

Bolinas Hearsay News

Monday, October 3, 2016

50 Cents



Monarchs are back! Photo by Curly Rigg

WHAT'S HAPPENING??

Monday October 3

CREATIVE NON-FICTION WRITING GROUP
6:30-8:30pm upstairs at Smiley's

Wednesday, October 5

WALK & ROLL TO SCHOOL DAY
Watch for extra bike and foot traffic.

Thursday, October 6

'THIS IS IT'

Documentary on Michael Jackson's World-wide tour
presented by Ananda @ BoCommons (by the post
office), 7pm, \$5

LIDA STREET

New Bolinas jazz quintet including Molly Maguire,
Michael Pinkham, Piro Patton @ Smiley's, 8pm

Friday, October 7

NIGHT ANIMALS

Live band, rock covers @ Smiley's, 9pm, cover.

Saturday, October 8

CHILDRENS CENTER HARVEST FESTIVAL

Celebrate the apple harvest w/ cider pressing, baked
goods, hot dog lunch @ BCPUD bldg., 1am-3pm,
Benefit for Childrens Center

SOUP SATURDAY

Free lunch @ St Aiden's, noon. All are welcome.

THE HOTS

Live 'not your mama's cover band' band @ Smiley's,
9pm, cover.

**ALCATRAZ DAY OF SOLIDARITY WITH
INDIGENOUS PEOPLES**

Sunrise gathering at 5am starts commemoration of 523
years of indigenous resistance; speakers, dancers,
drumming. 3am carpool available: Medea, 868-0847

Saturday, October 15

FAURE'S REQUIEM

Full moon choral performance at Bolinas Cemetery,
6:30pm

SUPER FULL MOON

Occurs 9:23pm, moonrise 6:39pm

Sunday October 16

**BOLINAS COMMUNITY CENTER MEMBERS
DINNER**

With a taco themed potluck, voting for BCC board and
live music from Los Padres

Sunday, October 23

ANALOG LIGHT JAM

We'll make beautiful projections together with simple
materials, no computers, Faultline Institute class with
Jeff Manson at the BCC 7-9pm, \$5-10 silding scale
donation to help cover hall rental.

Saturday, October 29

**OUT OF THIS WORLD BO LAND TRUST
BENEFIT**

With music by Soul Ska, plus costume contest, photo
booth games and more... 7pm \$20

Monday, October 31

HALLOWEEN

COMMUNITY CENTER HALLOWEEN PARTY

With food and live music from Coastal Scrubbers and
RKS 5-10pm

Pasteup
Ads/books
Press

Ned Riley
June McAdams
Jeff Manson

COMMUNITY &
CULTURAL CENTER

dance palace

For more information, to volunteer,
or to join call 415-663-1075
Save \$ by buying in advance
Tickets at www.dancepalace.org

Flu Immunization Clinic

Thursday, October 6, 1:00 PM to 6:00 PM

FREE flu immunization clinic, in coordination with the
Coastal Health Alliance, Kaiser Permanente and
Dominican University.

Western Bird Banding Association Meeting

Friday, October 7, 12:30 PM to 8:30 PM The annual
meeting of the Western Bird Banding Association The
WBBA was formed "to encourage and promote bird
banding as a useful tool in the study of the biology and
migration of western birds."

[http://www.westernbirdbanding.org/meeting_2016.ht
ml](http://www.westernbirdbanding.org/meeting_2016.html)

Western Bird Banding Association Saturday, October
8, 9:00 AM to 9:00 PM The annual meeting of the
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western birds."

