

# BOLINAS HEARSAY NEWS

Friday, April 15th, 2016



50¢  
inc. tax



A quiet moment by the Tule pond at The Larner Seeds Demonstration Garden, and Growing Grounds, a scene ready for the artist's touch; see article on page 3 for details. photo by Jeff Manson, Friday Ed

## WHAT'S HAPPENING??

Friday, April 15

### TAX DAY

Federal and state income tax due

### JETHRO JEREMIAH

Soulful originals live @ Smiley's, 9pm, cover.

Saturday, April 16

### SHAYNE SKOWER

Photographs on display at the Bolinas Gallery, through April.

### LAGOON CLEANUP DAY

Sponsored by The Lions Club; Meet @ the Wye, 9-11am

### KENT ISLAND RESTORATION WORKDAY

Meet at the dock; runs from 10am-2pm, Info: 473-3778

### SHARE A BOOK/READ TO A DOG

A great way for kids to brush up on their reading skills. Carol Harmon will be there with her dog, Annie, who is very interested. Sign up at the Library or just show up. 11am

### LOCOS LONLEY

Paintings by Charlie Callahan at the Book Exchange, opening from 3-5 pm.

### ALLIGATOR W/ TONY DELLA VALLE, JERRY BO JESTE AND PETER TURNER

Live zydeco, blues and more @ Smiley's, 9pm, cover.

Sunday, April 17

### GREG SCHINDEL & KINDRED SOULS

Acoustic music picnic CommUnity gathering. Downtown park, 1-5pm

### JOEL SALATIN,

A conversation plus fine food and drink and live auction at the Peace Barn, 2-5pm. Tickets online at [pastoralismprevailing.com](http://pastoralismprevailing.com) and at the door for locals.

Tuesday, April 19

### POETRY NIGHT

April is National Poetry Month. Come celebrate at the library. Bring an original poem or an old favorite to share. 7pm

Wednesday, April 20

### BCPUD MEETING

7:30pm, 270 Elm Road

Saturday, April 23

### PASSOVER BEGINS

### GOAT TEAM GATHERING MUSIC SHOW

At Gospel Flat Farm Stand with art, food, goats plus live music by Yesway, Jeff Manson Band and Itasca 6:30pm

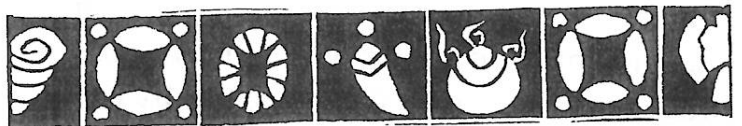
Friday, April 29

### DOCENT TALK

Pierre Bonnard exhibit at the Legion of Honor. 4pm at the Bolinas Fire House.

### WILD AT HOME

Opening night extravaganza for the Annual Art & Garden at the Community Center



## HAPPY HAPPY BIRTHDAY!!!

April 15:

Heather Gould  
Chris Parton

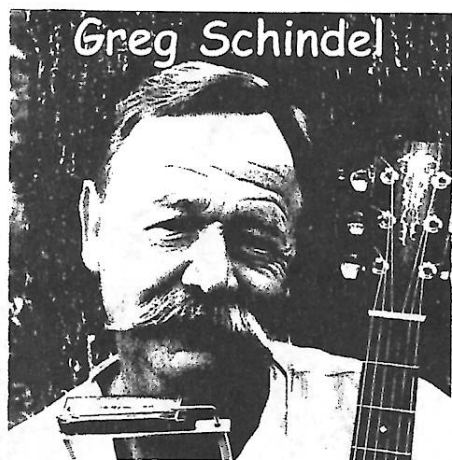
April 16:

Hawk Weston  
Kevin Kelley  
Mary Goodenough  
Caitlin Patler

April 17:

Sheila Lopez  
Judy Palomares  
Peter Alford  
Tony Della Valle  
Else Johnson





Greg Schindel

## IN BOLINAS

APRIL 17th 2016

DOWNTOWN PARK

1-5PM

**Shindel Shindig In The Park**

**COME ONE, COME ALL, And have a Rockin' Picnic on the lawn!!! Come to the Downtown Park and enjoy an afternoon of great ACOUSTIC MUSIC with Greg, Doug Adamz, Clay Lilleston, Jeffrey Commons, Magi Barror and other guests. This is a KINDRED SOULS Community gathering. BYO Picnic!**

**IN CASE OF BAD WEATHER, TO BE HELD IN THE BOLINAS COMMUNITY CENTER**

"I can see again!"

