Bolinas Hearsay News

Barbara Rothwell Memorial Celebration Saturday, January 12, Rod & Boat Club, 12-6.

Sharing by community members at 1 PM, then an afternoon of visiting, potluck food and beverages, remembering, laughing and crying *But mostly laughing*.

Final send off at end of Wharf Road, 6 PM. Bring photos, food, recollections and anything else that you can think of that encapsulates Barbara Rothwell.

--Angela Calpestri



Monday, January 7

MESA PARK BOARD MEETING

In the Firehouse Community Room 7pm

Tuesday, January 8

SCHOOL DISTRICT

Special meeting of the board of directors @ Bolinas campus, closed session 5:30pm, open 6pm

COMMUNITY NIGHT

Free surf movie 'Step Into the Liquid'; and Pirate Pizza, @ Community Center, 7pm

Thursday, January 10

COAST CAFÉ CONCERT SERIES

Live music, food & drink specials @ Coast Café, 6-8pm

WHISKEY & WOMEN

Live accordian babe music @ Smiley's, 8:30pm

Friday, January 11

TAYLOR BROOKS BAND

Live band @ Smiley's, 9pm. Cover.

Saturday, January 12

2nd SATURDAY SALE ON THE SQUARE

Flea market in Brighton Square (next to the post office),

10am-2pm. Info: -0144

BARBARA ROTHWELL MEMORIAL

Rod & Boat Club 12-6pm bring photos, food & recollections

THIS OLD EARTHQUAKE

Superb local musicians @ Smiley's, 9pm. Cover.

Sunday, January 13

DALE POLISSAR TRIO

Dale, Bart Hopkin, & Blake Richardson play eclectic jazz @ Station House Café, Pt Reyes, 5-8pm

Tuesday, January 15

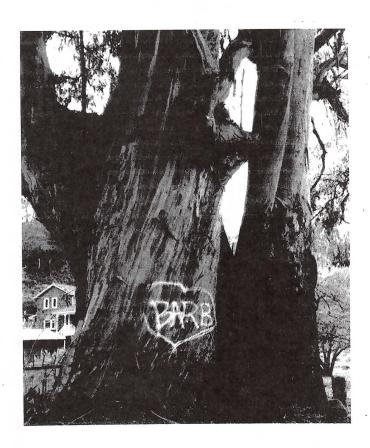
COMMUNITY NIGHT

'Vermont Boy in West Oakland' @ Community Center, 7pm. Free

Saturday, January 19

FREEBOX FOLLIES

Freebox Fashion Show at the Community Center



HAPPY HAPPY BIRTHDAY!!!

January 7:

Judy Molyneux

Ellen Sander

January 8:

Heather Siedman

Julay Brooks

January 9:

Susan Woods

Scott Siedman

Lily Phillips-Leavitt

Brokk Phillips-Leavitt

January 10:

Tenaya Tremp

January 11:

Michael Rabin

Nigel Ian Alexzander

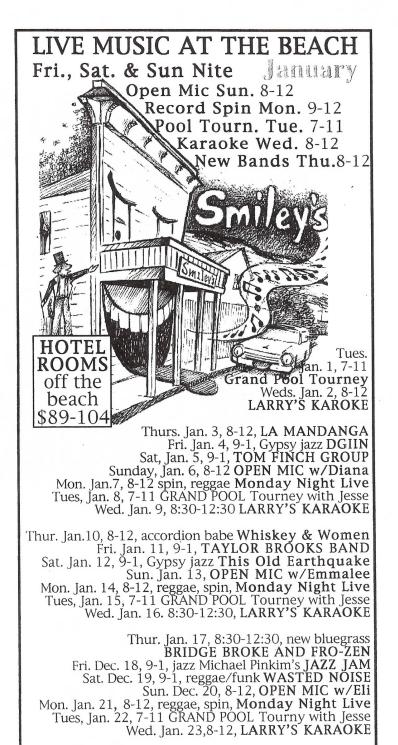
Taylor-Bartlome

Charlie Plant

January 12:

Anton Sky Lepanto

pasteup ads/books press Ned Riley June McAdams David Cattell



COMING SOON:

WAKE THE DEAD CELTIC GRATEFUL DEAD

Saturday, January 12, 8 PM



REBELS WITH A CAUSE FILM ABOUT THE CREATION OF THE PRNS

Sunday, January 13, 3 PM

JOHN McCUTCHEON FOLK MUSIC ICON

Saturday, January 19, 8 PM



For more information, to volunteer, or to join call 415-663-1075 Save \$ by buying in advance Tickets at www.dancepalace.org

AGENDA MESA PARK BOARD MEETING January 7, 2013, 7:00 PM Firehouse Community Room

Community Expression Downtown Park Maintenance Report Pool Development **Irrigation Report** Treasurer's Report Approve Warrants Up-date on election status Other Approve Minutes Submitted by Jane Mickelson

THREE GREAT THINGS ABOUT THIS PLACE...

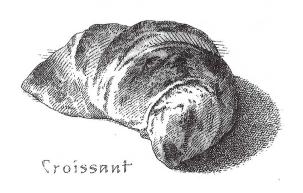
(1) A quick post-holiday trip down 101 to Santa Barbara and Ventura - fast and beautiful but tough on your butt.

Thurs., Jan. 24, 9-1, EMMALEE'S BIRTHDAY SHOW
Fri. Jan. 25, 9-1, THE GRAVEL SPREADERS
Sat. Jan. 26, 9-1, GYPSY ROCK BESO NEGRO
Sun., Jan. 27, 8:30-12:30, OPEN MIC w/Jeff Manson
Mon. Jan. 28, 8-12, reggae, spin, Monday Night Live
Tues, Jan. 29, 7-11 GRAND POOL Tourney with Jesse
Wed. Jan. 30, 8-12, MIDNIGHT ON THE WATER &
Irish folk birthday PLUS 9:30-12:30 LARRY'S KARAOKE
Thurs. Jan. 31, 8-12, melodic orig, cd DAVIS JONES
SMILEY'S SCHOONER SALOON & HOTEL

41 Wharf Road in Bolinas 415-868-1311

- (2) Seven, count them, dry days. Did you weed whip and get in dry firewood? Me neither.
- (3) The last wood fires before we junk the cast iron wood stove and convert to something healthier.

-- Ned Riley



Go to Health: Drs. Anna O'Malley and Wendi Joiner

Last week I wrote about Dr. Mike Witte, the medical director of the Coastal Health Alliance, who works in Bolinas every other Tuesday. This week I am profiling Anna O'Malley and Wendi Joiner, two Family Practice doctors who have studied Integrative Medicine with Dr. Andrew Weil at the University of Arizona. According to Andrew Weil, integrative medicine is the intelligent combination of conventional and alternative medicine, focusing on a person's mind, body, spirit and community. The patient is an active part the healing process, using both conventional and alternative therapies that are based on science. Patient and health care provider work together on health promotion and the prevention of illness.

Here is what Dr. O'Malley says about herself. Anna O'Malley is a boardcertified Family Medicine physician, and is currently a Fellow in the University of Arizona's Program in Integrative Medicine. She graduated from the Medical College of Wisconsin in Milwaukee, Wisconsin in 2005, and completed her residency training at the University of California-San Francisco in 2008. She completed a fellowship in Integrative Medicine in December 2010. Anna is committed to providing a holistic approach to healing and wellness, and is particularly interested in the healing power of food, movement and mind-body medicine. She enjoys working with people on bringing their lives into balance, and exploring meaning.

Her other interests include social justice, environmental sustainability, and enjoying life. When not working, she can be found hiking the hills of Marin, dancing, savoring yummy food, reveling in the beauty of nature, and sharing the mysteries and joys of life with her children and partner Jeffery. Dr. O'Malley works in Bolinas on Wednesdays, Stinson Beach on Thursdays and Point Reyes on Fridays.

Here is what Dr. Joiner says about herself. "I was raised in Oklahoma, but I always knew my true home would lie elsewhere. After completing an undergraduate degree in Biology with a Neuroscience emphasis, medical school

was the next step. I recognized that by becoming a family practitioner I could join my love of the mysteries of the biologic organism with my appreciation for the existential beauty of the human person.

