A" (Parks)

Yes on 30

Yes on 31

BIG NO on 32

No on 33

Yes on all other props, esp. 37

BIG YES on Measure E (Mesa Park)

Pasteup  
Ads/books  
Press

Ned Riley  
June McAdams  
Jeff Manson



COMMUNITY &  
CULTURAL CENTER

## dance palace

The Dance Palace, 5th & B Streets  
Point Reyes Station

Tickets at [www.dancepalace.org](http://www.dancepalace.org)

### KRONOS QUARTET

For nearly 40 years, the Kronos Quartet—David Harrington, John Sherba (violins), Hank Dutt (viola), and Jeffrey Zeigler (cello)—has pursued a singular artistic vision, combining a spirit of fearless exploration with a commitment to expanding the range and context of the string quartet. In 2011, Kronos became the only recipients of both the Polar Music Prize and the Avery Fisher Prize, two of the most prestigious awards given to musicians. Other awards include a Grammy for Best Chamber Music Performance (2004) and Musicians of the Year (2003) from Musical America.

**Saturday, November 10, 8 PM**

**\$32 general, / \$30 seniors / \$15 youth**

### SUZANNE CIANI PIANO CONCERT

Five-time Grammy nominee (New Age) Suzanne Ciani will perform her original compositions for solo piano, including her signature song, "The Velocity of Love." Ciani moved to Bolinas from New York City to concentrate on her artistic career and establish her own indie music label, Seventh Wave, after years on major labels (Sony, BMG, RCA, and Atlantic). She is best loved for her original music featuring her performances in a broad array of expressions: pure electronic; solo piano; piano with orchestra; and piano with jazz ensemble. No matter the medium, Ciani's music communicates the special intimacy, passion, and sensitivity that have become her trademark and prompted fans to buy more than one million of her albums.

**Sunday, November 11, 4 PM**

**\$20 general / \$18 seniors / \$10 youth**

### MOSTLY MEETINGS & MISCELLANY

Monday Morning Recap & Week in Review 11/5/12

From Jennie Pfeiffer

IT'S BEEN A SCARY WEEK OF ELECTION HYPE, & HYPER HALLOWEEN "HAINTS", balanced by calming, solemn, souls & saints days of Dia de los Angelitos/Dia de los Muertos, plus some mundane meetings mixed in to keep us grounded, as we move to tomorrow's ultimate showdown at the polls. It's been a relentless couple of years of campaigning, getting down to some unnecessary nastiness here toward the end, and I for one, will be glad to see it over for awhile. I am hoping we don't have to see it immediately start right back up again. It's too much time, too much money - something definitely needs to be done to turn this election madness around!

Halloween was drippy, but young spirits weren't dampened, and there was a lively parade of creative costumes around town and in the Community Center, taking refuge from the drizzle, enjoying the nice fire in the fireplace, some soup (which went very quickly) along with popcorn, chips and salsa, and cider - very nice to have that bright spot open for families to congregate, check out costumes, and dry out a bit. Sorry to report that the ping pong table didn't get assembled in time for the annual costume tournament, but thanks to the help of Ned Riley and helpful soccer players, it is now together and ready for use.

The next day, the Center was beautifully transformed into an alter space, by Mirta and her magical family. Marigolds were carefully lined in two rows, with petals pulled and sprinkled in between, making a spirit pathway up to the stage/alter. Community members brought in pictures and mementos of deceased relatives, and I put all the Hearsay News photos of departed town members out to have their annual display. There are getting to be so many, and we still miss them all dearly.

The week began Monday with a trifecta of school meetings, starting in the morning with a School Board Retreat to discuss adding district preschool to our long term planning document. Then in the afternoon, there was a Board/Staff meeting to hear thoughts on this and other items from staff. The day ended with an adjournment to an official meet and greet for our two new members of the administrative staff, Elaine Doss, principal, and Paula, Rigney, chief financial officer, at a reception across the street at the Murch's farmstand hall.

The week ended yesterday with another meet and greet, as the community had a opportunity to get to know our new doctor, Wendi Joiner, who seems very lovely and enthused about practicing in our West Marin Community clinics. There was finger food by the firehouse and music by *Midnight on the Water*, and it was good to see former, present, and future medical staff there together. A beautiful day to remember the people who help keep us safe and healthy.