**CLEAR LIGHT  
WINDOW WASHING**

**Call Dale  
415/868-0782**

**ATTENTION ALL CITIZENS**

It is that time of year when the BCC prepares for the annual Art & Garden Silent Auction. If you would like to donate a service or merchandise gift certificate please contact us. 868.2128, stop by or email [randi@bocenter.org](mailto:randi@bocenter.org). Thank you.

ORGANIC FERTILIZERS & PEST CONTROL

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Cut Flowers • Soil Amendments • Potting Soil  
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PLANTS FOR THE COASTAL CLIMATE

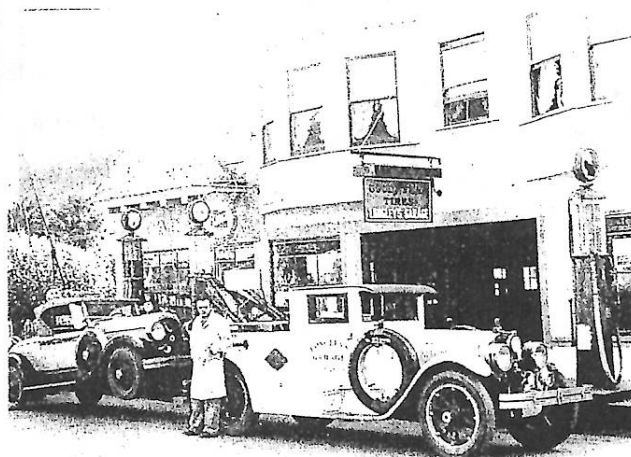
FRESH CUT FLOWERS

FRUIT TREES • SEEDS

**KNOW YOUR BO**

In 1909, Oliver Longley built himself a two-story building in downtown Bolinas. The top floor was the family residence and the ground floor a blacksmith shop where he worked shoeing horses and working on wagons among other schooner, logger and ranch equipment. In 1913, near the Great Lakes, Henry Ford's Model T car gave people the opportunity to travel like never before. In 1917 the Model TT, a one-ton pickup truck with a reinforced chassis and rear axle replaced the need for wagons, horseshoes and the people that made them. So Oliver changed with the times. By 1920, he had a full service auto garage with gravity gasoline pumps and a tow truck service. For eighty years the garage adapted to new owners and new technology. Longley's Garage became the Bolinas Garage and its end was often called what it's sign read: "Bo ina rage."

In 2004, the Bolinas Community Land Trust transformed the top floor into housing for local residents and opened the ground floor for businesses to take root. The pumps are now on the side of the building, the station's sign advertises "BòGas" and coffee is served where horseshoes once were forged.



The above information was collected in large part from  
*Wharf Road: A Self-Guided Stroll Through Early Bolinas*  
By Elia Haworth & Lucy Van Sands Seeburg

Submitted by Nate Siedman

**READING TO JOHN**

On Tues. 4/19 I'll read Gail Reitano's "Growing Up (Italian) in the New Jersey Pine Barrens" from *Song of Ourselves—America's Interior Landscape*. This is a charming series of reminiscences from a very local author. I'll also share the story I performed at the Moth's Grand Slam and finish up with reviews.

--Neshama Franklin

**TODAY'S HEARSAY BROUGHT TO YOU BY:**

((JEFF MANSON: PASTE-UP and PRINTING))

((KATHLEEN O'NEILL: ADS))

((MICHAEL RAFFERTY: ONLINE BUREAU CHIEF))

& You: Everyone is a Reporter!



**ARTISTS! LARNER SEEDS EN PLEIN AIR!**

Working on your panel for this year's Art and Garden Show, "Wild at Home"? Need some native plant-themed inspiration?

Larner Seeds invites you to use our Demonstration Garden and growing grounds to find your muse. Our place affords a condensed view of what's growing and blooming this time of year in our wild home.