Family practice seemed the one place where the medical profession best utilized traits I found strongest in myself—a listening ear and an open heart.

I began my medical practice in a small town in Humboldt County, where, for eight years, I offered full spectrum family and community care, integrative medicine techniques, and end-of-life care. I prize the relationships I developed over this time and am committed to a lifelong practice of listening and learning from my patients. My studies in non-traditional healing methods; both in India and with Dr. Andrew Weil at his Integrative Medicine program at the University of Arizona; and a fifteen year practice of ashtanga yoga have taught me respect for "alternative" forms of healing, and an awareness of the innate healing power within the human organism. I am thrilled and honored to be joining the Coastal Health Alliance team. This is truly my dream job, and I look forward to working within this unique rural community in an excellent patientcentered health care practice and with a team of kind-hearted, enthusiastic and highly qualified colleagues. I move to West Marin with my fiancee and our three children and we are looking forward to becoming part of this community." Dr. Joiner works in Bolinas Thursday, Friday and every other Tuesday, Stinson Beach on Monday, and Point Reyes every other Saturday.

I always like Ned's column about three great things he appreciates here in Bolinas. The advent of these two doctors, along with Dr. Witte, are 3 great things I appreciate about his town. We are so lucky to have them working here, and caring for our health. We are also lucky that nurse practitioners Patty Bradford and Dale Johnson saved the clinic and served us for many years, and that Diney Wrona and Diane Holzer, Physician Assistants, and Meghan Sullivan, Family Nurse Practitioner, and Smoky Dagan, triage and advice nurse, are also on board. I also appreciate the other members of the staff that keep the clinic working smoothly. I'm sorry if I

Bolinas Hearsay News Monday, January 7, 2013



Phil Fritchey

BOLINAS: The man who helped start a youth motorcycle workshop at Bolinas-Stinson School in the 1970s is seeking funds to replace a van used in his Bay Area nonprofit youth program, Oasis for Kids, Inc. David Duffin (second from left in top row) conceived the idea for the class after a young resident, Dave Callagy, crashed his bicycle in front of Mr. Duffin's house. After driving him to the doctor for treatment of minor injuries, Mr. Duffin, who once raced motorcycles recreationally, kept in touch with the 8 or 9-year-old Mr. Callagy, whose subsequent visits to learn about motorcycles led Mr. Duffin to seek approval from school supervisors for the program. "If there would be a modern-day saint, this would be one of those guys," Mr. Callagy said. The reincarnation of the motorcycle workshop, Oasis for Kids, has offered outdoor excursions to elementary and middle school students for more than 40 years. The nonprofit hopes to replace a van that in the past decade has ferried hundreds of students to remote areas like the Mojave Desert. A fundraiser will take place from noon to 6 p.m. on January 20 Pt Reyes Light outside of the Rockwall Wine Company, in Alameda. For more information, call Mr. Duffin at (415) 999.5322.

lew Year Resolutions 2013 Calendars Still Available Limited Supply SATURDAY WEDNESDAY THURSDAY FRIDAY **MONDAY** TUESDAY SUNDAY Pie of the Week Ouiche Blueberry Muffins GF Choc Cake Pecan Sticky Blueberry Muffins Lasagna (starting at 11:30am) Applesauce Cake Applesauce Cake GF Choc Cake Applesauce Cake Banana Bread GF Choc Cake ALSO BAKED DAILY at Bobolicious: Biscotti, Crumb Cake, Fresh Ground Peanut Butter Blondies, Cheesy Jalapeño Cornbread*, and Croissants* (plain or with Ham & Cheese) nic Ingredients used except those with *) (All Orga love, love... OPEN DAILY!!! WEDNESDAY FRIDAY SATURDAY TUESDAY THURSDAY MONDAY SUNDAY 7am - 6pm 7am - 6pm 7am - 5pm 7am - 2pm 7am - 5pm 7am - 6pm 7am - 5pm Eat a rainbow everyday.

cont. from prev. page

missed anyone. How about all the people who raised funds and made the plans to create the new clinic? Gratitude is in order to everyone involved. Next week I hope to write about Dr. Jamie Goetz, the psychologist who believes in the beneficial effects of relating to the natural world. Stay tuned.

