

All hands in: come out for the Children's Center Walk-a-Thon fundraiser this Saturday, 5/7 from 10-2 at Mesa Park Photo by Victoria Maier

WHAT'S HAPPENING??

Friday, May 6 5 CENT COFFEE

Post modern jug band music @ Smiley's, 9pm, cover.

Saturday, May 7

TOXICS AWAY DAY

By appointment @ Pt Reyes Fire Station, 9am-1pm. Info & reservation: 800-207-8222

ZEN MEDITATION

Monthly ½ day sitting 9am-2pm St. Aiden's Church. Dharma talk 10:30am Come for all or part. All welcome.

PAINTINGS AND SCULPTURE BY BRANDON STEIG AND NICK ALLEN

Opening at 2pm Bolinas Gallery 50 Wharf Road.

FIFTH ANNUAL WALKATHON BENEFIT

For Bolinas Childrens' Center; food, bouncy house, cake-walk, @ Mesa Park, 10am-2pm

LARNER SEEDS OPEN HOUSE

12-5pm Plant sale, garden tours at 1:30 & 3pm, native food snacks and more 230 Grove Road between Elm and Alder

FREE SALSA CONCERT

In the Museum courtyard, w/ 'La Mixta Criolla,' 2pm Free

ART EXHIBIT OPENING

For 'Conversations: Harmony of Change' paintings Arline Mathieu & photos by Tim Burns, Farm Stand, 3-5pm.

JIM PAGE AND JEFF MANSON

Topical songwriters, one from Seattle, one from Bo Bo play their tunes and share their words at the Dance Palace, 7:00pm

LA MIXTA CRIOLLA

Live salsa music @ Smiley's, 9pm, cover.

Sunday, May 8 MOTHERS' DAY PANCAKE BREAKFAST

Take Mom out to the Firehouse, 8-11am

HONOR OUR MOTHER

Community Gathering, stories songs and food. 5:30pm at the **BCC**

Monday, May 9

MESA PARK BOARD MEETING

7 pm at the Firehouse

Tuesday, May 10

CANYON CINEMA SALON

w/ Bolinas filmmaker Chuck Hudina @ New Nothing Cinema, 16 Sherman St, SF, 7pm

EVENING OF FOOD & MUSIC

Featuring 'Sound Orchard' @Saltwater Oyster Depot Inverness, 6-9pm.

HAPPY HAPPY BIRTHDAY!!!

Adam Mandelman May 6:

Kristina Amoroso

Julie Brown

Herman Berlandt May 7:

John Barrow (remembered)

Mimi Calpestri Trevor Willis

Taji Bolduc-Stewart

Bob Gold (remembered) May 8:

Sylvan Otter Stonewarrin May 9:

Jacob Tacherra Bob King



SALSA! La Mixta Criolla Free Courtyard Concert Bolinas Museum Saturday, May 7 / 2PM

In honor of Mother's Day, join us for lively music and dancing in the courtyard! With a broad repertoire of original and funky renditions of traditional tunes, Oakland's La Mixta Criolla features swinging Caribbean grooves firmly rooted in Puerto Rico's rich musical culture.

La Mixta Criolla is a dynamic music and dance ensemble founded by percussionist, singer, songwriter Hector Lugo. The group's distinctive sound balances the color and range of the Puerto Rican and the Venezuelan cuatros, the bass guitar, and the accordion, with the percussive drive of the barrel shaped Bomba drums, the panderos of the Plena, and the güícharobongó tandem of the Música Jíbara of the Puerto Rican countryside. Firmly rooted in Puerto Rico's rich musical culture and inspired by the soulfulness of Caribbean music, La Mixta Criolla delivers performances of singular strength and passion to the delight of dancers and music lovers everywhere.

-Elia Haworth

Honor our Mother Mother's Day Community Gathering

Share stories, song and food

Bring flowers, art and photos
for a community collage. Food for Potluck

Sunday May 8 ~ Community Center.