There's a lot to choose from: Checkerbloom, Meadowfoam, Tidy Tips, Miner's lettuce, Candyflower, Baby blue eyes, Buttercup, Western columbine, redwood sorrel, masses of Douglas iris, native grasses, Indian potatoes, and more.

Bring your paints, canvas, pens and ink, or camera, and come find living subjects for your contribution to this year's fabulous Art and Garden Event on April 31-May 1.

All are locally native (or almost all).

230 Grove Road (between Elm & Alder), during our open hours, which are:

→ Monday, Tuesday, and Thursday, 10 to 5

→ Saturdays 12 to 4pm.

(please, no picking of subjects).

-Judith Lowry



the garden beckons



Otis finding inspiration in the Meadowfoam patch photo: Jeff Manson

Dear Artists,  
Thank you for participating in this year's Art & Garden Festival. We are looking forward to seeing your artwork and need the pieces by April 27.  
Thank you!  
Randi@bocenter.org

Q: WHAT ARE ALL THESE FOLKS UP TO?

Cornelius Boots  
Mimi Calpestri  
Lea Earnheart  
Purple Hazel Green  
Doug Lee  
Judith Lowry  
Sarah MacDonald  
Jeff Manson  
Molly Maquire  
Eli Carlton-Pearson  
Claire Peaslee  
Jewel Shield  
StuArt  
Danny Vitali  
Sky Road Webb

A: THEY'RE CREATING  
AT THE FOOT OF THE MOUNTAIN:  
Performance Arising From Place

Story, Performance and Music  
Friday, April 30 7:30 PM  
Bolinas Community Center \$20  
Reservations: mollymaguire@me.com  
Doors open at 6:30  
Desserts and Wine/Art Auction Preview

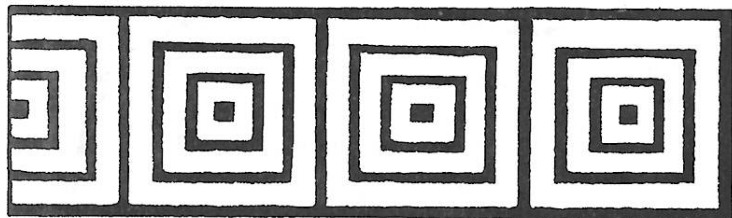
2016 BCC ART AND GARDEN FUNDRAISER



**Alligator @ Smileys 4/16**

Alligator is an amazing American Music Legend and will be performing a combination of cajun, zydeco reggae, blues and rock etc. He will be joined by Tony DellaValle (sax), Jerry Bojeste (conga) and Peter Turner on background vocals at 9 @Smileys this Sat. 4/16 --

Tony DellaValle.