Please remember to vote tomorrow. Jp



GOING OUT OF BUSINESS SALE STARTS TODAY AT HEALING ARTS STORE  
EVERYTHING SELLING AT HALF PRICE  
SALE WILL CONTINUE THROUGH NOVEMBER 14TH WHICH IS  
OUR DAY OF CLOSURE AND CELEBRATION.  
STORE WILL BE OPEN FRIDAY-MONDAY 12-6  
SANDTRAY ROOM OF DISCOVERY AVAILABLE EVERY DAY  
LOOKING FORWARD TO SEEING YOU!

415 868-9305

GOING OUT OF BUSINESS SALE  
CONTINUES AT HEALING ARTS STORE  
EVERYTHING HALF PRICE  
FRI-MON 12-6



West  
Marin **Citizen**

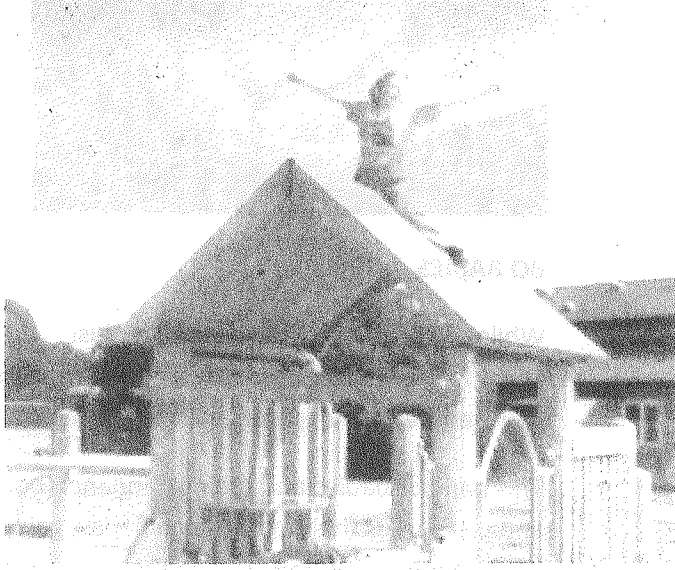
Online events calendar updated daily at  
[www.westmarincitizen.com/calendar](http://www.westmarincitizen.com/calendar)

To submit entries send to  
[calendar@westmarincitizen.com](mailto:calendar@westmarincitizen.com)

Special subscription offer to new and lapsed  
subscribers: \$25 for 6 months. Call #663-8232.

# VOTE YES ON MEASURE E

We can do it. Bring it on home!

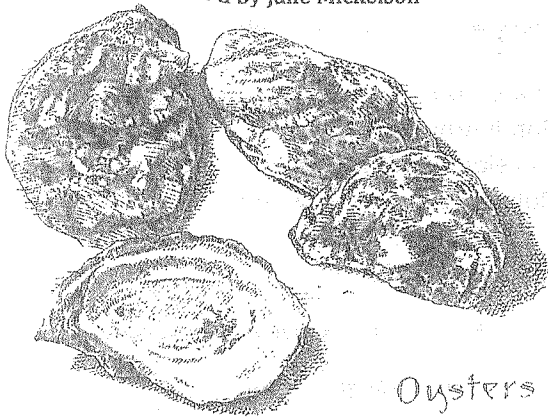


Mesa Park belongs to everyone in Bolinas. It's evolved over the years to include fun and fitness for every age group and includes a soccer field, a children's playground, a skate park, a softball diamond, and a basketball court. Mesa Park provides a location for special events such as a home base for the Bolinas-Stinson summer camp, birthday parties, family gatherings, fundraisers like the walk-a-thon for the Children's Center. Mesa Park also provides local jobs.

Vote YES on Measure E to continue the support and maintenance of Mesa Park. For \$49/year per improved parcel (that's less than \$1/week) we can keep this valuable community resource healthy and fully functional.

Funding from Measure E is only for the maintenance of the property at 110 Mesa Road, by the Firehouse. The downtown park is privately funded, and any future swimming pool will be maintained by user fees.

Submitted by Jane Mickelson



Oysters

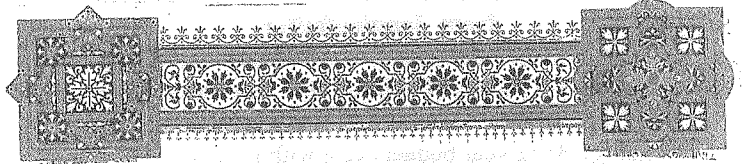
Obama is best choice for president  
Winston-Salem Journal - North Carolina

Americans have a clear choice between two presidential candidates with starkly different ideas for spurring the economy, providing for the health of our people, defending our interests abroad, educating our children and protecting our environment. We believe that President Barack Obama's progress on these issues merits him a second term in the White House.