[http://www.westernbirdbanding.org/meeting_2016.ht
ml](http://www.westernbirdbanding.org/meeting_2016.html)

HAPPY, HAPPY BIRTHDAY!!!**October 3:**

Zoë Gardner
Susie Stewart
Teresa Peacock
Samira Nasra
Lorelei Morris

October 4:

Stella Fiorella Resta
Kai Bowen
Danté Bowen
Karmen Kimball-Heaslip

October 5:

Jim Tacherra
Wylie Atticus Pepper-Conner

October 6:

Mika Taylor
Richard Erickson

October 7:

William Ross

October 8:

Willy Krakauer
Tomas Krakauer
Stacy Henderson
Colby D'Onofrio
Brendan Higgs

October 9:

Matt Cobb
Richard Harrington
Julie Augustyn



Just another Bolinas field. Photo: Curly Rigg

Dear Bolinas,

On Wednesday morning, out-of-area school buses and cars will be coming downtown, for a great purpose! As you know, Bolinas Museum has just opened a group of new exhibitions and an extensive program of events about coastal Marin's agriculture -- our heritage and present. These buses are coming through the "Farm Field Studies" program that brings kids from the Bay Area to visit local farms and ranches for hands-on connection to land and sources of food.

Many of the visiting children come from places defined by pavement, cement and fast food. These field trips are a life-awakening experience. Instead of only thinking of food coming from a supermarket shelf—they meet people whose daily work is producing healthy food, and are committed to healthy land and ecosystems. The children taste food right out of the field and see the activities on dairies and ranches. They also learn that the people in Marin County worked hard to preserve our open land and agriculture. What kids learn, they take home to their families.

This program was originally developed for MALT (Marin Agricultural Land Trust) by Constance Washburn and continued by Sandy Dierks. Today, the program is part of the Agriculture Institute of Marin, that organizes farmer's markets in the Bay Area. When Washburn was running the program she also brought teachers and cafeteria workers to visit farms. Today in Marin County there is a large number of teachers who want to include agriculture and agro/ecology in their core curriculums.

The outstanding Farm Field Studies program is always in need of funding help for scholarships for kids whose parents can't afford to pay for a field trip. For kids who cannot go on the big trips, Farm Field Studies takes them to farmer's markets, where they meet farmers and taste fresh food in that lively venue.

During the Bolinas Museum's BOUNTY! exhibitions, kids and teachers will visit the museum, as well as farms, to learn about ideas and history. This Wednesday will be the largest single group of visiting students.

Ella Haworth
Curator of Coastal Marin Art & History
Bolinas Museum
PO Box 450
Bolinas, CA 94924
415.868.0330
www.bolinasmuseum.org

THE BCLT IS LOOKING FOR MORE BOARD MEMBERS

In our efforts to provide additional affordable housing, The Bolinas Community Land Trust is seeking to expand our Board of Directors. We believe a successful Board should properly represent the diverse nature of our community.

If you are interested in participating in this important local organization please send a short bio and reasons for your interest to

Evie at bolinascommunitylandtrust@gmail.com

For more information and/or questions please visit our website or email us at:
bolinascommunitylandtrust@gmail.com

WHAT HAPPENED THIS WEEK
9/26/16 Monday Morning Recap
from Jennie Pfeiffer

First rain on the season! Such a nice gentle sprinkling.

Wednesday night at Bo Commons, behind the Book Exchange, was an inspiring report from Jesse McCollum, his daughter Chloe, and Tommy Glavey, showing photos of the trip they took to North Dakota to take supplies and show solidarity with the Standing Rock Sioux in their expanding tribal demonstration to protect the waters of the Missouri River from the Dakota Access Pipeline (DAPL). Putting an oil pipeline under the Missouri, a river that flows into the Mississippi, would put both these mighty waters at risk of oil contamination when a leak occurs, affecting millions who depend on these waters for municipal drinking water sources, for farm land watering, and for moving products through the farm belt to the Gulf of Mexico. Leaks and breaks are happening with frightening regularity in other bodies of water, and many communities are struggling with the overwhelming task of oil clean-up after one of these catastrophic mishaps. This is a struggle against the greed of oil purveyors hoping to make \$billions sending oil from Canada to the Gulf of Mexico for shipping to other countries. It is my understanding that this is oil that is not even to be for the "benefit" of the U.S. Over 100 tribes have gathered in a peaceful and prayerful show of concern for their sacred waters.

There were about 30 people in attendance at this moving and informative presentation. Jesse, Chloe, and Tommy are still collecting supplies and funds to send on to the campsites for the people who are preparing now to stay through the intense North Dakota winter to prevent further construction on this pipeline. The Bender family left Thursday morning to take collected items, and to stand with the people at Red Rock. I am so grateful to live in a community of righteous people that show such concern for our world and its inhabitants.