Doors open 5:30pm ~ Potluck 6:00pm

IF YOU DO NOT APPROVE OF THE CHAINS BLOCKING THE SERVICE ROAD TO OUR BOLINAS COMM-UNITY PARK AND ALSO BLOCKING PEDESTRIAN RIGHT-OF-WAY FROM THE SIDEWALK TO OUR PARK'S BATHROOMS, PLEASE COME & ATTEND A MEETING IN THE FIREHOUSE THIS MONDAY EVENING, MAY 9TH AT 7:00 PM

AND PRESENT YOUR OBJECTIONS TO THE PARK'S BOARD MEETING !!! VERY IMPORTANT TO PROTECT OUR RIGHT !!!

MARY BARROR

Wrong Righted!

Thanks to eighteen generous friends of Bill Quist who answered our calls in previous Friday Hearsays, we collected over \$700 to replace his stolen cameras. Bill was blown away to find he had such support in the community, and he is eagerly searching out just the right equipment with which to resume his artistry. Thanks to all who helped show how much we love him.

Don Smith & Jane Mickelson



DEEPLY GRATEFUL

(Camera Fundraiser)

Unexpected gifts of kindness give a soul smiles of quiet joy. Our town's outpouring of support with practical dollars rocked my spirit. (I thought my time with photography was over for awhile.) You can imagine my great surprise.

So, how do I thank you all? At 65, I feel stronger than ever to "pay it forward." So, from the inspiration of kind gifts, I can honor this force by continuing using my free time and ease of shooting photos or playing music to support the myriad of benefits out there, both private and public. Tap in! My cell is:

(510) 323 - 6210

Special thanks to Don Smith & Jane Mikelson, whose idea of changing a situation from 'bad to good" with generosity took hold and to all those who contributed cash and checks. To that special anonymous person who did the matching funds, Wow!

I received all this, this pass May Day Weekend, so private thank-you's are soon on the way. Hmmm, Thanks to our fair town.

Bill Quist

LARNER SEEDS OPEN HOUSE AND PLANT SALE

Saturday, May 7, 2016 12 to 4pm. 230 Grove Road (between Elm & Alder)

It was a pleasure to meet with people from our community to talk about matters of the "more- than- human," last weekend at the Art & Garden Show. You are invited to continue the conversation here at the Larner Seeds Garden, Garden Shop, and Nursery.

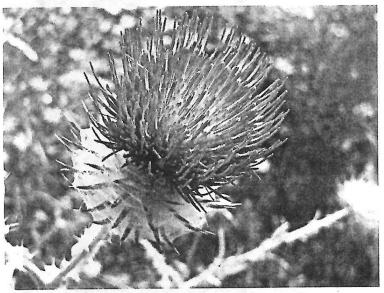
All are welcome to our annual Spring Open House

With tours of our 32 year old Demonstration Garden of all California native plants

Discounts up to 35% Off Most Plants in Nursery

Garden Tours at 1:30 and 3pm Native Plant Snacks Join Us!

> Staff at Larner Seeds 868-9407 for questions



Cobweb Thistle, Cirsium occidentale, one of many intriguing native specimens at the Larner Seeds Demonstration Garden



TODAY'S HEARSAY BROUGHT TO YOU BY:

(((JEFF MANSON: PASTE-UP and PRINTING)))

(((KATHLEEN O'NEILL: ADS)))

(((MICHAEL RAFFERTY: ONLINE BUREAU CHIEF)))

& You: Everyone is a Reporter!

LARNER SEEDS Spring Open House

Saturday, May 7th, 2016 Noon to 4 p.m.

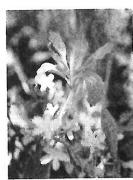


Visit our demonstration garden featuring California native plants, grasses, & wildflowers in glorious spring bloom.

Garden tours at 1 & 2:30 p.m.