Four years ago on this page, we endorsed Republican U.S. Sen. John McCain of Arizona over Obama. We wrote that we were impressed with Obama, but McCain would "bring the Iraq war to a successful conclusion, work to end American dependence on foreign oil, reduce America's output of climate-changing gases and begin the rebuilding of our economy."

The Democratic president has done all those things and more. He is calm under pressure and courageous in standing up for the rights of all Americans, including the poor, veterans, the elderly, women, gays and immigrants. In contrast, we've sometimes found it hard in the last few weeks to tell just what Obama's challenger, former Massachusetts governor Mitt Romney, really stands for.

sub. by Jody Angel



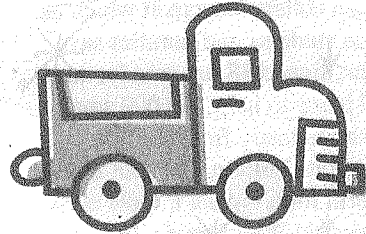
## THANKSGIVING

For many years, Ilka Hartmann, has been the person who made our Community Thanksgiving Meal happen. This year she will be in the hospital having both hips replaced. The BCC hopes someone will come forward to take Ilka's place and organize this well loved and well attended event. We really want this event to happen again this year but need someone to come forward to take the reins. Call Lia or Randi at 868-2128 if you are able to help. Thanks, June McAdams

## THREE GREAT THINGS ABOUT THIS PLACE...

- (1) Election Day. Don't take it for granted. We've being doing that and sliding into a plutocracy—government of the wealthy, by the wealthy, for the wealthy.
- (2) Samhain/Day of the Dead. It's a good thing to be aware of the beings that are not with us except in spirit.
- (3) Monarch butterflies, floating everywhere in the unseasonably warm air.

--Ned Riley



## WANTED/NEEDED

### SMALL PICK UP TRUCK

### FOR VILLAGE & BEACH CLEAN UP

### DONATE YOUR TRUCK

### TO THE BOLINAS COMMUNITY CENTER

### IT IS TAX DEDUCTIBLE.....

### WE ARE A 501(3)(c)NON PROFIT

### CONTACT US @868.2128.

SOME SUGGESTIONS FOR ELECTIONS

from Jenniepfeiffer

Obama, Dianne Feinstein, Jared Huffman, and Michael Allen are my choices. I'm also "yes" on measures A and E; a "yes" on props 30, (we REALLY need this ed funding), 31 (2 year budget cycle with greater transparency, which sounds good to me, but this is a controversial measure, so check it closely), 34 (death penalty), 35 (human trafficking penalties), 36 (three strikes revise), 37 (label foods - if we can know how much sugar and fat is in our food, why not if it's genetically modified? ), 38 (early childhood, it's okay to vote for both this and 30), & 39 (clean energy); I guess I'm a "yes" on 40 (redistricting).

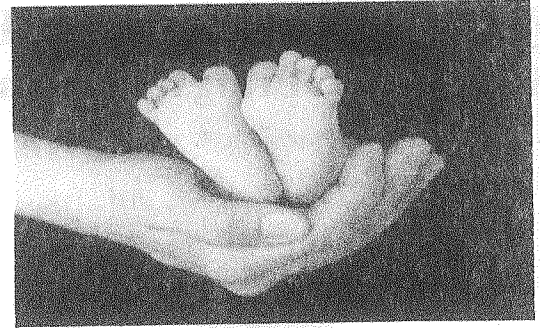
My two BIG "NO" votes are on 32, & on 33 (anything that allows insurance companies to set state prices makes me nervous.) I went with the incumbents on Healthcare District directors.

