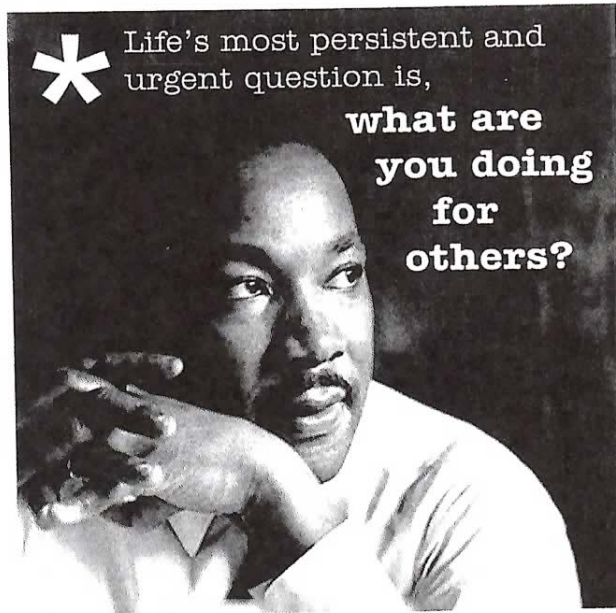


Bolinas Hearsay News

46 ¢ + tax

Monday, January 20, 2014



* Life's most persistent and urgent question is, **what are you doing for others?**

Dr. Martin Luther King, Jr. believed that acts of service were the great equalizer. "Everybody can be great," he noted, "because everybody can serve." That's why Dr. King's wife, Coretta Scott King, once said that "the

greatest birthday gift my husband could receive is if people of all racial and ethnic backgrounds celebrated the day by performing individual acts of kindness through service to others." www.Forbes.com

WHAT'S HAPPENING

Monday January 20

BO-BOP

A rambling dinner experiment open to all. This month, a Polish Feast cooked by Illonka & live music. Reserve your seat & get details about where at www.bobop.org

Tuesday, January 21

ILKA HARTMANN

Artist's talk and exhibition, Gravel & Gold 3266 21st street at Valencia, S.F. 7pm. Exhibition continues through the end of the month.

Wednesday, January 22

STEVE HEILIG

'Adventures in Health & Environmental Advocacy,' New School at Commonweal, 2-4pm

Thursday, January 23

EMMA LEE

Live singer-songwriter @ Smiley's, 8:30pm

Friday, January 24

FIRST HEALING CIRCLES WORKSHOP

Expanding the work of the Cancer Help Program, New School at Commonweal, 9am-4:30pm

SWOOP UNIT

Live big band music @ Smiley's, 9pm

Saturday, January 25

FUGA

Dance performance by Patric Cashman, Julie Sheetz-Mahony & Lisa Townsend, Music by Piro Patton, Community Center, 7pm, \$12-20 sliding scale

JUST FRIENDS

Charlie, Jerome, Molly, Michael & Dylan playing Smiley's, 9:30pm

Tuesday, January 28

CLIMATE CHANGE IMPACT: WEST MARIN

Presentation by Ellie Cohen, CEO of Pt Blue about nature-based strategies of Climate Smart Conservation, @ Bolinas School, 6-8:30pm

HAPPY HAPPY BIRTHDAY!!!

January 20: Ruth Ireland
Warren Weber
Tom Wredberg
Sandy Leon Vest

January 21: Kyla Green
Donna Rush

January 22: Carrie Angland
Ray Moritz
Ethan Funk
Henry Hunt
Evelyn Marcotte

January 23: Moses Berkson
Ilka Hartmann
Ryder Wood
John Kreilcamp

January 24: Winna Hostetler
Nicole Young
Kristin Noel

January 25: Diana Haney
Jasper Willow
Dianne Bramwell
Logan Malvin

January 26: Jade Patterson

Find your birthday treat coupon in the Classified Section of today's Hearsay.

pasteup
ads/books
press

Ned Riley
June McAdams
Jennie Pfeiffer

Smiley's

POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

2nd Prize \$25

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311

SMILEY'S

POOL TOURNAMENT

CHARLIE DOHERTY
 JEROME BOLLIGAN
 MOLLY MAGUIRE
 MICHAEL PINKHAM
 DYLAN SQUIRES

SATURDAY
 JANUARY
 25

Smiley's



Anti-GMO activism on Molokai.
 Photos sent in by Curly Rigg

THREE GREAT THINGS ABOUT THIS PLACE...