**Ken & Sam Levin**

**Window Cleaning**

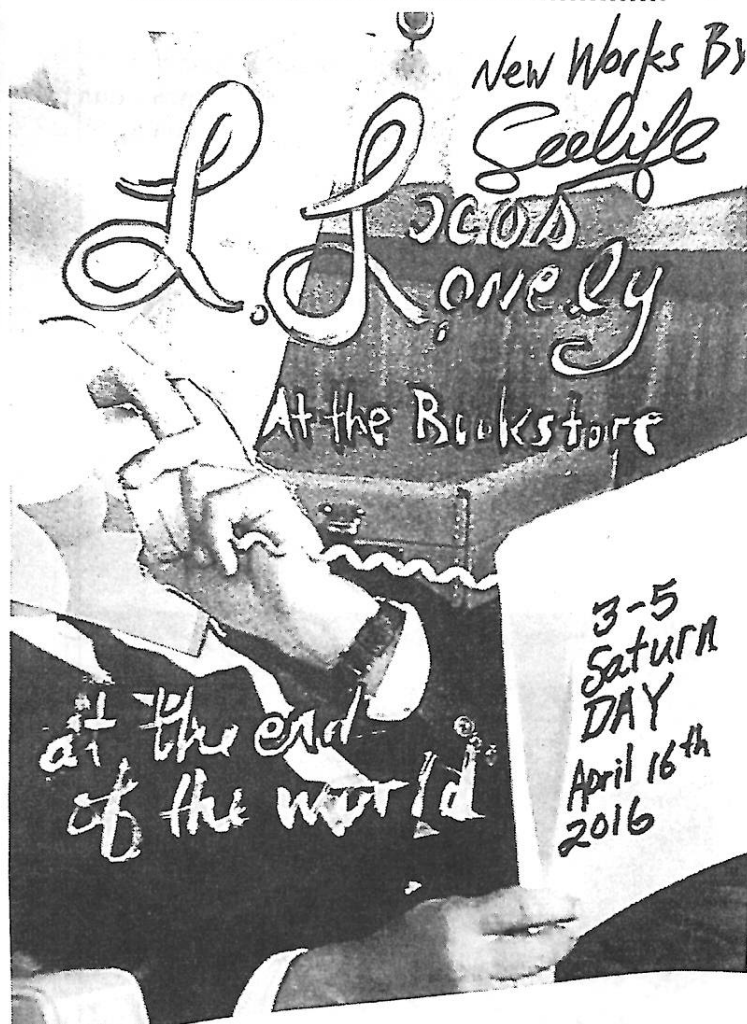
**415.663.9669**

**West Marin's Best**

Dear Readers:

Regarding the "Marijuana in the Haight" event announced in Weds paper, thanks to all those who pointed out that the location had been chopped off, and apologies. It is indeed in the Haight, at the Booksmith, Tuesday evening, 4/19. But hopefully we will have a similar talk/event sometime soon at Commonweal as well, so please stay tuned...

yours sincerely,  
Steve Heilig



L. L. Opens 3-5 Saturday  
At the book exchange

.new works by Charlie Callahan

"it's sort of haunting when she smiles"  
can be viewed from the bookexchange window  
for one month

### LAGOON CLEAN UP DAY - HELP PRESERVE THE BEAUTY

The lagoon and the drive from Bolinas to Stinson and back is spectacular.  
But it's not so great to see the trash that's accumulating along the way...

**Saturday, April 16, 9 - 11**

Clean up the lagoon road pullouts. It's a peaceful and productive 2 hours.

**We could really use your help!**

Meet at the Bolinas "Y" 9am on Saturday the 16th  
Bags and Pickers provided. Please bring gloves if you have them.

Sponsored by Briones Lions Club





photo by Shayne Skower

### CURRENT AND UPCOMING SHOWS BOLINAS GALLERY

- April Shayne Skower: Photography  
 May Baarndon Stieg: Garden art and Sculpture  
 June Tom Dibblee, Kirk Kirkham, Steve Lewis, & Mary Wagstaff: Painting & Sculpture  
 July Rob Setrakian: Painting  
 Aug. Judy Molyneux: Local landscapes  
 Sept. Chris and Judy Fetting  
 Oct. To be announced  
 Nov. Left Coast Colorists: Plein air painting  
 Dec. Frances Lerner: Surreal painting  
 Jan. Joey Koppal: Painting

*Judy Molyneux*

### BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT

BOX 390 270 ELM ROAD BOLINAS CA 94924 415 868 1224

A Regular Meeting of the Board of Directors  
 April 20, 2016 7:30 p.m.



1. Call to Order.
2. Roll.
3. Manager's Report.

- Update on the Wharf Road Lift Station Pump Replacement Project: Finance Committee Recommendation for Payment of Project Costs.
- Update on the BCPUD Chlorine Disinfection Byproduct Reduction Project.
- Update on BCPUD/BFPD Survey of Obstructions and Encroachments in the Public Rights-of-Way on the Bolinas Mesa.
- Drainage Project Manager's Report.