Other items moving forward for the collective good include: housing efforts to ease permitting costs for second units, and policy changes that would prohibit year round whole house vacation rentals; Mesa Skate Park improvements; Candidates for Kinsey's supervisorial seat getting to see just how bad our parking difficulties are as they attempted to find a place to park when they spoke at last week's Bo CAN meeting. I am supporting Rodoni because of his life long residence in West Marin where he knows the issues (parking, housing, etc) and has worked to support the environment, sat on the Inverness Water Board for many years, and has put energy into ranching/park negotiations. Grossi has Novato concerns uppermost in his mind, and seems to be backed by campaign funding that allows him to flood my mailbox with political advertising.

There are some actions coming up next weekend to show support for the protectors of the Missouri River, as they plan to have 4 days (one for each of the 4 directions) of prayerful demonstrations next weekend, Oct 8th through the 11th, including Indigenous Peoples Day – rather than Columbus Day on Monday. See more about this in today, Wed, and Friday's Hearsays. jp



Apple Harvest Celebration

Come join us at the Bolinas Children's Center this Saturday, October 8th from 11am to 3pm for our annual apple press and harvest celebration. What better way to bring in the autumn then to dance and play with a little apple brew at this local tradition? There will be fresh pressed cider from local trees, homemade baked goods and a Niman hotdog lunch for purchase. All proceeds raised help support the newly renovated preschool continue its quality care program.

Bolinas Children's Center Staff

THREE GREAT THINGS ABOUT THIS PLACE...

- First rain (light, mild) of the season! This morning:
- A call from a friend in town saying they have extra salmon and can we help out. Oh, yess. Thank you Barbara.
- Gorgeous red-shouldered hawk sitting on a Poplar Road fence-post.

--Ned Riley

Pilates Mat Class Workshop

Taught by Lisa Townsend

Monday Evenings from 5:30pm-6:45pm

October 3rd-Dec 19th (no class 10/11 & 10/31)

This 10-week session will focus on **your needs** as well as:

Improving your posture, Strengthening your core, Increasing Flexibility, Awareness of Breath, Injury Prevention, Reducing Tension & Stress.

To Register: 868-0473 or come to the 1st class
10 Class series = \$140 - 12 students max

"I can see again!"
**CLEAR LIGHT
WINDOW WASHING**

*Bringing clear vision to
West Marin for thirty years*

**Call Dale
415/868-0782**

"*This Is It*" – Michael Jackson fan or not, few could fail to be thrilled by his all-round mastery portrayed in this film – of choreography if nothing else. Any jaundiced notions of him may even fade in the light of his great talents, of his considerate and patient manner in which he guides and instructs his entire cast of dancers, musicians and production teams. This film exists entirely behind the scenes, all the way through to the nearly-completed finalization of building the world-wide tour that was about to launch – were it not for his calamitous death three weeks prior to its opening. Powerful music, great accompanying dance troop, full-screen cinema-sized interactive videos, Jackson appears to be in the prime of his life, in full force, nowhere ready to die. The production and the filming of its rehearsals is nothing short of phenomenal.
Ananda

Alcatraz Day of Solidarity with Indigenous Peoples, *Saturday, October 8*

Commemorating 523 years of Indigenous resistance, honoring our ancestors and future generations

Speakers will include:

- *Radley Davis (Pit River Nation)
- *Bill Means (Oglala Lakota)
- *Faith Gemmill (Gwich'in/Wintu)
- *Andrea Carmen (Yaqui Nation)
- MC Morning Star Gali (Pit River Nation)

Ohlone Welcome, All Nations Drum, Intertribal Ohlone-Pomo dancers and updates on protecting sacred lands from California, Standing Rock and Alaska.