- (1) Yesterday's Forty-niners playoff game. Dramatic and exciting, great athletes...BUT the show celebrated all the cultural values that most people move to Bolinas to escape.
 - (2) Using these dry days for personal archeology—cleaning out the home office.
 - (3) The 'Celtic Universe' show, Saturday on KWMR. You can hear great Celtic tunes AND local groups like our Vladimir's Irish Session Players.
- Ned Riley

Saturday, February 1

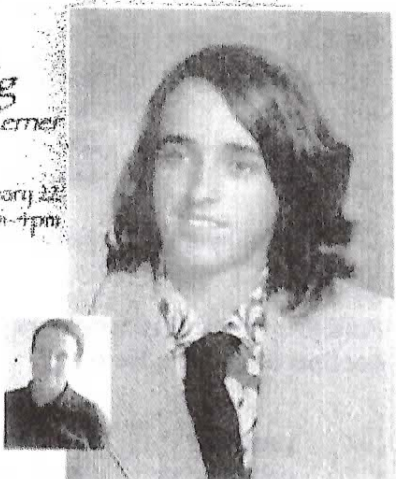
CRAB FEAST

Plus live auction & music from High Tide Blues @ Community Center, doors 6:30pm, dinner 7pm. Benefit for BCC Kitchen Project

Confessions of an
 Accidental Activist
*Adventures in Health &
 Environmental Advocacy*

Steve Heilig
 with Michael Lerner

Wednesday, January 22
 2pm-7pm



January 22, 2 pm - 4 pm

Steve Heilig
*Adventures in Health & Environmental
 Advocacy*

January 24, 9 am - 4:30 pm

First Healing Circles Workshop
*Expanding the work of the Cancer
 Help Program*

February 9, 12 pm

Fundraiser:
Rebecca Katz with Mollie Katzen
Eating for the Health of It

More information & registration on our website:
tns.commweal.org

TNS The New School at
 COMMONWEAL
 Nature • Culture • Consciousness

Heard It at The Hardware

By Robin Bradford

"When the well is dry, we learn the worth of water."

~ Benjamin Franklin

We've got good news and we've got bad news. The bad news is we're on the verge of a drought. The good news is that by working together, we can get through this!

According to its *Community Update* published on January 17th, BPUD reports "the water district is in a much better position today from an available water supply standpoint than it was five years ago," when the last drought occurred. Back in January 2009, there was a two-month mandatory rationing, limiting consumption to 150 gallons of water per household per day. BPUD continues, "...the community response was immediate and incredible – compliance with the rationing requirements exceeded 98% and, since that time, water consumption in the district has remained far below historic levels."

BPUD has asked all of us to voluntarily reduce our water consumption to 150 gallons per household per day. The following chart can help you determine how much water you're currently using and provide ideas for conserving this precious natural resource.

FIXTURE OR WATER USE	REG. FIXTURE USAGE	WATER-SAVING USAGE	TIME PER DAY	TOTAL PER DAY	HOW TO SAVE WATER
Shower	7 gal per min.	2.5 gal per min.			Short showers
Bath	28-36 gal. Full tub	14-18 gal for ½ full tub			Don't fill tub all the way
Running Faucet	3 gal per min.	2 to 2.5 gal per minute			Turn off water when not using
Washing Machine	40-55 gal per load	18-25 gal per load			Full loads only; reset water Level to LOW
Lawn Watering	3-10 gal. per min.				Use hose with cut-off nozzle, or, don't water.
Toilet Flushing	6 gal per flush	1.6 gal per flush			If it's yellow, let mellow.
Toothbrushing With water	3 gal per min.	1.5 gal per min.			Turn off water when not using
Hand dish-Washing	3 gal per min.	2.2 gal per min.			Fill basin with water to rinse
Automatic Dishwasher	15 gal per load				Full loads only; reset water Level to LOW

Conserving water can also extend the life of your septic system by reducing soil saturation and reducing pollution due to leaks. Here are some additional ideas for saving water:

1. Consider replacing older appliances/fixtures with new, water-saving equipment.
2. Check faucets and pipes for leaks. A small leak from a worn faucet can waste 20 gallons of water per day; larger leaks can waste hundreds of gallons.
3. Don't use the toilet as an ashtray or waste basket. Every time you flush the toilet, you use up to seven gallons of water.
4. Check toilets for leaks by putting a little food coloring in your toilet tank. If, without flushing, the color begins to appear in the bowl within 30 minutes, you have a leak that should be repaired immediately. Most replacement parts are inexpensive and relatively easy to install.
5. Use your water meter to check for hidden water leaks. Read the house meter before and after a two-hour time period when no water is being used. If the meter reads exactly the same, there is no leak.
6. Install water-saving shower heads and low-flow faucet aerators. All faucets should be fit with aerators. This is the single best home water conservation method and is also the least costly.
7. Limit showers to the time it takes to soap up, wash down and rinse off. A four minute shower can use up to 40 gallons of water.
8. Put plastic bottles or a float booster in your toilet tank. Put an inch or two of sand or pebbles inside each of two plastic bottles to weigh them down. Fill the bottles with water, screw the lids on and place them in the toilet tank, safely away from operating mechanisms. Be sure that at least 3 gallons of water remain in the tank so it will flush properly. If you have to flush twice to get rid of waste, it defeats the purpose.
9. Insulate hot water pipes. It's easy and cheap to insulate with pre-slit foam pipe insulation. You'll get hot water faster plus avoid wasting while water heats. Best solution: invest in a tank-less hot water heater.
10. Turn off the water after wetting your toothbrush. Then simply use a glass of water for rinsing your mouth after brushing.

Continued on next page

WEEKLY WRAP & RECAP 1/20/14 MONDAY MORNING REVIEW from Jenniepeiffer 1/20/14

It seems this unusually warm, dry weather has turned the "Busy Light" on all around our part of the world. The fruit trees are busy prematurely budding; kids are busy with early spring fever; surfers and beachgoers are busy taking all available parking spaces (some creatively parking in spaces not so available); folks are already busy with spring clearing, demonstrated by yard sales, donations to the Free Box and many drop offs at Uniquities.

It was a busy week of meetings this past week. Monday's Mesa Park meeting was cancelled (everyone too busy?); Tuesday's School Board meeting was down to three Trustees, so many agenda items were tabled to next month. Wednesday, there was a joint meeting with the Lagunitas School Board to iron out what we want for a Superintendent we will be jointly hiring for next school year. Thursday's White Caps had lots of talk about the weather; then Saturday's Community Center Board meeting was full of plans for a very active and busy year.

I'm so busy trying to keep up with the present I have had to let go of the past year's highlights. The future is all about having enough water to get us through to the next "rainy" season, as the Water Board busily studies ways to use less and find more water.

We might as well enjoy these beautiful days, but don't forget to breathe and remember to reduce, reuse, recycle, and maybe suggest to our Gov. that it's not so smart to use millions of gallons of water for fracking when he just declared a water drought emergency. jp



COMMUNITY & CULTURAL CENTER

dance palace

For more information, to volunteer,
or to join call 415-663-1075
Save \$ by buying in advance
Tickets at www.dancepalace.org

CHEAP THERAPY DANCE-DANCE-DANCE!

"Born out of dissatisfaction with post-Jungian dream analysis and failed sand tray practice, Cheap Therapy is your solution to the 45-minute hour. Sonic rolling from your out-of-network provider. What's more fun than dancing?" High Energy Polyrhythmic Cover Band loving to play songs just below typical cover-band radar. Featuring former Invernessian, Kerry Rose.

Saturday, January 25, 8 PM
Tickets: \$12 general, \$10 seniors


LA MESA DE LAS ABUELAS

a dinner to create cultural bridges and strengthen and build leadership in our communities through sharing of food. Partners: local Latino leaders, West Marin Fund and Coastal Health Alliance.
Sunday, January 26, 5-7 PM