4. Community Expression.
5. Request for Reconsideration of Maximum Quarterly Water Use Limit, Expanded Water Use Permit for 370 Overlook Road, Bolinas (S. Bruce).
6. Request for Financial Relief from Quarterly Water Bill pursuant to BCPUD Resolution 553 – 77 Olema-Bolinas Road (A. Murch).
7. Proposal to Reinstate the Downtown Parking & Traffic Committee and Appoint New Members. (E. Wilhelm, L. Sternik, Z. Fuller, S. Kay, M. De Swart, B. Bowser).
8. Request to Remove Hazardous Tree from 400 Block of the Evergreen Right-of-Way near Poplar Road (J. Mickelson and D. Smith).
9. Proposed Amendment to the County of Marin's Update of the Local Coastal Plan.
10. Master Improvement Plan for the BCPUD Wastewater Treatment Plant Irrigation Pump Station. (B. Green and R. Dawyot)
11. Water Supply Update: Follow-Up Letter from Consulting Hydro-geologist Rob Gailey.
12. Fiscal Year 2016-2017 Memorandum of Understanding re Compensation and Benefits between the BCPUD Board of Directors and BCPUD Employees.
13. FY 2016-17 Draft Budget; Draft Proposition 218 Notice to Customers re: Proposed Increases to Water and Sewer Service Charges.
14. Volunteer Committee Reports.
  - Bolinas Lagoon Advisory Committee:
  - Downtown Parking & Traffic Committee:
  - Resource Recovery:
  - West Marin Mosquito Control Coordinating Council:
  - Land Stewardship Committee:
15. Other Business.
  - a. Board Committee Reports.
    - Finance: Recommendation for Payment of Cost to Remove Hazardous Trees Adjacent to Olema-Bolinas Road and over the BCPUD's Sewer Force Main; Minutes of the February 9, 2016 committee meeting; Minutes of the March 8, 2016 committee meeting; Minutes of the March 22, 2016 committee meeting.
    - Legal:
    - Mesa Septic, Flood Control and Roads:
    - Operations:
    - Park and Recreation:
    - Personnel:
    - Sewer:
  - b. Minutes of the March 16, 2016 regular Board meeting; Minutes of the April 13, 2016 special Board meeting.
  - c. Warrants.
  - d. Scheduling of Next Meeting(s):
16. Adjournment.



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## “IT’S ALL ENERGY!”

Put any form -- a table, a flower, your body -- under a high powered microscope and it no longer appears as a form. Just a bunch of wiggly squiggles. Everything is condensed energy.

Fundamentally we really are all one. Made of the same substance. Energy. And it's everywhere. In the forms and in the space between them. Called Universal Energy. The Tao or Dao. Chi or Qi. The Force. The Matrix. The Source. God. Divine Love.

By whatever name it's amazingly creative stuff. All the somethings come out of this nothingness.

And what's perhaps even more mind boggling is that we have the capacity to manipulate this creative stuff with our consciousness. We can even change form using our mind. When we focus consciousness, set an intention and unite our consciousness with the invisible formless universal energy, seemingly magical things happen. Health issues resolve, we become happier and have a sense of wellbeing regardless of the circumstances of our lives. Life becomes a flow-through of impressions, events, feelings and sensations. It becomes easier to let go of resistance and find meaning and opportunity even in the challenges of life that inevitability present themselves.

Modern science is now confirming what masters of consciousness and energy have known for 5000 plus years. We have capacities way beyond our five senses.

Most of us have not grown up with this understanding of reality. Materialism has reigned supreme. An understanding of the physics of “it's all energy” ( $E = mc^2$ ) is now embraced by many spheres of life, but it has only affected part of medicine, mainly diagnostic – X-rays, EEGs, MRIs. Sound (frequency – those wiggly squiggles) is used to break up kidney stones. But in mainstream medicine, serious degenerative

diseases (Cancer, Parkinsons, Diabetes, Lyme disease) are treated with drugs in an attempt to get rid of the symptoms, with little or no focus on the cause.

The physical is an expression of the energetic.

The cause of disease and emotional imbalance is a blockage in the flow of energy in the body. The cause of those blockages is stress. Where does the stress come from? Dr. Bruce Lipton (The Biology of Belief) has done research that proves the mind/body connection. Destructive cellular memories and related limiting beliefs about oneself and life are the cause of ongoing stress, which over time will cause the weakest link in the body to finally break and the result is disease.

I have been fortunate enough to have had a glimpse into the way the universe and our bodies work through experience. Seven years ago I was introduced to an ancient technology that shows us how to use our minds to connect with the universal energy and transform limiting beliefs and heal the body and emotions. After practicing for several months, my twenty-year struggle with Lyme Disease was over. I have none of my old symptoms today.