PIER 33 - TICKET OFFICE OPENS AT 4:30 AM, BOATS RUN TO ISLAND AT 5:00 AM, 5:15AM & 5:45 AM. TICKETS \$11.00, CHILDREN UNDER 5 FREE

ADVANCE TICKETS:

<http://www.alcatrazcruises.com/website/sunrise-gathering.aspx>

WHEELCHAIR ACCESSIBLE, Absolutely NO drugs or alcohol of any kind. Smoking only in designated areas. No sales permitted. Simulcast on KPFA 94.1 FM and online at <http://www.kpfa.org>

For more information contact the IITC San Francisco Office: (415) 641-4482; Morning Star Gali: mstargali@gmail.com or Rochelle Diver, rochelle@treatycouncil.org
Submitted by Jennie Pfeiffer



IDPASR

INTERNATIONAL DAYS OF PRAYER
AND ACTION WITH STANDING ROCK

12216 Morocco Rd. NE
Albuquerque, NM 87111

International Community Plans Four Days of Prayer and Action for Standing Rock Sioux Tribe Around Indigenous Peoples Day

New plans are underway to offer a further level of support to the unprecedented intertribal gathering currently encamped at the proposed Missouri River construction site of the so-called "Dakota Access Pipe Line" (DAPL). IDPASR, an international coalition of Native American and non-native leaders, has issued a global call to action to positively and peacefully assist Standing Rock in achieving their goals to stop construction of the pipeline.

In many cities and states in America, Columbus Day has been officially changed to Indigenous Peoples Day. This year the holiday falls on Monday, October 10th. Instead of a single day of recognition, leaders request that the entire planet participate in a four-day observation: four days for each of the four sacred directions.

From Saturday October 8th through Tuesday October 11th, planners hope for a coordinated series of prayer events, gasoline boycotts, bank account closures, and letter writing campaigns. All people, everywhere, are invited to make a positive impact during the International Days of Prayer and Action.

At least 600 international events are scheduled so far, with a goal of at least five thousand or more around the world. From public "flash mob meditations" in Santa Fe, to public demonstrations in Malibu, to hip-hop events in Puerto Rico, to prayer runs in Poland, the world is responding to the call.

Organizers hope to raise awareness about how this issue relates to climate change and the Standing Rock Sioux Tribe's sovereignty to control their treaty-protected water source at Lake Oahe. They seek to raise the volume on the public discussion for those who have not yet begun to listen and to do so in a peaceful, prayerful, loving and impactful way.

The DAPL is meant to carry fracked, highly explosive crude oil from the Bakken gas fields to a refinery in Texas. It is inevitable that the pipeline will eventually rupture, leak, or breakdown will occur. The result would be the contamination of the water source of 18 million Americans.

For more information, visit <https://www.facebook.com/events/1491838244176656/>. Along with #NoDAPL and #WaterIsLife, hashtags for the Days of Prayer Action include #IDPASR and #SK4SR. Updates and status can be found at the Facebook event page: <https://www.facebook.com/events/1491838244176656/>. The ad-hoc coalition, IDPASR, does not necessarily represent the views of the Standing Rock Sioux Tribe or the various camps of the North Dakota encampment.

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For more information or press inquiries, please contact: Lyla June Johnston at (575) 779-4443 or email: idpasr@gmail.com

-- Jesse McCollum

CORE CONTACT

A Contemporary Dance Class

Taught by Lisa Townsend

Tuesday Evenings - October 11th thru Dec 6th

6:30pm-8pm (no class 11/1 & 11/8)

Open to Teenagers & Adults

Drop in ok: \$10-\$15 Sliding Scale

CoreContact is a contemporary dance class for the mind-full body.

Joining mind/body modalities with release based modern dance

we begin by warming our bodies with a focus placed on our breath,

the body's alignment, our soft tissue and bones. This attention established,

we will build from simple movement exercises to longer dance phrases.

Phrase material will emphasize: going in and out of the floor with ease,

dancing boldly & covering lots of space, taking chances off balance,

embodying articulate gestures, & developing musicality within

our strong, efficient, and graceful bodies.