In Bolinas at 235 Grove Rd. (between Elm & Alder) info@larnerseeds.com (415) 868-9407 www.larnerseeds.com





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www.amandarossskincare.com

ART EXHIBIT

CONVERSATIONS: HARMONY OF CHANGE

Arline Mathieu and Tim Burns are showing their recent work during the month of May at the Gospel Flats Farmstand Gallery. Arline's work, informed by the observable world, stems also from science and Buddhism. With ink and water-based paint, the pieces here offer an imagined, but possible, universe. Tim's work originates from his keen observation of the environment, specifically Bolinas. In these photos, Tim has captured abstractions in nature that occur naturally.

There will be an opening reception at the Farmstand Saturday, May 7, 3:00-5:00. Hope you will be there.

-Arline Mathieu

Thank You Wild at Home

What an amazing weekend. All three days were rich with knowledge, art, plants, music, performance, oysters, mojitos, everything!

The greatest thank you of all times goes to our own Native Plants Teacher Lea Earnheart. She worked endlessly to bring all the magic to us to devour over the weekend. Wild at Home was Lea's gift to all of us and we were excited and honored to offer it as this year's Art & Garden event. Thank you so so much Lea!!

For those of you who were lucky enough to make it out for last Friday's opening event, you all know the profound performance that filled the hall. Thank you for all of our fabulous performers:

Sky Road Webb

Purple Hazel Green & Jewel Shield

Claire Peaslee

StuArt

Mimi Calpestri

Eden Clearbrook and Sim Van der Ryn

Jeff Manson

Molly Maguire, Danny Vitali, Eli Carlton-Pearson, Cornelius Boots and Doug Lee

A BIG thank you to Joanne Kyger for offering her poem for the broadside created for this specific event. We had a limited production of 100 and both the BCC office and Lea Earnheart still have some for sale, get your own today; \$12 a piece, \$25 signed.

Our **Vendors** and **Information Booths** were a wonderful addition over Saturday and Sunday. Thank you: California Native Plant Society
Rachel Johnson and the Red Woods
Meg Simmonds & Coastal Scrub
Ashley Ratcliffe Grass Show
Keith Hansen and his birds
Wildcare & the Wild Animals
BCPUD Lands Committee
Larner Seeds; Tina & Jeff
Michael Cavette; Water and the Food Connection
Kent Island Restoration Project; Bruce & Kate

THANK YOU FOR THE FOOD & DRINKS

- Bolinas Bakers & Beth's bakery for the delicious quiches & baked goods

Nuria & Bo School Kids for their Plant Artwork Mount Tamalpais for the pure & refreshing water

- Star Route Farms for the tasty salad components
- Princess Randi for the Salad Dressing
- Hog Island & Tomales Bay Oyster Companies
 Coast Café for garlic butter
- Inverness Park Market & Johnny for BBQ sauce
- Lagunitas Brewing Company
- Tim Halikas with Sola Wine & Magi for more wine!
- Kelly Onorato & Katie Weber for fresh mint!

ARTISTS & DONORS FOR AUCTION

Every year, you know who you are, bless us with your time, expertise, love and gifts – thank you. YOU really help make the Community Center flourish and we truly appreciate your donation to help us raise the-much-needed funds we need to continue our work at the BCC!

OUR VOLUNTEERS

What in the world would we do without YOU?!!!!
Thank you once again for signing up, showing up and helping make the wheels turn. It so takes a village and only since we have YOU can we even do these kinds of events. Thank you.

THANK YOU

- Vanessa Waring for the gorgeous posters!
- Ben Lowrance, Ashley Ratcliffe, Sadja Greenwood Alan Margolis , Lea Earnheart & Bolinas-Stinson School for the Magic School Bus Tour!
- Schehera Van Dyk for the beautiful mural!
- Common Voice Choir, Jan Broek, Cadance Weber, Jacob Leyva and Friends for the great music!
- Midnight on the Water for Maypole Music
- Anny Owen and Bo-Stin School Kids for their show
- Chuck Oakander, Martine Algier & Katie for Fairies
- Don Smith & Jerry BoJeste for the Maypole
- Charles Whitefield for facilitating Mesa Park Parking & Maypole Celebration in the park
- Alethea Patton for parade & mask workshops
- June McAdams for coordinating our bakers
- Zoro Drux & Magi Barror for Sunday Sound
- Kathleen O'Neill & StuArt for hanging art & signs

AND Thank you to all who came, enjoyed, bid on the auction and participated in another great BCC Art & Garden. It was the best one yet!