I am certified to teach this technology, which, out of the hundreds of forms of qigong, was declared to the most effective in studies conducted by the Chinese government. I've been teaching classes at retreats with my teacher and in my home in Bolinas. Currently, I offer a two-hour class on Monday mornings, 10 – noon. \$20 a class is appreciated but a donation of any amount is absolutely fine! I want everyone who feels drawn to experience this transformative practice to have the opportunity. Everyone is welcome.

The practices are very relaxing, and everything is optional. ie. You can stand, sit or lie down. The important thing is to follow the guided visualizations – that's what creates the changes – what we are doing with our minds.

Please call or email me for more information and directions.

Vivienne Verdon-Roe

868-2241 [yesvivienne@gmail.com](mailto:yesvivienne@gmail.com)



**YELLOW PEAR PRESS**  
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## FARMSTEADS OF THE CALIFORNIA COAST



**Sunday, April 24  
2 PM**

**Gospel Flat Farm**

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## AN EVENING WITH ISABEL ALLENDE: TO BENEFIT THE DANCE PALACE

Saturday, April 16, 7:30 PM  
Reception and Conversation: \$100  
Conversation Only: \$20  
Tickets in advance through  
[www.dancepalace.org](http://www.dancepalace.org) or call 415-663-  
1075.



## POINT REYES BOOKS

### Kate Levinson's Emotional Currency Workshop

Saturday, April 16, 10:00 a.m. - 4:30 p.m.,

Point Reyes Presbyterian Church

Tickets: \$125 • Register: [www.emotionalcurrency.com](http://www.emotionalcurrency.com)

### Patricia Holt's "Contemporary Classics"

- Station Eleven

Monthly Book Discussion Group

Station Eleven by Emily St. John Mandel

Tuesday, April 19, 6:30 p.m. - 8:30 p.m., Bookstore

Free event

### Reverend Billy author of *The Earth Wants You!*

Saturday, April 23, 7:00 p.m.,

Point Reyes Presbyterian Church

Free event.

### California Bookstore Day

&amp; Our 14th Anniversary

Join the All-day Party! Music, refreshments,  
readings, prizes, surprises!

Saturday, April 30, 10 a.m. - 6 p.m.

### An Evening with

Isabel Allende

Saturday, April 16, 7:30 p.m.

West Marin School

Benefit for

The Dance Palace

Tickets: DP website or  
BookstoreFor more information on these and other events, visit [www.ptreyesbooks.com](http://www.ptreyesbooks.com)

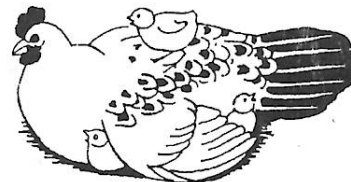
### NIGHT OWLS

### REPEAT OF MY EASTER "HEARTS OF SPACE" RADIO SHOW

on KALW 91.7 fm

AND ALSO on the KALW WEBSITE (better sound quality) <http://kalw.org>  
BUT ONLY during the radio broadcast! Sunday night, April 17@11PM

-Ellen Holmes



-Bridge into Gospel Flat Photo by Vicki Hall



## ANNOUNCEMENTS

### HOMESTEAD FARM INTERNSHIP OR WORK/LIVE

Experience the satisfaction of being part of a homestead farm. At Whey Behind you will learn a wide variety of rural living skills. Goat dairy with production of fresh, aged cheeses and soap making. Heritage and home grown fowl and pigs. Olives and extra-virgin olive oil. Gardens, fruit trees and vines provide produce for table, market and preservation by canning, pressing and fermentation.

We are looking for a couple or friends to share housing (four-month commitment.) Internship is \$600.00 per person, per month and includes some farm food and lodging. This internship could potentially lead to full-time farm residency for the right person(s). You will need; 1. Reliable insured, registered vehicle, 2. Money for fuel, personal items and food not raised on site, 3. Desire to learn and participate in homestead farming.

Whey Behind is located ten miles north of Cazadero. If this sounds like a good fit for you please contact Alan or Marcella (707)847-3623 or marcella94924@gmail.com

MR 4/29

## 868hearsay@gmail.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

And how to subscribe to the password-protected web site and read the hearsay online.