IF YOU ARE STILL ON THE FENCE ABOUT OBAMA, HERE IS SOME INFORMATION I HAVE PULLED FROM THE INTERNET:

Under Obama we've seen 32 straight months of job growth, adding 5.4 million private sector jobs; Obamacame has already helped 5.6 million seniors and people with disabilities better afford prescription drugs, and 17 million children with preexisting conditions no longer denied coverage; has supported women's right to have health care choices remain personal decisions, best made with her doctor - without interference from employers or politicians; brought a responsible end to the war in Iraq, found and eliminated Osama bin Laden; doubled funding for school Pell grants and established a college tax credit which has helped more than 9 million students and families save money for tuition last year; signed 18 tax cuts for small businesses and supported loans to help 150,000 small businesses; rescued the auto industry from the brink of collapse, saving more than one million jobs; cut taxes by \$3,600 over his first term for a typical middle class family making \$50,000; passed Wall Street reform to empower consumers and hold big banks accountable (we could certainly go farther with this); established historic fuel efficiency standards, which will save families \$8,200 at the pump per vehicle; signed the Lilly Ledbetter Fair Pay act to help women fight back against pay discrimination in the workplace; repealed "don't ask, don't tell" and supports marriage equality; has a plan to withdraw our involvement in Afghanistan, promote diplomatic alternatives to armed conflict, and plans to keep moving our country forward for 4 more years.

Hopefully he can then deal with global warming, work to get rid of gross polluters as we clean up our environment and we move toward locally based green energy installations, and fulfill his promise to close Guantanamo, among other large items of concern.

Jennie Pfeiffer



BO BABIES

While my generation has been busy just keeping the "keeping on" going along, there is a new generation happening in our village.

This band of babies and their attendants (better known to us as their mamas and papas) gather every Wednesday from 12-2 in the community center to commune in a big, safe, dry place. They utilize the big red floor mats for safety and share their energy, smiles and baby speak ideas while allowing said attendants to share their space. It is beyond adorable stop by and peek in on the sweetness.

Currently the Bolinas Community Center is looking for sponsors for this program. The charge for 2 hours of rental of the hall is \$25 (member's rate) and it would be wonderful if anyone reading this would step up and sponsor a Bo Babies session or two or more!

If you are interested in helping just send your donation and include Bo Babies on the memo line or stop by and see us, we love your company or call me @868.2128.

Just think the newest generation can say, "I remember crawling around on those big red mats way back when" ....ah memories.

Thank you.  
Randi Arnold  
Development Director  
Bolinas Community Center

Subject: Fwd: GMO's?  
From: Anny Owen (annypan3@gmail.com)  
To: annypan3@gmail.com;

This movie will clear up any doubts. You can watch it for free until the election then it will cost. Wow.

[www.geneticrouletemovie.com](http://www.geneticrouletemovie.com)



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48 WHARF ROAD, 2ND FLOOR, BOLINAS

bringing order to your financial world

## Go to Health –Interval Training

Interval training is not just for elite athletes – it can be helpful and fun for most people – even those just beginning to exercise after a long time of inaction. If you don't exercise regularly, check with your doctor to make sure this will be safe for your heart and your body. If you get an OK, then start out being gentle with yourself and work up to more intensity as your body feels ready.

Interval training is simply alternating burst of increased activity with slowing down. The advantage of interval training is that it enables you to increase your fitness more quickly than with traditional endurance training. Coaches use these techniques with serious athletes, but the same mechanisms will work for those of us who are not in great shape.

Take walking, for example. You can alternate periods of leisurely walking with periods of going faster. Go faster between certain trees, or streets, and then slow down. Some people count their steps, and speed up for 20, 50, or 100 steps, or use a stopwatch (or smart phone) and speed up for a minute, then slow down. You can try slow jogging or race walking for your sprints as you get more fit. You can do the same on a stationary bicycle, speeding up for 30 seconds and then doing easy pedaling for four minutes. Keep this pattern going for 20 to 30 minutes

In a recent Australian study, 46 men in their 20's were randomized into an exercise or a control group. The exercisers did a 20 minute routine 3 times a week for 12 weeks. They sprinted on a stationary bike for 8 seconds, then rested for 12 seconds, and continued this routine for a 20 minute period. After 12 weeks, the exercisers had lost an average of 4 pounds of body fat while adding 2.6 pounds of muscle. They had a 17% reduction in fat surrounding their internal organs, which has been linked to a higher risk of heart disease. The researchers said that studies of continuous jogging would show that the amount of exercise needed to produce a similar decrease in visceral fat (around the internal organs) would be jogging for seven hours a week. Men in the control group of this study, who did not exercise, gained weight and had an increased waist circumference.

Of course, you have heard by now that exercise improves your brain.