Continued from previous page

11. Rinse your razor in the sink in a few inches of hot water. This will rinse your razor just as well as running water, with far less waste.
12. Use your dishwasher for full loads only, and do not use the pre-rinse option, which is a big water waster.
13. Use your washing machine for full loads only, and do not use the permanent press cycle, which siphons off an additional 5 gallons for the extra rinse. New Energy Star-rated washers use up to 50% less water and 50% less energy per load. Front load washers are the most efficient.
14. Minimize the use of garbage disposals. Aside from being a septic system no-no, disposals require plenty of water to operate properly. Start a compost pile as an alternative method of disposal.
15. When washing dishes by hand, don't leave the rinse water running. Gather washed dishes in a rack, place in the sink and rinse with a sprayer or pan of hot water.
16. Don't let the faucet run while cleaning vegetables. Rinse in a stoppered sink or pan of clean water.
17. Keep bottles of drinking water in the fridge. Running tap water to cool it for drinking is wasteful.
18. Mulch trees and plants to slow evaporation of moisture.
19. Don't run the hose while washing your car. Use a pail of soapy water and use the hose only for rinsing. This simple practice can save as much as 150 gallons when washing a car. Use a spray nozzle when rinsing for more efficient use of water.
20. Use a broom instead of a hose to clean driveways and sidewalks.

Water conservation comes naturally when every member of the family is aware of its importance. Parents, please take the time to teach children some of these simple water-saving methods to use at home. It can make a huge difference!



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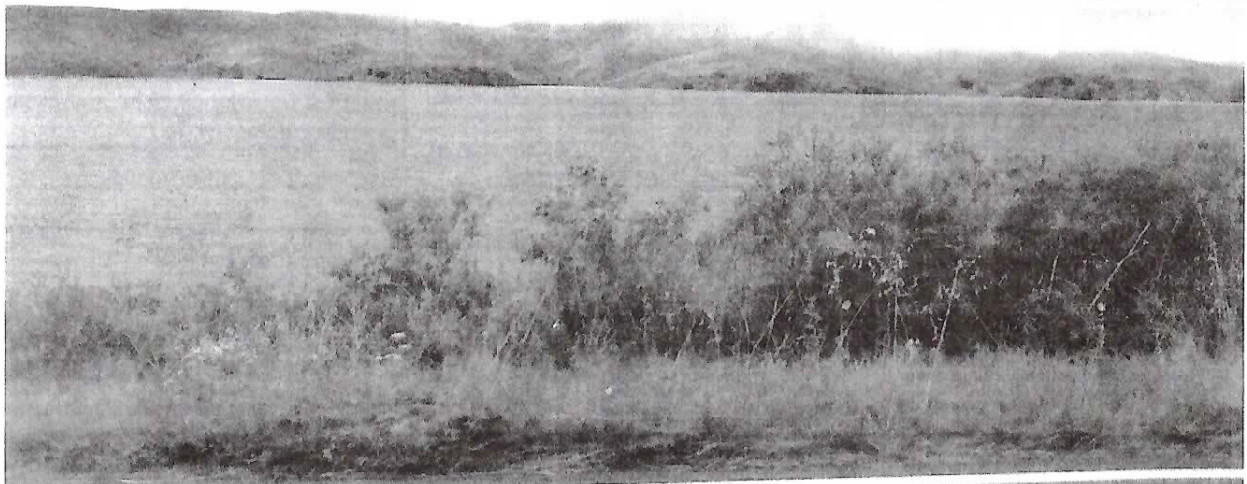
Confidentiality Assured

48 WHARF ROAD, 2ND FLOOR, BOLINAS

bringing order to your financial world

Climate Change: What does it mean for West Marin?

Join us for refreshments, an informational presentation, and Q&A period



When: Tuesday, January 28th, 6:30 – 8:00pm

Where: Bolinas-Stinson Elementary School, Quesada Room 125 Olema-Bolinas Road, Bolinas

What: You've all heard of climate change but what does it mean for your community? Join us for a presentation by Ellie Cohen, president and CEO of Point Blue about the science behind potential future changes to our local environment, and learn about the positive nature-based strategies of Climate Smart Conservation. Come join the discussion. We hope to see you there!



Go to Health: Update on flu, apples, coffee, vitamin D and polio in India!

*Flu – there have been at least 23 deaths from this year's flu epidemic in the Bay Area, with many more people in intensive care. It's not too late to get the flu vaccine, which contains protection against the H1N1 virus. Our clinic will help you! Get yourself protected.

*Apples – I previously reported on the benefits of apples in prevention of cardiovascular disease. See my blog sadjascolumns.blogspot.com – 12/23/13. Researchers at Cornell University have identified compounds in the peel of apples that have anti-cancer effects in the laboratory against liver, breast, and colon cancer cells. So – buy organic apples whenever possible, and eat the peel!