Sadja Greenwood, MD sadjascolumns.blogspot.com

Leonara DeNarie, jewelry maker, is joining the *Uniquities* Variety, Thrift and Gift and Really Good Pet Food Emporium collective, which presently includes Barbara MacDonald, June McAdams, Howard Dillon, David Cattell, and Jenniepfeiffer. Stop in and see her lovely hand built earrings, bracelets and necklaces, along with our eclectic collection of thrift and gift items.

submitted by janniepfeiffer

Bolinas Hearsay News Monday, January 7, 2013

2012 RECAP, RECAP from Jenniepfeiffer

The 2012 Wabi Sabi Recap Wrap-up and look at the mostly meeting and misc. reviews of this past year's amusements, showed another busy year in our little town. Wabi Sabi is a Japanese concept centered on "acceptance of transience" and represents an aesthetic that considers beauty that is "imperfect, impermanent, and incomplete...asymmetry, asperity (roughness or irregularity), simplicity, economy, austerity, modesty, intimacy and appreciation of the ingenuous integrity of natural objects and processes." That sort of sounds like the Bolinas of 2012 to me.

It was a Hunah Ku year of the end of the Mayan Calendar, but fortunately the world didn't come to an end, just the calendar,(I think they went digital), though what with global warming cranking up in earnest we may be well on our way, whatever calendar one chooses.

There was up and down weather in 2012, mostly good. January started with sunny days, somewhat unsettling, waiting for the winter storms to hit in earnest, which didn't arrive until after the end of the month.

In going through the year's recap columns, I notice that-I announced in January I was going to skip to a monthly format, with meeting recaps in between. I see that didn't work out so well, and it was false advertising, as was my promise to have the draft copy of the Local Directory out in February for folks to update so the Hearsay News staff could make corrections and get the final publication out by the winter Faire. It was a Wabi Sabi "imperfect, impermanent, and incomplete" plan and didn't work quite the way I envisioned. What with conversations back and forth with Franis in Hawaii, and then technical difficulties, and life getting in the way, it was the Draft copy that came out in time for the Faire, and now corrections are being made, hopefully for a spring revise. I apologize to all those "H" people who were dropped from my computer. We are fixing that. If you see other errors, you can drop off corrections at Uniquities Variety downtown, or at the Hearsay News office on Elm behind the BCPUD.

January included Jan Broek's smashing 70th rock star birthday party at the Community Center, and, happily, no January deaths were reported in 2012, always good.

A big conversation started about a Bond measure for a costly and extreme makeover at the school Bolinas campus, in order to house kindergartners. Many meetings later, it seemed to be a flawed plan that didn't garner enough support at this time to get a Bond measure on the Ballot, or as they say in the South, "that dog didn't hunt," but retired to the porch to wait for another opportunity. It was a January start to a valuable conversation, one that took up a considerable amount of meeting time in 2012 and will be continuing this year. The Board is committed to working to bring preschool into the District's educational program.

So this is the first installment of the 2012 recap. The rest seems to be evolving into some manner of verse, which could be better or could be worse. In any case, I'll save the rest of the rhyme, for more space at a later time.

In the mean time, life moves relentlessly forward, and this Saturday is the SECOND SATURDAY OF THE MONTH, already, so you can SELL, SHOP, or SWAP, at Brighton Square, next to the Post Office, 10:00 until Barb Rothwell's memorial at the Rod and Boat Club. Call 0144 or 8886 for more information. JP

REQUEST FOR SEALED BIDS: For Sale 1993 Toyota Truck

12/20/2012

For Sale: 1993 Toyota Truck, standard box. The truck has approximately 200,000 miles on it; Runs well; has some minor rust. Interested parties please submit sealed bids to: Bolinas-Stinson Union School District 125 Olema Bolinas Road, Bolinas, CA 94924 Bids will be received until Friday, January 18, 2013. They will be opened on Monday, January 21, 2013. A minimum bid of \$ 750. is required. The selected bidder will be required to remit the entire sale price in the form of a cashiers check or money order payable to Bolinas-Stinson Union School District on January 21, 2013. The owner reserves the right to accept or reject any Bids which are contrary to the best interests of School District, or is in anyway incomplete, nonresponsive, or to waive irregularities within the Bid received.