Lia, Randi & Katie - Your BCC Terrific Trio



MIchael Cavette bringing water from the Source to this weekend's Art & Garden event. photo-jeff manson

Greetings Bolinas-Stinson Community,

As an excellent example of our commitment to experiential, thematic learning, please check out our middle school students' community-based, ethnographic documentary films. Congratulations to our creative teachers, Don Jolley and Willow Horne, and our talented students. The films can be seen here:

http://docfilmsbolinas-stinsonschool.blogspot.com/

Warmly,

Jason Richardson

Firehouse Community Park Agency Mesa Park Board Meeting May 9th, 2016 7 PM Bolinas Firehouse Community Room Contact: mesaparkboard@gmail.com

Call to Order:

Board Members Present:

Others Present:

Community Expression:

- 1. Mary-Fence in Downtown Park
- 2. Alethea- Cobb oven repair
- Blanca- Use of Mesa Park Parking lot for June 20th for party at private home.

Downtown Park:

1.

Mesa Park:

- Water Meter Broken at Resource Recovery. BPUD planning to replace it. Want to know when well will be repaired? Norcal?
- 2. Overnight Parking issue
- Skate Park Fundraiser May 14th

Treasurer's Report:

1. Measure for the next election

Old News:

- 1. Backflow Test (due April 29th Charles
- 2. Sensor for Water Tank-Victoria

Other:

1. Website Completion- Amber Approve Warrants:

1. \$2740.52

Approve Minutes:

Next Meeting: June 16th

Meeting adjourned:

g adjourned:



Coffee with Coffino

Please join us to meet

Mike Coffino

Candidate in June 7 election for Marin County Superior Court judge

Saturday, May 7, 2-4 p.m. 60 Marin Way, Bolinas

Jim and Tish Brown

Briones Lions Citizens of the Year Award Celebrated

The Frank Wells Award, also known as our Citizen of the Year Award was created to honor individuals whose voluntary contributions have made significant and positive difference in the communities of Stinson Beach and Bolinas.

The award began in 2007 to honor Frank Wells, a Lions Club member of great selfless character who believed deeply in volunteerism and devoted himself to good causes and high principles.

The Briones Lions Club recently honored two individuals, Bruce Bowser of Bolinas and Mike Matthews of Stinson Beach. Mike has been Chairman of the Stinson Beach Village Association for many years in a volunteer capacity and has contributed a great deal to his town. Bruce Bowser has served as President for the BCLT, has worked tirelessly to protect Kent Island and Agate Beach and is currently on the Sanctuary Council, constantly advocating for our beautiful local coastline.

Congratulations to both!