FRIDAY FARM STAND

@ Star Route Farms

Noon – 5PM

**COOL COASTAL GREENS
AND THEN SOME!**

Ken & Sam Levin

Window Cleaning

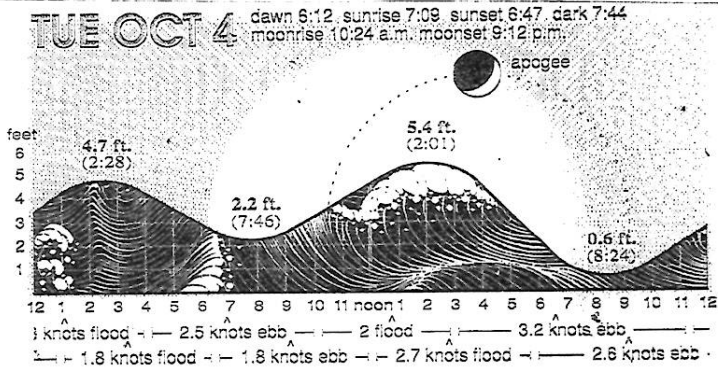
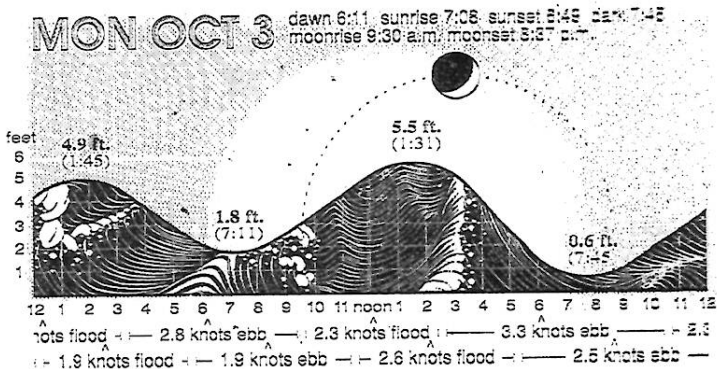
415.663.9669

West Marin's Best



KWMR RADIO SCHEDULE

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	DAWN					WEEKEND DAWN	
6:00	KWMR Music	KWMR Music	KWMR Music	KWMR Music	KWMR Music	As It Happens (CBC)	KWMR Music
	NEWS & KWMR MORNING SHOWS					MORNING MUSIC, TALK & NEWS	
7:00	Day 6 (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happens (CBC) (repeat)	Morning Glory	Sunday Baroque
8:00	With Eyes Open! / A Cuppa Jo	Rise and Shine	Swimming Upstream	Top of the Morning / Pieces of Peace	La Mañanita Alegre		
9:00	Park Wave-lengths / The Valley Sound Science	Airwaves	Trash to Treasure / Fish Tales		Specials		
10:00	TURNING PAGES					Day 6 (CBC)	Sunday Celebration
	At Nature's Pace	Reading to John / Vinyl Cafe (repeat)	Waves of Joy / Radio Bookmobile	For Children of All Ages / Casual Footsteps	Libro Abierto		
11:00	TALK & CURRENT AFFAIRS					Vida with Saga / Tailgating Specials	
	Trailer Talk	Spirit & Mind / Questing	Cuerpo Corazón Comunidad	Let's Talk	new Reveal		
12 pm	The Bioneers						
	Farm & Foodshed Report	New Dimensions	Planetary Radio / Making Contact	Attune-ment / Common-weal Conversations	new Alternative Radio	Happy Days	
1:00	Ocean Currents / Post-Carbon	On Being with Krista Tippett	Climate One	Art's Desire / Hot Tech/Cool Science	Peace Paradigm / The Local Organon	Forms and Feelings	Jazz Rhythm
2:00	AFTERNOON MUSIC					Hawaii! Calling / The Scoring Stage	The Vinyl Café
3:00	Cruisin'	Aztec Pride / Desde La Bahia	Classical Wednesday	Classical Thursday	Classical Friday		
4:00	Art of the Song	Youth DJ Project / Prof Kosmo	Youth DJ Project / Prof Kosmo	TeaTime Books (Coastal Airwaves)	The French Touch	Learning Curve / To Hell & Bach	
5:00	NEWS & CURRENT AFFAIRS				Happy Hour		
	Epicenter	Epicenter	Epicenter	Epicenter			
6:00	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	No. Bad Vibes / Specials	Celtic Universe	Elbow Room / Between Rock & A Jazz Place
	EVENING MUSIC						
7:00	Release Me	Musical Varieté	Faultline Radio	Bakersfield & Beyond / Shorty's Bunkhouse	Night Flight / Bring It On Home	Classic Radio Theater	
8:00	Sessions from Chicken Point / Silver Dollar Jukebox	DJ Your Life / West County Prawl	Coast Highway Blues	Off The Cuff / Running With Scissors			
9:00	Forms and Feelings (repeat)	Stuck in the Psychedelic Era with the Hermit	Sonic Sunspots	Sit Down! / Get Down!	The Latin Alternative		
10:00				Under the Needle			
11:00	LATE NIGHT					LATE NIGHT	
12 am	DeepWaking 12-1	KWMR Music	Sunspots to 1:30 KWMR Music	Best of British	Radio Goethe 12-1 KWMR Music	The French Touch (repeat)	Grateful Dead Hour