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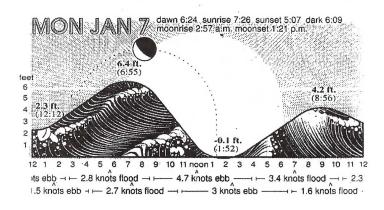


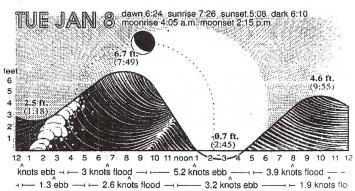
| | A STATE | on | Tue | Wed | Thu | | FRI | | Sat | | Sun | |
|----|--|---|--|--|---|--|--|---------|--|--------------------------------------|---|--------------------------------|
| 6 | DeepWaking 12-1 am | | | KWMR Night Music | S Sunspots to 1:30 am | | KWMR Night Music | | Grateful Dead 12-1 am KWMR Night Music | | KWMR Night Music | |
| 7 | KWMR Night Music | | KWMR Night Music | | KWMR Night Music | | | | 6:00 am As It Happens Morning Glory | | Daybreak | |
| _ | Day 6 (CBC) | | As It Happens (CBC) | As It Happens (CBC) | As It Happens (CBC) | | As It Happens (CBC) | | | | | |
| 8 | | | Rise and Shine Mary Siedman | Specials | Swimming Morning Bunder | | Barrio Vibes | | # Gregory DeMascio # Anneke van der Veen | | # Gregory DeMascio # Anneke van der Veen | |
| 9 | KT's Kitchen | 8:30 am Park Wave- lengths Loretta | Airwaves Raul Gallyot | Fish Tales Dave Cook | Amanda Eichstaedt | Howard Dillon Charlie Doucherty | Solange Echeverria | | Vicarious Traveler Vicki Leeds | Original Minds Elia Haworth | Sunday Celebration of Sacred Music Rick Clark | |
| 10 | Turning Pages # Janet Robbins # Lyons Filmer | | Turning Pages # Neshama Franklin # Joy Maulitz | Turning Pages Classics Janet Robbins | Turning Pages Kerry Livingston | | Turning Pages # Bilingual Storytime # Specials | | The second secon | | 10 am BirdNote | |
| 11 | Open House | | #1/3 Taylor + McGee Maurice & Seana | The Bioneers (repeat) | An Organic Conversation | | Nuestros Niños | | Viewpoint | The Place We Live | | |
| | The Bioneers | | #2/4/5 Questing Calpestri & Mickelson | Making Contact | | | | | Ellen Shehadeh | | | |
| 12 | The Farm and Foodshed Report | | New Dimensions | Alternative Radio | Attune- ment Anthony | Common- weal Conversa- tions | Voces de Nuestro Mundo Interviews by Raul | | Forms and | Matheson | Happy Days Marcie Judelson | Jazz with Kendrick Rand |
| 1 | Robin Carpenter West Marin Matters #1 Stock #2/4 Gong & Stephan #3/5 Faure-Brac | | Spirit & Mind Anthony Wright | Your Own Health and Fitness | Wright Philosophy | Talk | What Matters Most Susannah WiewPoint (repeat) | | Jim Bennett | | Jazz Rhythm | LAST SUNDAYS |
| 2 | Cruisin' Rick Clark | | What's New? | Classical Wednesday | Classical Thursday # Susan Santiago # Jeffry Wilkinson | | #1 S. Henderson | | World Playground #1/3 Hawai'i Calling Susanna Henderson #2/4 Africa & Diaspora Mark Potts | | Riyerwalk Jazz | |
| 3 | | | #1 Jimo & Tammy #2-5 Specials | #1/5 Specials #2/4 Chris Breyer #3 Susan Deixler | | | | | | | The Vinyl Café (CBC) | |
| 4 | # Aztec Pride Jorge Ramirez # The Latin Alternative | | Art of the Song | Krista Tippet On Being #5 Coastal Airwaves Vickisa | TeaTime Books Mimi Calpestri Howard Dillon | | #3 Janet Robbins #5 Specials | | Circulo musical Jesus Martinez | | Learnin' Kirven Brian Kirven | To Hell & Bach Beth Underwood |
| 5 | Moyers & Company | | Sabrina Artel's Trailer Talk | Open House | Open House: Témas de inmigracion; Story Shed # Art's Desire | | Happy Hour | | | | | |
| 6 | Trash to Treasure Madeline Hope | | NEW SERIES Live Wire! Radio | Issues #1 Pt Reyes Dialogues Jacob Needleman | # Hot Tech/Cool Science Julie Motz | | Liberacha | | The Celtic Universe | | Ears Akimbo's | Between |
| | Release Me New Music with Amanda E | | Musical Varieté Charlie Morgan | Ridin' the Rails on The Americana Express with the Roots Gang | Bakersfield Shorty's | | | | # Loretta Farley # Lyons Filmer | | Elbow Room | Rock and A Jazz Place |
| 7 | | | | | & Beyond | Bunkhouse | Friday Funk Fest | | | | Paul Flowerman | Grey Shepard |
| 8 | | Silver | | Mike V, Amanda, Will, Sally Phillips | Amanda & Mike V | Shorty | Fairfax Fu | nkateer | Rick's Jazz Café | Greg's Groove | Choose Your Own Adventure | The Kitchen Sink |
| 9 | El Barrio | Dollar Jukebox | Faultline Radio | Coast Highway Blues | 8:30 pm NEW TIME | BE MUDRE | Magic Radio | | Rick Clark | Gregory DeMascio | Fred Smith | Patrick Kleeman |
| 10 | Gus Peter Jaimo Conde Martinelli Amateur's Monday Guide to | | Salino Crespo | | | Chris Breyer | | | | I dibarat as | | |
| | Monday Night Life Mixtape Christian Anthony Jacoba Charles Professor Kosmo plays | | The Latin Alternative | Sonic Sunspots | Professor Kosmo plays | | | | | | n Stuck in the Psychedeli Era with the Hermit | |
| 11 | | | Ernesto Lechner and Josh Norek Professor Kosmo | Tony Palmer | | | | | | | | |