*Coffee – New positive votes for coffee! Researchers in Turkey have reported on numerous studies showing that coffee drinking is associated with a lowered risk for metabolic syndrome, as well as a reduced risk for non-alcoholic fatty liver disease. Metabolic syndrome is a name for a group of risk factors for diabetes, heart disease and stroke. These factors are: a large waist line (apple shape), an elevated triglyceride level, high blood pressure, low HDL cholesterol (the 'good' cholesterol) and a high fasting blood sugar. Non-alcoholic fatty liver disease affects about 25% of the US population. It is a buildup of fat in liver cells, not caused by alcohol, that tends to develop in people who are overweight, have diabetes, high cholesterol or high triglycerides. A previous large study on coffee, run by the National Institutes of Health (400,00 men and women followed for 12 years) showed that coffee drinking – either caffeinated and decaffeinated – is associated with a lower risk of death from heart disease, stroke, respiratory disease, injuries and accidents, diabetes and infections. Coffee is also associated with a lower risk of uterine cancer in women, and of basal cell skin cancer. A recent large Harvard study showed that caffeinated coffee, but not decaf, is associated with a 50% decrease in suicide. This is huge.

*Vitamin D – The American Geriatrics Society advises that older people should have a vitamin D intake sufficient to keep their blood level at about 30ng/ml. This level has been associated with a lower risk of falls and fractures. While

the influence of vitamin D on bone density is small, the impact on muscle strength and fall prevention is impressive. If you, or a relative, are over 65, getting a vitamin D level is important. The test is called 25(OH) D. Supplementation with vitamin D can bring your level up, and the amount of D to take should be discussed with your health care provider. The Geriatrics Society suggests that doctors prescribe up to 4000 IU daily to achieve good blood levels. I suggest getting a blood level before taking 4000 IUs daily – start with 1000-2000 IUs and talk to your doctor or NP. Calcium intake is also important for strong bones: I will write more on this mineral in a forthcoming column.

*Polio eradication in India! India, a country of 1.4 billion people, has successfully eradicated polio, with no cases reported for the past 3 years. India had 150,00 cases in 1985, 6,028 cases in 1991, 741 cases in 2009, and the last one case – on Jan 13th, 2011. The country used 2.3 million vaccinators each year; mobile teams immunized children (with oral vaccine – kept cold for potency – no small feat) in homes, in railway stations, inside running trains, at bus stands, marketplaces, and at construction sites. Muslim leaders were identified and went along with the program. The vaccinators publicized this message - *wherever you stay, wherever you go, protect your child against polio*. This was an astounding public health success, funded by the government of India, the Bill and Melinda Gates Foundation, the U.S. government and many other countries and organizations. Only 3 countries still have cases of polio – Nigeria, Pakistan and Afghanistan. In these areas there has been very tragic threatening and killing of vaccination teams. May the opposition see the light and protect their people against paralysis.

*Sadja Greenwood, MD past columns at sadjascolumns.blogspot.com. Check out my novel, *Changing the Rules*, at local bookstores or Amazon.*

HIP HOP AMERICAN AFRICAN TRADITIONAL DANCE CLASSES

The rest of the month 10:45 for 40 minutes-\$10 ages 3-6
Sunday Feb. 2-10am/11am 7-11
Sunday Feb 2 - adult class 5-6pm
Adults & Children classes 4 weeks
Contact msagola@yahoo.com