Karen Diblee, Lion's Club President

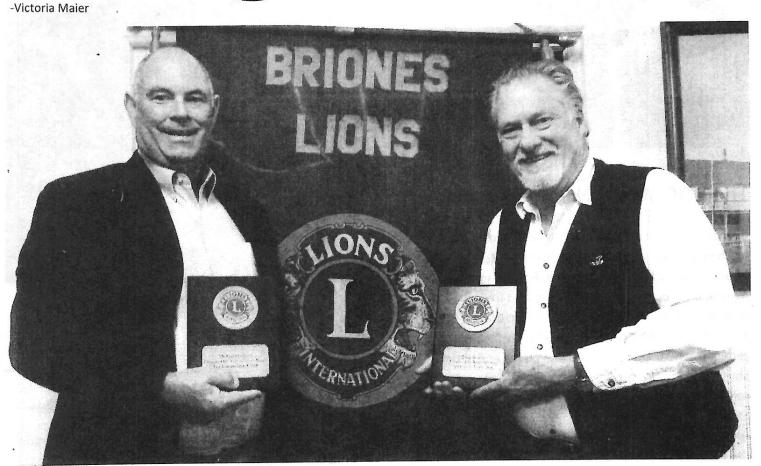


Photo by Curly Rigg

SALLY ROBERTSON

ANNUAL MOTHER'S DAY WEEKEND

OPEN STUDIO & GARDEN

SAT. & SUN. MAY 7 & 8, 10-5 284 CHERRY, BOLINAS

868-0784

WATERCOLORS

PRINTS :: NOTECARDS:: SPECIAL GIFTS

The garden will be at its peak this weekend! Enjoy a stroll and visit the studio where art & garden meet.

www.sallyrobertson.com





The DOG WEDDING // FREE MOVIE

My good friend and film partner James Lefkowitz (middle) just finished a theatrical tour of his latest film THE DOG WEDDING in LA and ended up staying with me in Bolinas and may never leave. He is so inspired by how open, giving, and free spirited people are here and also how good dogs have it here that he wanted to give a free showing of his fun, sweet, and crazy film about dogs getting married. Dog weddings are a thing and in the above photo is one of the dog stars that won his dog wedding photo contest. Hope everyone will get a chance to watch the movie and have a really good time.

Tuesday May 10th Community Center 7:30PM -Ole Schell

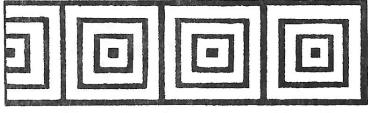


Small Family with Tiny Home on Wheels

Looking for a small corner of Land to live on for money and/or work-trade. I do carpentry/plumbing and my wife is a housekeeper. I am willing to paint the tiny home any color to match the property.

We are fully self-contained. I have a son the age of 5 who is only with me part-time (Thurs.- Sat.). My goal is to be on a piece of land so that he can be in a stable space.

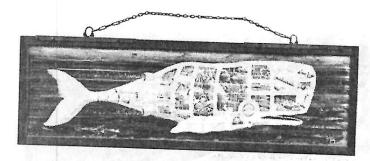
Please contact: Derek James @ (415) 246-3082



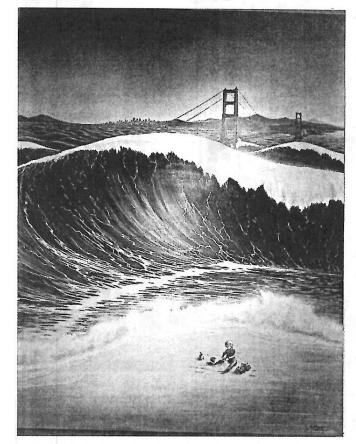


Bolinas Creature

Photo: Perry Shimon



paintings & sculpture by Brandon Stieg, photographs by Nick Allen
May 2016 at the Bolinas Gallery, 52 Wharf Road, Bolinas Ca.
opening reception May 7, 4-7pm





TO THE COMMUNITY:

THE PARKING PATROL CREW

THE PARKING PATROL CREW

THE PARKING PATROL CREW

THANKS U

4 THE SUPPORT OF THE PEOPLE, WE

R GRATEFUL, AND APOLOGISE

TO ANYONE WHO MIGHT BE

OFFENDED. WE WILL CONTINUE!

PLEASE ASK US ABOUT

CARBON FREE WEEKEND



Last Sunday's All Species Maypole Dance,

Photo by Perry Shimon

Macinda Monges died in Arcata, Ca. on April 5th after a long illness. Her mother, Saucy Dollard, lived in Bolinas and has been a frequent visitor over the years.

Macinda's daughter, Chandra, age 14, lives with her father in Sebastopol.

Saucy has some difficulty with expenses related to her daughter's passing and could use some help. If anyone would like to denate something there could be an exchange for a stay at Saucy's Hawaiian island home. Call Saucy to see photos. Salucy also makes beautiful jewelry and could trade for something special.