Office 415/663-8068

STREAMING on KWMR.ORG

Studio 415/663-8492/8317







EARSAY ECLASSIFIEDS To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

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BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

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FIREWOOD • HYDRAULIC LOG-SPLITING • HAULING Dump Runs, Cow Manure, Recycling, Humane animal removal

Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

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Community Mediation Board 868-0493

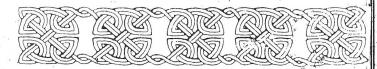
Involved in a conflict?

We have trained mediators. Free, Confidential, Effective

FREE

Aged pine firewood available FREE, chunks and logs, not yet bucked for fireplace size but easily doable. Interested-please call 868-1060 (I'll get back asap).

X



Nancy

The grace of someone's going is what is left behind. That grace stays the hand of anger and other sins Only for a little while, 'Till normalcy reasserts itself And she is a laughing memory Always seeming never there.

-Susie Stewart

HEALTH AND HEALING

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CH x

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6 January

Twelfth Night/Epiphany of Kore-Persephone/Christian Epiphany

Twelfth Night, when the debris of the Yule feast must be cleared away. In the Julian (Old Style) calendar it is Old Christmas Day. The nocturnal rite in honor of Kore was held overnight 5-6 January in the Koreion at Alexandria. It was a mystic drama preparing the way for Kore/ Persephone's rise into the world.



7 January

Sekhmet, Ancient Egyptian New Year's Day

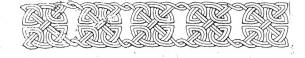
8 January

Justitia/) Disting Moon

A day sacred to Justitia, Roman goddess of justice.



9 January



Intuition

Wingspan of 10 feet When soaring.

Climbing and growing Towards becoming invisible,

Searching with that one good eye: For a safe place to land

-Lisa Pagano

5:30 - 6:30 p.m.

6:00 - 8:30 p.m.

FOR SALE

DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus - Cut locally Gospel Flat Farm 868-0921

DM

Uniquities has reasonably priced calendars for the New Year, lucky/ unlucky 2013. Open daily, noon to 5:00.