## LOST AND FOUND

**LOST/MISSING "SHARK VACUUM CLEANER"**  
taken/borrowed from the BCC. Please return

BCC 4/15

**LOST: SMALL SILVER BRACELET MADE OF** heavy  
silver beads with hook closure. Micah 0938

M 4/11

**LOST LARGE RING OF KEYS**  
Randi's visitor lost their keys, Please call 846-9913 if found.

RA 4/8

**LOST: LARGE MAN'S NAVAJO SILVER BRACELET** on  
the beach or street in Bolinas or Stinson- sentimental value  
wedding gift. If found please call 868-1321-Thank you.

3/16

**LOST; PRESCRIPTION SUGGLASSES DOWNTOWN**  
MONDAY MORNING. IF YOU FOUND THEM PLEASE  
CALL 868-0882 Thanks!

IE 2/17

**LOST: BLACK PADDED JACKET WITH SLEEVES.**  
Diana-868-9249

DL 2/10

**FOUND: "BLACK KIRKLAND JACKET" IN THE MUD.**  
IT IS MEDIUM. It had a note in the pocket with the phone  
number-707-303-5875 Rob Borello. I left several messages on  
his voice mail, but have had no answer. It is a fairly new jacket.  
Please call Joan at 1-415-868-2943.

JL 2/1

## CLASSES



### Weekly Classes and Events Schedule

#### MONDAY

Somatic Exercise w/Cenize Rodriguez	8:45-10:00am
Bo Babies & Toddlers Open Play Group (free)	10:00 - Noon
Modern Dance for Youth w/ Lisa Townsend	3:30-5:20 pm
Pilates w/Lisa Townsend (pre-register 868-0473)	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15

pm

#### TUESDAY

Senior Stretch W/Anna Gottreich	11:00 - 12:00 pm
Aerial Arts for Youth	3:30 - 6:00 pm

#### WEDNESDAY

Pilates w/Lisa Townsend	8:30 - 9:45 am
After-School Theater w/Lisa	3:30 - 6:00 pm
Diaspora w/Amber Hines	6:30 - 8:00

pm

#### THURSDAY

USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00 - 7:30 pm

#### FRIDAY

Pilates Mat Class w/Lisa Townsend	9:00 - 10:00 am
Ballet w/Erika Townsend (no class 4 <sup>th</sup> Fridays)	10:30-12:00pm

No Place Like Home (Free Brunch 4 <sup>th</sup> Fri of Month)	10:30 - 11:30 pm
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#### SATURDAY

Diaspora Dance w/ Amber Hines	9:00 - 10:30 am
LTDCo w/Lisa	10:45 - 12:30pm

#### SUNDAY

Brazilian Dance with Anna Gottreich	11:00 - 12:15 pm
CommUnity Night (see website for details)	Noon - 6:00 pm

Call 868-2128, check the Library Marquee, Calendar in BCC  
Foyer or visit [www.bocenter.org](http://www.bocenter.org) for more info & special events!

## Free Ads

As a public service the Hearsay News we will print ads (20 word maximum) for things you are giving away for **FREE**, for **LOST AND FOUND** ads, and for **RIDESHARE** ads. Call for price of other ads. Drop your ad through the slot in the door at the left side of the PBUD building at 370 Elm Street. Or email to [868hearsay@gmail.com](mailto:868hearsay@gmail.com)

## FREE

### FREE HOT TUB

(needs some work) to anyone who can pick it up - it will be an awkward move. It is a 1998 Dimension One hot tub. Here is a link to the manual: <http://www.d1spas.com/wp-content/uploads/2013/08/98D1Manual.pdf>  
Tim and Mary 415 868-9895

TS 4/11

**FREE: TALL SHELF, SOLID WOOD, BLACK WOODEN**  
desk with side drawers, beautiful chest of drawers, Asian  
style, solid wood, wooden filing cabinet, mission style bench,  
seat opens for storage. Jennifer 415 272 8809

JP 4/4



# HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138  
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Ad forms in smaller mail box, slot in door

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CG 5/11

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HD x

### TAX PREPARATION

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SH 3/1

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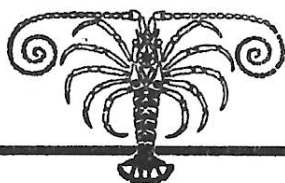
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## FOR RENT