90.5 FM + 89.9 FM
WWW.KWMR.ORG



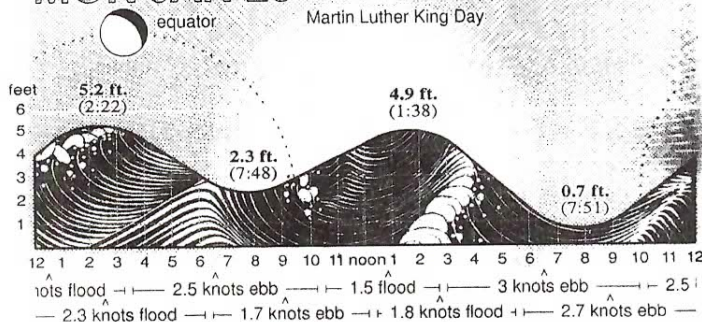
6	DeepWaking 12-1 am KWMR Night Music	Weekly Feed 12-1 am KWMR Night Music 6 am Art of the Song	KWMR Night Music		S Sunspots to 1:30 am KWMR Night Music	KWMR Night Music	Radio Goethe 12-1 am KWMR Night Music 6 am As It Happens (rpt)	KWMR Night Music 5-7 am Sunday Baroque	
7	Day 6 (CBC) (repeat)	As It Happens (repeat)	As It Happens (repeat)	As It Happens (repeat)	As It Happens (repeat)	As It Happens (repeat)	Morning Glory	Daybreak	
8	With Eyes Open! 8:30 am Park Wave-lengths KT's Kitchen	Hear the World A Cuppa Jo with Dr. Joe Art of the Song (repeat)	Rise and Shine	Swimming Upstream	Morning Blunder	New Day Pieces of Peace	Barrio Vibes		
9		Airwaves	Fish Tales				Vicarious Traveler	Original Minds	Sunday Celebration of Sacred Music
10	Turning Pages At Nature's Pace	Turning Pages # Reading to John # Vinyl Café (repeat)	Turning Pages # Waves of Joy # ViewPoint (repeat)	Turning Pages # For Children of All Ages # Readers Delight	Turning Pages Specials	New Day/Time 6 (CBC)	Day		
11	The Bioneers Trash to Treasure	# Spirit & Mind # Questing	Alternative Radio	Philosophy Talk	An Organic Conversation	Viewpoint	The Place We Live		
12	The Farm & Foodshed Report	New Dimensions	The Local Organon	KWMR Peace programs (repeat)	Attunement	Commonweal Conversations	Open House Sabrina Artel's Trailer Talk	Forms and Feelings	Happy Days Jazz with Kendrick Rand LAST SUNDAYS Jazz Rhythm
1	Ocean Currents	Post-Carbon	On Being with Krista Tippett	Epicenter: West Marin Issues	# Art's Desire # Hot Tech/Cool Science	Peace Paradigm Radio	Specials		
2	Cruisin'.....	What's New?	Aztec Pride	Classical Wednesday	Classical Thursday	Classical Friday	Hawai'i Calling	Coming Woodstock West	Riverwalk Jazz
3									The Vinyl Café (CBC)
4	New Day/Time Climate One	New Day The Latin Alternative (repeat) # Youth DJ Project	# Youth D.J. Project # Retro Rock Hour # Soul Hour	TeaTime Books #5 Coastal Airwaves				Circulo musical	Learnin' Kirven To Hell & Bach
5	Moyers & Company	Open House	Making Contact	Open House					
6	NEW TIME As It Happens (CBC)	NEW TIME As It Happens (CBC)	NEW TIME As It Happens (CBC)	NEW TIME As It Happens (CBC)	Happy Hour				
7	Release Me	Musical Varieté	Foggy Ridge Music	West County Prowl	Bakersfield & Beyond	Shorty's Bunkhouse	Friday Funk Fest	The Celtic Universe	Elbow Room Between Rock and A Jazz Place
8									
9	Barbarian Beach Party	Silver Dollar Jukebox	Faultline Radio	Coast Highway Blues	New Day & Name Y2K Radio	New Show Running With Scissors	Magic Radio	Rick's Jazz Café	Greg's Groove New Day & Time Theatre Works L.A.
10	Monday Night Mixtape	Professor Kosmo plays.....	New: Repeat and Feelings	Forms	The Latin Alternative			Saturday Night Function	Stuck in the Psychedelic Era with the Hermit
11				Sonic Sunspots					

Office 415/663-8068

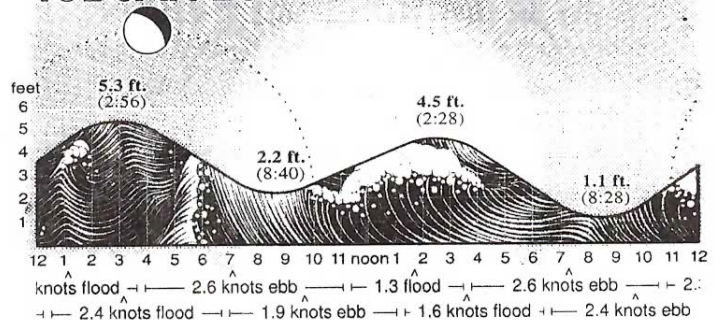
STREAMING ON KWMR.ORG

Studio 415/663-8492/8317

MON JAN 20 dawn 6:22 sunrise 7:22 sunset 5:20 dark 6:21
moonset 9:30 a.m. moonrise 9:55 p.m.