Please contact her at: 415 419 6385 Or, send dohation to: Saucy Dollad c/o Kris Teplin, POBox 327, Forest Knolls, Ca. 94933 Submitted by Martine Algier



For more information, to volunteer, or to join call 415-663-1075 Save \$ by buying in advance Tickets at www.dancepalace.org

May 2016

Point Reyes Village Association

Forum Wednesday, May 4, 5:00 PM Point Reyes Village Association Forum



Jim

Page with Jeff

Manson Saturday, May 7, 7:00 PM \$10-\$20, sliding scale Jim Page is a singer and song writer from Seattle, WA, whose music has taken him to much of the world. His songs have been covered by The Doobie Brothers, Michael Hedges, Joanne Rand, Leftover Salmon, Christy Moore (Ireland), Dick Gaughan (Scotland), and many others. He was named by Seattle Metropolitan Magazine as "One of the 50 Most Influential Musicians." Bonnie Raitt says, "Jim's been writing great topical songs for as long as I can remember, bringing his acute wit and wry humor to a host of subjects that can really use both. In the tradition of Woody and Dylan, he cuts right to the heart with music you actually enjoy listening to. I'm a longtime admirer." Jim will play in the Dance Palace Church Space. Local musician and DJ Jeff Manson will open the show with original songs evoking the joy and beauty of the West Marin landscape. Tickets are \$10-20, sliding scale.



POINTREYES BOOKS

Living Beautifully with Uncertainty and Change by Pema Chödrön A Book Study in Five Sessions

led by Elizabeth River Fridays, 1:00-3:00 P.M. May 6, 13, 27, June 3 and 10 Point Reyes Presbyterian Church Cost: \$85 for 5 sessions



For more information on these and other events, visit www.ptreyesbooks.com



Eden and Sim perform a song & art duet at Friday night's "At the Foot of the Mountain"

FLUORIDE IN THE WATER: DUMB AND DUMBER PT.1

The Center for Disease Control places water fluoridation in the Top Ten "Great public health achievements of the 20th century", along with mass vaccination. Water fluoridation is recommended by most public health, medical and dental organizations, from the American Academy of Pediatricians to the World Health Organization. It's "the single most important commitment a community can make to its children and future generations." one Surgeon General declared. Can't argue with them, right?

The U.S. Institute of Medicine advises pregnant women to consume an "adequate intake level" of 3 mg per day. Yet, the Environmental Protection Agency found that fluoride "is toxic to the developing nervous system" in 2009, and placed it in the same neuro-toxicant category as lead, alcohol, mercury, arsenic and nicotine, that pregnant women are warned to avoid. The FDA won't permit claims that prenatal fluoride supplementation prevents dental caries later in children. This agency found "no published studies" showing it decreased them in adults and classifies it as "an unapproved drug".

Dr. George Waldbott reported that fluoride at the level of 1 part per million can cause hypothyroidism with symptoms of exhaustion, joint and neuromuscular pain in his 1957 book The American Fluoridation Experiment. Dozens of antifluoride books and hundreds of papers showing harm followed, but were ignored or ridiculed. Ninety seven percent of European countries banned water fluoridation because of increased risk of neurological disorders, bone fractures, joint pain from skeletal fluorosis, kidney, pineal, thyroid gland damage and lowered IQ. They have similar or lower rates of tooth decay than Americans, where two thirds of the nation drinks fluoridated water. Dental health improves with higher income and education, not fluoride use.

The Environmental Protection Agency allows up to 4 mg per liter in drinking water as perfectly safe. Dental fluorosis, causing white streaks, pitting and brown mottling of the teeth, occurs in children drinking .6 mg per liter of water. The CDC reported that 40% of adolescents had some dental

fluorosis in 2010. Tooth "enamel defects are indications of systemic cellular disruptions."