Researchers at the University of Illinois gathered four groups of mice and set them in 4 different cages. One group lived with many interesting toys and edible treats. A second group had the same toys and treats, plus running wheels. The third group had no toys and treats, just plain mouse kibble. The fourth group had no toys and treats, plain kibble, and running wheels. The animals had cognitive tests at the start of the study, and were injected with a substance that allowed the researchers to track changes in the structure of their brains. At the end of the study the mice had the same cognitive tests and then were killed for examination of their brains. It turned out that the toys and special tastes had not improved their brains; the only animals that improved were those that had running wheels. The enriched environment was not helpful, but exercise was. The exercising animals had created new neurons in their brains, and these nerve cells lighted up when the animals were running and also when they were exploring unfamiliar environments. Running had created new nerve cells that could help the animals think.

I hope this column will help readers stay in motion. I'm going to stop writing and get on my stationary bike to watch the latest on the election. On Tuesday, walk downtown and vote!

*Sadja Greenwood, M.D. back issues  
sadjascolumns.blogspot.com*

## Smiley's

# POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

2nd Prize \$25

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311



**90.5 FM + 89.9 FM**  
**WWW.KWMR.ORG**



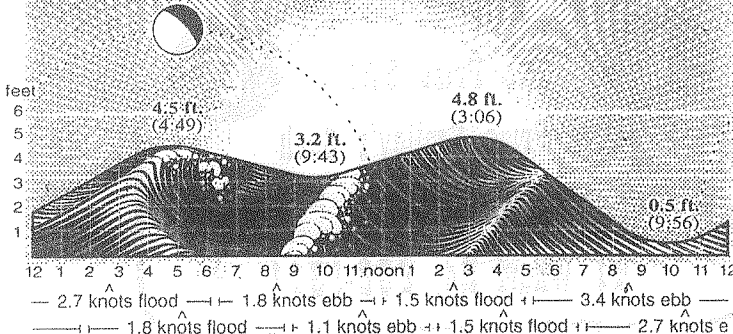
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>6</b>	DeepWaking 12-1 am KWMR Night Music	Weekly Feed 12-1 am KWMR Night Music	KWMR Night Music	S Sunspots to 1:30 am KWMR Night Music	KWMR Night Music	Grateful Dead 12-1 am KWMR Night Music	KWMR Night Music
<b>7</b>	Day 6 (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	6:00 am As It Happens Morning Glory	Daybreak
<b>8</b>	With Eyes Open! Peter Aamus	Good Morn. West Marin with Guest Hosts Rise and Shine Mary Siedman	Hump Day Jimmy G Dave Cook	Morning Blunder Howard Dillon Charlie Doucherty	Berio Vibes Augusto Conde through Aug 17	# Gregory DeMascio # Anneke van der Veen	# Anneke van der Veen
<b>9</b>	KT's Kitchen	Park Wave-lengths Loretta Farley	Fish Tales Dave Cook	Amanda Eichstaedt	coming: Solange Echaverria	Original Minds Elia Haworth	Vicious Traveler Vicki Leeds
<b>10</b>	Turning Pages # Janet Robbins # Lyons Filmer	Turning Pages # Neshama Franklin # Joy Maulitz	Turning Pages The Vinyl Café (repeat from Sunday)	Turning Pages Readings by Erik Bauersfeld	Turning Pages # Bilingual Storytime # Specials	Krista Tippett On Being	Sunday Celebration of Sacred Music Rick Clark
<b>11</b>	Open House The Bioneers	#1/3 One-sided Radio Alden Bevington #2/4 Queering Calpestri & Mickelson	Making Contact The Bioneers (repeat from Monday)	An Organic Conversation	Nuestros Niños	Viewpoint Ellen Shehadeh	The Place We Live Marc Matheson
<b>12</b>	The Farm and Foodshed Report Robin Carpenter	New Dimensions	Alternative Radio	Attune-ment Anthony Wright	Common-wealth Conversations	Voces de Nuestro Mundo Interviews by Raul Gallyot	Happy Days Marcie Judelson Jazz Rhythm LAST SUNDAYS
<b>1</b>	West Marin Matters #1 Stock #2/4 Gong & Stephan #3/5 Faure-Brac	Spirit & Mind Anthony Wright	Your Own Health and Fitness	Philosophy Talk	Specials TBA	Jim Bennett	
<b>2</b>	Cruisin'..... Rick Clark	What's New?	Classical Wednesday	Classical Thursday	Classical Friday	World Playground	Riverwalk Jazz
<b>3</b>		#1 Jimo & Tammy # John Lerch / Specials	#1/5 Specials #2/4 Chris Breyer #3 Susan Delxier	# Susan Santiago # Jaffry Wilkinson	#1 Susanna Henderson #2/4 Norman Masonson	#1/3 Hawai'i Calling Susanna Henderson #2/4 Africa & Diaspora Mark Potts	The Vinyl Café (CBC)
<b>4</b>	# Aztec Pride Jorge Ramirez # The Latin Alternative	Art of the Song	Krista Tippett On Being #5 Coastal Airwaves Vickiss	TeaTime Books Nimi Calpestri Howard Dillon	#3/5 Specials	Circulo musical	Learnin' Kirven To Hell & Bach
<b>5</b>	Moyers & Company	Sabrina Arta's Trailer Talk # The Feminine Mystic Wendy McLaughlin	Open House Epicenter: #1 Pt Reyes Dialogues, Needleman	Open House: Tomas de Inmigracion; Story Shed # Art's Desire # Hot Tech/Cool Science	Happy Hour	Jesus Martinez	Brian Kirven Beth Underwood
<b>6</b>	Trash to Treasure Madeline Hope	# ViewPoint (repeat) Ellen Shehadeh	Ridin' the Rails..... on The Americana Express with the Roots Gang	Bakersfield & Beyond Amanda & Mike V	Liberacha	The Celtic Universe # Loretta Farley # Lyons Filmer	Ears Akimbo's Elbow Room Jazz Place
<b>7</b>	Release Me-- New Music with Amanda & The Roots Gang	Musical Varieté Charlie Morgan	Mike V, Amanda, Will, Ken, Liberacha	Shorty's Bunkhouse Shorty	Friday Funk Fest Fairfax Funkateer	Paul Flowerman	Gray Shepard
<b>8</b>	El Barrio	Faultline Radio	Coast Highway Blues	Story Hour Hearing Voices	Magic Radio	Rick's Jazz Café Greg's Groove	Professor Kosmo Plays..... The Kitchen Sink
<b>9</b>	Gus Conde	Jalmo Crespo	Larry Rippee	NEW SERIES	Chris Breyer	Rick Clark Gregory DeMascio	Patrick Kleeman
<b>10</b>	Monday Night Mixtape	Amateur's Guide to Life Christian Anthony	Sonic Sunspots Tony Palmer	L.A. THEATRE WORKS		Saturday Night Function	Stuck in the Psychedelic Era with the Hermit
<b>11</b>	Jacobs Charles	Professor Kosmo plays.....		Professor Kosmo plays.....		# Mark Potts # Marc Matheson	