### ROOM FOR RENT

One person please.  
868-1782

CH X



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member of your extended family  
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CH x

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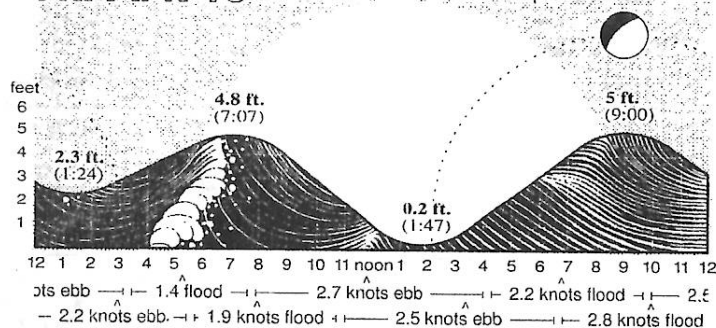
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**SINGLE RETIRED MAN LOOKING FOR TRAILER**  
space to live, will rent trailer of less than 30 feet. Need at least  
6 months to a year minimum. Need electric & WiFi. Abraham  
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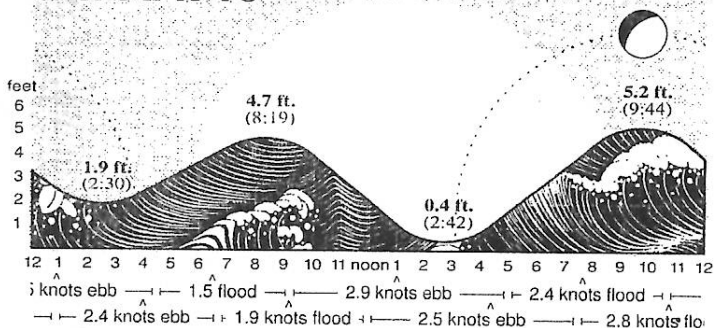
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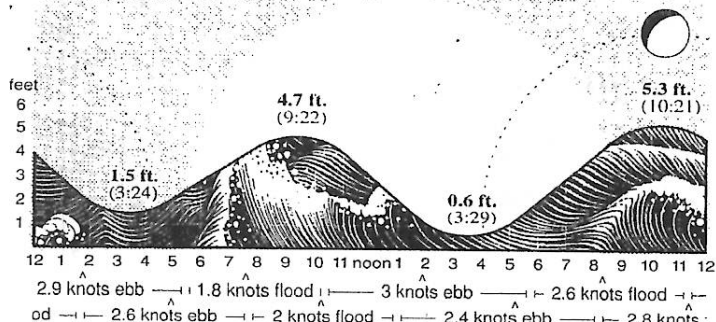
**FRI APR 15** dawn 5:34 sunrise 6:34 sunset 7:46 dark 8:46  
moonset 3:07 a.m. moonrise 2:03 p.m.



**SAT APR 16** dawn 5:33 sunrise 6:33 sunset 7:47 dark 8:47  
moonset 3:45 a.m. moonrise 3:00 p.m.



**SUN APR 17** dawn 5:31 sunrise 6:31 sunset 7:48 dark 8:48  
moonset 4:19 a.m. moonrise 3:56 p.m.





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## Local Business Supports the Bolinas Hearsay News

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Terry Donohue

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Bolinas Real Estate



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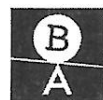
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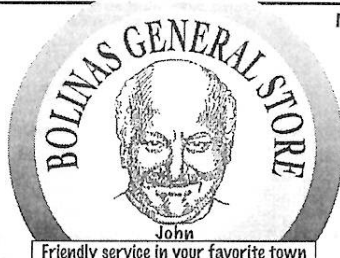
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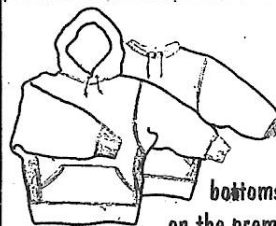
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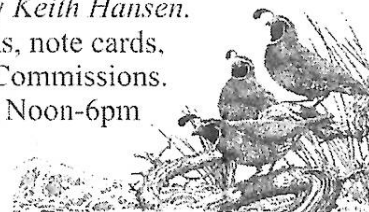
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