Jp1/7/13



LOST & FOUND

LOST: DARK GREEN BERNT Missing for a week or so. -KO 868-2283

K 012/28

LOST: 1 OLIVE GREEN CASHMERE GLOVE on Terrace or Overlook on Thursday 12/27-868-0339.

Thank you.

IM12/3

LOST: DANGLY EARRING WITH PINK & CLEAR teardron shaped crystals and small leather nouch with square box

teardrop shaped crystals and small leather pouch with square box on December 25th. Please call 264-5541 if found

JA 1/2/13

LOST: BLACK PERSOL SUNGLASSES

inside of black smith case. Lost Sunday, 12/30, after soccermaybe on bike path? 9931

BL 12/31

LOST KEYS, EITHER ON POPLAR, THE TRAIL FROM

the end of poplar down to Agate Beach or on the Beach.

If found call 9359

RD 12/17

LOST: MY GRANDDAUGHTER'S SILVER METAL,

case. 3-4" with a fairy design on it and her Xmas \$\$ inside. Lost at end of Opal on Alder at bus stop. Marisa 415 259-8739

MW 12/21

LOST: PRESCRIPTION GLASSES WITH DARK BLUE

frames- @ Winter Faire on Friday, 12/7
- if found, contact Robin-0527

R12/10

LOST: MY FAVORITE HAT! SMALL VELVET,

black on one side and spotted on one side If found please call Martine 868-9036

MA 12/10

LOST: RAY BAN DRIVING GLASSES

Green with blue on backside of glasses. Prescription with transitional lenses. 415 259-8739 thank you

MW 12/7

MISSING BLACK MALE CAT

He has scabby ears and His territory is between Maple/Oak and Elm. -0419

IH 12/7

LOST: ORNATE GOLDEN EARING

At Community Center Thanksgiving Dinner or nearby.

If found please call – 1018 – Thank you

SL11/30

CLASSES



Class Schedule

Sunday

Yoga w/ Trishna continues in January 9:00 - 11:00 a.m.
Brazilian Dance w/Anna 11:00 a.m. - noon
Ninjutsu Martial Arts w/ Martin Adult Class 6:30 - 8:00 p.m.

Monday

Figure Drawing every other Mon. cont. 12/17 6:45 - 9:45 p.m. **Tuesday**Bo Babies 12:00 - 2:00 p.m.

 Bo Babies
 12:00 - 2:00 p.m.

 Dance with Eleanor
 2:00 - 3:00 p.m

 Arial Arts for Youth w/ Joanna
 3:30 - 5:30 p.m.

 CommUnity Nights
 6:00/7:00 p.m.

W/ free movies, games or music. Call -2128 for details

Pilates w/Lisa (pre-register 868-0473)

Wednesday

Pilates w/Lisa
After-School Theater w/ Lisa Townsend
Theater with Patrice Daley ~ starting Jan. 9th
Biblia en Español

Thursday
Yoga w/ Trishna continues in January
USDA food bank
Yoga w/Lisa Brendel

8:30 -10:00 a.m.
3:30 - 5:00 p.m.
5:15 - 7:45 p.m.
8:00 - 9:30 p.m.
12 noon
4:00 - 5:30 p.m.

Congolese Dance & song w/ Sandor Friday

Friday
Pilates Mat Class w/Lisa
9:00 - 10:00 a.m.

Saturday

Yoga w/ Lisa Brendel 9:00 - 10:30 a.m.
Creative Movement w/ Lisa continues in Jan. 11:00 - 11:45 a.m.
Ballet w/Erika Townsend continues in Jan. 12:00 - 1:30 a.m.

Check the Library marquee or Calendar in BCC Foyer for special events at the Community Center. For More Info call 868-2128 or visit Bocenter.org

How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the BPUD office on Mondays, Wednesdays and Fridays between 9:30 & 10:30 am to have your article appear the same day, and until 11:00 am for classified ads.

Ad forms are also available anytime in the small mailbox next to the Hearsay door. You can fill out the form and have your ad billed to you, or you can enclose payment (please note on your ad if you are paying cash in as they might become separated) & drop into door slot.

hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or to request a link to the password-protected website to read online and info on how to subscribe online.