Office 415/663-8068

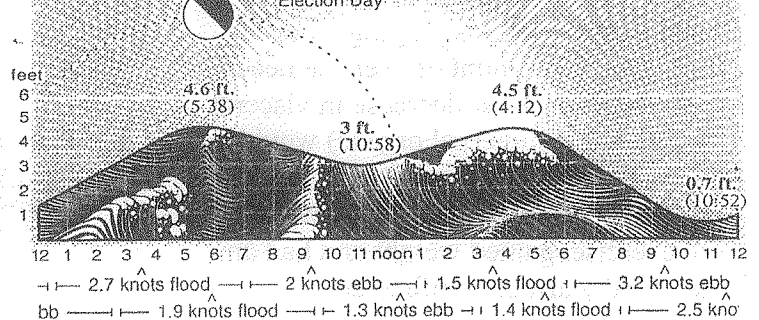
**STREAMING on KWMR.ORG**

Studio 415/663-8492/8317

**MON NOV 5** dawn 5:41 sunrise 6:40 sunset 5:06 dark 6:05  
moonset:12:02 p.m. moonrise:10:50 p.m.



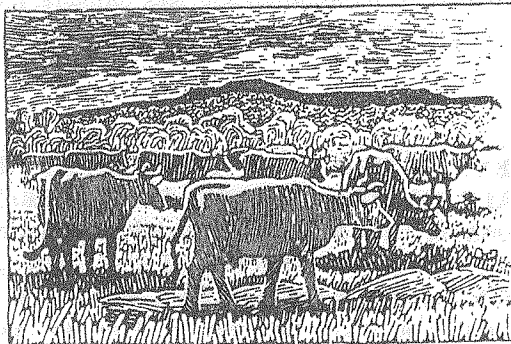
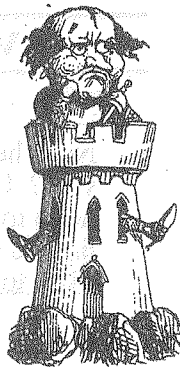
**TUE NOV 6** dawn 5:42 sunrise 6:41 sunset 5:05 dark 6:04  
moonset:12:37 p.m. moonrise:11:49 p.m.  
Election Day