Dr. Frederick Stare, founder of Harvard University School of Nutrition was a major promoter of water fluoridation in the 1950's and 60's. Stare consulted for The Sugar Research Foundation and Alcoa, the aluminum giant. Fluoride fumes were permanently disabling aluminum workers and livestock downwind of their smokestacks. Water fluoridation created a steady market for their toxic waste by legally adding it to public water supplies, mass medication without informed consent.

The public is never warned that drinking "safe" tap water, will make them dumber and sicker. Makes you wonder about their claims of public health benefits from vaccines. (I know, swore off vaxx faxx, but couldn't resist one more jab.) Stephen Simac

from Save Trillions with Universal Health Care



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CG \$/11

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WANTED

50 YEAR OLD MULTILINGUAL WOMAN

ORIGINALLY from France and Italian Switzerland looking for property management opportunity in West Marin. Possibly livein. 415-572-3608...

CC 5/11



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WANTED

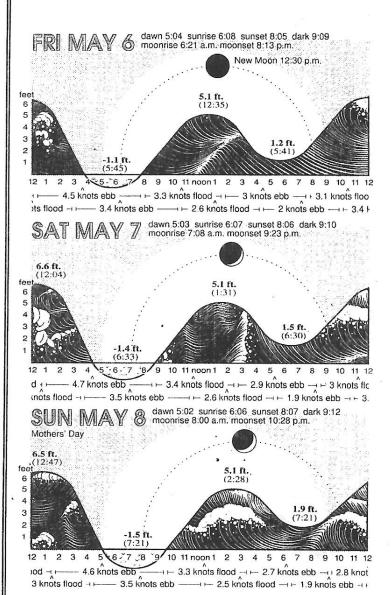
SMALL FAMILY WITH TINY HOME ON WHEELS

Looking for a small corner of Land to live on for money and/or work-trade. I do carpentry/plumbing and my wife is a housekeeper. I am willing to paint the tiny home any color to match the property.

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Please contact: Derek James @ (415) 246-3082

DJ 5/13



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HEARSAY ECLASSIFIEDS

HELP WANTED

COMMUNITY LIBRARY SPECIALIST – SPANISH LANGUAGE SERVICES WEST MARIN

\$26.49 - \$31.25 / HOUR (PART-TIME) \$4,305 - \$5,078 / MONTH (FULL-TIME)

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Marin County Free Library is looking for an enthusiastic, dedicated Community Library Specialist to fill a position in West Marin. This is a part-time (67 hours biweekly) bilingual, Spanish/English position with wide ranging and interesting

responsibilities. The CLS will be responsible for the daily operation of MCFL's West Marin Literacy Services which offers ESL classes and one-on-one tutoring to English language learners throughout West Marin County. The CLS recruits students, teachers and volunteers to participate in improving the English language skills of adults in our communities, and

English language skills of adults in our communities, and effectively communicates the mission of MCFL's West Marin Literacy Services to community partners, the community at large and to potential funders. The remainder of the time, the CLS, Spanish Language Services, assists in providing library services in the Point Reyes branch of the Marin County Free Library. For more information about this position, including minimum qualifications, filing deadline and to apply online, see our job posting at www.marincounty.org/jobs, contact Marin County Human Resources Department, 3501 Civic Center Drive, San Rafael, CA 94903, or call (415) 473-6104. EEO/TTY.

ML 5/9

West Marin Senior Services currently has an entry level, part time, non-benefited caregiver position at Stockstill House, a licensed residential care home, which may include evenings, overnights and weekends.

- Experience in giving care and support to seniors is highly desired, but WILL TRAIN. Male caregivers especially welcome.
- Good oral communication skills in English.
- CNA or HHA certification a plus and will be compensated for.

Email cover letter and resume to robyn@wmss.org or call 415-663-8148 ext 112. Learn more about West Marin Senior Services and Stockstill House at www.wmss.org

WMSS 5/20

LOST & FOUND

LOST RING, GOLD WITH LIGHT GREEN STONE.