TUE JAN 21 dawn 6:21 sunrise 7:21 sunset 5:21 dark 6:22
moonset 10:01 a.m. moonrise 10:53 p.m.



FOR SALE

DRY DRY DRY SEASONED FIREWOOD
Oak, Bay, Eucalyptus - Cut locally
Gospel Flat Farm 868-0921

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LOST & FOUND • FREE • RIDE SHARE •

ARE PUBLIC SERVICE ADS, AND RUN FOR FREE.

Please keeps ads to around 20 words.
We will run them for at least a week
or until you ask for removal.

Hearsay Staff

LOST AND FOUND

FOUND: FRI, JAN. 10 ON STAR ROUTE TRUCK SEAT -
a set of keys including car and P.O Box key. Belongs to
someone who is a dog lover and buck knife owner.
Call -1658 to identify and claim

AL 1/13

LOST: SWEET LITTLE LEATHER BABY BOOTY
on Monday, January 9 while on a stroll around the mesa.
Please call 8971 if found. Reward and Gratitude.

MS 1/10

FOUND: JANUARY 5, 2014 ON COMMONWEAL LOOP
Walk - gold ring? Man's engraved. Call to identify.
Aggie 868-0683

AM 1/8

LOST: LICENSE PLATE (#5STW903)
somewhere on Poplar, or near People's Store or Post Office.
If found please call -9950 Thanks

1/4/14

FOUND: CHILD'S READING GLASSES-
pink with tortoise shell stems on Poplar near Evergreen last
week Thursday, December 19th -2409

AH12/23

LOST BIRD "OSHAH (OSHI)" THE PARROT
Identifying marks: Green parrot with red and yellow under his
wings. He can say, peek-a-boo, hello, drink of water, good night
and he has a GREAT laugh. Last seen: At the corner of Walnut
and Larch in Bolinas CA 94924 on November 25th at 4pm.
REWARD: Hugs and Good Karma Contact (415) 868-1716
Email: franzskinner@gmail.com

FS11/29

LOST: SMALL RED FLASHLIGHT
at BCC Sunday night-front row. Call Marina 868-0375

M 12/2

LOST: MY DAUGHTER'S CANON POWERSHOT S3 IS
camera, possibly lost on the beach or in town Mon. or Tues.
before Thanksgiving. Rick Gordon: 246-2756(cell)

RG 12/2/13

LOST: BLUE NYLON BAG LETTERED HPL
with fishing gear. Last seen at Lagoon Seawall or wharf,
Please call Kora McNaughton 868-2771

KN 11/27

CLASSES

CLAY HAND BUILDING CLASS- 2 HOURS.
Tuesdays & Thursdays, across from the school.
Christine - 0892

CS 1/31/14



Weekly Schedule

Monday

Contemp. Dance for yth w/Lisa T (workshop 2/3-3/3) 3:30-4:30 p.m.
Pilates w/Lisa Townsend (pre-register 868-0473) 5:30 - 6:30 p.m.
Ninjitsu with Martin 7:00 - 8:30 p.m.

Tuesday

Yoga w/Lisa Brendel 8:30 - 10:00 a.m.
Bo Babies & Toddlers (Free Hangout) 1:00 - 3:00 p.m.
Pirate Pizza in BCC kitchen (pre-order 328-1066) 4:30 - 7:30p.m.
Aerial Arts for Youth w/Joanna (continues 1/28/14) 3:30-5:45p.m.

Wednesday

Pilates w/Lisa Townsend 8:30 -10:00 a.m.
After-School Theater w/ Lisa T. 3:30-5:00 p.m.
Private Workshop w/ Nathan 6:00 - 7:30 p.m.
Biblia en Español 8:00 - 9:30 p.m.

Thursday

Yoga w/Lisa Brendel 8:30 - 9:30 a.m.
USDA food bank 12 noon
Aerial Arts for Youth w/Joanna (starts 1/30/14) 4:30-5:30 p.m.
Congolese Dance w/ Sandor 6:00 - 7:30 p.m.

Friday

Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 a.m.
Contemp. Dnc for Adlts w/Lisa T (workshop 2/7-3/7) 3:30-4:30 p.m.
No Place Like Home (Free Brunch 4th Fri of Month) 10:30 - 11:30 p.m.