## 5 November

*Nones of November/Guy Fawkes Night/Egyptian Day*

**N** Guy Fawkes Night, celebrated by the burning in effigy of a would-be regicide, continues the earlier tradition of burning effigies of the evil spirits of the past old year. By cremating them, along with outworn hurts and grievances, the new year may be faced in a purer way, free of unnecessary and unhelpful psychic leftovers.



## LOST & FOUND

### FOUND: 2 KEYS ON RING.

Red plastic-house and green decorators. Now at Hearsay Office.  
Call 0138, M-W-F-9-12N to claim.

JMc 9/24

## LOST

White Marin Mountain bike-purple hand bar grips-Reward  
868-1568

HZ 10/15

@missing @  
black, brown  
white short hair  
tabby cat named "Boots"  
call Albert 2409  
we miss him  
AH 9/5

On Labor Day-a pair of prescription glasses-Furlas brand,  
grey in color with grey striped bows. Also lost-green silk  
shirt. Please call 808-457-9054 if found.

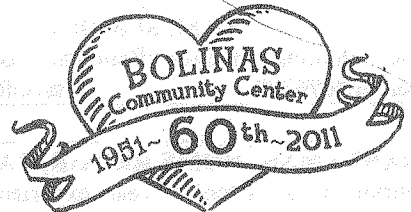
SC 9/10

## CLASSES

### DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!

sign-up free at the [newschool@commonweal.org](mailto:newschool@commonweal.org). Download past  
podcasts at [www.commonweal.org/new-school/events.html](http://www.commonweal.org/new-school/events.html)

NSx



### Class Schedule

#### Sunday

Yoga w/Trishna	9:00 - 11:00 a.m.
Brazilian Dance w/Anna	11:00 a.m. - noon
Ninjutsu Martial Arts w/ Martin	Kids Class 5:30 - 6:30 p.m.
	Adult Class 6:30 - 8:00 p.m.

(Info 868-9236) Drop-ins welcome)

#### Monday

Pilates w/Lisa (pre-register 868-0473)	5:30 - 6:30 p.m.
Figure Drawing (every other Mon. starts 10/16)	6:45 - 9:45 p.m.
Dance w/Eleanor (every other Mon. starts 11/5)	6:45 - 7:45 p.m.

#### Tuesday

Bo Babies	12:00 - 2:00 p.m.
Arial Arts for Youth w/ Joanna	3:30 - 5:30 p.m.
(New class starts October 16, for registration call 868-8821)	
CommUnity Nights	6:00/7:00 p.m.
w/free movies, games or music. Call -2128 for details	

#### Wednesday

Pilates w/Lisa	8:30 - 10:00 a.m.
After-School Theater w/Lisa Townsend	3:30 - 5:00 p.m.
Theater with Patrice Daley	5:15 - 7:45 p.m.
Biblia en Español	8:00 - 9:30 p.m.

#### Thursday

USDA food bank	12:00 noon
Yoga w/Lisa Brendel	4:00 - 5:30 p.m.
Congolese Dance & song w/Sandor	6:00 - 8:30 p.m.

#### Friday

Pilates Mat Class w/Lisa	9:00 - 10:00 a.m.
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#### Saturday

Yoga w/ Lisa Brendel	9:00 - 10:30 a.m.
Soul Soup with Amber Hines (till October 27)	11:00 - 11:45 a.m.
Creative Movement w/ Lisa (starts Nov. 3)	11:00 - 11:45 a.m.
Ballet w/Erika Townsend	Teens & Adults 12:00 - 1:30 a.m.
Ballet/Soft shoes required. Call (209) 523-4305	

Check the Library marquee or Calendar in BCC Foyer for  
special events at the Community Center.