I've looked everywhere so guessing lost last week or so of April. Downtown, little mesa loop, burnt park, library, book exchange, people's store plaza areas. 415-342-7369

NC 5/6

LOST: SMALL SILVER BRACELET MADE OF heavy

silver beads with hook closure. Micah 0938

M 4/11

LOST: LARGE MAN'S NAVAJO SILVER BRACELET on the beach or street in Bolinas or Stinson- sentimental value

wedding gift. If found please call 868-1321-Thank you.

LOST; PRESCRIPTION SUGLASSES DOWNTOWN MONDAY MORNING. IF YOU FOUND THEM PLEASE CALL 868-0882 Thanks!

IE 2/17

LOST: BLACK PADDED JACKET WITH SLEEVES.

Diana-868-9249

DL 2/10

LOST: DARK FEDORA CLASSIC MEN'S SMALL BRIM

hat- small reward. Call 868-0778

DA 5/2

CLASSES



Weekly Classes and Events Schedule

MONDAY
Somatic Exercise w/Cenize Rodriguez
Bo Babies & Toddlers Open Play Group (free)
Modern Dance for Youth w/ Lisa Townsend
Pilates w/Lisa Townsend (pre-register 868-0473)

8:45–10:00am 10:00 - Noon 3:30-5:20 pm

Yoga w/ Angela Sterpka

5:30-5:20 pm 5:30-6:30 pm 7:00-8:15

pn

TUESDAY

Senior Stretch W/Anna Gottreich
Aerial Arts for Youth

11:00 - 12:00 pm
3:30 - 6:00 pm

WEDNESDAY

Pilates w/Lisa Townsend 8:30 – 9:45 am
After-School Theater w/Lisa 3:30 – 6:00 pm
Diaspora w/Amber Hines 6:30 – 8:00

pm

THURSDAY

USDA food bank 12 noon Congolese Dance w/ Sandor 6:00 - 7:30 pm

FRIDAY

Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 am Ballet w/Erika Townsend (no class 4th Fridays) 10:30-

No Place Like Home (Free Brunch 4th Fri of Month) 10:30 - 11:30 pm

SATURDAY

Diaspora Dance w/ Amber Hines 9:00 – 10:30 am LTDCo w/Lisa 10:45 – 12:30pm

SUNDAY

Brazilian Dance with Anna Gottreich
CommUnity Night (see website for details)

11:00 - 12:15 pm
Noon - 6:00 pm

Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit <u>www.bocenter.org</u> for more info & special events!



FREE

PLAY STRUCTURE: LITTLE TYKES, PLASTIC, multicolored, for small children. Easy to move. Email and I will send a photo. s1idell@aol.com

SI 5/4

FREE: SAND AVAILABLE-STINSON BEACH AREA. 5 yard minimum delivered. Call Dewayne @ 707-849-0804

DD 5/2

FREE: COUCH AND ARMCHAIR, SOLID WOOD
OFFICE desk with drawers. Can deliver in Bolinas Martin868-9236

MB 4/25

FREE HOT TUB

(needs some work) to anyone who can pick it up – it will be an awkward move. It is a 1998 Dimension One hot tub. Here is a link to the manual: http://www.d1spas.com/wp-content/uploads/2013/08/98D1Manual.pdf

Tim and Mary 868-9895

TS 4/11

OCAI

Local Business Supports the Bolinas Hearsay News

Sam's House

38 Wharf Road, Bolinas CA 94924 SENIOR CARE HOME

Tele/fax 415 868-2866 www.samshousemarin.com #216 801 549

People wishing to have a shower (Handicap or able, young or old) Call or turn up 10:00 a.m. Monday or by appointment

415 509-1740

Terry Donohue

Notary Services

terry@bolinasrealestate.com

Bolinas Real Estate



THE TIDE POOL

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SOMATIC TOUCH FOR EMBODIED PRESENCE

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er, Wine

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Wed-Sun 11-4

WILDLIFE GALLERY & STUDIO

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