Saturday

Yoga w/ Lisa Brendel 9:00 - 10:30 a.m.
Kids Hip-Hop/ African Dance w/Sagola (pre-K)10:45 - 11:45 p.m.
Ballet w/ Erika Townsend 12:15 - 1:45 p.m.

Sunday

Kids Hip-Hop (7-12) call Sagola to sign-up763-9369 10:45 - 11:45 p.m.
Brazilian Dance with Anna 11:00 - 12:00 p.m.
Adlts Hip-Hop call Sagola to sign-up763-9369 10:45 - 11:45 p.m.

Check the Library marquee or Calendar in BCC Foyer for special
events. For More Info call 868-2128 or visit www.bccenter.org

FREE

20" ELECTRIC RANGE-WORKS PERFECTLY.
You haul - 868-2672

JT 1/15

FREE: GREY ITALIAN SOFA,
one torn cushion, you haul. 497-8081

PT 1/10

FREE TO GOOD HOME-10X11 STEEL STORAGE SHED.
Needs paint & new floor-otherwise fine. Must move ASAP
Grace 1/812/328-3880

RIDE SHARE

SEEKING RIDE OVER THE HILL
M-F before 6 a.m. Will share expenses. Bill 306-6209

B 1/17

free Birthday Treat at Bobolicious
Bring this coupon to receive a treat
for your Birthday!
Compliments of Bobolicious
and The Hearsay News



HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

SERVICES

BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

HANDYMAN: HOME REPAIR, CARPENTRY, painting,. Hauling too! 27 years experience. Local refs. Steve Hill -2310

SHX

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CHX

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41 Wharf Rd., Bolinas 415-868-1311

BASIC COMPUTER TRAINING & SETUP

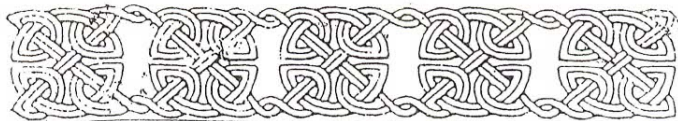
Computer building, Internal cleaning. \$35/hr
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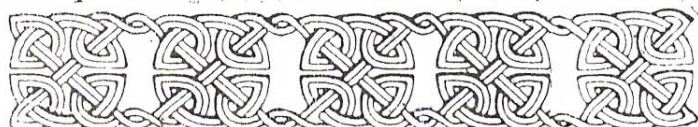
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CL 4/7/14



LOCAL ZONE PHONE DIRECTORY UPDATE

All 100 copies of the 2014.1 edition of the Directory have now been sold. There will be another printing in four to six weeks, which will be 2014.2, @ \$10 a copy. You have 4 weeks to get your corrections made and any ad requests submitted, hearsaynews@yahoo.com, or drop at Hearsay office or Uniquities. If you would like the upcoming update, you can trade up for \$5. Ad costs are \$100 full page; \$50 half page; \$25 quarter page; and \$15 standard business card size. jpx



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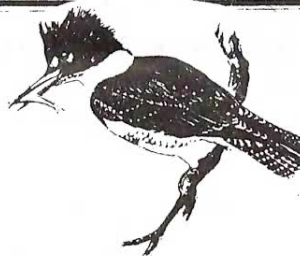
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Submit articles; ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or to request a link to the password-protected website to read online and info on how to subscribe online.



WOMB OF THE UNKNOWN MOTHER

I have found a mother willing to accept a blessing and a flower from all who dare bring one. She is unknown in our land, as is her child that will be born later this month. She was completely willing to take the pregnant goddess role in our subconscious need for unconditional blessing of ripe abundance. She has been preparing for this honor for nigh 9 months now. Rain dancers welcome, starving children blessers welcome, gaia worshippers welcome. Just bring one flower and one blessing. Come full of welcoming for life.

Saturday 17th 4-6
86 Wharf Road
(light refreshments served)
(submitted by Amelia Neffati)

*The Unknown Mother Honored on Saturday
went into labor this morning-Amelia just
wanted us to know.*

How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the BPUD office on Mons, Weds and Fris between 9:30 & 10:30 am to have your article appear the same day, and until 11:00 am for classified ads.

Ad forms are also available anytime in the small mail box next to the Hearsay door. You can fill out the form and have your ad billed to you, or you can enclose payment (please note on your ad if you are paying cash in as they might become separated) & drop into door slot.