For More Info call 868-2128 or visit [Bocenter.org](http://Bocenter.org)

## HOW TO PLACE AN AD IN THE HEARSAY

Come to the office at 270 Elm at Maple behind  
the BPUD office on a Monday, Wednesday or Friday  
morning 9-11am. Your ad will appear the same day!  
Ad forms are also available in the small mailbox next  
to the Hearsay Door. Fill out the form, enclose  
payment (please indicate you have enclosed payment  
in case they become separated) & drop in door slot.

## HEARSAY ADS WORK!

[hearsaynews@yahoo.com](mailto:hearsaynews@yahoo.com)

Submit articles and drawings by midnight  
for publication the next day. Request a link  
to the password-protected website. Thank  
you.

-- Michael Rafferty, Online Editor



# HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

## SERVICES

### BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

### TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping  
Insured #676377 Steve Ryan 868-1584

SRX

**HANDYMAN: HOME REPAIR, CARPENTRY,**  
painting, Hauling too! 27 years experience. Local refs.  
Steve Hill -2310

SHX

**FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING**  
Dump Runs, Cow Manure, Recycling, Humane animal removal  
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

**AIRPORT?** Howard Dillon's fast, comfortable, car for all  
Bay Area pick-ups, early or late. Many satisfied local refs.  
Phone 868-2144

HDX

## SMILEY'S

SCHOONER SALOON & HOTEL

- INTERNET ACCESS • CHECK CASHING
  - WESTERN UNION • ATM & CREDIT CARDS
  - COLOR COPIER (B&W too)
- 41 Wharf Rd., Bolinas 415-868-1311

Community Mediation Board  
868-0493

**Involved in a conflict?**  
We have trained mediators.  
*Free, Confidential, Effective*

X

## «««« DIGITAL WIZARD »»»»

Websites / Graphic Design / Photo & Video Editing / Interactive DVDs  
Print Layout / File Organization & Backups / Transfer LPs & Tapes  
Heal & Upgrade Computers / Technical Advice / Software Tutoring  
Super Experienced & Ready to Help — Call Sean @ 9523

n/s

## HEALTH AND HEALING

### CAREGIVER AVAILABLE

Excellent homecare, cleaner.  
Call 868-1782 Anita & William

CH X

June McAdams, RN  
Compassionate and Skilled

Hospice Care Home Care  
Newborn to Elders  
Coastal Marin Only  
More than 39 years nursing experience

(415) 868-9052

## VOTE VOTE VOTE

Need help getting to the polls on Tuesday to vote? I am offering my transportation services, noon to 8:00 p.m., earlier if that's your only time to get there. Call me, Jennie Pfeiffer, at 868-0144 to arrange a pick up time. jp11/6/12



## HELP WANTED

### BOBOLICIOUS IS HIRING

Requires food handler's card (or willing to obtain prior to start date). Looking for someone to work specific shifts (flexible) and perform extra tasks in addition to barrister work. Inquire within.

Or call - 9978

JA11/9

## FOR SALE

### DRY SEASONED FIREWOOD

cut by Don, split by Mickey, All local wood, Oak Bay mix  
\$360/cord- Euc-cypress \$300/cord. Free delivery -0921

DM 11/7

**WASHER/DRYER-\$100 EACH, BOOKCASE,**  
dark imported wood (beautiful) \$50, teak furniture, file cabinet,  
several items for sale - 707-939-1026

WL 11/5

**NEXT SATURDAY IS THE 2nd SATURDAY SALE ON THE SQUARE, BUY/SELL/TRADE or DONATE, 10:00 to 2:00, on Brighton Square, next to the post office. Call Uniquities, 868-8886 between noon and 5:00, every day but Tuesday, or leave message at 0144 to reserve space to sell** jp11/9

## ANNOUNCEMENT

**HUGE SALE @ CHAMELEON Sat. & Sun-1-6PM.**  
Everything—New is 25% off. Everything—Used is 50% off.  
Presale starts Today-Monday (11/5) and Tuesday—Voting Day—(11/6) 868-9996

OM 11/9

## FOR RENT

Self-Contained Studio Living Space available on Bolinas Big Mesa. Small private deck, shared washer/dryer and utility room, overgrown garden! \$1100 including utilities. 868-9236

MB 11/9

### BEAUTIFUL RUSTIC ONE-BEDROOM

Mesa cabin, large sunny yard, for long-term rent to stable trustworthy person. Special place for special person— we need to feel very comfortable with each other. \$1000 includes utilities except propane. Please email inquires: mlerner108@gmail.com

ML X