HEARSAY NEWS CLASSIFIEDS

Office Hours M.W.F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door

SERVICES

CONFLICTS? DISPUTES?
WEST MARIN MEDIATION CAN HELP-
confidential, effective, impartial, free. 415 459-4036

SG X

BRUSH TO MEADOW TRANSFORMATION
Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING
Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE
Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS
a Subaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

ACCORDION MUSIC: Balkan and Rom (Gypsy) Styles
Available for Events, Restaurants, Circle Dances.
Call or text Andrew 415 297-2535 Opa!

AC 10/21

STICH WITCH
For all your sewing needs.
Alterations/ repairs/ design and construction
Bolin's Commons. Every Thursday 10-3

LD 10/3

Please Help by Taking a Survey of Downtown Parking and Traffic Problems

The Bolinas Downtown Parking and Traffic Committee (a BCPUD ad hoc committee) needs your help as we are conducting an important survey of Downtown Bolinas parking and traffic issues. Please take 15 minutes to respond to this survey and to share it with your network. We are collecting responses from Residents and Visitors: this information will help in exploring ways to reduce congestion and parking problems.

Access the survey at,
www.surveymonkey.com/r/BolinasVisitorSurvey
www.surveymonkey.com/r/BolinasResidentSurvey

This survey will be distributed locally by the widest means possible. Please answer questions with your personal opinions. If you have already submitted a reply, please do not duplicate your response. Responses will be tabulated and made public at a later date. Thank you for your attention.

Downtown Parking & Traffic Committee

Bruce Bowser, Chair
Leila Monroe
Liza Sternick
Evan Wilhelm
Zack Fuller



HEALTH & HEALING

June McAdams, RN
Compassionate and Skilled
Hospice Care Home Care
Newborn to Elders
Coastal Marin Only
More than 39 years nursing experience
(415) 868-9052

HOUSING WANTED

SUSTAINABILITY AND HEALTH WRITER AND
media/design professional seeks 1 bedroom simple/clean cottage
or cabin. Caretaker of home/property welcome too!
415.770,2882

LD 9/30

868hearsay@gmail.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication the next
day. Or request a link to the password-protected web-
site to read online plus info on how to subscribe.



HELP WANTED

STAR ROUTE FARMS is looking for a farmer's
market manager. 3(long) days per week,
Thursday, Saturday and Sunday. The job
requires leaving the farm around 5 am,
driving to the market in our box truck,
setting up with the crew of 2 who will
meet you there, selling and breaking down
and returning home, usually around 3 or
4 pm. You will need to do some paperwork,
a lot of customer interaction, have the
ability to get on and off the back of the
truck and to lift 40-50 lbs. Looking for an
enthusiastic food and produce oriented
person.

This is a salaried position and includes
Health insurance and other benefits.
Please contact Warren or Annabelle at
415-868-1658

• P.O.Box 327 Bolinas 94924
 Sold at: The Bolinas Market, People's Store, Don's
 Liquors & Bobolicious. Published for over 30 years!

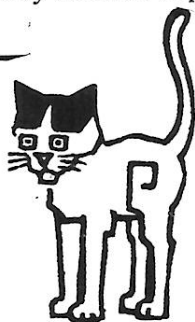
HEARSAY NEWS CLASSIFIEDS



How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the BPUD office on Mondays, Wednesdays and Fridays between 9:30 & 10:30 am to have your article appear the same day, and until 11:00 am for classified ads.

Ad forms are also available anytime in the small mailbox next to the Hearsay door. You can fill out the form and have your ad billed to you, or you can enclose payment (please note on your ad if you are paying cash in case they become separated) & drop into door slot.



LOST AND FOUND

FOUND: ON EVERGREEN-MAC BOOOK PRO
BELONGING to Monica? 868-1597 Angela Vernon

AV 10/3

LOST: PHONE & PHONE BOOK 8/29 ON THE MESA IF
 found call 415 868-0882. Thanks

JM 8/31

LOST: MAKITA 18 VOLT POWER DRILL
 with battery, accidently left outside @ Terrace & Canyon out of
 site of the road. If you found it by mistake, please return by
 calling 868-2102

GT 8/17

LOST: CAR KEYS IN LAWN. DOES ANYONE HAVE A
METAL detector I can borrow? Bill Lyons 415-868-1937

BL 8/24

FOUND: RETAINERS, TOP AND BOTTOOM IN GREY
 case that says "Vivera retainers" on it. If these are yours please
 call 415-233 8736 to claim-Amber Distasi

AD 8/22

OUR FRIEND LOST HIS WEDDING RING ON
SATURDAY July 16 at the channel. Hoping a friendly sea
 creature found it. It says "DJ" and a date. Call 9525 if found.

AW 7/18

LOST:WOMAN'S WEDDING RING- GOLD, ON
BEACH? Phone 916- 606- 4265

? 7/18

LOST: OAKLEY GREY & BLUE SUNGLASSES NEAR
Bass Lake, around noon time 7/15-Randy-925-708-6868

R 7/18

CLASSES



Weekly Classes and Events Schedule

MONDAY

Somatic Exercise w/Cenize Rodriguez	8:45-10:00 am
Bo Babies & Toddlers Open Play Group (free)	10:00 - Noon
Pilates w/Lisa Townsend (pre-register 868-0473)	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15 pm

TUESDAY

Senior Stretch W/Anna Gottreich	11:00 - 12:00 pm
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WEDNESDAY

Pilates w/Lisa Townsend	8:30 - 9:45 am
Diaspora w/Amber Hines	6:30 - 8:00 pm

THURSDAY

USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00 - 7:30 pm

FRIDAY

Pilates Mat Class w/Lisa Townsend	9:00 - 10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00 pm
No Place Like Home (Free Brunch 4 th Fri of Month)	10:30 - 11:30 pm

SATURDAY

Diaspora Dance w/ Amber Hines	9:00 - 10:30 am
LTDCo w/Lisa	10:45 - 12:30 pm

SUNDAY

CommUnity Night (see website for details)	Noon - 6:00 pm
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Call 868-2128, check the Library Marquee, Calendar in BCC
 Foyer or visit www.bocenter.org for more info & special events!

Classified ads that are free

As a public service, the Bolinas Hearsay News will print
 ads in the categories **LOST & FOUND**, **FREE** and
RIDE SHARE at no charge. Maximum approx. 20 words,
 it will run at least one week, often longer.

Drop your ad through the slot in the door at our office on
 the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com

Read the Hearsay Online

For 33¢ per day, more or less. Give
 yourself, a friend, or an expatriate
 member of your extended family
 the gift of local news three times per week,
 delivered electronically. Stay home. Save trees.
 Isolate.

Subscribe anonymously by contacting
 Michael Rafferty, Publisher and Online Editor,
868hearsay@gmail.com

FREE

PLAY STRUCTURE: LITTLE TYKES, PLASTIC,
 multicolored, for small children. Easy to move. Email and I
 will send a photo. slidell@aol.com

SI 5/4